SOPHIA CHOUKAS-BRADLEY, Ph.D.

Curriculum Vitae
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University of Pittsburgh
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Associate Professor of Psychology at the University of Pittsburgh; award-winning researcher and educator; Director of the Teen and Young Adult Lab; licensed clinical psychologist; expert on adolescent mental health, social media use, body image, gender & sexuality; author of forthcoming book BEYOND THE LOOKING GLASS, scheduled for publication in 2027 by Flatiron Books (U.S.) & Penguin Life (U.K.).

EDUCATION & TRAINING

University of Pittsburgh, Department of Psychiatry, Pittsburgh, PA
Western Psychiatric Hospital, University of Pittsburgh Medical Center

2016–2017	T32 Postdoctoral Fellowship: Clinical Research Training for Psychologists (MH018269-30, PI: Goldstein)
2015–2016	Predoctoral Clinical Internship

University of North Carolina, Department of Psychology & Neuroscience, Chapel Hill, NC

2016	Ph.D. in Clinical Psychology
2011	M.A. in Psychology

Brown University, Providence, RI

2008	A.B. in Psychology, *magna cum laude,* Honors in Psychology

POSITIONS & LICENSURE

Current Positions

University of Pittsburgh, Pittsburgh, PA
Department of Psychology
Associate Professor (with tenure), 2024 – Present
Core Faculty Member of Developmental & Clinical Psychology Programs, Affiliated with Social Psychology Program; https://www.psychology.pitt.edu/people/sophia-choukas-bradley-phd

Gender, Sexuality, and Women's Studies Program
Affiliated Faculty Member, 2017 – Present (courtesy appointment)
https://www.gsws.pitt.edu/people/affiliated-faculty

Affiliations

Center for Digital Thriving, Cambridge, MA
Project Zero's Center for Digital Thriving of the Harvard Graduate School of Education
Clinical Psychology Lead, 2023 – Present (Honorary Position)
(Courtesy appointment; no formal affiliation with Harvard)
https://digitalthriving.gse.harvard.edu/about/

Winston Center on Technology and Brain Development, Chapel Hill, NC
University of North Carolina at Chapel Hill
Expert Consultant, 2025 – Present
https://winstoncenter.unc.edu/about/team/

Clinical Licensure

Licensed Psychologist in Pennsylvania
License #PS018622, 2018 – Present

Prior Positions

University of Pittsburgh, Pittsburgh, PA
Department of Psychology
Chair of Developmental Psychology Program: 2025
Assistant Professor (tenure-track): 2017 – 2020; 2022 – 2024
Adjunct Professor (while on tenure track at University of Delaware): 2020 – 2022

University of Delaware, Newark, DE
Department of Psychological & Brain Sciences: Clinical Science Program
Assistant Professor (tenure-track): 2020 – 2022

AWARDS & HONORS

2025	**Pittsburgh 40 Under 40,** Pittsburgh Magazine
2025	**Early Career Impact Award,** Federation of Associations in Behavioral & Brain Sciences (FABBS)
2024	**Louise Kidder Early Career Award,** Society for the Psychological Study of Social Issues (SPSSI; APA Division 9)
2024	**Susan Nolen-Hoeksema Early Career Research Award**, Society for a Science of Clinical Psychology (SSCP)
2024	**National Science Foundation CAREER Award**, Developmental Sciences
2023	**Faculty Excellence in Teaching Award**, University of Pittsburgh Department of Psychology
2020	**APS Rising Star,** Association for Psychological Science
2018	**APA Division 7 Early Career Grant in Developmental Psychology,** American Psychological Association
2015	**Martin S. Wallach Award**, for outstanding doctoral candidate in clinical psychology, University of North Carolina at Chapel Hill
2015	**SSCP Outstanding Student Teacher Award**, Society for a Science of Clinical Psychology

2014 **Rosa Swanson Award**, for creating a supportive professional environment, University of North Carolina Department of Psychology

2014 **Psi Chi Teaching Award**, University of North Carolina Department of Psychology

2008 **Muriel Fen Sher Award**, awarded to one undergraduate student for outstanding work in psychology, Brown University

2008 **Davids Book Prize**, awarded to one undergraduate student for promise in clinical psychology, Brown University

SELECTED HONORS OF DOCTORAL STUDENTS IN CHOUKAS-BRADLEY LAB

2025 **Distinguished Student Research Award in Clinical Psychology,** APA Div. 12
Savannah Roberts

2025 **P.E.O. Scholar and Marian K. Hume Scholar Memorial Award,** P.E.O. International
Savannah Roberts

2025 **National Science Foundation Graduate Research Fellowship**
Courtney Medina

2024 **Distinguished Student Service Award in Clinical Psychology,** APA Div. 12
Savannah Roberts

2023 **Violet and Cyril Franks Scholarship,** American Psychological Foundation
Savannah Roberts

2023 **National Science Foundation Graduate Research Fellowship**
Claire Stout

2023 **Early Career Research Award,** Academy for Eating Disorders
Savannah Roberts

2021 **National Science Foundation Graduate Research Fellowship**
Savannah Roberts

2021 **APAGS/Psi Chi Junior Scientist Fellowship**
Savannah Roberts

2020 **National Science Foundation Graduate Research Fellowship**
Anne Maheux

2019 **Arts & Sciences Fellowship,** University of Pittsburgh
Savannah Roberts

2019 **APAGS/Psi Chi Junior Scientist Fellowship**
Anne Maheux

ACADEMIC PUBLICATIONS

Citation summary (using Google Scholar): Total citations: **10,000+**; i10-index: **87**; h-index: **49**

**Graduate student in my lab at time of work; **undergraduate or post-baccalaureate trainee in my lab at time of work; ^senior author (i.e., mentored the trainee first-author).*

PUBLICATIONS IN PEER-REVIEWED JOURNALS

2025 & In Press

96. Graham, A., Brehm, M. V., *Kilic, Z., **Choukas-Bradley, S.,** Nesi, J. L., Ladouceur, C. D., & Silk, J. S. (in press). Adolescents' appearance-related social media consciousness and photo-related behaviors are linked to social anxiety symptoms with peers digitally and in-person: An ecological momentary assessment study. *Psychology of Popular Media.*
95. Lankster, A., Widman, L., McCrimmon, J., Brasileiro, J., Maheux, A. J., Evans-Paulson, R., *Stout, C. D., & **Choukas-Bradley, S.** (in press). Safer sex self-efficacy and condom use among adolescents: A systematic review and meta-analysis. *Journal of Health Psychology.*
94. Steinsbekk, S., Nesi, J., **Choukas-Bradley, S.,** & Wichstrøm, L. (in press). Development and characteristics of sexting from age 14 to 18 years in a Norwegian birth cohort. *Archives of Sexual Behavior.* Advance online publication. https://doi.org/10.1007/s10508-026-03413-5
93. *Kilic, Z., Maheux, A. J., Nesi, J., Silk, J. S., & **^Choukas-Bradley, S.** (in press). Intimate disclosure in online-only friendships predicts adolescents' depressive symptoms. *Journal of Research on Adolescence, 36*, e70144. Advance online publication. https://doi.org/10.1111/jora.70144
92. *Medina, C. M., Maes, C., Maheux, A. J., *Roberts, S. R., & **^Choukas-Bradley, S.** (in press). From the screen to the bed: Appearance-related social media consciousness and sexual well-being among emerging adult women and men. *Body Image.* Advance online publication. https://doi.org/10.1016/j.bodyim.2025.102018
91. Nielsen, S., Rodriguez-Siejas, C. A., **Choukas-Bradley, S.,** & Wright, A. G. C. (in press). Depression, identity functioning, and negative affective reactivity to sexual and gender minority concealment and outness in daily life in a predominantly female bi+ sample. *Clinical Psychological Science.*
90. McCrimmon, J., Widman, L., Maheux, A.J., Brasileiro, J., Evans-Paulson, R., *Stout, C.D., Lankster, A., **Choukas-Bradley, S.,** & Noar, S. (in press). Psychosocial correlates of condom use behavior among Black adolescents in the U.S.: A meta-analysis. *Health Psychology.* Advanced online publication. 10.1037/hea0001593
89. *Stout, C. D., Maheux, A. J., **Choukas-Bradley, S.,** & Nelson, K. M. (in press). "Porn helped me figure out that I was gay": A mixed-methods study on sexually explicit media use among 14–17-year-old sexual minority males in the United States. *Sexuality & Culture.* Advance online publication. https://doi.org/10.1007/s12119-025-10464-8
88. ***Roberts, S. R., *Stout, C. D., Thoma, B. C., & **^Choukas-Bradley, S. (2026). Providing validating clinical care to LGBTQ+ adolescents and young adults. *Journal of Health Service Psychology, 52:* 29-41. https://doi.org/10.1007/s42843-025-00150-6
87. *Stout, C. D., Maheux, A. J., Fraundorf, S., & **^Choukas-Bradley, S.** (2025). Hair today, gone tomorrow: Investigating adolescent body hair attitudes, satisfaction, and removal practices. *Sex Roles*, *91*(9), 62. https://doi.org/10.1007/s11199-025-01608-z
86. Hutchinson, E., Scott, L., **Choukas-Bradley, S.,** & Silk, J. (2025). Interpersonal risk factors for suicide in daily life among young people: A review of intensive longitudinal studies. *Development and Psychopathology*, 1–21. https://doi.org/10.1017/S0954579424001810

85. Widman, L., Evans-Paulson, R., Maheux, A. J., McCrimmon, J., Brasileiro, J., *Stout, C., Lankster, A., & **Choukas-Bradley, S.** (2025). Identifying the strongest correlates of condom use among U.S. adolescents: A meta-analysis. *JAMA Pediatrics,* 179: 273-281. https://doi.org/10.1001/jamapediatrics.2024.5594

2024

84. *Maheux, A. J., Widman, L., Stout, C. D., & **^Choukas-Bradley, S.** (2024). Profiles of early adolescents' health risk communication with parents: Gender differences and associations with health risk behavior. *Journal of Child and Family Studies*, *33*(11), 3651–3663. https://doi.org/10.1007/s10826-024-02940-w

83. Davis, K., Anderson, M., Yang, C., **Choukas-Bradley, S.,** Bell, B.T., & Slovak, P. (2024). Cross-disciplinary perspectives on youth digital well-being research: Identifying notable developments, persistent gaps, and future directions. *Journal of Adolescent Research, 40:* 259-295. https://doi.org/10.1177/07435584241291163

82. Chang, Y.-W., Schumacher, E., *Martino, R. M., *Maheux, A. J., **Choukas-Bradley, S.**, Salk, R. H., & Thoma, B. C. (2024). Structural homophobia and suicidal ideation and behavior among sexual and gender minority adolescents. *Stigma and Health.* Advance online publication. https://doi.org/10.1037/sah0000576

81. Silk, J. S., Sequeira, S. L., James, K. M., *Kilic, Z., Grad-Freilich, M. E., **Choukas-Bradley, S.,** & Ladouceur, C. D. (2024). The role of neural sensitivity to social evaluation in understanding "for whom" social media use may impact emotional health during adolescence. *Affective Science*, *5*(4), 366–376. https://doi.org/10.1007/s42761-024-00252-2

80. *Kilic, Z., McKone, K. M. P., *Stout, C. D., Grad-Freilich, M. J., Ladouceur, C. D., **^Choukas-Bradley, S.,** & ^Silk, J. S. (2024). Overthinking over screens: Girls ruminate more after negative social media interactions with peers compared to in-person interactions. *Affective Science*, *5*(4), 427–435. https://doi.org/10.1007/s42761-024-00258-w
^Choukas-Bradley & Silk shared mentoring roles on this paper.

79. Maheux, A. J., Burnell, K., & **Choukas-Bradley, S.** (2024). Bidirectional associations between online and offline appearance concerns during early-to-middle adolescence. *Developmental Psychology,* 60(10), 1885–1901. https://doi.org/10.1037/dev0001795

78. Eagle, S. R., & **Choukas-Bradley, S.** (2025). Sexual minority disparities in self-reported sport- or recreation-related concussion rates in a nationally representative US sample. *Journal of Head Trauma Rehabilitation*, *40*(4), E329–E333. https://doi.org/10.1097/HTR.0000000000001002

77. *Martino, R. M., *Roberts, S. R., *Maheux, A. J., *Stout, C. D., & **^Choukas-Bradley, S.** (2024). The role of feminism and gender in endorsement of hookup culture among emerging adults. *Archives of Sexual Behavior, 53:* 1621-1632. https://doi.org/10.1007/s10508-024-02841-5.

76. *Maheux, A. J., Laurenceau, J. P., *Roberts, S. R., Nesi, J., Widman, L., & **^Choukas-Bradley, S.** (2024). Longitudinal change in appearance-related social media consciousness and depressive symptoms: A within-person analysis during early-to-middle adolescence. *Journal of Youth and Adolescence,* 53: 2287-2299. https://doi.org/10.1007/s10964-024-01998-5. Journal's 2022 impact factor: 4.90.

75. Landor, A. M., Ramseyer Winter, V. L., Binitie Thurston, I., Chan, J., Craddock, N., **Ladd, B. A., Tylka, T. L., Swami, V., Watson, L. B., & **Choukas-Bradley, S.** (2024). The Sociostructural-Intersectional Body Image (SIBI) framework: Understanding the impact of white supremacy in body image research and practice. *Body Image, 48:* 101674*.* https://doi.org/10.1016/j.bodyim.2023.101674

74. Hurst, J. L., Widman, L., Brasileiro, J., *Maheux, A. J., Evans, R., & **Choukas-Bradley, S.** (2024). Parents' attitudes towards the content of sex education in the USA: Associations with religiosity and political orientation. *Sex Education, 24:* 108-124*.* https://doi.org/10.1080/14681811.2022.2162871

73. Field, N. H., **Choukas-Bradley, S.,** Giletta, M., Telzer, E. H., Cohen, G. L., & Prinstein, M. J. (2024). Why adolescents conform to high-status peers: Associations among conformity, identity alignment, and self-esteem. *Child Development*, *95*(3), 879–894. https://doi.org/10.1111/cdev.14038

2023

72. Jardas, E., **Ladd, B. A., *Maheux, A. J., **Choukas-Bradley, S.,** Salk, R. H., & Thoma, B. C. (2023). Testing the minority stress model across gender identity, race, and ethnicity among U.S. gender minority adolescents. *Journal of Psychopathology and Clinical Science, 132:* 542-554. https://doi.org/10.1037/abn0000834

71. Bibby, E. S., **Choukas-Bradley, S.,** Widman, L., Turpyn, C., Prinstein, M. J., & Telzer, E. H. (2023). A longitudinal assessment of adolescents' sexual communication with parents, best friends, and dating partners. *Developmental Psychology, 59:* 1300-1314*.* https://doi.org/10.1037/dev0001556

70. Thoma, B. C., Jardas, E., **Choukas-Bradley, S**., & Salk, R. H. (2023). Perceived gender transition progress, gender congruence, and mental health symptoms among transgender adolescents. *Journal of Adolescent Health, 72:* 444-451. https://doi.org/10.1016/j.jadohealth.2022.09.032

Paper honored with the Distinguished Dozen designation for 2023.
https://www.jahonline.org/article/S1054-139X(23)00580-3/fulltext

69. *Maheux, A. J., Widman, L., Hurst, J. L., Craig, E., Evans-Paulson, R., & **^Choukas-Bradley, S.** (2023). Behavioral measures to assess adolescent sexual communication with partners: A scoping review and call for further studies. *The Journal of Sex Research, 60:* 36-44. https://doi.org/10.1080/00224499.2022.2103072

2022

68. **Ladd, B. A., *Maheux, A. J., *Roberts, S. R., & **^Choukas-Bradley, S.** (2022). Black adolescents' appearance concerns, depressive symptoms, and self-objectification: Exploring the roles of gender and ethnic–racial identity commitment. *Body Image, 43:* 314-325. https://doi.org/10.1016/j.bodyim.2022.09.008

67. *Maheux, A. J., *Roberts, S. R., Nesi, J., Widman, L., & **^Choukas-Bradley, S.** (2022). Psychometric

properties and factor structure of the Appearance-Related Social Media Consciousness Scale among emerging adults. *Body Image, 43:* 63-74. https://doi.org/10.1016/j.bodyim.2022.08.002

66. Escobar-Viera C. G., **Choukas-Bradley, S.,** Sidani J., *Maheux A. J., *Roberts, S. R., Rollman, B. L. (2022). Examining social media experiences and attitudes toward technology-based interventions for reducing social isolation among LGBTQ youth living in rural United States: An online qualitative study. *Frontiers in Digital Health*, 4: 900695. https://doi.org/10.3389/fdgth.2022.900695

65. Choukas-Bradley, S., *Roberts, S. R., *Maheux, A. J., & Nesi, J. (2022). The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls' body image concerns and mental health. *Clinical Child and Family Psychology Review, 25:* 681-701. https://doi.org/10.1007/s10567-022-00404-5

64. Karim, S., **Choukas-Bradley, S.,** Radovic, A., *Roberts, S. R., *Maheux, A. J., & Escobar-Viera, C. G. (2022). Support over social media among socially isolated sexual and gender minority youth in rural U.S. during the COVID-19 pandemic: Opportunities for intervention research. *International Journal of Environmental Research and Public Health, 19:* 15611. https://doi.org/10.3390/ijerph192315611.

63. Widman, L., *Maheux, A. J., Craig, E., Evans-Paulson, R., & **Choukas-Bradley, S.** (2022). Sexual communication between adolescent partners: A scoping review and directions for future research. *Journal of Sex Research, 59:* 984-999. https://doi.org/10.1080/00224499.2022.2099787

62. *Roberts, S. R., *Maheux, A. J., Watson, R. J., Puhl, R., & **^Choukas-Bradley, S.** (2022). Sexual and gender minority (SGM) adolescents' disordered eating: Understanding general and SGM-specific risk and protective factors. *International Journal of Eating Disorders, 55:* 933-946*.* https://doi.org/10.1002/eat.23727

61. Ma, J., Korpak, A. K., **Choukas-Bradley, S.,** & Macapagal, K. (2022). Patterns of online relationship seeking among transgender and gender diverse adolescents: Advice for others and common inquiries. *Psychology of Sexual Orientation and Gender Diversity, 9*, 287-299. https://doi.org/10.1037/sgd0000482

60. *Roberts, S. R., *Maheux, A. J., Hunt, R. A., **Ladd, B. A., & **^Choukas-Bradley, S.** (2022). Incorporating social media and muscular ideal internalization into the tripartite influence model of body image: Towards a modern understanding of adolescent girls' body dissatisfaction. *Body Image*, *41*, 239–247. https://doi.org/10.1016/j.bodyim.2022.03.002

59. Choukas-Bradley, S., *Maheux, A. J., *Roberts, S. R., Hutchinson, E. A., Lu, C., Ladouceur, C. D., & Silk, J. S. (2022). Picture-perfect during a pandemic? Body image concerns and depressive symptoms in U.S. adolescent girls during the COVID-19 lockdown. *Journal of Children and Media, 4: 481-492*. https://doi.org/10.1080/17482798.2022.2039255

58. *Maheux, A. J., *Roberts, S. R., Nesi, J., Widman, L., & **^Choukas-Bradley, S.** (2022). Longitudinal associations between appearance-related social media consciousness and adolescents' depressive symptoms. *Journal of Adolescence, 94:* 264-269. http://doi.org/10.1002/jad.12009

57. **Carrino, E. A., **Bryen, C. P., *Maheux, A. J., Stewart, J. L., *Roberts, S. R., Widman, L., &

^Choukas-Bradley, S. (2022). Are feminists empowered activists or entitled whiners? An investigation of U.S. adolescents' definitions of "feminist" in a diverse, mixed-gender sample. *Sex Roles, 86:* 395-414. http://doi.org/10.1007/s11199-021-01260-3

56. Hamilton, J. L., Nesi, J., & **Choukas-Bradley, S.** (2022). Re-examining adolescent social media and socioemotional well-being through the lens of the COVID-19 pandemic: A theoretical review and directions for future research. *Perspectives on Psychological Science, 17:* 662-679. https://doi.org/10.1177/17456916211014189

2021

55. Widman, L., Javidi, H., *Maheux, A. J., Evans, R., Nesi, J., & **Choukas-Bradley, S.** (2021). Sexual communication in the digital age: Adolescent sexual communication with parents and friends about sexting, pornography, and starting relationships online. *Sexuality & Culture, 25,* 2092-2109. https://doi.org/10.1007/s12119-021-09866-1

54. †Giletta, M., †**Choukas-Bradley, S.**, Maes, M., Linthicum, K. P., Card, N. A., & Prinstein, M. J. (2021). A meta-analysis of longitudinal peer influence effects in childhood and adolescence. *Psychological Bulletin, 147*(7). 719-747. https://doi.org/10.1037/bul0000329. †**First authorship is shared.**

53. Galla, B. M.**, Choukas-Bradley, S.,** Fiore, H. M., & Esposito, M. V. (2021). Values-alignment messaging boosts adolescents' motivation to control social media use. *Child Development, 92,* 1717-1734. https://doi.org/10.1111/cdev.13553

52. Rezeppa, T. L., *Roberts, S. R., *Maheux, A. J., **Choukas-Bradley, S.,** Salk, R. H., & Thoma, B. C. (2021). Psychosocial correlates of body image and disordered eating among sexual minority adolescent girls. *Body Image, 39,* 184-193. https://doi.org/10.1016/j.bodyim.2021.08.007.

51. Evans-Paulson, R., Widman, L., Brasileiro, J., *Maheux, A. J., & **Choukas-Bradley, S.** (2021). Examining the link between sexual self-concept and sexual communication among adolescents. *Communication Quarterly, 69:* 525-543. https://doi.org/10.1080/01463373.2021.1969585

50. *Maheux, A. J., Nesi, J., Galla, B. M., *Roberts, S. R., & **^Choukas-Bradley, S.** (2021). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. *Journal of Research on Adolescence, 31,* 734-747. https://doi.org/10.1111/jora.12650

49. *Roberts, S. R., Salk, R. H., Thoma, B. C., **Romito, M., Levine, M. D., & **^Choukas-Bradley, S.** (2021). Disparities in disordered eating between gender minority and cisgender adolescents. *International Journal of Eating Disorders, 54,* 1135-1146. https://doi.org/10.1002/eat.23494

48. *Maheux, A. J., *Roberts, S. R., Evans, R., Widman, L., & **^Choukas-Bradley, S.** (2021). Associations between adolescents' pornography consumption and self-objectification, body comparison, and body shame. *Body Image, 37,* 89-93. https://doi.org/10.1016/j.bodyim.2021.01.014

47. **Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., Levine, M. D., & **^Choukas-Bradley, S.** (2021). Exploring transgender adolescents' body image concerns and disordered eating:

Semi-structured interviews with nine gender minority youth. *Body Image, 37,* 50-62. https://doi.org/10.1016/j.bodyim.2021.01.008

46. Thoma, B. C., Rezeppa, T. L., **Choukas-Bradley, S.,** Salk, R. H., & Marshal, M. P. (2021). Disparities in childhood abuse between transgender and cisgender adolescents. *Pediatrics, 148, 2:* e2020016907. https://doi.org/10.1542/peds.2020-016907

45. Nesi, J., **Choukas-Bradley, S.,** *Maheux, A. J., *Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (2021). Selfie appearance investment and peer feedback concern: Multimethod investigation of adolescent selfie practices and adjustment. *Psychology of Popular Media, 10*(4), 488-499*.* https://doi.org/10.1037/ppm0000342

44. Hamilton, J. L., Do, Q., Ladouceur, C. D., **Choukas-Bradley, S.,** & Silk, J. S. (2021). Where it hurts the most: Peer interactions on social media and in person are differentially associated with emotional reactivity and sustained affect among adolescent girls. *Research on Child and Adolescent Psychopathology, 49(2).* https://doi.org/10.1007/s10802-020-00725-5

43. *Maheux, A. J., **Zhou, Y., Thoma, B. C., Salk, R. H., & **^Choukas-Bradley, S.** (2021). Examining sexual behavior among U.S. transgender adolescents*. Journal of Sex Research, 58,* 1050-1060*.* https://doi.org/10.1080/00224499.2020.1855408

42. *†Maheux, A. J., **†Bryen, C. P., **Carrino, E. A., Stewart, J. L., Widman, L., & **^Choukas-Bradley, S.** (2021). Depressive symptoms among mostly heterosexual adolescents. *Journal of Gay & Lesbian Mental Health, 25,* 317-332*.* https://doi.org/10.1080/19359705.2020.1843583

†First authorship is shared.

41. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (2021). Sleep among gender minority adolescents. *SLEEP, 44,* 1-9*.* https://doi.org.10.1093/sleep/zsaa185

2020

40. Thoma, B. C., & **Choukas-Bradley, S.** (2020). Mental health of transgender adolescents around the globe: A call for comprehensive assessment of gender identity*. JAMA Network Open, 3,* e2023412. https://doi.org/10.1001/jamanetworkopen.2020.23412

39. Widman, L., Evans, R., & **Choukas-Bradley, S.** (2020). More meta-analytical explorations on adolescent sexual health interventions are needed—A reply*. JAMA Pediatrics, 174,* 390-391. https://doi.org/10.1001/jamapediatrics.2019.5894

38. Espinosa-Hernandez, G., **Choukas-Bradley, S.,** van de Bongardt, D., & Van Dulmen, M. (2020). Romantic relationships and sexuality in diverse adolescent populations: Introduction to the special issue. *Journal of Adolescence, 83,* 95-99. https://doi.org/10.1016/j.adolescence.2020.07.002

37. Choukas-Bradley, S., Hipwell, A. E., *Roberts, S. R., *Maheux, A. J., & Stepp, S. D. (2020). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors. *Journal of Abnormal Child Psychology [Research on Child and Adolescent Psychopathology], 48,* 1649–1658*.* https://doi.org/10.1007/s10802-020-00699-4

36. †Salk, R. H., †Thoma, B. C., & †**Choukas-Bradley, S.** (2020). The Gender Minority Youth Study: Overview of methods and social media recruitment of a nationwide sample of U.S. cisgender and transgender adolescents. *Archives of Sexual Behavior, 49,* 2601-2610. https://doi.org/10.1007/s10508-020-01695-x. **†First authorship is shared.**

35. Choukas-Bradley, S., Nesi, J., Widman, L., & Galla, B. M. (2020). The Appearance-Related Social Media Consciousness Scale: Development and validation with adolescents. *Body Image, 33,* 164-174. https://doi.org/10.1016/j.bodyim.2020.02.017

34. Fox, K., **Choukas-Bradley, S.,** Salk, R. H., Marshal, M. P., & Thoma, B. C. (2020). Mental health among sexual and gender minority adolescents: Examining interactions with race and ethnicity. *Journal of Consulting and Clinical Psychology, 88,* 402-415. https://doi.org/10.1037/ccp0000486

33. †Javidi, H., *†Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.,** & Peterson, Z. D. (2020). Understanding adolescents' attitudes toward affirmative consent. *Journal of Sex Research, 57*, 1100-1107. https://doi.org/10.1080/00224499.2019.1711009 **†First authorship is shared.**

32. Shensa, A., Sidani, J. E., Escobar-Viera, C. G., Switzer, G. E., Primack, B., & **Choukas-Bradley, S.** (2020). Emotional support from social media and in-person relationships: Associations with depressive symptoms among young adults. *Journal of Affective Disorders, 260,* 38-44. https://doi.org/10.1016/j.jad.2019.08.092

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22. Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.,** & Stewart, J. L. (2018). Technology-based interventions to reduce HIV/STIs and unintended pregnancy among youth: A meta-analysis. *Journal of Adolescent Health, 62,* 651-660. https://doi.org/10.1016/j.jadohealth.2018.02.007

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18. Eckstrand, K. L., **Choukas-Bradley, S.,** Mohanty, A., Cross, M., Allen, N. B., Silk, J. S., Jones, N. P., & Forbes, E. (2017). Heightened activity in social reward networks is associated with adolescents' risky sexual behaviors. *Developmental Cognitive Neuroscience, 27,* 1-9*.* https://doi.org/10.1016/j.dcn.2017.07.004

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disordered eating, *Advances in Eating Disorders, 4*(1), 31-46, https://doi.org/10.1080/21662630.2015.1081074

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INVITED BOOK CHAPTERS & VOLUMES

17. Choukas-Bradley, S., *Roberts, S. R., & **Gotkiewicz, E. M. (in press). Gender and gender identity in body image. In T. L. Tylka, J. B. Webb, M. Fuller-Tyszkiewicz, & R. F. Rodgers (Eds.), *Handbook of Body Image.* Guilford.

16. Choukas-Bradley, S. (2026). Adolescents' social media use and body image. In C. James & M. Ito (Eds.), *Youth Well-Being by Design: Integrating Research, Critical Perspectives, and Innovation,* 43-66. MIT Press.

15. *Roberts, S. R., Silverstein, S., Carroll, T., Gordon, A. R., & **^Choukas-Bradley, S.** (2026). Body image in transgender and gender diverse populations. In V. Swami & T. L. Tylka (Eds.), *Handbook of Diversity in Body Image* (1st ed., pp. 159–175). Elsevier Academic Press.

14. Choukas-Bradley, S., *Maheux, A. J., Aubrey, J. S., Charmaraman, L., Maas, M. K., Nesi, J., Ward, L. M., & Yang, C.-C. (2025). Social media use, body image concerns, and disordered eating among adolescents. In Christakis, D.A. & Hale, L. (Eds.), *Handbook of Children and Screens*. Springer. https://doi.org/10.1007/978-3-031-69362-5_21

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11. Charmaraman, L., Nesi, J.,Schueller, S., **Choukas-Bradley, S.,** Hernandez, J. M., & Davis, K. (2025). Youth digital wellbeing and social connectedness. In Christakis, D. & Hale, L. (Eds.), *Handbook of Children and Screens*. Springer.

10. Choukas-Bradley, S., & *Maheux A. J. (2025). Appearance-Related Social Media Consciousness (ASMC) Scale. In: Ramseyer Winter V, Tylka TL, Landor AM (Eds.), *Handbook of Body Image-Related Measures.* Cambridge University Press, 17-19.

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8. Choukas-Bradley, S., *Kilic, Z., *Stout, C. D., & *Roberts, S. R. (2023). Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and

mental health. *Advances in Psychiatry and Behavioral Health, 3,* 149-157*.* https://doi.org/10.1016/j.ypsc.2023.03.007

7. Nesi, J., Dredge, R., *Maheux, A.J., *Roberts, S.R., Fox, K.A., & **Choukas-Bradley, S.** (2023). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health, 3:* 182-195. Elsevier. https://doi.org/10.1016/B978-0-12-818872-9.00046-7

6. Choukas-Bradley, S. & Thoma, B. C. (2022). Mental health among LGBT youth. In D. VanderLaan & W. I. Wong (Eds.), *Gender and Sexuality Development.* Springer. https://doi.org/10.1007/978-3-030-84273-4_18

5. *Roberts, S. R., *Maheux, A. J., **Ladd, B. A., & **^Choukas-Bradley, S.** (2022). The role of social media in adolescents' body image and disordered eating. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health.* Cambridge University Press. https://doi.org/10.1017/9781108976237.014

4. *Maheux, A. J., & **^Choukas-Bradley, S.** (2021). Sexuality and mental health in emerging adulthood. In E. M. Morgan & M. H. M. van Dulmen (Eds.), *Sexuality in Emerging Adulthood* (pp. 452-470)*.* Oxford University Press.

3. Choukas-Bradley, S. & Nesi, J. (2020). Applying developmental theory to adolescent peer influence processes in the social media context. In N. van Zalk & C. Monks (Eds.), *Online Peer Engagement in Adolescence: Positive and Negative Aspects of Online Social Interaction.* Abingdon, UK: Routledge. https://doi.org/10.4324/9780429468360

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PUBLISHED CONFERENCE ABSTRACTS

12. Choukas-Bradley, S., & Weinstein, E. (2023). Authentic supports for digital well-being: Co-designing interventions with and for adolescents. *Journal of the American Academy of Child & Adolescent Psychiatry*, *62*(10), S409-S410. https://doi.org/10.1016/j.jaac.2023.07.936

11. Choukas-Bradley, S. (2023) [unlisted authors: *Maheux, A. J., Laurenceau, J. P., *Roberts, S. R., Nesi, J., & Widman, L.]. A longitudinal investigation of adolescents' appearance-related social media consciousness: Associations with depressive symptoms and gender. *Journal of the American Academy of Child & Adolescent Psychiatry*, *62*(10), S409. https://doi.org/10.1016/j.jaac.2023.07.935

10. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (2020). Sleep among transgender and cisgender adolescents. *SLEEP, 43*, A136-A137*.* https://doi.org/10.1093/sleep/zsaa056.355

9. Choukas-Bradley, S., Marshal, M. P., Thoma, B. C., Salk, R. H., Goldstein, T. R., & Levine, M. D.

(2020). Developmental and interpersonal contexts of sexual and gender minority youth: Insights for intervention development. *Annals of Behavioral Medicine, 54,* S157. https://doi.org/10.1093/abm/kaaa009

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7. Escobar-Viera, C. G., Sidani, J. E., Shensa, A., Shaaban, S., **Choukas-Bradley, S.,** & Rollman, B. (2020). A social media intervention to reduce social isolation among rural sexual and gender minority youth: Study design and preliminary acceptability. *Annals of Behavioral Medicine, 54,* S158. https://doi.org/10.1093/abm/kaaa009

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2. Cole, D. J., Helms, S. W., **Choukas-Bradley, S.,** & Prinstein, M. J. (2011). Peers strongly reinforce engagement in early sexual behavior, or do they? *Annals of Behavioral Medicine, 41,* S231. https://doi.org/10.1007/s12160-011-9263-3

1. Choukas-Bradley, S., Helms, S. W., Cole, D. J., & Prinstein, M. J. (2011). Preventing girls' early substance use and sexual intercourse: The role of relational aggression. *Annals of Behavioral Medicine, 41,* S221. https://doi.org/10.1007/s12160-011-9263-3

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3. American Psychological Association (2024). *Potential risks of content, features, and functions: The science of how social media affects youth.* Co-chairs of advisory panel: McCabe, M. A., & Prinstein, M. J. Members of advisory panel: Alvord, M. K., Bounds, D. T., Charmaraman, L., **Choukas-Bradley, S.,** Espelage, D. L., Goodman, J. A., Hamilton, J. L., Magis-Weinberg, L., Tynes, B. M., & Ward, L. M. https://www.apa.org/topics/social-media-internet/youth-social-media-2024

2. American Psychological Association (2023). *Health advisory on social media use in adolescence.* Co-chairs of advisory panel: McCabe, M. A., & Prinstein, M. J. Members of advisory panel: Alvord, M. K., Bounds, D. T., Charmaraman, L., **Choukas-Bradley, S.,** Espelage, D. L., Goodman, J. A., Hamilton, J. L., Magis-Weinberg, L., Nesi, J., Tynes, B. M., & Ward, L. M.

https://www.apa.org/topics/social-media-internet/health-advisory-adolescent-social-media-use

1. Weinstein, E., Tench, B., & **Choukas-Bradley, S.** [with C. James, E. Buch, & J. Nesi] (2023). *Teaching Digital Well-being: Evidence-based Resources to Help Youth Thrive* [white paper]. Cambridge, MA: Center for Digital Thriving. https://digitalthriving.gse.harvard.edu/wp-content/uploads/2024/01/Center-for-Digital-Thriving-Teaching-Digital-Well-being.pdf

RESEARCH FUNDING

Current grant support

National Institute of Minority Health and Health Disparities R01MD018582-01
"*Psychosocial Predictors of Risk for Suicidal Behavior among Gender Minority Adolescents.*"
PI: Brian Thoma
9/2024 – 8/2029
Role: Co-Investigator (20% effort)

National Institute of Mental Health R01
"*Adolescents' Social Media Use and Internalizing Symptoms: Mechanisms of Risk and Resilience.*"
PI: Jacqueline Nesi
9/2024 – 8/2029
Role: Co-Investigator (10% effort)

National Institute of Mental Health R21
"*Development of a New Social Media fMRI Task to Better Investigate Bidirectional Links Between Social Media Use and Emotional Health in Youth.*"
PI: Jennifer Silk
9/2024 – 8/2029
Role: Co-Investigator (2.5% effort)

NSF CAREER Award, National Science Foundation, Award #2337600
NSF 22-586 Faculty Early Career Development Program, Developmental Sciences
"CAREER: Social Media and Body Image Among Adolescent Girls: A Multimethod Investigation of Developmental Processes"
$749,979 (total costs); 9/2024 – 8/2029
Role: Principal Investigator (10% effort)

Susan Crown Exchange/Pivotal Ventures/Center for Digital Thriving
"Development and evaluation of digital wellness resources for adolescents"
$416,666 (direct costs awarded to Pitt with Choukas-Bradley as PI); 1/2023 – 12/2026
Role: PI at Pitt site; Clinical Psychology Lead at Center for Digital Thriving (25% effort)
(Part of a center grant awarded to Harvard Graduate School of Education, PIs Weinstein & James)

National Institutes of Health R01 – MH124866

"*Neural Sensitivity to Social Evaluation and Daily Online and In-Person Social Experience with Peers: Predicting Fluctuations in Suicidality, Self-Harm, and Depressive Symptoms in Adolescent Girls"*
$4,128,586 (total costs); 8/2021 – 7/2026
MPIs: Jennifer Silk, University of Pittsburgh Department of Psychology; Cecile Ladouceur, University of Pittsburgh Department of Psychiatry
Role: Co-Investigator (10% effort)

Previous grant support

UPMC Competitive Medical Research Fund
"Identifying the impact of social media on dating and adolescent relationship abuse"
$30,000; 7/2023 – 6/2025
Role: Co-Investigator
PI: Maya Ragavan, University of Pittsburgh Department of Pediatrics

Pitt Momentum Funds: Scaling Grant (two awarded across university)
"Examining psychosocial correlates of loneliness and perceived isolation among marginalized youth"
$394,645 (total costs); 6/2023 – 6/2025
PI: César Escobar-Viera, University of Pittsburgh Department of Psychiatry
Role: Co-Investigator (2.5% cost-shared effort)

National Institutes of Health R03 – HD 105784
"Psychosocial Predictors of Condom Use Among Adolescents: A Meta-Analysis"
$152,000 (total costs); 7/2022-6/2024
PI: Laura Widman, North Carolina State University Department of Psychology
Role: Consultant

National Institutes of Health R21 – MH 125256
"Social Media as a Predictor of Proximal Risk in Youth Suicide Attempters"
$435,948 (total costs); 2/2022-1/2024
PI: Jamie Zelazny, University of Pittsburgh School of Nursing
Role: Co-Investigator (1.5% effort)

CTSI Research Initiative for Special Populations; University of Pittsburgh Clinical and Translational Science Institute (CTSI), via NIH UL1 TR001857
"Sexual and Gender Minority Stress in Daily Life"
$25,000 (direct costs); 9/2022-8/2023
PIs: Aidan Wright (faculty advisor) & Sienna Nielsen (graduate student PI), University of Pittsburgh Department of Psychology
Role: Co-Investigator (5% cost-shared effort)

Susan Crown Exchange
"Development of Resources to Support Adolescents' Digital Wellbeing"
$147,869 (direct costs); 6/2022-5/2023
PIs: Emily Weinstein and Carrie James, Harvard University Graduate School of Education

Role: Co-Investigator

Lesbian Health Fund Grant
"Psychosocial Factors and Depressive Symptoms Over Time Among Gender Minority Adolescents: A Longitudinal Pilot Study"
$30,000 (direct costs; $10,000 from Lesbian Health Fund, with matching funds from University of Pittsburgh First staR Program awarded to Brian Thoma); 11/2021-10/2022
PI: Brian Thoma, University of Pittsburgh Department of Psychiatry
Role: Co-Investigator

Women's Studies Faculty Research Award, University of Delaware Department of Women & Gender Studies and the Mae & Robert Carter Endowment in Women's Studies
"Understanding Gendered Racial Identity Among Black Young Women: Qualitative Interviews Exploring Body Image, Sexuality, & Mental Health"
$4,972 (direct costs); 9/21 – 5/22
PI: Choukas-Bradley
Role: Principal Investigator

BRIDGE Center Seed Grant, BRIDGE Center of Carnegie Mellon University and University of Pittsburgh
"*TeenBrainOnline: Breaking New Ground in Resolving the Teen Mental Health Crisis"*
$31,800 (direct costs); 2/2021 – 7/2021
PI: Caroline Oppenheimer, RTI
Role: Co-Investigator

Pitt Innovation Challenge (PInCh), University of Pittsburgh Clinical and Translational Science Institute (CTSI)
"*TeenBrainOnline: Breaking New Ground in Resolving the Teen Mental Health Crisis"*
$25,000 (direct costs); 10/2019 – 10/2020
PI: Caroline Oppenheimer, RTI
Role: Co-Investigator

Psi Chi Mamie Phipps Clark Diversity Research Grant
"Appearance-Related Math Stereotypes and Math Engagement Among College Men and Women: Assessing the Roles of Explicit and Implicit Stereotypes"
$1,500; 8/2019-7/2020
PI: Anne Maheux, Graduate student in Choukas-Bradley lab
Role: Sponsor/Advisor

ETUDES Center Pilot Award (National Institute of Mental Health; ALACRITY Center (P50); University of Pittsburgh's Center for Enhancing Treatment & Utilization for Depression & Emergent Suicidality [ETUDES])
"*Developing and Assessing the Acceptability of a Social Media-Delivered Intervention to Optimize Social Media Use and Reduce Social Isolation Among Rural Sexual and Gender Minority Youth***"**
$75,000 (direct costs); 8/2019 – 8/2020
PI: César Escobar-Viera, University of Pittsburgh Department of Psychiatry
Role: Co-Investigator

APA Division 7 Early Career Research Grant in Developmental Psychology
"Social Media Use and Body Image Concerns Among Adolescent Girls: A Pilot Study Using Eye-Tracking Technology"
$1,000 (direct costs); 8/2018 – 8/2020
PI: Choukas-Bradley
Role: Principal Investigator

University Research Council Grant: University of Pittsburgh Central Research Development Fund
"Social Media Use and Body Image Concerns: An Eye-Tracking Study of Young Women's Gaze Toward Social Media Images"
$17,924 (direct costs); 8/2018 – 8/2020
PI: Choukas-Bradley
Role: Principal Investigator

CTSI Research Initiative for Special Populations; University of Pittsburgh Clinical and Translational Science Institute (CTSI), via NIH UL1 TR001857
"The Intersection of LGBT Identity and Bipolar Disorder in Adolescence: Understanding Psychosocial Experiences, Treatment Course, and Risk for Suicide"
$25,000 (direct costs); 7/2018 – 7/2019
Role: Principal Investigator

University Research Council Grant for Research in Diversity, University of Pittsburgh Central Research Development Fund
"Weight-Related Behaviors and Body Image Disturbance Disparities in Transgender Adolescents"
$2,300 (direct costs); 7/2017 – 7/2018
PI: Rachel Salk, University of Pittsburgh Department of Psychiatry
Role: Co-Investigator

Doug Kirby Adolescent Sexual Health Research Grant, Rural Center for AIDS/STD Prevention (a joint project of Indiana University, University of Kentucky, and University of Arizona)
"Peer Influences on Adolescents' Development of Sexual Behavior"
$750 (direct costs); 1/2015-12/2015
PI: Choukas-Bradley
Role: Principal Investigator

Henry David Research Grant, American Psychological Foundation
"Peer Influences on Early Adolescents' Development of Sexual Behavior: An Innovative Experimental Paradigm and Longitudinal Study Design"
$1,500 (direct costs); 6/2014 – 6/2015
PI: Choukas-Bradley
Role: Principal Investigator

Center for AIDS Research Developmental Award, University of North Carolina Center for AIDS Research (P30 AI50410)
$20,000 (direct costs); 7/12 – 7/13
PI: Mitch Prinstein; co-PI: Laura Widman
Role: Co-Investigator

ACADEMIC PRESENTATIONS & TALKS

EXTERNAL INVITED RESEARCH TALKS & WEBINARS

(Note: Job talks not listed.)

23.Choukas-Bradley, S., Invited Speaker (planned for January 2026, canceled due to weather, new date TBA). University of Iowa. Colloquium co-sponsored by the DeLTA Center (DEvelopment, Learning, Theory and Application) and the Clinical Science Program in the Department of Psychological & Brain Sciences. Iowa City, IA.

22. Choukas-Bradley, S., Invited Speaker (2025, October). "Salon" event co-sponsored by the American Psychological Association and the NAS Science & Entertainment Exchange, hosted at the home of Jerry and Janet Zucker. Los Angeles, CA.

21.Choukas-Bradley, S., Invited Speaker (2025, May). *Meeting of the Minds: Keeping Kids Safe from Social Media and Cell Phone Addiction:* event co-sponsored by the American Psychological Association and the NAS Science & Entertainment Exchange, hosted at the home of John Spaihts and Johanna Watts. Los Angeles, CA.

20. Choukas-Bradley, S., Invited Speaker at Grand Rounds (2024, September). NYU Department of Child and Adolescent Psychiatry. *Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and mental health.* Virtual Grand Rounds.

19. Choukas-Bradley, S., Invited Panelist for Webinar (2023, December). Children & Screens. *Tools over rules: How to be on social media without feeling sad.* Virtual webinar. Recording available at https://www.youtube.com/watch?v=u7Zwxxqg0n0

18. Choukas-Bradley, S., Invited Panelist for Webinar (2023, October). Common Sense Media. *How to pull kids back from social media rabbit holes.* Virtual webinar. Recording available at https://www.youtube.com/watch?v=2lNx6IpOVl4.

17. Choukas-Bradley, S., Invited Speaker (2023, October). APA Division 53 Clinical Practice Institute. *Navigating social media use with adolescents and families: Evidence-based strategies for clinicians in an ever-changing digital world.* [Three-hour training.] Virtual training.

16. Choukas-Bradley, S., Invited Speaker at Grand Rounds (2023, April). Wayne State University Department of Pediatrics. *Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and mental health.* Virtual Grand Rounds. Recording available at https://www.youtube.com/watch?v=vLxw7gIKH_o

15. Choukas-Bradley, S., Invited Speaker (2023, April). Helping Give Away Psychological Science (HGAPS) Seminar Series; University of North Carolina Department of Psychology and Neuroscience. *Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and mental health.* Chapel Hill, NC.

14. Choukas-Bradley, S., Invited Speaker for Webinar (2023, January). Academy for Eating Disorders Webinar Series: "Social Media, Teen Mental Health, and Eating Disorders." *Picture-perfect? Social media influences on adolescents' body image and disordered eating.* Virtual webinar.

13. **Choukas-Bradley, S.,** Invited Speaker (2022, November). St. Mary's College of Maryland Department of Psychology. *Camera-ready: Social media and gender influences on adolescents' interpersonal relationships & body image.* Virtual talk.
12. **Choukas-Bradley, S.,** Invited Speaker (2022, October). Wayne State University, Merrill Palmer Skillman Institute. *Camera-ready: Social media and gender influences on adolescents' body image and mental health.* Virtual talk.
11. **Choukas-Bradley, S.,** Invited Speaker for Children & Screens Webinar (2022, September). Children & Screens Webinar Series: *"*Mirror, mirror, in my palm: Girls and media." *Gender and social media influences on adolescent girls' body image and mental health.* Recording available at https://www.youtube.com/watch?v=JbWLTmpPMTc. Virtual webinar.
10. **Choukas-Bradley, S.,** Invited Speaker for International Women's Day Event (2022, March). Yale University Jackson Institute for Global Affairs. *Body-positivity? Understanding social media and cultural influences on young women's body image.* Virtual talk.
9. **Choukas-Bradley, S.,** Invited Speaker for Children & Screens Webinar (2022, March). Children & Screens Webinar Series: "12 to 18: Coming of Age Online." *Highly-visual social media, social comparison, and body image in adolescence.* Recording available at https://www.youtube.com/watch?v=AvCNeEEkqfA. Virtual webinar.
8. **Choukas-Bradley, S.,** Invited Speaker for GenCyber Retreat (for adolescents) (2021, October). George Washington University. *Social media, social comparison, and body image in adolescence.* Virtual talk.
7. **Choukas-Bradley, S.,** Invited Speaker (2021, November). American Psychological Association PsycScience Hour. *Teens and screens: What do we know, and what do we not know?* Virtual webinar.
6. **Choukas-Bradley, S.,** Invited Speaker (2021, November). North Carolina State University Department of Psychology, Social & Behavioral Research Group Speaker Series. *Camera-ready: Gender, sexuality, and adolescent mental health in the era of social media.* Raleigh, NC.
5. **Choukas-Bradley, S.,** Invited Speaker for Children & Screens Webinar (2021, November). Children & Screens Webinar Series: "Picture Perfect? Teens, Media, and Social Comparison." *Camera-ready: Social media, body image, and mental health in teens.* Virtual webinar. Recording available at https://www.youtube.com/watch?v=V0brrLfOHP4.
4. **Choukas-Bradley, S.,** Invited Speaker (2021, September). Fordham University Department of Psychology: Departmental Colloquium. *Camera-ready: Gender, sexuality, and adolescent mental health in the era of social media.* Virtual colloquium.
3. **Choukas-Bradley, S.,** Invited Speaker (2021, August). University of North Carolina Department of Psychology & Neuroscience, Clinical Psychology Seminar Series. *Camera-ready: Gender, sexuality, and adolescent mental health in the era of social media.* Virtual seminar.
2. **Choukas-Bradley, S.,** Invited Speaker for Webinar (2021, April). Veritas Forum: *How do worldview and COVID-19 affect the way we think about mental health?* Virtual talk.
1. **Choukas-Bradley, S.,** Invited Speaker (2020, July). Character Lab Annual Convening. *"Fireside chat" on social media use and teen wellbeing.* Virtual meeting.

ORAL CONFERENCE PRESENTATIONS AT NATIONAL & INTERNATIONAL CONFERENCES

* graduate student in SCB's lab at time of work; ** undergrad or post-bac. trainee in SCB's lab; **^** SCB was senior author (i.e., mentored trainee first-author)

72. Ladd, B. A., **Choukas-Bradley, S.,** & Lewis, J. A. (2026, June). Navigating Eurocentric beauty standards in a changing landscape: A qualitative exploration of young Black women's experiences with media and body image. In S. D. Biefeld & E. A. Daniels (Chairs), Beyond whiteness and thinness: Body image, appearance concerns, and social media use in adolescents and young adults of color. [Symposium]. Appearance Matters Conference, Bristol, U.K.

71. Ladd, B. A., Lewis, J. A., & **Choukas-Bradley, S.** (2026, March). *Exploring dimensions of young Black women's gendered racial identity development.* [Invited paper presentation]. Association for Women in Psychology Conference, Virtual.

70. Silk, J. S., Brehm, M., **Choukas-Bradley, S.,** Kilic, Z., Karim, H., & Ladouceur, C. (2026, April). Peer rejection and social comparison in day-to-day digital media use: Links to suicidality in high-risk youth. In E. McNeilly (Chair), A*dvancing Ecological Validity in the Examination of Adolescent Mental Health and Social Media: The Role of Digital and In-Person Social Interactions.* Symposium at annual meeting of Society for Research on Adolescence, Toronto, ON, Canada.

69. Graham, A. E., Brehm, M. B., *Kilic, Z., **Choukas-Bradley, S.,** Nesi, J. L., & Silk, J. S. (2026, April). #PicturePerfect: Appearance-related social media experiences and adolescent social anxiety symptoms. In A. E. Graham (Chair), *Social Media Use and Adolescent Social Anxiety: Associations Across Contexts and Timescales.* [Paper Presentation]. Anxiety & Depression Association of America Conference, Chicago, IL.

68. *Stout, C.,D., Widman, L., Evans-Paulson, R., McCrimmon, J., Brasileiro, J., Lankster, A., & **^Choukas-Bradley, S.** (2025, November). Predictors of condom use among sexual and gender minority adolescents: A narrative review [Oral presentation]. The Society for the Scientific Study of Sexuality Annual Conference, Philadelphia, PA.

67. McCrimmon, J., Widman, L., Maheux, A., Brasileiro, J., Evans-Paulson, R., Lankster, A., *Stout, C., **Choukas-Bradley, S.** (2025, November). Psychosocial Correlates of Condom Use Behavior Among Black Adolescents: A Meta-Analysis [Oral presentation]. The Society for the Scientific Study of Sexuality Annual Conference, Philadelphia, PA.

66. Ladd, B. A., Lewis, J. A., & **Choukas-Bradley, S.** (2025, August). Exploring developmental pathways of young Black women's gendered racial identity development. In J. A. Lewis (Chair), *From girlhood to motherhood: A Black feminist analysis of gendered racism on Black women and girls*. Symposium accepted for presentation at the Annual Convention of the American Psychological Association, Denver, CO.

65. *Labrousse, D., Ladd, B. A., Maheux, A. J., & **^Choukas-Bradley, S.** (2025, July). Media and Mood in Black Adolescent Socialization. [Poster Presentation and Flash Talk]. Children and Screens' 2025 Digital Media and Developing Minds International Scientific Congress, Washington, D.C.

64. Maheux, A. J., Taliaferro, J., Burnell, K., Bauer, D. J., Nesi, J., & **Choukas-Bradley, S.** (2024, June). *Opportunities and challenges: Profiles of online social experiences and adolescent*

well-being. In Zimmer-Gembeck, M. (Chair), *Relationships, emotions, and media: Popularity, social interactions, and the roles of daily emotion regulation and coping with stress.* Symposium at the 27th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD), Lisbon, Portugal.

63. Ladd, B. A., Lewis, J. A., & **Choukas-Bradley, S.** (2024, January). Exploring gendered racial identity development among emerging adult Black women. In J. A. Lewis (Chair), *Black feminist praxis and gendered racial identity: Transformative change among Black women*. Symposium presented at the National Multicultural Conference & Summit, Santa Fe, NM.

62. Choukas-Bradley, S., *Maheux, A. J., Laurenceau, J. P., *Roberts, S. R., Nesi, J., & Widman, L. (2023, October). Understanding adolescents' appearance-related social media consciousness and depressive symptoms. In P. Weigle (Chair), *How online experiences impact adolescent mental illness and what to do about it.* Symposium at annual meeting of the American Academy of Child and Adolescent Psychiatry, New York, NY.

61. Choukas-Bradley, S. & Weinstein, E. (2023, October). Authentic supports for digital well-being: Co-designing interventions with and for adolescents. In P. Weigle (Chair), *How online experiences impact adolescent mental illness and what to do about it.* Symposium at annual meeting of the American Academy of Child and Adolescent Psychiatry, New York, NY.

60. *Roberts, S. R., *Maheux, A. J., Laurenceau, J. P., Nesi, J., Widman, L., & **^Choukas-Bradley, S.** (2023, September). *Longitudinal change in adolescents' appearance-related social media consciousness and depressive symptoms: A within-person analysis.* Paper presented at third meeting of the Digital Media & Developing Minds International Scientific Congress organized by Children & Screens, Washington, DC.

59. *Kilic, Z. *Maheux, A. J., Nesi, J., Silk, J. S., & **^Choukas-Bradley, S.** (2023, September). *Associations between adolescents' online-only friendships, depressive symptoms, and social media experiences.* Flash talk and poster presented at third meeting of the Digital Media & Developing Minds International Scientific Congress organized by Children & Screens, Washington, DC.

58. Choukas-Bradley, S. (2023, September). Social media use among U.S. LGBTQ+ youth. In M. J. Prinstein (Chair), *Social media and social relationships among diverse adolescents.* Symposium at third meeting of the Digital Media & Developing Minds International Scientific Congress organized by Children & Screens, Washington, DC.

57. Choukas-Bradley, S. (2023, September). Adolescent sexuality in the era of social media. In P. Weigle (Chair), *Sext, lies, & videostream: Adolescent sexuality online.* Symposium at third meeting of the Digital Media & Developing Minds International Scientific Congress organized by Children & Screens, Washington, DC. Recording available here: https://www.youtube.com/watch?v=gzkfjm4qdoE&t=1185s

56. *Stout, C.D., *Maheux, A.J., *Martino, R.M., *Roberts, S.R., & **^Choukas-Bradley, S.** (2023, April). "*Sex would be as boring to me as eating dirt": A mixed methods analysis of reasons young adults do not engage in hookups.* Oral presentation at the Society for Research on Adolescence Annual Meeting, San Diego, CA.

55. Escobar-Viera, C. G., Porta, G., Martina, J., **Choukas-Bradley, S.**, & Rollman, B. L. (2023, April). *REALbot: A chatbot-delivered intervention to reduce perceived isolation among rural-living*

LGBTQ+ youth: Proof of concept study. Live Research Spotlight Presentation (selected for special recorded session) at the Society of Behavioral Medicine Annual Meeting, Phoenix, AZ.

54. *Stout, C.D., *Maheux, A.J., **Choukas-Bradley, S.,** & Nelson, K.M. (2022, November). *"Porn helped me figure out that I was gay": A mixed-methods exploration of what adolescent sexual minority males have learned from pornography.* Oral presentation at the Society for the Scientific Study of Sexuality Annual Conference. Vancouver, BC.

53. *Roberts, S. R., *Maheux, A. J., **Gotkiewicz, E. M. & **^Choukas-Bradley, S.** (2022, November). *The associations between gender and romantic relationships on young adults' body image and disordered eating.* Brief oral presentation at the Society for the Scientific Study of Sexuality Annual Conference, Vancouver, BC.

52. *Roberts, S. R., **Gotkiewicz, E. M., *Maheux, A. J., & **^Choukas-Bradley, S.** (2022, June). *Disordered eating during adolescence and eating adulthood: Synthesizing three studies to highlight appearance-related social media consciousness.* Oral paper presentation at the International Conference on Eating Disorders (virtual conference).

51. Choukas-Bradley, S., *Maheux, A. J., Nesi, J., Galla, B. M., & *Roberts, S. R. (2022, March). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. In P. Alt (Chair), *The Impact of the COVID-19 Pandemic on Adolescent Emotional Adjustment.* Virtual symposium at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA.

50. *Maheux, A. J., Widman, L., Hurst, J. L., Evans-Paulson, R., Craig, E., & **^Choukas-Bradley, S.**, (2022, February). *Behavioral measures to assess adolescent sexual communication with partners: A systematic review and call for further studies.* Data blitz talk at the Sexuality Preconference at the annual conference of the Society for Personality and Social Psychology, San Francisco, CA.

49. *Maheux, A. J. & **^Choukas-Bradley, S.** (2022, February). Appearance-related math stereotypes and adolescent girls' and boys' math outcomes. In *A. J. Maheux (Chair), *Diversifying STEM across development*. Symposium at the annual conference of the Society for Personality and Social Psychology, San Francisco, CA.

48. **Ladd, B. A., *Maheux, A. J., *Roberts, S. R., & **^Choukas-Bradley, S.** (2021, November). *Appearance concerns, depressive symptoms, and self-objectification among Black adolescents: Exploring the roles of gender and racial identity.* Flash talk and poster presented at the Special Interest Group Exposition at the annual meeting for the Association of Behavioral and Cognitive Therapies (virtual conference).

47. *Roberts, S. R., *Maheux, A. J., & **^Choukas-Bradley, S.** (2021, November). *Disordered eating among sexual assault survivors: The role of self-objectification during sexual activity*. Flash talk and poster presented at the Special Interest Group Exposition at the annual meeting for the Association of Behavioral and Cognitive Therapies (virtual conference).

Received the Best Poster Award from the Obesity and Eating Disorders Special Interest Group

46. Evans, R., Widman, L., Dodson, C., Scull, T., Javidi, H., *Maheux, A. J., Nesi, J., & **Choukas-Bradley, S.** (2021, November). *Promoting adolescent sexual health in the digital age through media literacy and sexual communication.* Symposium at the Society for the Scientific Study of Sexuality Conference, San Juan, Puerto Rico.

45. *Roberts, S. R., *Maheux, A. J., Watson, R. J., Puhl, R., & **^Choukas-Bradley, S.** (2021, November). LGBTQ-specific factors related to sexual and gender minority adolescents' disordered eating. In A. Convertino (Chair), *Disordered eating among sexual and gender minority populations*. Symposium at the annual meeting for the Association of Behavioral and Cognitive Therapies (virtual conference).

44. Karim, S., *Maheux, A. J., *Roberts, S. R., **Choukas-Bradley, S.,** & Escobar-Viera, C. (2021, October). *Exploring usage of social media sites for combating social isolation among rural sexual and gender minority adolescents.* Roundtable presentation at the annual meeting of the American Public Health Association, Denver, CO.

43. *Roberts, S. R., *Maheux, A. J., Salk, R., **Romito, M., Thoma, B. C., Levine, M. D., & **^Choukas-Bradley, S.** (2021, June). *Disparities in body image concerns and disordered eating between subgroups of gender minority adolescents*. Paper at the International Conference of Eating Disorders (virtual conference).

Selected for Best Paper category.

42. Ma, J., Korpak. K. A., **Choukas-Bradley, S.**, & Macapagal, R. K. (2021, April). *Online relationship seeking among transgender and gender diverse adolescents.* Paper presented at the Midwestern Psychological Association 2021 Meeting.

41. *Maheux, A. J., *Roberts, S. R., Nesi, J., Galla, B. M., & **^Choukas-Bradley, S.** (2021, April). Quantifiable peer feedback on social media: Differences by gender and associations with depressive symptoms. In S. X. Xiao (Chair), *Gender today: advances in gendered nature of children's and adolescents' peer relationships*. Symposium at biennial meeting of Society for Research in Child Development (virtual conference).

40. Galla, B. M., **Choukas-Bradley, S.,** Fiore, H., & Esposito, M. (2021, April). Values-alignment messaging boosts adolescents' motivation to control social media use. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents' social media use: Theoretical and empirical perspectives.* Symposium at biennial meeting of Society for Research in Child Development (virtual conference).

39. Choukas-Bradley, S., *Roberts, S. R., *Maheux, A. J., & Nesi, J. (2021, April). The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls' body image concerns and mental health. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents' social media use: Theoretical and empirical perspectives.* Symposium at biennial meeting of Society for Research in Child Development (virtual conference).

38. *Maheux, A. J., Nesi, J., *Roberts, S. R., Galla, B. M., & **^Choukas-Bradley, S.** (2021, April). *The new normal: Adolescent social media use and well-being during the COVID-19 pandemic.* Invited talk at the Peer Relations Pre-Conference at the biennial meeting of the Society for Research in Child Development (virtual conference).

37. *Maheux, A. J., **Zhou, Y., Thoma, B. C., Salk, R. H., & **^Choukas-Bradley, S.** (2021, February). *Examining sexual behavior among U.S. transgender adolescents.* Data blitz presentation at the Sexuality Preconference of the Society for Personality and Social Psychology annual convention (virtual conference).

36. *Maheux, A. J., & **^Choukas-Bradley, S.** (2021, February). *What's cool about math?: Gender differences in math motivation relating to adolescents' perceptions of friends', popular peers',*

and unknown peers' math abilities and beliefs. Data blitz presentation at the Gender Pre-conference of the Society for Personality and Social Psychology annual convention (virtual conference).

35. Evans, R., Widman, L., Brasileiro, J., *Maheux, A., Spiva, S., & **Choukas-Bradley, S.** (2020, November). *Sexual self-concept is related to partner sexual communication self-efficacy and be havior among adolescents.* Brief presentation at the Society for the Scientific Study of Sexuality (virtual conference).

34. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (2020, June). *Sleep among transgender and cisgender adolescents*. Presented at the annual meeting of the Associated Professional Sleep Societies (virtual conference).

33. Choukas-Bradley, S., Thoma, B. C., Salk, R. H., Goldstein, T. R., Levine, M. D., & Marshal, M. P. (2020, April). Developmental and interpersonal contexts of sexual and gender minority youth: Insights for intervention development. In S. Ford (Chair), *Innovative interventions to improve health outcomes among sexual and gender minority youth: From conceptualizing to testing.* Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).

32. Escobar-Viera, C., Sidani, J., Shensa, A., Shaaban, S., **Choukas-Bradley, S.,** & Rollman, B. (2020, April). Optimizing social media use and reducing social isolation among rural sexual and gender minority adolescents: Study design and preliminary acceptability results. In S. Ford (Chair), *Innovative interventions to improve health outcomes among sexual and gender minority youth: From conceptualizing to testing.* Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).

31. Choukas-Bradley, S., **Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., & Levine, M. D. (2020, March). Exploring transgender adolescents' body image concerns: Semi-structured interviews with nine gender minority youth. In S. Choukas-Bradley (Chair), *Mental health among transgender adolescents: Elucidating risk and protective factors using multiple methodological approaches.* Symposium at biennial meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).

30. *Roberts, S. R., Salk, R. H., **Romito, M., Thoma, B. C., Levine, M. D., & **^Choukas-Bradley, S.** (2020, March). Disparities in disordered eating between transgender and cisgender adolescents in a nationwide U.S. sample. In S. Choukas-Bradley (Chair), *Mental health among transgender adolescents: Elucidating risk and protective factors using multiple methodological approaches.* Symposium at biennial meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).

29. Thoma, B. C., **Choukas-Bradley, S.,** Rezeppa, T., Salk, R. H., & Marshal, M. P. (2020, March). Disparities in childhood emotional, physical, and sexual abuse between transgender and cisgender adolescents in the United States. In S. Choukas-Bradley (Chair), *Mental health among transgender adolescents: Elucidating risk and protective factors using multiple methodological approaches.* Symposium at biennial meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).

28. Nesi, J., **Choukas-Bradley, S.,** *Maheux, A. J., *Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (2020, March). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. In M.

Zimmer-Gembeck (Chair), *Immersion in social media: Associations of preoccupation, appearance, selfies, and comments with mental and physical health*. Symposium at annual meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

27. Widman, L., Javidi, H., **Choukas-Bradley, S.,** & Nesi, J. (2020, March). *Adolescent sexual communication and behavior in the digital age: Sexting, porn, and using social media to meet partners*. Paper presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
26. Stewart, J. L., Spivey, L. A., Widman, L., **Choukas-Bradley, S.,** & Prinstein, M. J. (2019, November). *Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years.* Oral presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
25. Javidi, H., *Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.,** & Peterson, Z. D. (2019, November). *Understanding adolescents' attitudes toward affirmative consent.* Brief presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
24. Thoma, B.C., Salk, R.H., **Choukas-Bradley S.,** Goldstein, T.R., Levine, M.D., & Marshal, M.P. (July 2019). *Suicidality disparities between transgender and cisgender adolescents: Examining gender identity subgroup differences within a nationwide online survey.* Oral presentation at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
23. Widman, L., Javidi, H., **Choukas-Bradley, S.,** & Nesi, J. (July, 2019). *Adolescent sexual behavior and communication in the digital age: Sexting, porn, and using social media to meet partners.* Brief communication talk at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
22. **Choukas-Bradley,** S., Nesi, J., & Widman, L. (2019, March). Social media and self-objectification: Examining the implications for adolescents' body image and mental health. In K. Burnell (Chair), *Social media use and adolescent adjustment: Considering quality over quantity.* Symposium at biennial meeting of Society for Research in Child Development, Baltimore, MD.
21. **Choukas-Bradley, S.,** Nesi, J., & Widman, L. (2018, October). *Social media self-objectification: Associations with adolescents' body image and mental health.* Flash talk and poster presented at the second Digital Media and Developing Minds conference of Children and Screens, Long Island, NY.
20. Giletta, M., **Choukas-Bradley, S.,** Maes, M., Linthicum, R, Card, N.A., & Prinstein, M.J. (2018, September). When and to what extent do peers influence youth behavior? A review and meta-analysis of peer influence effects in childhood and adolescence. In Schultz, S. (Chair), *Meta-analytic approaches to social relationships and interactions in adolescence*. Symposium at the European Association for Research on Adolescence, Ghent, Belgium.
19. **Choukas-Bradley, S.,** Nesi, J., Widman, L., & Higgins, M. K. (2018, April). Camera-ready: Young women's appearance-related social media consciousness. In B. Uink (Chair), *Teens and tech: Spill-over of adolescents' digital technology use to offline behaviors and wellbeing.* Symposium at biennial meeting of Society for Research on Adolescence, Minneapolis, MN.
18. Nesi, J., & **Choukas-Bradley, S.** (2017, October). Social media as a unique context for adolescent sexual behavior. In C. Catarozoli (Chair), *Sexting and social media: Risk-taking behavior in the*

21st century. Symposium at annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, DC.

17. Choukas-Bradley, S., & Prinstein, M. J. (2017, April). Examining the roles of perceived peer norms and gender in early adolescents' numbers of sexual partners over time. In D. van de Bongardt (Chair), *Early adolescent sexual development in peer contexts: Longitudinal studies on networks, norms, and mechanisms.* Symposium at biennial meeting of Society for Research on Child Development, Austin, TX.

16. Rofey, D., **Choukas-Bradley, S.+,** & Sequeira, G.+ (2016, September). *Weight concerns in transgender youth.* Paper presented at TransPride Pittsburgh National Conference, Pittsburgh, PA. +Presenting authors

15. Choukas-Bradley, S., Giletta, M., Cohen, G. L., & Prinstein, M. J. (2016, April). An experimental investigation of prosocial peer influence. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium at biennial meeting of Society for Research on Adolescence, Baltimore, MD.

14. Nesi, J., Giletta, M., **Choukas-Bradley, S.,** Cohen, G. L., & Prinstein, M. J. (2016, April). Adolescents' conformity to high status peers predicts increased self-esteem. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium at biennial meeting of Society for Research on Adolescence, Baltimore, MD.

13. Widman, L., **Choukas-Bradley, S.,** Prinstein, M. J. (2015, August). *Sex and susceptibility: Predicting youth susceptibility to peer influence in sexual situations with an experimental approach.* Paper presented at annual meeting of International Academy of Sex Research, Toronto, Canada.

12. Widman, L., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014, November). *Adolescents' susceptibility to peer influence on sexual risk behavior: An experimental approach.* Paper presented at the National Center for AIDS Research Symposium, Providence, Rhode Island.

11. Widman, L., Noar, S. M., **Choukas-Bradley, S.,** & Francis, D. (2014, June). *Adolescent sexual health communication and condom use: A meta-analysis.* Paper presented at annual meeting of International Academy of Sex Research, Dubronvik, Croatia.

10. Widman, L., Nesi, J., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014, April). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. Paper presented at Society of Behavioral Medicine, Philadelphia, PA.

9. Widman, L., Noar, S. M., **Choukas-Bradley, S.,** & Francis, D. (2014, April). Meta-analysis of adolescent sexual communication and condom use. Paper presented at Society of Behavioral Medicine, Philadelphia, PA.

8. Choukas-Bradley, S., Widman, L., & Prinstein, M. J. (2014, March). Injunctive and descriptive social norms as prospective predictors of early adolescents' noncoital and coital sexual behaviors. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors.* Symposium presented at biennial meeting of Society for Research on Adolescence, Austin, TX.

7. Giletta, M., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014, March). Popularity as a predictor of alcohol use occurrence and frequency in an ethnically diverse adolescent sample. In M. Giletta (Chair), *Popularity puts adolescents at risk? Factors that exacerbate and underlie the effects of popularity on maladaptive behaviors.* Symposium presented at biennial meeting of Society for Research on Adolescence, Austin, TX.

6. Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2014, March). Developmental predictors of early adolescent sexual communication with parents and partners over one year. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors.* Symposium presented at biennial meeting of Society for Research on Adolescence, Austin, TX.

5. Choukas-Bradley, S., Cohen, G. L., & Prinstein, M. J. (2013, April). Adolescent factors that moderate susceptibility to experimentally-manipulated social norms of popular peers. In M. Sandstrom (Chair), *Power, popularity, and persuasion: Experimental paradigms for assessing peer conformity in action.* Symposium presented at biennial meeting of Society for Research in Child Development, Seattle, WA.

4. Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2013, April). Sexual communication between early adolescents and their dating partners, parents, and best friends. In S. Moore (Chair), *Adolescent sexual behavior: Genes and macro to micro environmental contributors.* Symposium presented at biennial meeting of Society for Research in Child Development, Seattle, WA.

3. Reese, B. M., **Choukas-Bradley, S.,** & Halpern, C. T. (2013, April). *Predictors of varying emergent adolescent and young adult sexual patterns.* Paper presented at annual meeting of Population Association of America, New Orleans, LA.

2. Choukas-Bradley, S., Calhoun, C. D., Cohen, G. L., & Prinstein, M. P. (2012, March). Peer influence susceptibility measured with an experimental paradigm: Longitudinal associations with sexual risk behavior. In M. Sandstrom (Chair), *Risky business: Popularity and social influence processes in adolescence.* Symposium presented at biennial meeting of Society for Research on Adolescence, Vancouver, B.C., Canada.

1. Brechwald, W. A., **Choukas-Bradley, S.,** & Prinstein, M. J. (2010, November). Romantic partner effects on adolescents' engagement in weight-related health risk behaviors. In W. A. Brechwald & M. J. Prinstein (Co-Chairs), *Adolescent health risk behaviors in peer and romantic relationship contexts.* Symposium presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

SELECTED POSTER PRESENTATIONS AT NATIONAL & INTERNATIONAL CONFERENCES

58. *Kilic, Z., Maheux, A. J., Nesi, J., Silk, J. S., & ^**Choukas-Bradley, S.** (2026, April). *Intimate Disclosure in Online-Only Friendships Predicts Adolescents' Depressive Symptoms.* Poster at the meeting of the Society for Research on Adolescence, Toronto, ON, Canada.

57. Power, R., Nesi, J., **Choukas-Bradley, S.,** & Maheux, A. J. (2026, April). *Positive Emotion in the Digital World: Bidirectional Associations Between Adolescents' Gratitude and Social Media Experiences.* Poster Blitz Session at the meeting of the Society for Research on Adolescence, Toronto, ON, Canada.

56. Toth, C., Brehm, M., Graham, A., **Choukas-Bradley, S.,** Ladouceur, C. D., & Silk, J. S. (2026, April). *Exploring trends in adolescents' negative digital and in-person interactions with peers: A mixed-methods, ecological momentary assessment study.* Poster at the meeting of the Society for Research on Adolescence, Toronto, ON, Canada.

55. *Medina, C. M. & **^Choukas-Bradley, S.** (2026, April). *Looks and likes: Exploring the association between sexual objectification and social media appearance concerns among late adolescents.* Poster at the meeting of the Society for Research on Adolescence, Toronto, ON, Canada.

54. Kilic, Z., **Choukas-Bradley, S.**, Nesi, J., Ladouceur, C. D., & Silk, J. S. (2026, April). *Momentary Associations Between Peer Interactions on Digital Media and In-Person and Depressive Symptoms.* Poster at the meeting of the Society for Research on Adolescence, Toronto, ON, Canada.

53. *Stout, C.,D., Widman, L., Evans-Paulson, R., McCrimmon, J., Brasileiro, J., Lankster, A., & **^Choukas-Bradley, S.** (2026, April). *Predictors of condom use among sexual and gender minority adolescents: A narrative review.* Poster at the meeting of the Society for Research on Adolescence, Toronto, ON, Canada.

52. **Todd, D. A., *Stout, C. D., *Roberts, S. R., Maheux, A. J., & **^Choukas-Bradley, S.** (2026, April). *Am I bad at math, or is someone telling me I am?: Investigating the relationships among math stereotypes, social support, and math expectancy with Black and Latine adolescents.* Poster at the meeting of the Society for Research on Adolescence, Toronto, ON, Canada.

51. *Labrousse, D., Ladd, B. A., Maheux, A. J., & **^Choukas-Bradley, S.** (2026, April). *Peers and Phones: Black Socialization and the Moderating Role of Gender Identity on Adolescent Mood.* Poster at the meeting of the Society for Research on Adolescence, Toronto, ON, Canada.

50. *Kilic, Z., **Choukas-Bradley, S.,** Nesi, J., Ladouceur, C.D., Hamilton, J.L., & Silk, J.S. (2026, April). *Longitudinal Associations Between Social Media Experiences, Depression and Suicidal Ideation.* Poster at the meeting of the Anxiety and Depression Association of America, Chicago, IL.

49. *Medina, C. M. & **^Choukas-Bradley, S.** (2025, July). *Looks and likes: Exploring the association between sexual objectification and social media appearance concerns.* Poster at the Digital Media and Developing Minds International Scientific Congress, Washington, DC.

48. *Kilic, Z., McKone, K.M., *Stout, C., Grad-Freilich, M., Ladouceur, C.D., **Choukas-Bradley, S.**, & Silk, J.S. (2025, July). *Overthinking over screens: Girls ruminate more after negative social media interactions with peers compared to in-person interactions.* Poster at the Digital Media and Developing Minds International Scientific Congress, Washington, DC.

47. *Labrousse, D., Ladd, B. A., Maheux, A. J., & **^Choukas-Bradley, S.** (2024, July). *Adolescent development and depression: Black media, offline friendship, and appearance consciousness.* [Poster Presentation]. Poster at the Black Graduate Conference in Psychology, University of Michigan, Ann Arbor, MI; and at the JCCAP Future Directions Forum, Columbus, OH.

46. *Stout, C. D., Maheux, A., & **^Choukas-Bradley, S.** (2024, April). *Hair today, gone tomorrow: Investigating adolescent body hair attitudes, satisfaction, and removal practices.* Poster at the annual meeting of the Society for Research on Adolescence, Chicago, IL.

45. Widman, L., Evans-Paulson, R., *Maheux, A., McCrimmon, J., Brasileiro, J., *Stout, C., Lankster, A., & **Choukas-Bradley, S.** (2023, November). *Meta-analysis in progress: Psychosocial correlates*

of condom use among adolescents. Poster at the Society for the Scientific Study of Sexuality Annual Conference, New Orleans, LA.

44. Lankster, A., Widman, L., Evans-Paulson, R., *Maheux, A., McCrimmon, J., Brasileiro, J., *Stout, C., & **Choukas-Bradley, S.** (2023, November). *Safer sex self-efficacy as a correlate of condom use behaviors in adolescents: A meta-analysis.* Poster at the Society for the Scientific Study of Sexuality Annual Conference, New Orleans, LA.

43. *Kilic, Z., Maheux, A. J., Nesi, J., Silk, J. S., **^Choukas-Bradley, S.** (2023, November). *Longitudinal associations between adolescents' online-only friendships and depressive symptoms.* Poster at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

42. **Ladd, B. A., Pease, M., Jardas, E., Thoma, B. C., & **^Choukas-Bradley, S.** (2023, August). *Intersectional microaggressions and depressive symptoms among transgender adolescents of color*. Poster at the Annual Convention of the American Psychological Association, Washington, D.C.

41. **Gotkiewicz, E. M., *Roberts, S. R., *Maheux, A. J., & **^Choukas-Bradley, S.** (2023, June). *Who's most vulnerable? Personality traits that moderate the associations among self-objectification, social comparison, and disordered eating.* Poster at the annual International Conference on Eating Disorders, Washington, D.C.

40. **Ladd, B.A., *Maheux, A. J., **Choukas-Bradley, S.,** & Lewis, J. A. (2023, April). *Initial validation of the Gendered Racial Microaggressions Scale for Adolescent Girls of Color.* Poster to be presented at the Biennial Meeting of the Society for Research on Adolescence, San Diego, CA.

39. Widman**,** L., *Maheux, A., Craig, E., Evans-Paulson, R., & **Choukas-Bradley, S.** (2022, July). *Sexual communication between adolescent partners: A scoping review and directions for future research.* Poster at the annual conference of the International Academy of Sex Research, Reykjavík, Iceland.

38. Thoma, B. C., Jardas, E., **Choukas-Bradley, S.,** & Salk, R. H. (2022, July). *Gender transition progress, gender congruence, and mental health symptoms among transgender adolescents.* Poster at the annual conference of the International Academy of Sex Research, Reykjavik, Iceland.

37. Jardas, E., ******Ladd, B. A., *Maheux, A. J., **Choukas-Bradley, S.**, Salk, R. H., Thoma, B. C. (2022, May). *Testing the minority stress model in a racially and ethnically diverse sample of U.S. gender minority adolescents.* Poster at the Association for Psychological Science annual conference, Chicago, IL.

36. *Martino, R. M., *Roberts, S. R., *Maheux, A. J., **Ladd, B. A., & **^Choukas-Bradley, S.** (2022, March). *The role of feminist identity and gender in endorsement of hookup culture among emerging adults.* Poster at the Society for Research on Adolescence Biennial Meeting, New Orleans, LA.

35. *Stout, C. D., *Roberts, S. R., *Maheux, A. J., **Ladd, B. A., & **^Choukas-Bradley, S.** (2022, March). *Exploring the roles of gender and sexual orientation in young adults' reasoning for not engaging in hookups*. Poster at the Society for Research on Adolescence Biennial Meeting. New Orleans, LA.

34. Escobar-Viera, C. G., **Choukas-Bradley, S.,** Sidani, J., *Maheux, A. J., *Roberts, S. R., & Rollman, B. (2022, March). *Exploring the potential of social media for combating social isolation: Online interviews with rural sexual and gender minority youth.* Poster at the annual meeting of the Society for Adolescent Health and Medicine. San Diego, CA.

33. **Ladd, B. A., *Maheux, A. J., *Roberts, S. R., Thoma, B. C., Salk, R. H., & **^Choukas-Bradley, S.** (2021, November). *Black transgender and gender diverse adolescents' experiences of gender-related stressors and depressive symptomatology.* Poster at the Association for Behavioral and Cognitive Therapies 55th annual convention (virtual conference).

32. *Martino, R. M., *Roberts, S. R., *Maheux, A. J., **Ladd, B. A., *Stout, C. D., & **^Choukas-Bradley, S.** (2021, November). *The role of feminist identity and gender in endorsement of hookup culture among emerging adults.* Poster at the Harvard Women in Psychology Trends in Psychology Summit (virtual conference).

31. *Roberts, S. R., *Maheux, A. J., Widman, L., & **^Choukas-Bradley, S.** (2021, July). *Body comparison as a mediator underlying the longitudinal association between body shame and disordered eating among a diverse sample of U.S. adolescents.* Poster at the biennial meeting for the Centre for Appearance Research, virtual conference.

30. Hurst, J. L., Widman, L., Evans. R., & **Choukas-Bradley., S.** (2021, May). *Parents' attitudes towards including information about sexual orientation and gender in adolescent sex education: Associations with religiosity and political affiliation.* Poster at the 7th National LGBTQ Health Conference: Bridging Research & Practice (virtual conference).

29. *Maheux, A. J., *Roberts, S. R., Widman, L., Nesi, J., & **^Choukas-Bradley, S.** (2021, February). *Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness.* Poster presentation at the Society for Personality and Social Psychology annual convention (virtual conference).

28. *Roberts, S. R., **Ladd, B. A., *Maheux, A. J., & **^Choukas-Bradley, S.** (2021, February). *The effect of the thin and muscular ideal on adolescents' body image.* Poster presentation at the Society for Personality and Social Psychology annual convention (virtual conference).

27. Bibby, E. S., Widman, L., Turpyn, C., **Choukas-Bradley, S.,** Nesi, J., Prinstein, M.J., & Telzer, E. H. (2021, February). *A multi-wave assessment of ethnic and gender differences in adolescents' sexual communication with parents, peers, and partners.* Poster presentation at the Society for Personality and Social Psychology annual convention (virtual conference).

26. **Ladd, B. A., *Maheux, A. J., *Roberts, S. R., **Bryen, C. P., **Carrino, E. A., Thoma, B. C., Goldstein, T. R., Salk, R. H., Marshal, M. P., & **^Choukas-Bradley, S.** (2020, November). *Exploring sexual behavior and attraction of bi+ adolescents with bipolar disorder: A qualitative analysis.* Poster presentation at the Society for the Scientific Study of Sexuality (virtual conference).

25. Rezeppa, T. L., **Choukas-Bradley, S.,** *Maheux, A. J, *Roberts, S. R., Salk, R. H., & Thoma, B. C. (2020, June). *Psychosocial correlates of body image disturbance and disordered eating among sexual minority adolescent women*. Poster presented at the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, Washington, D.C.

24. **Drexler, S. A., *Maheux, A. J., Widman, L., & **^Choukas-Bradley, S.** (2020, March). *Adolescent feminist identification and condom use intentions.* Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

23. **Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., & Levine, M. D., & **^Choukas-Bradley, S.** (2020, April). *Exploring transgender adolescents' body image concerns and disordered eating.* Poster at the annual meeting of the Midwestern Psychological Association, Chicago, IL (Conference canceled).

22. *Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & **^Choukas-Bradley, S.** (2020, March). *Adolescent sexting: The role of peer influence and perceptions of peer norms.* Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

21. **Zhou, Y., *Maheux, A. J., Thoma, B. C., Salk, R. H., & **^Choukas-Bradley, S.** (2020, March). *Sexual behavior of gender minority adolescents in the United States*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

20. **Henry, H. R., *Maheux, A. J., Thoma, B. C., Salk, R. H., **Ladd, B. A., & **^Choukas-Bradley, S.** (2020, March). *Examining the timing of social support on depressive symptomology among transgender and gender-nonconforming adolescents*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

19. *Maheux, A. J., Widman, L., & **^Choukas-Bradley, S.** (2020, March). *Appearance-related math stereotypes and gender: The role of the "unattractive math nerd" archetype on adolescents' math engagement*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

18. *Roberts, S. R., *Maheux, A. J., **Bryen, C. P., **Carrino, E. A., Salk, R. H., Thoma, B. C., & **^Choukas-Bradley, S.** (2020, March). *"Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism.* Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- ♦ ***Received the Student Poster Award (one of three for conference)***

17. *Maheux, A. J., **Carrino, E. A., **Bryen, C. P., **Zhou, Y., & **^Choukas-Bradley, S.** (2020, February). *Gender differences in the association between frequency and enjoyment of oral sex in college hook-up contexts.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

16. **Bryen, C. P., **Carrino, E. A., *Maheux, A. J., Stewart, J. L., Widman, L., & **^Choukas-Bradley, S.** (2019, March). *Sexual and gender minority adolescents in a U.S. community sample: Understanding mental health disparities*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

15. **Carrino, E. A., **Bryen, C. P., *Maheux, A. J., Stewart, J. L., Widman, L., & **^Choukas-Bradley, S.** (2019, March). *"They want equal rights, but…": A mixed methods investigation of adolescents' conceptions of feminism.* Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

14. *Maheux, A. J., Evans, R., Widman, L., Prinstein, M. J., & **^Choukas-Bradley, S.** (2019, March). *Sexting in adolescence: The role of peer influence and perceptions of peer norms.* Poster

presented at the annual Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.

13. Choukas-Bradley, S., Hipwell, A. E., & Stepp, S. D. (2018, July). *A dual trajectory analysis of adolescent girls' borderline personality symptoms and sexual risk behaviors from ages 14 to 18.* Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.

12. Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.,** & Stewart, J. L. (2018, July). *Technology-based interventions to reduce STIs and unintended pregnancy among youth: A meta-analysis.* Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.

11. Widman, L., Stewart, J. L., **Choukas-Bradley, S.,** Nesi, J., & Prinstein, M. J. (2017, July). *Having "the talk": A multi-wave assessment of parent-adolescent sexual communication.* Poster presented at the International Association of Sex Research conference. Charleston, South Carolina.

10. Choukas-Bradley, S., Nesi, J., Widman, L., & Higgins, M. K. (2017, January). *Self-objectification 2.0: Examining the role of social media self-objectification in the psychology of young women.* Poster presented at annual meeting of Society for Personality and Social Psychology, San Antonio, TX.

9. Trinh, S., & **Choukas-Bradley, S.** (2016, April). *"No messages needed – just pats on the back": Exploring young men's reports of male and female friends' sexual communications.* Poster presented at biennial meeting of Society for Research on Adolescence, Baltimore, MD.

8. Nesi, J., Widman, L., **Choukas-Bradley, S.,** & Prinstein, M. J. (2016, April). *Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships.* Poster presented at biennial meeting of Society for Research on Adolescence, Baltimore, MD.

7. Cole, D. J., Helms, S. W., **Choukas-Bradley, S.,** & Prinstein, M. J. (2011). *Peers strongly reinforce engagement in early sexual behavior, or do they?* Poster presented at annual meeting of Society of Behavioral Medicine, Washington, DC.

6. Choukas-Bradley, S., Helms, S.W., Cole, D. J., & Prinstein, M. J. (2011, April). *Preventing girls' early substance use and sexual intercourse: The role of relational aggression.* Poster presented at annual meeting of Society of Behavioral Medicine, Washington, DC.

5. Choukas-Bradley, S., Cole, D. J., Rock, P. F., & Prinstein, M. J. (2011, March). *Longitudinal associations between adolescents' peer-perceived popularity and substance use: The moderating role of impulsivity.* Poster presented at biennial meeting of Society for Research in Child Development, Montreal, Canada.

4. Choukas-Bradley, S., Brechwald, W. A., & Prinstein, M. J. (2010, November). *Social norms and adolescent alcohol use: Associations among binge drinking and peer status trajectories.* Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

3. Choukas-Bradley, S., & Prinstein, M. J. (2010, October). *Longitudinal associations among adolescents' substance use, sexual initiation, and popularity.* Poster presented at meeting of Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.

2. Choukas-Bradley, S., Metcalfe, L. A., Wright, J. C., Zakriski, A. L., & Cardoos, S. C. (2009, April). *Toward a contextual approach to the study of change: Linking impressions, standardized assessments, and behavior in context.* Poster presented at biennial meeting of Society for Research in Child Development, Denver, CO.

1. Choukas-Bradley, S., Banducci, A. N., Metcalfe, L. A., Wright, J. C., & Zakriski, A. L. (2008, March). *Reassessing the assessment of change: Disentangling the social interactional processes that mediate behavior change in at-risk youth.* Poster presented at annual meeting of Eastern Psychological Association, Boston, MA.

INVITED SPEAKER, DISCUSSANT, & PANELIST: NATIONAL & INTERNATIONAL CONFERENCES

9. Choukas-Bradley, S., Invited Roundtable Discussion Leader (2023, October). *Positive social media use.* UNC Social Media Scientists' Retreat. Chapel Hill, NC.

8. Choukas-Bradley, S., Invited Panelist (2023, September). *Social media and social relationships among diverse adolescents.* Digital Media and Developing Minds International Scientific Congress. Washington, DC. Recording available at https://www.youtube.com/watch?v=yHD6a7tLA9s.

7. Choukas-Bradley, S., Invited Panelist (2023, September). *Sext, lies, and videostream: Adolescent sexuality online.* Digital Media and Developing Minds International Scientific Congress. Washington, DC. Recording available at https://www.youtube.com/watch?v=gzkfjm4qdoE. .

6. Choukas-Bradley, S., Invited Panelist (2022, June). *Body Image and Eating Disorder Prevention Across the Lifespan.* International Conference on Eating Disorders. Virtual conference.

5. Choukas-Bradley, S., Invited Speaker & Discussant (2021, May). *Social media, social comparison, and body image in adolescence.* Children and Screens Research Retreat. Virtual conference.

4. Choukas-Bradley, S., Closing Plenary Speaker (2021, April). *Social media, social comparison, and body image in adolescence.* Children's Hospital of Los Angeles Leadership Education in Adolescent Health Conference. Virtual conference.

3. Choukas-Bradley, S., Invited Panelist (2020, April). *Practical and Ethical Considerations for Conducting Online Research Among Sexual and Gender Minority Youth* (K. Nelson, Chair). Society of Behavioral Medicine Annual Conference. Conference Canceled.

2. Choukas-Bradley, S., Invited Discussant (2019, March). *#PeerProblems: Examining the Role of Social Media in Transforming Peer Experiences and Influencing Adolescent Adjustment* (K. Flannery, Chair). Society for Research in Child Development Biennial Conference. Baltimore, MD.

1. Choukas-Bradley, S., Invited Discussant (2017, April). *The Positive and Negative Roles of Peer Relations in Childhood Obesity* (M. K. Bookhout, Chair). Society for Research in Child Development Biennial Conference. Austin, TX.

CONFERENCE SYMPOSIUM CHAIR ROLES

3. Choukas-Bradley, S., Chair of Symposium (2021, April). *New Advances in the Study of Adolescents' Social Media Use: Theoretical and Empirical Perspectives*. Symposium at Society for Research in Child Development Biennial Conference. Virtual Conference.

2. **Choukas-Bradley, S.,** Chair of Symposium (2020, March). *Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches*. Conference canceled. Symposium at Society for Research on Adolescence Biennial Conference. Conference Canceled.
1. **Choukas-Bradley, S.,** Chair of Symposium (2014, April). *Messages Early Adolescents Receive About Sex: Parent, Peer, and Media Influences on Sexual Intentions and Behaviors.* Symposium at Society for Research on Adolescence Biennial Conference. Austin, TX.

LOCAL INVITED RESEARCH TALKS

16. **Choukas-Bradley, S.,** Invited Keynote Speaker (2024, Summer). NIH TriState SenNet Consortium Meeting at University of Pittsburgh.
15. **Choukas-Bradley, S.,** Invited Speaker (2024, Summer). Carnegie Free Library of Beaver Falls, PA.
14. **Choukas-Bradley, S.,** Invited Speaker (2024, Spring). Winchester Thurston School, Pittsburgh, PA.
13. **Choukas-Bradley, S.,** Invited Speaker at Social/Health Lunchtime Talk Series (2024, Spring). Carnegie Mellon University Department of Psychology.
12. **Choukas-Bradley, S.,** Speaker at Clinical Psychology Seminar Series (2023, Spring). University of Pittsburgh Department of Psychology.
11. **Choukas-Bradley, S.,** Psi Chi Induction Speaker (2022, Fall). University of Pittsburgh Department of Psychology.
10. **Choukas-Bradley, S.,** Invited Speaker for Annual Carter Talk (2022, Fall). University of Delaware Department of Women and Gender Studies. Available at: https://capture.udel.edu/media/Carter+Lecture+2022+%E2%80%9CBlack+Women%E2%80%99s+Lived+Experiences+of+Body+Image%E2%80%9D/1_3ii8ov6t
9. **Choukas-Bradley, S.,** Keynote Speaker for Women's Week (2021, Fall). University of Delaware.
8. **Choukas-Bradley, S.,** Invited Speaker for Adolescent Medicine Series (2019, Spring). University of Pittsburgh School of Medicine.
7. **Choukas-Bradley, S.,** Psi Chi Induction Speaker (2018, Fall). University of Pittsburgh Department of Psychology.
6. **Choukas-Bradley, S.,** Invited "Flash Class" Speaker (2018, Fall). University of Pittsburgh Dietrich School of Arts & Sciences. "Adolescence in 90 seconds." Available here: https://www.youtube.com/watch?v=kBNiPvMKoI0&t=14s
5. **Choukas-Bradley, S.,** Invited Speaker for Social Psychology Lunchtime Talk Series (2017, Fall). University of Pittsburgh Department of Psychology.
4. **Choukas-Bradley, S.,** Invited Speaker (2014, Fall). University of North Carolina's Women Experiencing Learning & Leadership Community (W.E.L.L.).
3. **Choukas-Bradley, S.,** Invited Speaker at Community Advisory Board Meeting (2014, Spring). University of North Carolina Center for AIDS Research.
2. **Choukas-Bradley, S.,** Invited Speaker (2014, Spring). Hillside New Tech High School, Durham, NC.

1. **Choukas-Bradley, S.,** Invited Speaker (2013, Fall). The Governor School, Raleigh, NC.

SELECTED INVITED TALKS REGARDING DEI & PROFESSIONAL DEVELOPMENT (LOCAL & EXTERNAL)

6. **Choukas-Bradley, S.,** Speaker at 2023 Provost's Diversity Institute for Faculty Development (2023, May). *"The Anti-LGBTQ+ Legislative Landscape and the University Classroom."* University of Pittsburgh.
5. **Choukas-Bradley, S.,** Invited Speaker for Clinical Psychology Seminar Series (2021, Fall). "*Cultural Humility in Case Conceptualization & Presentation."* University of Pittsburgh Department of Psychology.
4. **Choukas-Bradley, S.,** Invited Speaker for Social Justice Happy Hour Series (2021, Spring). "*Antiracist Allyship."* University of Delaware.
3. **Choukas-Bradley, S.,** Invited Speaker at Committee Meeting (2021, Spring). "*Antiracist Allyship & DEI Work in Academia."* Georgetown McDonough School of Business DEI Committee.
2. **Choukas-Bradley, S.,** Invited Panelist (2018, Fall). "*Grit."* University of Pittsburgh Women & Science Forum.
1. **Choukas-Bradley, S.,** Invited Panelist (2018, November). *Getting Published as a Student or Early Professional: Tips from Multiple Perspectives* (J. R. Pemberton, Chair). Association for Behavioral and Cognitive Therapies Annual Conference. Washington, DC.

OTHER ACADEMIC PRODUCTS

Digital Wellbeing Resources

• As Clinical Psychology Lead at Harvard Center for Digital Thriving, I have worked with Common Sense Education to co-develop digital thriving resources:
- https://digitalthriving.gse.harvard.edu/resources/
- https://www.commonsense.org/education/collections/digital-well-being

Appearance-Related Social Media Consciousness Scale

• Developed construct and scale (Choukas-Bradley et al., 2019; Choukas-Bradley et al., 2020; Maheux et al., 2022)

• Freely available scale, administration and scoring instructions, and information on scale development and validation available here: https://www.sophiachoukasbradley.com/publications (living document here)

TRADE BOOK

Choukas-Bradley, S. (in preparation). *Beyond the Looking Glass: Body Image and Sense of Self in the Age of Social Media.* [trade book]. Under contract in 2025; scheduled for publication in 2027 by Flatiron (U.S.) and Penguin Life (U.K.). *Publisher's Weekly* announcement:

https://www.publishersweekly.com/pw/by-topic/industry-news/book-deals/article/98315-book-deals-week-of-august-4-2025.html; Pitt announcement: https://www.as.pitt.edu/news/sophia-choukas-bradley-announces-new-book-deal

TEACHING, MENTORSHIP, & CLINICAL SUPERVISION

Instructor of Record: Graduate Courses

Psychopathology (1 semester)
University of Pittsburgh, *Fall 2026* (planned)

CBT Team Supervision Course (4 semesters)
University of Pittsburgh, *Fall 2025, Summer 2025, Summer 2023, Fall 2023*

Social Development (1 semester)
University of Pittsburgh, *Fall 2022 (co-taught with Klaus Libertus)*

Social Influences on Adolescent Development (1 semester)
University of Pittsburgh, *Fall 2019*

Instructor of Record: Undergraduate Courses

Social Media Use and Body Image (3 semesters)

University of Pittsburgh: *Fall 2026 (planned), Spring 2025, Fall 2024*

Adolescence (9 semesters)

University of Pittsburgh: *Fall 2022, Spring 2020, Fall 2019, Spring 2019, Fall 2018, Spring 2018*

University of Delaware: *Fall 2021, Winter 2021, Fall 2020*

Psychopathology/Abnormal Psychology (6 semesters)

University of Delaware ("Psychopathology"): *Fall 2021*

University of North Carolina ("Abnormal Psychology"): *Fall 2014, Summer 2014, Summer 2013, Spring 2013, Fall 2012*

Teaching Fellow: Graduate Courses (as Graduate Student)

Ethics and Practice in Clinical Psychology, graduate level (1 semester)
University of North Carolina, *Spring 2014*; Faculty Instructor: Arlane Margolis

Clinical Assessment, graduate level (1 semester)
University of North Carolina*, Spring 2013;* Faculty Instructor: Eric Youngstrom

Mentorship of Junior Faculty

Faculty Mentoring Committees, University of Pittsburgh Department of Psychology
Marquis Hawkins, 2024 – Present

Andrea Medrano, 2023 – Present

K23 Consultant
Jacqueline Nesi, 2020-2025
K23 MH122669-0, *Social Media Use and Mechanisms of Suicide Risk in Adolescents*

Doctoral Student Advisor: Primary Advisor

•Daniel Labrousse (mentee 2023–present): Clinical & Developmental Psychology Ph.D. Programs at University of Pittsburgh
•Courtney Medina (mentee 2023–present): Developmental Psychology Ph.D. Program at University of Pittsburgh from 2023–2026; entering Clinical & Developmental joint Ph.D. program in Fall 2026
•Claire Stout, M.S. (mentee 2021–present): Clinical & Developmental Psychology Ph.D. Programs at University of Pittsburgh
•Rachel Martino (mentee 2021 – 2022): Completed one year as Clinical Psychology Ph.D. Student at University of Delaware; transferred to Harvard at time that Choukas-Bradley returned to University of Pittsburgh (mentor at Harvard: Mark Hatzenbuehler)
•Savannah Roberts, M.A. (mentee 2019–present): Clinical & Developmental Psychology Ph.D. Programs at University of Pittsburgh; on internship at Western Psychiatric beginning Fall 2026
•Anne Maheux, Ph.D. (mentee 2018–2023): Maheux was SCB's first doctoral student; graduated from University of Pittsburgh in 2023 with an individualized cross-training Ph.D. in Developmental & Social Psychology.
Subsequent position *(July 2023–present):* Assistant Professor (tenure-track), University of North Carolina at Chapel Hill, Developmental Psychology Program, Department of Psychology and Neuroscience; and Endowed Fellow, Winston National Center on Technology Use, Brain, and Psychological Development

Doctoral Student Advisor: Co-Advisor

Zelal Kilic (mentee 2022 – present): Doctoral student co-mentored with Jennifer Silk (Silk is primary mentor); pursuing a joint Ph.D. in Clinical & Developmental Psychology

Post-Baccalaureate Trainee Research Mentorship

Emily Gotkiewicz (2022 – Present): *lab manager*
University of Pittsburgh
Brianna Ladd (2019 – 2022): *lab manager*
University of Pittsburgh/University of Delaware
Subsequent position: Ph.D. Student in Counseling Psychology, University of Maryland; and Health Research Policy Scholar, Robert Wood Johnson Foundation
Yiyao Zhou (2018 – 2020): *part-time research assistant,* University of Pittsburgh
Subsequent position: Ph.D. Student in Counseling Psychology, Indiana University
Madelaine Romito (2017 – 2019): *part-time research assistant,* University of Pittsburgh

Subsequent position: Ph.D. Student in Counselor Education and Supervision, Northeastern Illinois University

Chloe Bryen: (2017 – 2019): *lab manager,* University of Pittsburgh

Subsequent position: Ph.D. Student in Clinical Psychology, Florida State University

Emily Carrino: (2017 – 2019): *lab manager,* University of Pittsburgh

Subsequent position: Ph.D. Student in Clinical Psychology, UNC Chapel Hill

Honors/Senior Thesis Undergraduate Mentorship

D. Alejandro Todd, 2023–2024, University of Pittsburgh

Graduate Student Mentor: Claire Stout

Emily Gotkiewicz, 2021 – 2022, University of Delaware

Graduate Student Mentor: Savannah Roberts

Laura Boyajian: 2019 – 2020, University of Pittsburgh

Graduate Student Mentor: Annie Maheux

Caitlin Williams: 2011 – 2012, University of North Carolina (graduate student mentor)

Faculty Mentor: Mitch Prinstein

Directed Research & Volunteer Undergraduate Mentorship

University of Pittsburgh:

Hajjar Littles (2023 - 2024)

Dominique DiDomenico (2023–2024)

Basia Silverberg (2023–2024)

D. Alejandro Todd (2023–2024)

Sami Silk (Kenyon College student, visiting at Pitt; Summer 2023)

Perpetua Buadoo (Spring 2023)

Laura Boyajian (2019–2020)

Subsequent postbaccalaureate position: Research Coordinator, Drexel University

Subsequent graduate school position: Ph.D. Student in Clinical Psychology, University of South Florida

Haley Henry (2019–2020)

Subsequent postbaccalaureate position: Clinical Research Specialist, Duke University

Sarah Drexler (2019–2020)

Subsequent postbaccalaureate position: Research Coordinator, Drexel University

Kendra Plummer (2019–2020)

Subsequent postbaccalaureate position: Intake Coordinator, Child & Family Institute

Subsequent graduate school position: Master's Student in Mental Health Counseling, George Washington University

Megan Kundra (2018–2020)

Subsequent postbaccalaureate position: Administrative Assistant, Dartmouth College Fund

Uma Balaji (2018–2020)

Subsequent postbaccalaureate position: Research Associate, Pitt Department of Psychiatry

Subsequent graduate school position: Ph.D. Student in Counseling Psychology, University of Maryland

Emma Stewart (2018–2019)

Subsequent postbaccalaureate position: Lease Analyst, JLL

Julia Friedman (2018–2019)

Subsequent postbaccalaureate position: Clinical Research Specialist, Nationwide Children's Hospital

Evelyn Zamora-Vargas (2018)

Subsequent graduate school position: Master's student, Pitt Graduate School of Public and International Affairs

Madeline Rushlau (2017–2018)

Subsequent postbaccalaureate position: Milieu Therapist, Western Psychiatric Hospital; HR Specialist, Carnegie Mellon University

Tori Blazinski (2017–2018)

Subsequent postbaccalaureate position: Research Specialist, Pitt Department of Psychiatry

University of Delaware:

Emily Gotkiewicz (2021 – 2022)

Subsequent postbaccalaureate position: Lab manager in Choukas-Bradley lab at Pitt

Madeline Kesten (2021 – 2022)

Subsequent postbaccalaureate position: Academic Advisor for College Advising Corps – Boston University

Subsequent graduate school position: Master's Student in Applied Developmental Psychology, Pitt School of Education

Rmonte' Smack (2021 – 2022)

Subsequent postbaccalaureate position: Research Assistant, University of Nebraska

Alexa Rial (2021)

Subsequent postbaccalaureate position: Mental Health Associate, High Focus Centers

Clinical Supervision

Cognitive Behavioral Therapy Team Supervisor (Summer 2023, Fall 2023, Summer 2025, Fall 2025). Clinical supervisor to a team of clinical psychology Ph.D. student trainees & co-instructor for CBT "crash course" (with Jill Cyranowski). University of Pittsburgh Clinical Psychology Center.

Behavioral Couples Therapy Consultant/Supervisor (2016-2017). Clinical consulting supervisor to therapists, providing education and supervision, as part of the Improving Access to Psychological Therapies initiative through England's National Health Service. *Supervisor of supervision:* Don Baucom

Cognitive Behavioral Couples Therapy Peer Supervisor (2014-2015). As a graduate student, served as primary clinical supervisor for graduate students in the Couples Therapy Practicum; co-led weekly didactic seminar for graduate students and post-doctoral fellows; helped to manage and run clinic. University of North Carolina. *Supervisor of supervision:* Don Baucom

Child & Adult Psychotherapy Peer Supervisor (2012-2014). As a graduate student, served as primary clinical supervisor for graduate students conducting individual therapy with children and adults. University of North Carolina. *Supervisor of supervision:* Jennifer Kogos Youngstrom

Assessment Peer Supervisor (2012-2014). As a graduate student, served as primary clinical supervisor for graduate students conducting full diagnostic assessments with children and adults. University of North Carolina. *Supervisor of supervision:* Jennifer Kogos Youngstrom

STUDENT COMMITTEES

Dissertation Committees

Department of Psychology, University of Pittsburgh:

Savannah Roberts (Clinical & Developmental Psychology; Chair of Committee), 2025 – Present
Samantha Plate (Clinical & Developmental Psychology), 2024 – 2025
Emily Hutchinson (Clinical & Developmental Psychology), 2024 – 2025
Quyen Do (Clinical & Developmental Psychology), 2023 – 2025
Kendra Whitfield (Clinical & Developmental Psychology), 2023 – 2024
Anne Maheux (Developmental & Social Psychology: Individualized Ph.D. Training Program; Chair of Committee), 2022 – 2023

Other Departments, University of Pittsburgh:

Rebecca Meacham (Applied Developmental Psychology Ph.D. Program, School of Education, U. Pittsburgh), 2019 – 2020
Ariel Shensa (Clinical & Translational Science Ph.D. Program, U. Pittsburgh), 2019 – 2020

Other Universities:

Nikol Kvardova (Psychology Ph.D. Program, Faculty of Social Studies, Masaryk University, Czech Republic); External Reader/Reviewer; 2025
Gus Mayopoulos (Clinical Psychology Ph.D. Program, Teachers College, Columbia University), 2025
Zachary Meehan (Clinical Science Ph.D. Program, University of Delaware), 2023 – 2024
Isaac Cheng (Clinical Psychology Psy.D. Program, Antioch University Seattle), 2022 – 2024

Comprehensive Examination Committees

University of Pittsburgh Department of Psychology

Zelal Kilic (Clinical & Developmental Psychology), 2026 – Present
Claire Stout (Clinical & Developmental Psychology; Chair of Committee), 2024 – 2025
Nabila Jamal-Orozco (Developmental Psychology), 2023 – 2024
Samantha Plate (Clinical & Developmental Psychology), 2023 – 2024
Emily Hutchinson (Clinical & Developmental Psychology), 2023
Isabella Kahhale (Clinical & Developmental Psychology), 2023

Savannah Roberts (Clinical & Developmental Psychology; Chair of Committee), 2022 – 2023
Quyen Do (Clinical & Developmental Psychology), 2022 – 2023
Orma Ravindranath (Clinical Psychology), 2020 – 2021

University of Delaware Clinical Science Program (all faculty participate in the comprehensive exam development & defense for all students)

Rickie Miglin (2021); Marta Korom (2021); Leigh Andrews (2020); Mallory Garnett (2020); Christiana Martin (2020)

Master's Thesis Committees

University of Pittsburgh Department of Psychology

Margaret Brehm (Clinical & Developmental Psychology), 2026 – Present
Sydni Davila (Developmental Psychology), 2025 – Present
Courtney Medina (Developmental Psychology; Chair of Committee), 2025 – Present
Daniel Labrousse (Clinical & Developmental Psychology; Chair of Committee), 2025 – 2026
Zelal Kilic (Clinical & Developmental Psychology), 2024 – 2025
Julia Gajewski-Nemes (Clinical & Developmental Psychology), 2023 – 2024
Giana Teresi (Clinical Psychology), 2023 – 2024
Claire Stout (Clinical & Developmental Psychology; Chair of Committee), 2023
Sienna Nielsen (Clinical Psychology, University of Pittsburgh), 2022 – 2023
Anne Maheux (Developmental & Social Psychology; Chair of Committee), 2019 – 2020
Christina Leckfor (Social Psychology), 2019 – 2020
Kirsten McKone (Clinical & Developmental Psychology), 2018 – 2019

Other Universities

Emily Carrino (Clinical Psychology, University of North Carolina at Chapel Hill), 2021 – 2022

Mentoring Committees for Doctoral Students

Margaret Brehm (Clinical & Developmental Psychology, University of Pittsburgh), 2024-Present
Sam Seaver (Clinical & Developmental Psychology, University of Pittsburgh), 2024-Present

Second-Year Project Reader for Doctoral Students (Master's Equivalent)

U. Delaware Clinical Science Program (all faculty participate in review & defense for all students)

Danielle Katz (2021); Zachary Meehan (2021); Savannah Roberts (2021); Ana Sheehan (2021); Caroline Canale (2021); Hung-Wei (Bernie) Chen (2021); Rickie Miglin (2020); Marta Korom (2020)

Other universities (external reader)

Jeffrey Hurst, 2022, *North Carolina State University Applied Social Psychology Program*

First-Year Project Reader for Doctoral Students

U. Delaware Clinical Science Program (all faculty participate in review & defense for all students)

Hannah Brownlee (2022); Leah Church (2022); Wendy Huerta (2022); Michael Morreale (2022); Danielle Shayani (2022); Anna Stumps (2022); Alyssa Fenech (2021); Savannah Roberts (2021); Jeremy Rudoler (2021); Tabitha Sellers (2021)

Undergraduate Honors Thesis Committees

Dev Chopra, 2024-2025 (University of Pittsburgh); D. Alejandro Todd, 2023-2024 (Chair, University of Pittsburgh); Laura Boyajian, 2019-2020 (Chair, University of Pittsburgh); Jonah Buczewski, 2018-2019 (University of Pittsburgh); Jasmine Pabla, 2018-2019 (University of Pittsburgh); Danielle Apple, 2017-2018 (University of Pittsburgh); Caitlin Williams, 2012 (Co-Chair, UNC Chapel Hill); Jason Rights, 2011 (UNC); Jacqueline Bonsu, 2010 (UNC); Kelci Harris, 2010 (UNC); Ashley Mogul, 2010 (UNC)

OTHER PROFESSIONAL ACTIVITIES & SERVICE

Editorial Positions

Consulting Editor:
2025 – Present: *Child Development*
2025 – Present: *Journal of Research on Adolescence*
2022 – 2024: *Psychology of Women Quarterly*

Editorial Board Member:
2022 – Present: *Body Image*

Guest Editor: 2018-2020**:** *Journal of Adolescence*
Special Issue: Romantic Relationships & Sexuality in Adolescence. Co-editors: Manfred van Dulmen, Graciela Espinosa-Hernandez, Daphne van de Bongardt

Ad-Hoc Reviewer for >40 Academic Journals (representative examples below)

1. *Affective Science*
2. *Archives of Sexual Behavior*
3. *Clinical Psychological Science*
4. *Computers in Human Behavior*
5. *Developmental Psychology*
6. *International Journal of Eating Disorders*
7. *Journal of Adolescence*
8. *Journal of Adolescent Research*
9. *Journal of Applied Developmental Psychology*
10. *Journal of Clinical Child & Adolescent Psychology*
11. *Journal of Sex Research*
12. *The Lancet*
13. *Pediatrics*
14. *Personality and Social Psychology Bulletin*
15. *PLOS ONE*
16. *Psychological Bulletin*
17. *Psychology of Popular Media Culture*
18. *Res. on Child & Adol. Psychopathology*
19. *Sex Roles*
20. *Social Development*

Ad-Hoc Reviewer for Grant Submissions

NSF Reviewer (2019, 2023)

American Psychological Foundation Grant Reviewer (2018, 2019, 2021, 2022)

National Institute for Child Health and Human Development Grant Reviewer (2021)

American Psychological Association Division 7 Grant Reviewer (2019)

Templeton Foundation Grant Reviewer (2019)

Ad-Hoc Reviewer for Books & Book Proposals

Elsevier Book Proposal Reviewer, 2021

OpenStax Textbook Content Reviewer, 2020

Cengage Textbook Content Reviewer, 2019

Oxford University Press Book Proposal Reviewer, 2018

Ad-Hoc Reviewer for Conference Submissions

Society for Research on Adolescence Reviewer, 2021, 2023, 2025

APA Technology, Mind, & Society Reviewer, 2021

Society for Research in Child Development Reviewer, 2018, 2020

Other Service to the Field

American Psychological Association Task Force to Revise the Sexualization of Girls Report

Member of Task Force to Revise the Sexualization of Girls Report, 2025–Present

American Academy of Pediatrics Technical Expert Panel

Member of the AAP Center of Excellence on Social Media and Youth Mental Health's Technical Expert Panel, 2025–Present

American Psychological Association Rapid Expert Advisory Panel on Artificial Intelligence and Adolescent Wellbeing

Report: Artificial Intelligence and Adolescent Wellbeing, 2025

White House Office of Science and Technology Policy Workshop

Invited Attendee at Ethical Considerations and Overall Challenges when Studying Youth Online, 2024

American Psychological Association Presidential Rapid Expert Advisory Panel for Health Advisory on Social Media Use in Adolescence

Report 1: Health Advisory on Social Media Use in Adolescence, 2023

Report 2: Potential risks of content, features, & functions: The science of how social media affects youth, 2024

Professional Memberships

American Psychological Association (APA)

APA Division 7: Developmental Psychology

APA Division 9: Society for the Psychological Study of Social Issues (SPSSI)

APA Division 12, Section III: Society for a Science of Clinical Psychology (SSCP)

APA Division 35: Society for the Psychology of Women (SPW)

APA Division 53: Society of Clinical Child and Adolescent Psychology (SCCAP)

Association for Psychological Science (APS)

International Academy of Sex Research (IASR)

Society for Research in Child Development (SRCD)

SRCD Sexual Orientation and Gender Identity/Expression (SOGIE) Caucus

Society for Research on Adolescence (SRA)

Departmental Service

University of Pittsburgh

Chair of the Developmental Psychology Program, Pitt Psychology Department, 2025

Graduate Education Committee, Pitt Psychology Department, 2025

Executive Committee, Pitt Psychology Department, 2024–2025

Elected to Faculty Development Committee, 2024

Student Climate Ambassador, Pitt Psychology Department, 2023–2024

Faculty Mentorship Committees (two), 2023–Present

Search Committee Member, Pitt Psych. Dept., 2023

Undergraduate Education Committee Member, Pitt Psych. Dept., 2022 – 2023

Psychology Equity, Inclusion, & Community Committee Member, Pitt Psych. Dept., 2022 – 2023; 2018 – 2020

Pitt LGBTQ+ Affinity Group Founder and Advisor, Pitt Psych. Dept., 2018 – 2020

Speaker at various local professional development series (e.g., on NSF GRFP), 2018 – Present

Guest lecturer for miscellaneous Psychology Department undergraduate & graduate courses (e.g., Adolescence, Gender & Identity Development, Intro to Psychology, Social Psychology, Foundations in Developmental Psychology, Ethics & Professional Issues), 2018 – Present

University of Delaware

BRIDGE Program Departmental Committee Chair & Clinical Representative (Building Roads to Inclusion and Diversity in Graduate Education), University of Delaware PBS Dept., 2021 – 2022

UD LGBTQ+ Affinity Group Founder and Advisor, U. Delaware PBS Dept., 2020 – 2022

Member-at-Large for PRIDE Caucus, University of Delaware, 2020 – 2022

Other Service to University of Pittsburgh

Faculty Advisor to Psyche & Cycle student organization, 2024 - Present

Ad hoc tenure committee member, 2024

Career and Research Development (CARD) Seminar speaker (for post-doctoral fellows), Pitt Department of Psychiatry, 2023, 2024

Pitt Decision Day speaker (for prospective undergraduates), University of Pittsburgh, 2023

Developmental Processes course guest lecturer (PGY-4 psychiatry residents), Pitt Psychiatry Dept., 2019, 2020

Pitt Momentum Funds Grants reviewer, University of Pittsburgh Office of Research, 2019

Clinical and Translational Science Institute Grants reviewer, University of Pittsburgh, 2019

Western Psychiatric Institute & Clinic Research Review Committee, 2018, 2019

Western Psychiatric Institute & Clinic clinical internship program reviewer, 2016-2018

Reviewer for miscellaneous undergraduate and graduate student awards, scholarships, and fellowships, University of Pittsburgh, 2019 – Present

SELECT MEDIA COVERAGE

Associated Press; picked up ABC News, Boston Globe, PBS, and many others (2026, August). "A New Mexico judge ordered new child safeguards for Meta. Advocates hope other courts follow." By Kaitlyn Huamani and Mikella Schuettler. *https://apnews.com/article/meta-new-mexico-ruling-youth-mental-health-030dbeb27a51bdbdc861304023835e8d*.

Pittsburgh City Paper (2026, July). "The power of fat liberation." By Jessie Sage. *https://www.pghcitypaper.com/columns/pillow-talk-with-jessie-sage/the-fat-collective-shows-the-power-of-fat-liberation-in-pittsburgh/*

Pittsburgh Tribune-Review (2025, Sept.). "Proof of life or too much pressure? The generational reckoning with social media." By Anna Mares. https://triblive.com/local/regional/proof-of-life-or-too-much-pressure-the-generational-reckoning-with-social-media/

The Atlantic (2025, Sept.). "What Ever Happened to Getting to First Base? Gen Z has abandoned the old dating script. In its place are more possibilities than young people sometimes know what to do with." By Molly Langmuir. https://www.theatlantic.com/family/archive/2025/09/gen-z-sex-dating-language/684357/

Mashable (2025, August). "I 'dated' Character.AI's popular boyfriends, and parents should be worried." By Rebecca Ruiz. https://mashable.com/article/character-ai-chat-boyfriend

APA Monitor on Psychology (2025, April). "U.S. teens need far more emotional and social support." By Kirsten Weir. https://www.apa.org/monitor/2025/04-05/teen-social-emotional-support

Wall Street Journal (2025, March). "The Snapchat move that leaves teen girls heartbroken." By Julie Jargon. https://www.wsj.com/tech/personal-tech/snapchat-half-swipe-teen-dating-68b718e0

Outrage Magazine (2025, Feb.) "Simply having knowledge about safer sex practices is not enough to encourage condom use, stresses study." By OutrageMag.com Staff. https://outragemag.com/simply-having-knowledge-about-safer-sex-practices-is-not-enough-to-encourage-condom-use-stresses-study/#google_vignette

New Scientist (2024, Dec.) "Is social media fuelling a rise in eating disorders?" By Michael Marshall. www.newscientist.com/article/2459298-is-social-media-fuelling-a-rise-in-eating-disorders/

Pittsburgh Post Gazette (2024, Dec.) "TiKTok is a showcase for food trends — but they're not all healthy." By Allie Miller. https://www.post-gazette.com/life/food/2024/12/09/mukbang-tiktok-food-trends-unhealthy-eating/stories/202411190060

Wondermind (2024, Dec.) "17 Therapist-Approved Tips for When You're Feeling Lonely." By Sam Brodsky. https://www.wondermind.com/article/how-to-not-feel-lonely/

The Persistent (2024, Nov.) "Can you wear makeup and still call yourself a feminist?" By Emma Haslett. https://www.thepersistent.com/makeup-beauty-feminism/

Scientific American (2024, Oct.). "How GPS Tracking of Teens 24/7 Impacts Parent–Child Relationships." By Sara Novak. https://www.scientificamerican.com/article/how-gps-tracking-of-teens-24-7-impacts-parent-child-relationships/

Cincinnati Edition with Lucy May (WXVU, affiliate of NPR) (2024, Oct.) [radio interview/podcast]. "Lawsuit alleges TikTok was designed to addict young people." https://www.wvxu.org/show/cincinnati-edition/2024-10-29/lawsuit-tiktok-designed-addict-young-people

El País (2024, Oct.) "Why sexy costumes are so popular among women on Halloween: Are we witnessing an act of empowerment or another concession to the male gaze?" By Marita Alonso. https://english.elpais.com/society/2024-10-30/why-sexy-costumes-are-so-popular-among-women-on-halloween.html

Science Vs. [podcast] (2024, Sept). "Social Media: Is It Rotting Your Brain?" Gimlet Media/Spotify. Episode produced by Meryl Horn. https://gimletmedia.com/shows/science-vs/2oh984kn

Monitor on Psychology (2024, Sept). "Teaching critical thinking in digital spaces: Psychologists help equip K-12 students with the skills they need to identify misinformation on social media and recognize content intended to manipulate." By Zara Abrams. https://www.apa.org/monitor/2024/09/media-literacy-misinformation

Pitt Magazine (2024, September print edition [online in June]). "She was studying social media's effects before TikTok even existed." By April Johnston, photo by Tom Altany. https://www.pitt.edu/pittwire/pittmagazine/features-articles/sophia-choukas-bradley-nsf-social-media-research

Take Care (2024, Aug). "The impact of social media and devices on children." By Maya Kosoff. https://take-care.beehiiv.com/p/todays-topic-impact-social-media-devices-children

PsyPost (2024, Aug). "Feminism linked to increased hookup culture endorsement among women, study shows." By Mane Kara-Yakoubian. https://www.psypost.org/feminism-linked-to-increased-hookup-culture-endorsement-among-women-study-shows/

Pittsburgh Tribune-Review (2024, June). "Gen Z's skincare craze: Balancing beauty routines and rising health concerns." By Anna Mares.

https://triblive.com/local/regional/gen-zs-skincare-craze-balancing-beauty-routines-and-rising-concerns/

WAMC: Northeast Public Radio (2023, November). "Social media and the youth mental health crisis." Guest on *Fifty-One Percent: The Women's Perspective* radio show. https://www.wamc.org/show/51/2023-11-16/social-media-and-the-youth-mental-health-crisis

The New York Times (2023, June). "Everyone says social media is bad for teens. Proving it is another thing." By Claire Cain Miller. https://www.nytimes.com/2023/06/17/upshot/social-media-teen-mental-health.html

Marie Claire (2023, March). "Beauty 3.0: The rise of the 'internet face.'" By Mattie Kahn. https://www.marieclaire.com/beauty/beauty-web-3-identity/

The Washington Post (2023, February). "The morning routines on TikTok can be inspiring – and exhausting." By Teddy Amenabar. https://www.washingtonpost.com/wellness/2023/02/20/morning-routine-habits-tiktok-trend/

The New York Times (2022, March)***.*** "For some teens, as masks come off, anxiety sets in." By Emily Sohn. https://www.nytimes.com/2022/03/17/well/family/teenage-student-mask-anxiety.html

APA Monitor on Psychology (2022, March)***.*** "How can we minimize Instagram's harmful effects? Psychologists' research has shown that Instagram use is associated both with beneficial and detrimental effects—depending on how it's used." https://www.apa.org/monitor/2022/2022-03-monitor.pdf

WGN-TV Morning News (WGN-9, Chicago) (2021, October). Interview regarding congressional hearings on Facebook. [Live TV interview.]

TRT World (Turkish public television broadcast). (2021, July.) "Norway's law against altered photos." https://www.youtube.com/watch?v=QlXYgcRS3n0

Huffington Post (2021, July)*.* "Glow up, own up: Should we all be honest about photo filters?". By Rachel Moss. https://www.huffingtonpost.co.uk/entry/norway-law-influencer-retouching-labels_uk_60e6c0e3e4b0f28cac98e7a6

The Washington Post (2021, July). "Why experts say Norway's retouched photo law won't help fight body image issues". By Allyson Chiu. https://www.washingtonpost.com/lifestyle/wellness/photo-edit-social-media-norway/2021/07/08/f30d59ca-df2c-11eb-ae31-6b7c5c34f0d6_story.html

The Lisa Show (2021, July)***.*** "Social media likes and teenagers." https://www.byuradio.org/LVC-2021-07-08-Social-Media-Likes-and-Teenagers

The Washington Post (2021, May)***.*** "Will hiding likes on Instagram and Facebook improve users' mental health? We asked experts" (online and print editions,). By Allyson Chiu. https://www.washingtonpost.com/lifestyle/wellness/likes-facebook-instagram-mental-health/2021/05/27/132073d0-be55-11eb-9c90-731aff7d9a0d_story.html

Selected May 2023 Coverage of American Psychological Association's Health Advisory

The release of the *APA Health Advisory on Social Media Use in Adolescence*, co-authored by Choukas-Bradley, led to >4,000 press clips, including those below. The Surgeon General's Advisory on Social Media and Youth Mental Health was released two weeks later.

CNN:
https://www.cnn.com/2023/05/09/health/social-media-teens-apa-recommendations-wellness/index.html

NPR:
https://www.npr.org/sections/health-shots/2023/05/09/1174838633/psychologists-issue-health-advisory-for-teens-and-social-media

The Hill:
https://thehill.com/homenews/3995003-apa-issues-new-guidelines-on-social-media-use-for-kids/

The New York Times: https://www.nytimes.com/2023/05/15/well/family/kids-social-media.html

TODAY Show:
https://www.today.com/video/experts-release-new-guidelines-for-teen-social-media-use-173660741928

Selected Media Coverage of Earlier Research ***(graduate school, internship, and post-doctoral fellowship years)***

The New York Times. "Talking with both daughters and sons about sex" (2017, January). https://mobile.nytimes.com/2017/01/11/well/family/talking-about-sex-with-daughters-and-sons

New York Magazine. "Internet-addled teens are worse at awkward, necessary dating conversations" (2016, July).
http://nymag.com/scienceofus/2016/07/techy-teens-worse-at-dating-conversations.html

Huffington Post. "The more parents talk to teens about sex, the safer their sex will be" (2015, November).
https://www.huffpost.com/entry/the-more-parents-talk-to-teens-about-sex-the-safer-their-sex-will-be_n_5637a6dfe4b00aa54a4eeea4

TIME. "Alas, you do have to talk to your teen about sex" (2015, November).
http://time.com/4094495/alas-you-do-have-to-talk-to-your-teen-about-sex

The Atlantic. "Sex, drugs, and pluralistic ignorance: Why smart groups do dumb things." (2015, January).
https://www.theatlantic.com/national/archive/2015/01/sex-and-drugs-and-high-school-but-also-social-psychology/384339/

Business Insider. "The popular crowd is having less sex and doing fewer drugs than high schoolers think." (2015, January).
http://www.businessinsider.com/the-popular-crowd-is-having-less-sex-and-doing-less-drugs-than-high-schoolers-think-2015-1