

# Salmonberry Trail Foundation

## General Hazard Assessment

This is the hazards assessment for all volunteers visiting the Salmonberry Trail. Additional documents for specialized hazards are listed below.

### General Hazards

Hazards	Mitigation
Driving hazards	Events start and stop at the rail line or trail parking area – driving to the event is not part of the event.
Parking and unloading hazards	Parking for the event must be in a safe location (not on a highway shoulder) and allow for other vehicles to exit if necessary
Walking Hazards <ul style="list-style-type: none"> <li>• Uneven terrain – tripping hazard, sliding hazard</li> <li>• Vegetation vines, down trees, fallen branches -tripping hazard</li> <li>• Rails and other steel rail hardware – tripping hazard,</li> <li>• Railroad Ties exposed– tripping hazard</li> <li>• Railroad Ties rotted – tripping hazard or fall hazard</li> <li>• Creosote coated wood is slippery when wet – fall hazard</li> <li>• Loose gravel or ballast rock – tripping or fall hazard</li> </ul>	<ul style="list-style-type: none"> <li>• Wear sturdy boots with aggressive tread, steel toes preferred.</li> <li>• Watch for additional slippery surfaces when wet</li> <li>• Walk slowly and carefully, never run</li> <li>• Use a walking stick or trekking poles</li> <li>• Do not walk on the sloped side of the rail ballast</li> <li>• Do not climb road cuts or fill embankments</li> </ul>
Vegetation hazards <ul style="list-style-type: none"> <li>• Blackberry Barbs – cuts, scratches and punctures</li> <li>• Poison ivy / poison oak – allergic reaction</li> </ul>	<ul style="list-style-type: none"> <li>• Wear heavy tear resistant clothing</li> <li>• Cover all skin below the waist with clothing</li> <li>• Wear gaiters or ankle length boots to prevent injuries to the ankle</li> <li>• Carry clippers to cut away Blackberry canes blocking the way</li> <li>• Know what poison ivy and oak look like – alert others in the group</li> </ul>
Falling Vegetation hazards <ul style="list-style-type: none"> <li>• Falling trees – crush hazard</li> <li>• Falling branches – impact hazard</li> </ul>	<ul style="list-style-type: none"> <li>• Never walk under trees when the wind is strong</li> <li>• Watch for dead trees or branches hanging overhead, walk around them</li> </ul>
Insect hazards <ul style="list-style-type: none"> <li>• Ticks – Bites, infections and disease</li> <li>• Bees / Wasps – stings and allergic reactions</li> </ul>	Ticks <ul style="list-style-type: none"> <li>• Wear long pants, long sleeve shirts and consider gaiters to seal out ticks</li> <li>• Do not sit, kneel or lay down in vegetation</li> <li>• Self check for ticks after an event in the shower</li> </ul> Bees and Wasps <ul style="list-style-type: none"> <li>• Carry epinephrine pins if allergic</li> </ul>

	<ul style="list-style-type: none"> <li>• Watch for nests</li> </ul>
Eye injuries hazards <ul style="list-style-type: none"> <li>• Twigs</li> <li>• Flying debris</li> </ul>	Wear eye protection and be aware when handling vegetation and debris
Physical Condition <ul style="list-style-type: none"> <li>• Fatigue</li> <li>• Dehydration</li> <li>• Heat Stroke</li> </ul>	<ul style="list-style-type: none"> <li>• Manage work/rest ratio – work 4 hours max. Take a break every 2 hours max. or when needed.</li> <li>• Carry at least a liter of water, have extra water bottles on hand.</li> <li>• Do not work on very hot days</li> </ul>

## Special Hazard Plans

Links to documents that have

- [Trestle Hazards](#)
- Power Tool Hazards
- Chainsaw Hazards

[Back to Emergency Plan](#)