

2025-2026 Lake Mills Coaching Staff

7-12 Athletic Director and Activities Coordinator: [Micah Peters](#)

(*Volunteer Coach)

7-12 Assistant Athletic Director and Activities Coordinator: [Brady Kurtz](#)

Fall Sports:

Football

Head Coach: [Brady Kurtz](#)
Assistant Coaches: Chris Budach
[Zach Throne](#)
OPEN

Volleyball

Head Coach: [Brook Christianson](#)
Assistant Coaches: [Max Deeter](#)
Christine Mondt

Middle School: [Brody Riles](#)
[Alex Martinson](#)
*Ben Dagestad

Middle School: Brooke Pederson
[Brittney Christianson](#)

Football/Competition Cheerleading:

High School: [Meaghan Welter](#)
Middle School: [Meaghan Welter](#)

Cross Country (Boys & Girls)

Head Coach: [Beth VanRoekel](#)
Middle School: [Grant Dieken](#)

Girl's Swimming

Steve Hugo (w/ Mason City)

Winter Sports:

Boys Basketball

Head Coach: [Kyle Menke](#)
Assistant Coaches: [Jared Finer](#) *Cole Christianson

Middle School: **OPEN** (7th)
Cole Christianson (8th)

Girls Basketball

Head Coach: Hunter Kingland
Assistant Coaches: [Zach Throne](#)
*Adam Sauer
Middle School: **OPEN** (7th)
Steph Storby (8th)

Boys Wrestling

Head Coach: [Alex Brandenburg](#)
Assistant Coach: [Brady Schmidt](#)
*Brad Helgeson *Reid Nichols
*Chris Helgeson
Middle School: [Alex Martinson](#)

Cheerleading

HS Wrestling: Kassandra Quinby
HS Basketball: [Marie Menke](#)
MS Sports: **OPEN**

Girls Wrestling

Head Coaches: [Alissa Dean](#) & Mike Piper
Assistant Coach: *Brett Peterson

Middle School Girls Wrestling

OPEN

Spring Sports:

Boys/Girls Track

Head Coach: [Kelli Helgeson](#)
Assistant Coach: [Grant Dieken](#)
*Madison Holtan
Middle School Boys: Dalton Thorson

Assistant Coach: Laken Rodemaker
Assistant Coach: **OPEN**

Middle School Girls: [Matt Pfaltzgraff](#)

Golf (Boys and Girls):

Head Coach: Travis Laudner

Assistant Coach: [Gretchen Kingland](#)

Summer Sports:

Baseball

Head Coach: Joel Koch
Assistant Coach: Louie Toulouse
*Dusty Reese
*Ben Dagestad
*Brandon Wolf

Softball

Head Coach: [Matt Pfaltzgraff](#)
Assistant Coach: [Lisa Oldenkamp](#)
*Dottie Byars