

A COMPARISON OF 3 AND 5 YEAR OLD SKILLS

3 Year Olds

Fine Motor

Makes horizontal line, circles

Gross Motor

Jumps with 2 feet

Creativity

Scribbles

Math

Understands value of 2

Language

Answers some 'wh' questions.

Emotional

Identifies & expresses feeling 'I am mad at you'.

May express aggression.

Resolves conflicts by yelling 'I don't like that'.

Works with frustration responses.

Social

May play parallel or with one child.

Starts to do group activities more.

Pro-social

Shares with assistance. Attempts to share.

Shows concern for one in distress.

Science

Wonders about cause & effect.

Spiritual

Simple breath awareness.

Practices stillness for 2 minutes.

Tries to sing kirtan. Cannot manage Lalita.

Begins to 'listen with heart'.

5 Year Olds

Draws a person with 5 body parts

Skips or gallops

Draws animals, trees, flowers

Understands value of 8-10

Answers who, what, when, where, how, why

Calms down when angered.

No expression of aggression.

Resolves conflicts w/ more benevolence.

Tries to walk away from some conflicts.

Plays well in a group.

Shares freely and independently.

Intervenes with one in distress.

Understands a bit about cause/effect.

Simple breath awareness.

Practices stillness for 5+ minutes.

Can chant and perform better Lalita.

More understanding in heart listening.