

SHAINA FAWN, BA, MSW, LCSW

Address: 1138 E Rosecrans Avenue, Suite C #1002, LA, CA 90059

Phone: +1 (424-255-8515) | **E-mail:** shaina@therapeuticbridges.com

she/her/hers

PROFILE

Mental Health Consultant. Adjunct Faculty. Licensed Clinical Social Worker (LCSW) with over fifteen years of case management and clinical experience. Specialization in bereavement therapy, crisis intervention, process group, workshop facilitation, psychedelic-assisted therapy facilitation, working with artists and creatives, and individuals of the LGBT population. Experience practicing from culturally sensitive, decolonial, trauma-informed, strengths-based, and empowerment practice perspectives. Bilingual in Spanish. Active Psilocybin Facilitators License in Oregon. Active LCSW license in California (LCS# 68022), New Mexico (LCS# 2025-0258), and Colorado (LCS# 09931621)

EDUCATION

Expected December 2028, Doctor of Philosophy in Humanistic Psychology: Creativity, Innovation, and Leadership Specialization, Saybrook University, Pasadena, CA

Awards: Presidential Scholarship, Pathfinder Scholarship

2009 - 2011, Master of Social Work, University of Denver, Denver, CO, *Clinical Track: Families, Trauma Studies Certificate*

Awards: Eleanor Barnett Trust Scholarship, Judith Talman Scholarship

Distinctions: Summa cum laude

2002 - 2007, B.A., Psychology and Spanish, University of New Mexico, Albuquerque, NM

Awards: Bridge to Success Scholarship, New Mexico Lottery Success Scholarship

Distinctions: Summa cum laude

Study Abroad: La Universidad de Palermo, Buenos Aires, Argentina

PUBLICATION

Fawn, S. (2024). [Decolonial Praxis During the Third “Psychedelic Renaissance.”](#) *Voices: Journal of the American Academy of Psychotherapists*, 60(1–3), 252–259.

CERTIFICATION & ADDITIONAL TRAINING

Mindfulness Based Somatic Emotional Processing (MBSEP), Black Mesa Behavioral Health, October 2025

Unlocking the Self: Integrating IFS with Psychedelic Therapy, Presented by Richard Schwartz, PhD, and Sunny

Strasburg, LMFT. *MAPS Psychedelic Science Conference*, June 2025

Foundations of Breathwork and Psychedelics: Tools for Psychedelic Preparation, Navigation, and Integration, Psychedelics Today, March-April 2025

Foundations of Mental Health Coordination, *Association of Mental Health Coordinators (AMHC)*, January - March 2025

Care Culture & Policy, Core Curriculum, *Association of Mental Health Coordinators (AMHC)*, January 2025

Collaboration and Conflict, Core Curriculum, *Association of Mental Health Coordinators (AMHC)*, January 2025

Building Safety, Core Curriculum, *Association of Mental Health Coordinators (AMHC)*, January 2025

Psilocybin Assisted Therapy Certificate, Fluence, March 2024

Applied Mindfulness for Psychedelic Therapists, Fluence, March 2024

Trauma-Informed Psychedelic Assisted Therapy Training, Fluence, November 2023

Psychedelic Integration: Experiential Practice Retreat, Fluence, August 2023

Trauma-Informed Care for Intimacy Coordinators Training
Intimacy Professionals Association, July 22, 2023

Applied Suicide Intervention Skills Training (ASIST) Instructor Certification, Living Works, December 2022

Film and Television Industry Essentials Certificate, New York University, Tisch School of the Arts, Virtual Education Program, June 2022

Mental Health First Aid Instructor Training, National Council for Behavioral Health, January 18-20, 2022

Intro to Trauma-Informed Practices for Artists Workshop, Intimacy Directors and Coordinators Professionals, November 29, 2021

Supporting Transgender and Non-binary Artists Workshop, Intimacy Directors and Coordinators Professionals, November 9, 2021

Mental Health First Aid Certification, Behind the Scenes Foundation, October 3, 2021

Eye Movement Desensitization and Reprocessing (EMDR)Basic Training

2018-2019

10 hours of clinical consultation completed with Alicia Avila, LCSW

Applied Suicide Intervention Skills (ASIST) Training, Living Works, Certified 2008, Recertified in 2018 & 2022

Motivational Interviewing: A Two-Part Series,

Community Clinic Association of Los Angeles, January 12 & 26, 2018

Trauma Studies Certificate, University of Denver, Graduate School of Social Work, 2011

**WELLBEING
COORDINATION
EXPERIENCE**

Fatales Forward: Trans Stories, fellowship for emerging trans and gender diverse directors, Film Fatales (2022)

Marrow, Feature Film, Black Mary Studios (2021)

When You are Sorroful, Feature Film, T2the2nd Productions (2021)

Mixed, Short Film, T2the2nd Productions (2014)

**PRESENTATIONS
WORKSHOPS &
TRAININGS**

Gonzales, S. (March 2024). *Deconstructing Burnout*. The workshop was provided to staff members of LA Care.

Gonzales, S. & Simon, A. (February 2024) *Wellbeing in Post-Production and Freelance work*. The virtual webinar was sponsored by Wellbeing in Creative Arts and Entertainment (WECA) in partnership with the Los Angeles Post Production Group.

Gonzales, S. (June 2023). *Collaborating for Care: Building Effective Teams*. The workshop was provided to staff members of LA Care.

Gonzales, S. (April 2023). *Substance Use Disorder and SBIRT*. Training was provided to staff members of the Arroyo Vista Family Health Center.

Gonzales, S. (March 2023) *Behavioral Health Integration*. Presentation to staff of Arroyo Vista Family Health Center.

Gonzales, S. (March 2023). *Empathic Listening and Crisis De-escalation*. Training was provided to staff members of the Arroyo Vista Family Health Center.

Gonzales, S. & Simon, A. (March 2023) *Wellbeing on Sets and Stages: How Cast, Crew and Producers Can Ensure Healthy Workspaces*. Virtual Webinar sponsored by Wellbeing in Creative Arts and Entertainment (WECA).

Gonzales, S. (January 2022). *Illuminating Grief: A Conversation About Death, Dying, Grief, and Loss*. Virtual workshop was provided to families experiencing loss. Cope Foundation and Pinelawn Memorial Park.

Gonzales, S. (December 2021). *Dying Well: A Discussion about Death, Dying, Grief, and Loss*. Virtual workshop was provided to clinical staff. Family Practice and Counseling Network.

Gonzales, S. & Moore, C. (October 2021). *Recognizing and Overcoming Burnout in Social Work*. Virtual Presentation to the 2021 National Association of Social Workers California Chapter Virtual Conference

Gonzales, S. & Moore, C. (September 2021.) *Living Well as a Social Worker*. Virtual Presentation to Social Work Professionals

Gonzales, S. (July 2021.) *Hollywood and Mental Health: Let's Talk About It*. Virtual Presentation to The Academy Awards Gold Rising Alumni Program.

Gonzales, S. (April 2021). *Dying Well: A Discussion of Death and Dying*. Virtual Presentation. Adelphi University

Gonzales, S. (February 2021). *Trauma, Empathy, and Self-Care*. Virtual Presentation to IsoCare volunteers.

Gonzales, S. (January 2021). *Tips for Creating Meaningful Groups*. Virtual Presentation to Circles Up Staff.

Gonzales, S. (2020). *Self-care in a time of racial bias*. Compton College, Compton, California.

Gonzales, S. (2019). *Trauma, Resilience, and Neuroplasticity*. From Victim to Survivor awareness event and book signing. Los Angeles, California.

Langenderfer, L., Gonzales, S., Southerland, K., and Wienerman,

L. (July 2013). Efficient and effective: An evaluation of multidisciplinary law offices. American Bar Association National Conference on Children and the Law, Washington, DC.

WORK EXPERIENCE

Elicia Health Centers

Sacramento, CA

12/2024 - Present

Clinical Supervisor

- Provide clinical supervision, support, and mentorship for unlicensed clinicians to assist them in obtaining LCSW licensure

Boise State Graduate School of Social Work

Boise, ID, Online Remote Learning

08/2024 - Present

Adjunct Faculty

- Facilitate and teach Advanced Issues in Diversity and Inclusion, Advanced Clinical Social Work Practice and Trauma-Informed Care courses for graduate-level students

Wellbeing in Entertainment and Creative Arts (WECA)

Nationwide

01/2023 - Present

Co-Founder

- WECA is a 501(c)3 organization that envisions an entertainment industry guided by trauma-informed principles by which the health, safety, and wellbeing of artists and entertainment workers are prioritized throughout the entire creative process, from pre to post-production
- Oversee the Mental Health Services Initiative aimed at providing increased mental health support for entertainment workers

Therapeutic Bridges, Inc.

California, New Mexico, Colorado

11/2020 - Present

Founder

- Provide trauma-informed, soul-centered psychotherapy to individuals navigating grief, anxiety, depression, identity shifts, and complex trauma, with a focus on LGBTQ+ clients, entertainment industry workers, and Spanish-speaking populations.
- Facilitate community healing experiences such as grief circles, sound baths, guided meditations, workshops, and retreats rooted in mutual care, embodiment, and creative expression.
- Provide clinical supervision and mentorship to emerging social workers and therapists, with an emphasis on relational ethics, decolonial practice, and holistic, client-centered care.
- Provide trauma-informed consultation and training for organizations in the healthcare and entertainment industries, offering support around mental health

infrastructure, crisis response, ethical storytelling, and sustainable care practices.

Simmons Graduate School of Social Work,
Boston, MA, Online Remote Learning **05/2016 - Present**
Adjunct Faculty Instructor

- Facilitate and teach Advanced Clinical Practice, Human Behavior in the Social Environment, and Human Sexuality courses for graduate-level students

Arroyo Vista Family Health Center
Los Angeles, CA **02/2024 - 06/2025**
Behavioral Health Clinician

- Complete biopsychosocial assessments and provide individual and group counseling to patients in a strengths-based, culturally sensitive, linguistically appropriate, and compassionate manner.
- Identify and implement appropriate evidence-based practices and interventions, including CBT, Seeking Safety, and DBT-informed interventions
- Prepare and maintain all pertinent records, statistics, and progress notes

04/2023 - 02/2024

Clinical Supervisor

- Supervised behavioral health case managers
- Provided consultation for Enhanced Care Management staff
- Developed and provided company-wide trainings for staff
- Maintained a caseload of therapy clients

12/2017 - 12/2018

Supervisor of Behavioral Health

- Developed, implemented, and maintained a new Behavioral Health service line
- Developed workflows
- Completed biopsychosocial assessments, provided individual and group counseling to patients in a strengths-based, culturally sensitive, linguistically appropriate, and compassionate manner
- Identified and implemented appropriate evidence-based practices and interventions, including CBT, Seeking Safety, and DBT-informed interventions
- Established strong rapport with patients, co-workers, and community partners
- Prepared and maintained all pertinent records, statistics, and progress notes
- Supervised behavioral health case managers

LA Care Health Plan

Los Angeles, CA
Clinical Supervisor

02/2023 - 05/2025

- Provide clinical supervision, support, and mentorship for unlicensed medical social workers to assist them in obtaining LCSW licensure
- Develop in-services and trainings for staff

The Trevor Project

Nationwide
On-Call Clinician Consultant

05/2015 - 5/2024

- Consulted with counselors from Trevor Chat and Trevor Space regarding high-risk client situations related to suicide, child abuse, and homicidal intentions
- Worked with counselors to complete assessments and determine if a welfare check, child abuse, or Tarasoff report needs to be enacted per mandated reporter requirements
- Developed, implemented, and facilitated process groups for Trevor staff and volunteers to debrief and process vicarious trauma

Los Angeles LA LGBT Center

Los Angeles County, California
Behavioral Health Clinician

02/2021 - 03/2023

- Managed a caseload of therapy patients, completed biopsychosocial assessments, and provided individual, couple, and family therapy to patients in a strengths-based, culturally sensitive, linguistically appropriate, and compassionate manner
- Implemented appropriate evidence-based practices and interventions with clients, including Cognitive Behavioral Informed Therapy, Seeking Safety Dialectical Behavioral Informed Therapy, Motivational Interviewing, and EMDR

ParkTree Community Health Center

Pomona, CA
Director of Behavioral Health

01/2019 - 02/2020

- Provided oversight of the Behavioral Health Department and collaborated with the Dental Director and Chief Medical Officer to integrate behavioral health services
- Managed departmental budget and grant reporting
- Developed and updated policies, procedures, and guidelines
- Managed caseload of therapy patients, completed biopsychosocial assessments, and provided individual, couple, and family therapy to a caseload of patients
- Implemented appropriate evidence-based practices and interventions

- Recruited, hired, trained, and supervised Behavioral Health staff, including three LCSWs, an MSW intern, and two bachelor's-level case managers
- Provided consultation to medical and dental staff and providers
- Participated in Executive Leadership Team Meetings, Board Meetings & collaborated with various departments to increase integration efforts

Haven Health and Bella Vida Hospice

Los Angeles County, CA

10/2013 - 04/2017

Medical Social Worker

- Conducted in-home psychosocial assessment of patients and assessed patient safety
- Assisted patients and families with long-term care planning, provided therapeutic support to terminally ill patients and their family members
- Provided therapeutic bereavement support for individuals and families dealing with grief, loss, and trauma
- Coordinated the hiring, supervision, and field instruction to graduate-level social work interns
- Co-facilitated and led peer support supervision group with social work colleagues

Radley & Southerland LLC

Denver, CO

07/2011 - 09/2013

Child Assessment Specialist

- Worked as part of a multi-disciplinary team composed of social workers and attorneys, conducting clinical assessments of children and families for Dependency and Neglect cases in Denver County
- Provided clinical recommendations for Guardians ad Litem with respect to treatment plans, placements, visitation, and family reunification

Mi Casa Resource Center

Denver, CO

01/2009 - 09/2010

Case Manager and Youth Advocate

- Provided case management to 18 at-risk middle school students and their families
- Facilitated life skills workshops for students, which included activities focused on anger management, self-esteem building, and goal setting
- Collaborated with school social worker, teachers, and other school officials to ensure student success, including leading bi-monthly interdisciplinary meetings to identify struggling students in need of additional support services

Agora Crisis Center, University of New Mexico

Albuquerque, NM

08/2005 - 07/2007

Director of Campus Outreach

- Conducted volunteer recruitment, advertising, publicity, and outreach on the University of New Mexico campus
- Oversaw an outreach committee comprised of 5-10 student volunteers
- Carried out on-call emergency and suicide prevention duties, which included being available to counselors during high-risk/difficult calls to provide guidance and support and to report suicidal intent to authorities when necessary
- Assisted in developing and managing departmental budgets and workflows

**TEACHING
EXPERIENCE**

“Advanced Social Work Interventions II: Individuals and Families” - Adjunct Faculty, Boise State Graduate School of Social Work (SW525) (2026)

“Advanced Clinical Social Work Practice I” Adjunct Faculty, Simmons Graduate School of Social Work (SW424A) - (9 courses taught 2019-2022, 2026)

“Advanced Social Work Interventions II: Individuals and Families” - Adjunct Faculty, Boise State Graduate School of Social Work (SW525) (2025)

“Trauma-Informed Approaches” - Adjunct Faculty, Boise State Graduate School of Social Work (SW566) (2 courses taught 2025)

“Human Behavior in the Social Environment” - Adjunct Faculty, Simmons Graduate School of Social Work (SW411) (2024)

“Advanced Issues in Diversity and Inclusion” - Adjunct Faculty, Boise State Graduate School of Social Work (SW513) (2024)

“Social Work Practice I” - Adjunct Faculty, Simmons Graduate School of Social Work (SW421A) (3 courses taught 2016 - 2022)

“Social Work Practice II” - Adjunct Faculty, Simmons Graduate School of Social Work (SW421B) (3 courses taught 2016 - 2022)

“Advanced Clinical Social Work Practice II” Adjunct Faculty, Simmons Graduate School of Social Work (SW424B) - (8 courses taught 2019 - 2022)

“Advanced Clinical Social Work Practice” Adjunct Faculty, Simmons Graduate School of Social Work (SW424) - (9 courses taught 2016-2019)

“Human Sexuality and Social Work Practice” Adjunct Faculty, Simmons Graduate School of Social Work (SW455) - (2 courses

**GRADUATE
INTERNSHIPS
AND
VOLUNTEER
EXPERIENCE**

taught 2018-2020)

Project WISE

Denver, CO

09/2010 - 05/2011

Counselor and Social Work Intern

- Provided weekly individual counseling through the lens of women's empowerment to a caseload of 5-7 women who were referred by the Temporary Assistance to Needy Families (TANF)
- Facilitated weekly support groups for TANF participants
- Facilitated an 8-week domestic violence support group for Spanish-speaking women
- Assisted with resource development women's leadership workshops and assisted in facilitating annual events

Lake Middle School

Denver, CO

09/2009 - 05/2010

Social Work Intern

- Provided individual counseling to 2-3 middle school students on a weekly basis
- Implemented and facilitated a grief and loss group for students experiencing loss
- Facilitated attendance interventions with the school social worker

Agora Crisis Center, University of New Mexico

Albuquerque, NM

02/2003 - 12/2007

Para-professional Volunteer

- Participated in 44 hours of para-professional training regarding high-risk situations
- Provided emotional support and crisis intervention to clients calling the hotline

REFERENCES

Provided upon request.