

PISD High School Cheer Tryouts

2026-2027 Candidate Information

Welcome all 2026-2027 PISD high school cheer candidates!

Please read this tryout packet and Prosper ISD Handbook: [Code of Conduct](#) carefully to ensure you and your parents have all the necessary information for a successful cheer tryout.

Included in this packet:

- Cheer Application- Use the QR code in School Specific Section to complete this step
- Tryout “To Do” List and Clinic Dates
- Tryout Process & Information
- General Scoring Categories
- Estimated Financial Obligation
- Your campus’ specific information

Prosper High School	Rock Hill High School	Walnut Grove HS	Richland High School
Head Coach: TBD	Head Coach: Trey Beaty wwbeaty@prosper-isd.net	Head Coach: Destine’ Grobe drgrobe@prosper-isd.net	Head Coach: TBD
Administrator - Cheer: Liz DeMerse eademerse@prosper-isd.net	Administrator - Cheer: Yatishe Milner yymilner@prosper-isd.net	Administrator - Cheer: Lara Mercer jlmercer@prosper-isd.net	Administrator - Cheer: Kym Garcia-Rodriguez ksgarciarodriguez@prosper-isd.net

The 2026-2027 PISD High School Cheerleaders will continue the legacy of excellence. If you are committed to and desire friendships, success, self-discipline, lasting memories, and opportunities for involvement, we encourage you to try out to be a high school cheerleader for our district.

This packet is designed to share some important information with you regarding the tryout process. As a member of a PISD high school cheer program, you will have the opportunity to perform at numerous sporting events, as well as pep rallies, parades, playoff games and other special events throughout the year. In addition to these performances, the team will also participate in fundraising and community engagement activities.

As a prospective cheerleader, please be aware of the commitment, time, and energy it takes to be an effective student leader responsible for representing a PISD high school in all aspects of extracurricular activities, both on and off campus. We hope that you will discuss the expectations and obligations of being a PISD high school cheerleader thoroughly before committing to the process.

Please read all information included in this packet carefully and the [Code of Conduct](#) before completing your application.

TO DO List Leading Up to Tryouts:

Submit Your Cheer Candidate Application: (application form/ QR code on Page 7)

- Due Monday, March 16, 2026
- Turn in your proof of residency if you do not currently attend your zoned PISD high school with your application by March 16, 2026
- In the case that you believe that your current 504 plan or other accommodations would impact your tryout, please submit this with your application, by Monday, March 16, 2026, for consideration.
- The administrator overseeing the cheer process at your school will determine how a 504 plan may factor into your tryout and communicate that to the family.

Learn the Tryout Fight Song, Cheer, and Dance:

- The tryout fight song, cheer & dance will be uploaded to each school's Tryout Info Channel/Venue (see your school's information (page 7) for this specific location)
 - Videos will be uploaded on Friday, March 27, 2026.
- Candidates must know the Fight Song BEFORE coming to the first clinic on Monday, March 30.
- Cheer and Dance material will be performed and scored by the outside panel of judges on April 9th. The material may be reviewed during the clinic days, but will not be taught or scored by coaches during the clinic week.

Submit A Current Physical:

- Submit a copy of your **current calendar year** physical to the campus cheer coach by Monday, March 16th, 2026.
 - The physical must be dated and signed by a physician between April 4, 2025 - March 16, 2026.
- You will not be allowed to participate in clinics and tryouts without submitting current physical documentation.
- WGHS, PHS, RHHS, & RHS Cheer Coaches are not responsible for obtaining an existing physical on record with a different PISD team or athletic department on your behalf.



[PISD PHYSICAL FORM](#)

Attend ALL Clinic Days:

- Monday - Thursday, March 30 - April 2
 - All clinic days are from 4:30-6:30

Tryouts with Outside Panel of Judges:

- Thursday, April 9, 2026

Varsity: Arrive: 10:00 am Tryouts Begin: 11:00am	Junior Varsity: Arrive: 1:00 pm Tryouts Begin: 2:00pm	Freshman: Arrive: 4:00 pm Tryouts Begin: 5:00pm
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Results posted to Campus-specific Cheer pages on the district website on April 10th by 5:00 pm:

- Prosper HS Cheer Page - <https://www.prosper-isd.net/o/phs/page/cheer/>
- Rock Hill HS Cheer Page - <https://www.prosper-isd.net/o/rhhs/page/cheer/>
- Walnut Grove HS Cheer Page - <https://www.prosper-isd.net/o/wghs/page/cheer/>
- Richland HS Cheer Page - <https://www.prosper-isd.net/o/rhs/page/cheer/>

Clinic and Tryout Attire Information

1. Monday, March 30th - Thursday, April 2nd
 - a. White Plain Shirt, Black Shorts, Cheer Shoes, “hair up and out of face”
 - b. NO JEWELRY
 - c. **Tryout Day:** no colored shoelaces, shoe tags or logos on shoes. ONLY White bows are allowed. There should be no identifying items to indicate status, private gyms, or that would indicate a returning veteran.

Cheer Clinic Information

Cheer clinic days will count towards 60% of each candidate’s overall tryout score.

Friday, March 27	<ul style="list-style-type: none"> ● Videos of fight song, cheer, and dance sent to candidates
Clinic Day #1 Monday, March 30	<ul style="list-style-type: none"> ● Fitness Test including timed 1 mile run ● Fight Song Evaluations ● Teach Game Day Material
Clinic Day #2 Tuesday, March 31	<ul style="list-style-type: none"> ● Jump Evaluations ● Begin Stunting Evaluations
Clinic Day #3 Wednesday, April 1	<ul style="list-style-type: none"> ● Tumbling Evaluations (standing & running) ● Begin Stunting Evaluations
Clinic Day #4 Thursday, April 2	<ul style="list-style-type: none"> ● Gameday Material Evaluations ● Final Skills Review and Evaluations

Tryout Day Information

PISD coaches will not be on campus on April 9th. An outside judging panel will conduct this procedure and it will account for 40% of each candidate’s overall score.

Arrival and Holding Information:

- 1.) Candidates will check in at the designated check-in table to receive a tryout number.
- 2.) Candidates will immediately enter the designated warm-up room for your campus.
- 3.) Upon completing your tryout, you will return to the warm-up room where you must remain until you are dismissed by a PISD campus representative.
- 4.) You are encouraged to bring water and a snack.
- 5.) Delivery of outside food will not be permitted.
- 6.) Students are not permitted to leave to get food or to leave the tryout process at any time before dismissal.

Structure for each group’s scored tryout:

1. Candidates enter the gym in their assigned group
2. Candidate #1 starts with:
 - a. Running tumbling,
 - b. Walk to the middle to do single jumps and perform cheer, which will include double jump and standing tumbling skill.
 - c. Candidate will rally off, exiting the mat
3. Repeat with remaining candidates in that group.
4. Group of candidates come to center and execute dance as a group and then exit the gym as a group

5. Remember authentic spirting and filler words should be used throughout the entire process.

Additional Information:

1. Candidates must meet all tryout requirements found in the [PISD Fine Arts Code of Conduct for Drill Team and Cheer](#).
2. Tryouts and clinics will be **closed** to the public. No friends or family will be allowed to enter the gym or holding area at any time.
3. All candidates will have an individual number assigned to them. These will be assigned at clinics. You must wear your assigned number at chest level during clinics and on April 9.
4. There is not a set number of cheerleaders on each team.
5. Rising Freshmen are only eligible to make the Freshman Squad; Rising Sophomores are only eligible to make the JV Squad.
6. Rising Juniors and new-to-campus Seniors are eligible to make either the Varsity or JV squad. These candidates have the option to forgo the opportunity to join the JV squad should their scores not fall within the Varsity's natural break of scores. By choosing this option, you understand there is the potential of not making either squad for the 2026-2027 year.
7. Rising seniors that were a member of the current school's varsity team for the 2025-2026 school year will be considered for "senior save," for that campus's cheer program, based on the following criteria:
 - a. Candidate must be a current PISD varsity cheer member in good standing at their current campus.
 - b. Candidates removed or candidates that quit a cheer team during their 9th-11th grade year are not eligible for this consideration.
 - c. If the candidate is not a current member of the PISD varsity team in which they are currently attending, this consideration is not applicable; this includes in-district transfers and out-of-district move-ins.
 - d. Candidates ***must have maintained the skills/ technique used during the 2025-2026 tryout process & season***, upheld the standards of PISD cheer both in and out of uniform during the current season, and completed all the required practices, events, performances and community service opportunities with the highest level of commitment, professionalism and performance level deemed necessary by your campus's head coach. Candidates that misuse this privilege and treat it as an opportunity to stop trying or "mail it in," can be suspended, removed, and/or this privilege revoked at the discretion of the head coach and with the approval of the campus administration team.
 - e. The candidate must complete the entire tryout process for the 2026-2027 year with sincere effort, demonstrating the same skills/ technique used during the 2025-2026 tryouts and season.
8. If you do NOT make the cheer team, you have **5 school days** to request your scores from your campus's assistant principal.
9. If you make the cheer team, you will not be allowed to request your scores.

Estimated Financial Obligations:

Cheer Personal Items and Camp Fees for All Cheerleaders:

- **Approximate Estimate: \$1,450 - \$1550**
- **Fee May Include but not limited to:**
 - Summer Cheer Camp fee
 - Practice Wear
 - Shoes
 - Warm Ups
 - Cold Weather Gear
 - Poms
 - Bows
 - Uniform (*Varsity Letterman Jackets are **not** included in this fee.*)
- A more detailed breakdown of these fees will be provided at the “made it” meeting.

Booster Club Financial Obligations: Each campus has its own cheer booster club. At your campus’s **Made It Meeting**, these fees will be discussed at length. \$200 - \$300

Scoring Rubrics:

Part 1: Clinic Evaluation Scoring (60% of overall tryout score)

Fitness Test

Skill	Beginner Average	Intermediate Average	Advanced Average
Mile	10:00 mins and Over	8:00 mins to 9:59	6:00 mins to 7:59

Character/Coachability

- Overall Coachability
- Ability to Apply Feedback
- Development over the week
- Overall Impression
- Preparedness
- Professionalism

Cheer Skills

- Running Tumbling
- Standing Tumbling
- Single Jumps
- Whip Jumps
- Fight Song Execution
- Game Day Material and Execution
- Stunting

Part 2: Outside Judges Panel Scoring Rubric (40% of overall tryout score)

CATEGORY	ADVANCED	INTERMEDIATE	BEGINNER
RUNNING TUMBLING These are the maxim per skill. **1 point deduction for athlete fall**	9 Skills ending in a full 10 Specialty Pass ending in full	5 - 6 Skills ending in tuck 7 - 8 Skills ending layout	1-2- any 2 connected skills: cartwheel, f/b walkover, roundoff, 3-4 - BHS, Series BHS, ariel
SINGLE JUMP	8-10 Above Horizontal Flawless Technique (5) Great Technique (4)	4-7 Horizontal Good Technique (3) Approaching Technique (2)	0-3 Below Horizontal Needs Improving (1) No Jump Executed (0)
CHEER MOTIONS	8-10 Sharp on ALL MOTIONS Quick & Crisp to Stop, Placed in the right positions (Including wrists)	4-7 Sharp on SOME motions Timing off in areas, Right positions SOMETIMES	0-3 Sharp on few motions Slow pace to place motions, Majority of Incorrect Positions
CHEER Crowd Engagement/ Leading	8-10 <u>Amazing</u> face/ smile, Filler Words, confidence, use of tools/ skills, Loud, Clear, Enunciated	4-7 Face, Smile, Filler Words, Confidence, use of tool sporadic, Average in Volume, Clarity, Enunciation	0-3 forced. Seems nervous. Holding back. uncomfortable Below Average in Volume, Clarity, Enunciation
WHIP COMBO in cheer 2 connected - can not repeat a jump in combo	8-10 Above Horizontal on both Flawless Technique (10) Any errors = 8 - 9	4-7 Horizontal on at least 1 Good Technique = 6-7 Approaching Technique = 4-5	0-3 Below Horizontal on both & poor arm placement, bent knees, landing apart, chest
STANDING TUMBLING in cheer **1 point deduction for athlete fall**	10 - Standing Full	6- Tuck	0- No Standing Tumbling 3- BHS
DANCE MOTIONS	8-10 Sharp on ALL MOTIONS Quick & Crisp to Stop Placed in the right positions (Including wrists)	4-7 Sharp on SOME motions Timing off in areas Right positions SOMETIMES	0-3 Sharp on a few motions Slow pace to place motions Incorrect Positions
DANCE MEMORIZATION	4-5 No mistakes, tempo/ timing perfect	2-3 Few Mistakes, Tempo/ Timing off in areas	0-1 Many Mistakes, Tempo/Timing needs improving
DANCE ENERGY	4-5 Amazing faces, smile, presence, confidence	2-3 Face, Smile, Presence, COnfidence is inconsistent	0-1 Face, Smile, Presence is forced. Seems nervous
Uniformity	8-10 Impeccable timing, strong technique, very few mistakes	4-7 Timing inconsistent, developing technique, mistakes	0-3 More development needed in timing, technique, memorization
Overall Impression	8-10 Very strong candidate in performance, entertainment & technique, TOTAL PACKAGE	4-7 Average candidate in performance, entertainment & technique	0-3 Needs development in performance, entertainment & technique

ROCK HILL HIGH SCHOOL

CHEERLEADER TRYOUT PACKET

2026-2027

Welcome ALL 2026-2027 Cheerleader Candidates. We are excited that you are interested in being a part of the cheer program at Rock Hill High School.

Please read the tryout packet and code of conduct carefully to ensure that both you and your parents have all necessary information for a successful cheer tryout.

Included in this packet:

- Cheer Application - Google Form
- Financial Obligations
- Spring & Summer Important Dates
- Camp Information

We hope this answers all of your questions; however, if you have any further questions please feel free to contact the appropriate head coach or fill in this [google form](#) for general questions.

RHHS Coaches
Coach Trey Beaty, Head Coach wwbeaty@prosper-isd.net
Coach Sarah Gerritsen, Assistant Coach segerritsen@prosper-isd.net
Coach Danielle Miller, Assistant Coach dmliller@prosper-isd.net
Yatishe Milner, Assistant Principal over Cheer yymilner@prosper-isd.net

Please fill out the following [form](#) so you can get all upcoming information and paperwork:



FINANCIAL OBLIGATIONS

(\$500 due at Made It Meeting April 14 /\$500 due May 1/remaining balance due May 14th)
All fees must be paid before Summer Break.

VARSITY: \$1400 - Booster Dues, Camp, Practice Wear Outfits, Shoes, Uniform & Warm Up Fees, Cold Weather Gear, Long Sleeves, Bows, Choreography Fees, etc.

JV/FRESHMEN: \$1350 - Booster Dues, Camp, Practice Wear Outfits, Shoes, Uniform & Warm Up Fees, Cold Weather Gear, Long Sleeves, Bows, Choreography Fees, etc.

UIL COMPETITION TEAM: \$125 (\$125 due September 15th) Competition choreography, props, meals, and any additional items needed for UIL Competition.

NCA COMPETITION TEAM: \$425 (\$250 due November 1st, after competition teams have been selected) Competition Fees, Music & Choreography, and any additional costs associated with the event.

Additional costs that come up throughout the year are as follows but not limited to: Big/Little Gifts, Team Bonding Events, etc

TRYOUT MATERIAL INFORMATION

- **Tryout Information on our Rock Hill Cheerleading Website:** tinyurl.com/rockhillcheer
- **Friday March 27th** - Videos of the Tryout Cheer will be posted to the Rock Hill Cheer page, respectively, by 5:00 p.m. on. Each cheerleader is expected to learn the material before the clinic on Thursday. The clinic will be used to review the dance, & review skills.
- **Friday April 10, 2027** - We will aim to post results by 5:00 p.m

IMPORTANT DATES 2026 – 2027 SPRING & SUMMER SCHEDULE

MARCH

- **March 30 & 31** Tryout Clinics @ RHHS Aux Gym 4:30-6:30pm

APRIL:

- **April 1 & 2** Tryout Clinics @ RHHS Aux Gym 4:30-6:30pm
- **April 9th** Cheer Tryouts @ RHHS Aux Gym
- **April 14th** "Made it!" Celebration @ 5:30pm
Mandatory "Made It!" Parent Meeting @ 6:30pm
First payment due - \$500
- **April 16th** Practice 4:30 - 6:00pm(RHHS)
- **April 21st** UNIFORM FITTING - MANDATORY 4:30-6:30pm
- **April 23rd** Practice 4:30 - 6:00pm(RHHS)
- **April 28th** Practice 4:30 - 6:00pm(RHHS)
- **April 30th** Practice 4:30 - 6:00pm(RHHS)

MAY:

- **May 5th** Practice 4:30 - 6:00pm(RHHS) **clue #1**
Second payment due - \$500
- **May 12th** Practice 4:30 - 6:30pm(RHHS) **clue #2**
- **May 14th** Practice 4:30 - 6:30pm(RHHS) **Big/Little Reveal**
Team Bonding Party @ 7pm
ALL FINANCIAL OBLIGATIONS MUST BE PAID IN FULL
- **May 15th** **ALOHA PEP RALLY 10:30 am**

JULY:

- **July 28 & 29** Pre Camp Practice 9:00am - 4:00pm
- **July 30th - 2nd** Team Camp- MANDATORY

AUGUST MANDATORY EVENTS

- Schedule Pick Up
- Potential Back to School Cheer Practices in August
- Fish Camp
- Safety Bash
- Meet the Blue Hawks

ROCK HILL CHEER SUMMER CAMP 2026-2027

VARSITY / JV / FRESHMAN / MASCOT

NCA LEADERSHIP CAMP

Renaissance Richardson - Leadership Camp

Specific camp information will come out at a later date.

July 30th - August 2nd 2026

**** ATTENDANCE IS MANDATORY ****

IMPORTANT ADDITIONAL DATES:

UIL Mid January (Jan 15 - 17, 2026- date isn't out but should be similar)

NCA HS NATIONALS January 21 - 24, 2027