

SYMPTOMS OF 'REMOTE' ELECTRONIC HARASSMENT AND MIND CONTROL TECHNOLOGY

Although I would boil down the overall symptoms of electronic harassment as being somewhat different for everyone there are lots of very common elements that could probably be described as:

"Anything that you can think, say, feel, hear, see, smell or taste can be re-created in the same way via this electromagnetic weaponry. Basically, they try to control, torture and harass you with the range of symptoms they create. These could be anything from physical pains anywhere in the body, to mental fears, to any negative emotions, to torturous/ manipulating/ undesirable thoughts that are being transmitted. Anything to destroy your life, make you "traumatised" and control you. Controlling your thoughts, life and actions are central alongside the torture/ harassment. Anything to 'neutralise' you and create a state of dissociation in and amongst the torture, fear and derailment they create is key to their programme"

However, I also found a long list of electronic harassment symptoms and mind control that includes any from the following list. THESE ARE ALL DONE REMOTELY VIA SATELLITE AND CELL TOWERS. Please note these symptoms have been corroborated through documenting the testimonies and online complaints of many victims over the years.

Directed Energy Weapon Targeting Symptom List:

- Technological Mind control – this is essentially the most important aspect to Electronic harassment and torture. Directed energy weapons are also used to certain parts of the body directly as part of the electronic harassment
- Subliminal programming
- Remote neural monitoring (RNM) - i.e. constant 24/7 surveillance of your mind which includes an individual's thoughts and emotions.
- Voice to skull (V2K) - (scientifically patented) Verbal abuse as part of this. Everything from insults, threats and intimidation to misinformation to take me off track. The microwave hearing effect is a scientifically proven phenomenon by Allan Frey 1962 and is now thought to have been used against the US diplomats in China and Cuba. See mainstream news coverage (one of many) [here...https://www.nytimes.com/2018/09/01/science/sonic-attack-cuba-microwave.html](https://www.nytimes.com/2018/09/01/science/sonic-attack-cuba-microwave.html)
- Voice of god weapon as talked and proven by CIA whistle blower Dr Robert Duncan. This weapon will imitate whatever is in the reality of the victim. For example, for Christians it will pretend to be Jesus, for those into spirituality it will imitate angels, fairies or perhaps other elemental beings. For those who follow Islam it might pretend to be Allah and so on. It can also mimic your mental inner voice, or imitate what an individual may think is guidance from their own soul, heart, the universe or god. Be aware. **I am not saying these spiritual things/ concepts do not exist, just do not be falsely manipulated!**
- Mental torment through many different ways
- Pains in all areas of my body through Directed energy weapons (microwave beams)

- Severe pulsating headaches. This is one of the easiest signs to detect. They do this a lot.
- Areas of pressure around the skull caused by Directed energy beams. Victims often complain of these around the temple/ear areas on the right and left hand side of the brain. Also, on the lower forehead and on the crown. The pressure according to research is often greater on the left hand side of the brain and it appears that this is the main side they use for programming.
- Ringing, buzzing, clicking in the ears. All corresponding to the scientifically proven Microwave auditory effect. There were similar symptoms to the US diplomats in Cuba and China who also complained of this remote harassment.
- Picture inserts into the brain that “flash” up into the mind (part of the mind control and creating suggestibility). i.e. they can put pictures, images and movies into the mind as part of the mind control and programming.
- Pains, symptoms and sensations specifically directed to the organs at different times making people think they have an illness with these organs or something wrong with their body. AKA Directed Energy Weapon Abuse.
- Anxiety, fear and a whole array of negative emotions being transmitted purposefully into the brain to create a whole array of harms.
- General anxiety disorder in many victims. Also panic disorder or panic attacks.
- Created Depression
- Pain on the back of the neck from a “consistent” Directed energy being transmitted into this area at times.
- Isolation - one of the main things they do.
- Often targeting of friends and family
- Discrediting in friends and family of the cause (through neural manipulation)
- Suppression of career and money - this is a big one. The goal is to keep you broke and resourceless.
- Involuntary body movements
- Body control through mind control
- Created addictions. Especially around food. There are also many claims they also try to addict the target to drugs to ruin them and discredit them. This includes pharmaceutical and unnecessary anti-psychotic drugs.
- Feelings of insatiable hunger and thirst
- Forced speech - saying inappropriate or “mis-timed” things
- Sleep deprivation - another huge one and straight out of the CIA “torture” play book.
- Digestion issues
- Street theatre
- Induced trauma
- Inflammation of certain areas of the body
- Microwave radiation burns. Some of these can be incredibly bad and the author believes from his research that some of these are first and second degree burns. Some are over significantly large areas of the body.
- Instant stimulation of needing the toilet in the most inconvenient places or when driving (or wherever). This is both for urination and defecation.
- Shortness of breath and choking sensations in the throat and/or lungs.
- Directed energy weapon (DEW) attacks into all areas of the body. Literally they attack across the whole body.
- Confusion
- Thought suppression

- Depersonalization
- Memory loss
- Overwhelming Hot flushes (hardly surprising considering microwaves are known to create heat)
- Amnesia
- Dizziness
- False Tinnitus created sounds
- Intense fatigue
- Creating less awareness or “consciousness”
- Severe itching
- Directed energy attacks to the heart
- Nausea /radiation sickness
- Inability to concentrate, think or get anything done
- The ability to make an individual vomit
- The ability to make a person so tired in an instant that they just have to lie down and sleep straight away. Sometimes it is more subtle than this but many times it is intense.
- Inability to concentrate at all for minutes on end suddenly. Generally they affect concentration but there are amplified attacks where it is really difficult to form thoughts at all.
- False created smells
- Sharp stinging sensations in all areas of my body including my rectum and genitals. Almost feels like a pin pricking you or a “sharp” burn.
- Psychological operations
- Suppression of personality and emotions
- Financial loss through mind control programming
- Sensory deprivation
- Overloading of memory via V2K
- Synthetic sexual arousal – usually daily
- Technological rape
- Forced masturbation
- Hypersensitivity
- Spontaneous tearing
- Horrible high pressure/pulsing in the ears
- Synthetic tooth pain. Real sensitivity in the teeth suddenly.
- Jerking
- Body trembling. The body starts to shake with a feeling of fear.
- Feelings of dread
- Feelings of disconnection from everything
- Targeting areas of pain or that are trying to heal making it feel ‘impossible’ to heal or slowing down considerably.
- Causing a victim to do things that are socially unwise or unacceptable such as looking away when they are trying to speak to someone.
- Forced sneezing
- Forced bodily functions in general
- Forced biting down “suddenly”. Many victims have complained that all of a sudden they will bite down incredibly hard, sometimes during eating and sometimes not. The result is that often the victim bites their tongue badly causing pain and bleeding.

- Rashes “randomly” appearing on the body. These are often minor burns but sometimes they appear to be contact dermatitis reactions to the Directed energy.
- Attacks on the lungs are incredibly common
- Attacks on the kidneys are incredibly common. The author has noticed an almost continuous “draining” directed energy beam into this area.
- Attacks and pain in the liver are common
- Attacks and pain on the spleen also happen
- Attacks on the genitals are very common
- Attacks on the organs in general and disruption of the optimum functioning of the body in general. This can create fatigue and a sense of unease and unwellness. Please note victims often complain of a constant Directed energy beam being focused on these organs for large periods of time. The author has noticed what he would call an almost constant presence of these beams into the lungs and kidneys and the liver too (to a lesser extent).
- Controlling over the swallow reflex. The author has noticed that when taking vitamins that they have stopped his ability to be able to swallow and it takes him 3-4 attempts at times to actually swallow them.
- Attacks on the joints. They do this to victims generally and when exercising to make the victim want to stop exercising. They try to do anything to break you down psychologically and create ill health.
- Disruption to exercise and exercise routines. They stop a victim from being able to exercise or exercise as long as they would like. They do this through neural programming and through creating pains on the victim’s body as they exercise. They attack knees, hips, lungs, tendons and muscles in particular. The author specifically noted a period where he was barely able to exercise at all because every time he did they would attack his calf muscles with a powerful directed energy weapon hit. At times they would do this to both calves. Note: no previous injuries and injuries would appear out of nowhere suddenly with no sudden or awkward movements. The author felt the powerful Directed energy hits occur as this pain was initiated causing him many times to have to unwillingly stop his exercise routine.
- Arthritis like symptoms in the joints and swelling
- Attacks on the digits on the hands and the feet. In particular the thumb and index fingers the most creating pain, swelling and arthritis like symptoms. The author had these symptoms many times and when tested came back with a clean bill of health.
- Created health anxiety. A common pattern that you can use (in some cases) to diagnose is related to health anxiety. They are always creating pains and weird sensation in and on the body. The author has noted how they then neurologically manipulate the victim to think that they have an illness related to the area they are attacking. This keep the victim in a constant state of health anxiety. The author believes this is to keep the victims in a constant state of anxiety and chasing their own tail and wasting their time. This means that they never have the time or resourcefulness to fight back or raise awareness.
- Coordinated attacks between Directed energy weapon attacks to the body and the neurological mind manipulation to influence perception negatively re the attacks to the body. This is a key foundation as to how this program works. Directed energy attacks in synchronisation with mind control.
- Attempted murder on victims - many have reported repeated attempts on their lives both through repetitive suicide programming and also other means of neurological influence. With suicide programming victims have reported that they will say things via Voice to skull (V2K) like “You want to kill yourself”, “You’d be better off dead”, “life’s not worth living any more, you have no hope” etc. Others have reported that they have tried to force accidents

when they are driving for example through delayed reactions, not being able to see things, poor decision making, quick reactions and so forth. Others have reported things such as trying to make them lose balance to fall off an edge or step onto a road. The reports of these kinds have been endless. Others have complained of forcing them to make bad decisions that could result in their death which could be classified as an indirect attempt that could cause loss of life. Anyway you look at it these weapon assaults are incredibly dangerous and need stopping straight away. Not in ten years time. Now.

- Remote neural monitoring is the surveillance that gives rise to AI neural mind control programming and assaults.
- Electromagnetic mind control
- Countless neuroscience based tortures
- Trauma Based Mind Control is what this is - this is the goal too
- Torture Every Single Day in various forms
- Character Assassination – Vicious Discrediting Mind Control – Public Disrepute
- A Labyrinth of Subversive Tactics
- **Thought Suppression**
- Cloning of the Senses / Torture Through the Senses
- Technological Illusions / Technological Mind Tricks
- Electronic Telepathy / v2k / Microwave Auditory Effect / Microwave Hearing Harassment
- Virtual Reality Tortures – Synthetic Dreams – OBE Tortures
- Neurobody Tortures
- Synthetic Pain Signals
- Sensory deprivation
- Sensory substitution
- Impersonation of Demons, Extra-terrestrials, Archangels, Jesus, & God via v2k
- Demonic Possession Facades
- AI Automated Torture and v2k Scripts
- v2k Voice Cloning - they can make you think your inner voice is you. That is why this technology is so dangerous. That said, with time and awareness you can become very aware of this.
- Overloading of Memory via v2k
- EEG Cloning
- Emotional blunting via electromagnetic neuroscience
- Depersonalization via electromagnetic neuroscience
- Body Control
- Body Language Control. The author has noticed they do this to create a “weak” depressed body language and state as an individual’s body language is highly linked to how good you feel.
- Facial Movement Control
- Severe Food Poisoning Symptoms (with no actual real effects of course). They also can create many other false effects related to food.
- Financial Losses
- **Suppression of Personality**
- Malicious Character Reorientation & **Personality Suppression**
- Thought Sonorization (Training the brain to think in words instead of concepts and images)
- **Memory Loss - this is a big one. They are forever wiping the short term memory of targets. They also do this with long term memories too.**

- **Memory creation - they also create false memories. In some cases this could just be described as “opportunistic” programming**
- Lost Time
- Malicious Neural Conditioning
- **Body Mutilation (including real physical and painful damage)**
- Directed Energy Attacks on Ribs and Bones
- **Directed Energy Attacks on Ears - This is a very common one. Many have reported that they attack the right ear specifically and especially during sleep to prevent sleep. Targets wake up with a very sore and swollen ear or in many cases can't sleep at all.**
- Deadening of skin – Peeling microwaved skin off parts of my body
- Liquification of skin
- Skin starting to sag increasingly due to Directed energy effects over the years
- Increased aging due to harmful effects from the microwave radiation
- Stabbing Pains (e.g. In the Eyes or Organs)
- Bone Pain / Spine Pain
- Brain Pains / Headaches / Migraines - this is
- **Eye Pains / Involuntary Eye Movement Tortures**
- **Damage to Eyesight / Fuzzy Eyesight suddenly**
- Muscle Spasms / Severe Muscle Cramps
- Muscle Tortures / Ripping of Muscles via Directed Energy Weapons. The author has noticed that they also try and time these Directed energy muscle attacks with a “sharp” or “sudden” or “large” body movement to make you think that you have “suddenly” pulled a muscle”. It is clear this is to disguise the source of these created pains.
- Tendon and Vein Tortures
- Laser like precision Pain on Bones. An uncomfortable feeling in bones at times.
- Attack on the Scalp. They often like to burn the scalp
- Loss of Hair
- Attacks on the Oesophagus
- Technologically Induced Unquenchable Hunger
- Created addiction to junk foods. Constantly “flashing” images of unhealthy foods into the target's mind to program them to go seek these foods straight away. This effect is very strong.
- Severe Shortness of Breath (choking)
- Sudden Inability to Breathe
- Burning Sensations
- Sudden and Non-Attributable Heart Rate Increases
- Directed Energy Attacks on the Heart
- Profoundly severe itches
- Feeling of brittle or “rubberish” bones
- Illusory feeling of broken bones
- Torturous synthetic emotions (Synthetic depression, horror, fear, doom feelings, etc)
- Synthetic sexual arousal
- **Spontaneous fatigue / lethargy**
- Overwhelming synthetic apathy or passivity at strategic times
- Synthetic ADHD symptoms at strategic times
- Synthetic addiction feelings
- **Sleep deprivation / Electromagnetic stimulants**

- Technological black out - this tech can be used to create black outs and there have been many recorded incidents of this happening online.
- Synthetic Optics
- Torturous synthetic tastes + smells
- Hyper-sensitivity to light – Light sensitive eyes
- Hyper-sensitivity to sound
- Hyper-sensitivity to smell
- Hyper-sensitivity to temperature (Heat / Cold)
- Torturous cold sensations / Torturous heat sensations
- Anhedonia
- Various forms of desensitization
- **Suppression of emotions – Negation of emotional system**
- Negating awareness of social standards and etiquette
- Technologically induced vomiting / Technological gag reflex.
- Targeting of lymph nodes
- Induced sickness/ flu. The author has noticed that they are able to literally create the exact symptoms that you would in a flu but artificially.
- States of being where all food and food smells are repulsive
- Synthetic claustrophobic feelings
- Spontaneous tearing without emotional thinking
- Uncontrollable smiling at inappropriate times
- Electromagnetic mind control based forced laughing at things victims would not normally laugh at. Often at inappropriate times.
- High frequency noises. A high pitched ringing in the ears that is accompanied by Directed energy into the ears to distinguish it from tinnitus.
- Neural Heterodyning (e.g. Lacing sounds with v2k, enhancing pain signals)
- Subtractive Version of Neural Heterodyning (Removing high frequencies from audio cortex input, removing enjoyment signals from senses, etc)
- Disrespectful changes in the tone of voice. This is often done to make the target appear rude, to trigger others or to fall out with people.
- Controlled decreased dexterity
- Technologically induced loss of balance
- **Technologically induced inability to concentrate**
- Various forms of electronic harassment when trying to work. Trying to ruin your ability to work effectively and efficiently. Making it very hard to make decisions when working (sometimes even really simple ones). There are many ways they try and destroy the individual's ability to work which include constant distraction and manipulation to do things that are less important. Also, it includes ruining and interfering with the target's motivation whilst motivating them to think other things are more important and manipulating them to do these things instead. They use many of the other symptoms in this list on victims while working too.
- Directed energy based high frequency sound interference when working
- Wounds induced by directed energy weapon methodology
- Directed energy induced coughing attacks
- Technology induced trance-like states
- Technology induced drug like states (according to some victims)
- Circadian rhythm manipulation
- Distinct and abrupt consciousness change followed by a deep sine wave ear ringing

- Extremely excessive watering of mouth via directed energy neuroscience
- Control of blood flow to body parts
- Intense head pressure
- Inner nose area inflamed via directed energy to cause disruption in breathing
- Distorted or contorted consciousness
- High pressure feelings related to ears/hearing
- Stomach torture
- Various forms of “synthetic” poisoning. No real poisoning actually occurs but it feels like poisoning or adverse reactions to foods, substances or supplements.
- Threats and harassment (Typically via v2k)
- Harassment of many types
- Strategic intimidation
- Denigration
- Gaslighting
- Derivatives of gaslighting
- Mind control based frame jobs
- Mind control orchestrated arrests
- Mind control orchestrated car accidents/ accidents in general.
- Mind control of people to attack targets (Which is an incredibly effective tactic due to the nature of incredulity in mentioning someone is being mind controlled)
- Likely covert torture of my friends and family
- Attempts at tainting of every piece of work ever done
- Attempts at destroying my valuable relationships / Orchestrated relationship breakdowns
- Monetary suppression and programming an individual to spend and waste their money. The goal of course is to make an individual penniless.
- Mind control based slander and character assassination
- Implantation has occurred with some victims. Although there is no need to implant anyone with the state of sophistication the technology is at currently. Most are not implanted because the program is so global at this point. The technology sophistication is increasing at alarming rate and victims complain of this including of it being harder to control their mind, be happy and get things done generally.
- Targeting things the victims dislike the most. This is clearly picked up on via the AI systems running these programs. Many have reported this.
- Shocking imagery based electronic telepathy experiences as a form of torture.
- Sick minded focuses on areas of my body
- Forms of Molestation / Technological Rape
- Thought Broadcasting
- Engineered Accidents
- Coughing up Blood
- Teeth damage / Synthetic tooth pain
- Organ damage / Synthetic organ pain
- Lung damage / Synthetic lung pain
- **Strategic brain damage (e.g. Memory, limbic system)**
- Directed energy weapon targeting of my private parts
- Malicious body design - forcing the victim to put on weight would be an example of this.
- Malicious & strategic inflammation of bodily areas
- Arranged disease - both directly and indirectly
- Electromagnetic sterilization as a form of eugenics

- Dehumanization
- Psychological attacks on my soul through synthetic emotions
- Synthetic suicide programming
- Drugging / Electromagnetic drugging
- Slow kill techniques of many various kinds. It is a slow kill program by design.
- Artificial tinnitus

Please imagine what it is like for victims having to go through this and not have people believe them. Please genuinely put yourself in their shoes and feel. Humanity is counting on us in this key time in humanities technological growth.

Symptoms at different stages of the programme:

The symptoms change with time. They tend to get more severe (and in many cases obvious) as shown in the next link...

<http://satelliteterrorism3.blogspot.com/2010/12/dew-directed-energy-weapons.html>

Please note: the author went to the doctor many times complaining of symptoms that at the time he could not explain. The doctors were never able to explain what was causing these symptoms and at times gave false diagnosis to try and explain it. These symptoms would then often be gone completely in the days, weeks or months that followed. Sometimes they would return at random, unpredictable and sometimes not. Many victims have reported the same. The programme often works in a cycling kind of way where the symptoms are done in cycles or stages and then will completely end suddenly and then new prominent symptoms will take their place. There are of course many symptoms from the list above that are more prominent and "cycled" more often but the patterns are always random, unpredictable, undiagnosable by doctors and not related to physical or mental illnesses or disease. Ask yourself how it is possible to have so many random symptoms from so many different parts of the body? There is NO illness or disease mental or physical that can explain the full comprehensive set of symptoms (or even a range or singular symptoms in many cases). There is no illness or disease that just starts and stops in random unpredictable patterns in ways that have no connection to any outside stimulus or trigger or event. There is no illness that comes on so suddenly and leaves so suddenly. There is not illness that is not diagnosable in this way or in these ways. Ask yourself if its possible that victims are completely hallucinating this and so disconnected from their minds and bodies that they can't feel things and its all in their minds? Ask yourself if its possible that millions are now coming out about this round the world with this comprehensive symptom set? I could go into the whistleblowers, patents, leaked and declassified documents, the history, Havana syndrome on US diplomats, the evolving science but this was not a document designed for that. Its time to wake up to these abuses and stop them. These need to be included in every medical and psychiatric diagnosis toolbox so that the difference between these and genuine illness can be diagnosed.

It's us vs them and humanity vs tyranny. Who are you going to side with?

We need your voice. Every voice matters. If you want your children to still have any free will your action counts. Never believe for one second that it does not. We" wake everyone up one by one if we have too.

Some quotes to leave you with...

- "Directed energy targeting programs are the biggest injustice of the early 21st century."
- "Directed energy weapons can reproduce any torture in existence."
- "Attacks are designed to appear implausible to better conceal the crime to the people the target speaks to."
- "The CIA is an international terrorist organization."
- "... regardless of country MK Ultra is always there with you."