

Overview

Overview of the Sponsor Accompaniment Requirement

St. Patrick Catholic Parish Confirmation Preparation

About the Sponsor Accompaniment Requirement:

In the last several months before Confirmation, we ask all Confirmation candidates to meet independently with their selected sponsor multiple times. During these meetings, the candidate and sponsor will use provided materials to have conversations about the Sacrament of Confirmation, the Holy Spirit, and Christian discipleship. After this has occurred, each candidate will complete the Sponsor Accompaniment requirement by submitting a written reflection about the time they spent with their sponsor.

Outline of Steps:

1. **Sponsor Preparation:** First, all sponsors are asked to complete an online Sponsor Equipping Class. The purpose of the class is to provide formation about their role as a Confirmation sponsor and prepare them to meet with their candidate. The class takes 1-2 hours to complete and can be done at home at the sponsor's convenience. [Click here for a more detailed guide to this requirement for Sponsors](#) (includes how to access the Sponsor Equipping Class).
2. **Sponsor and Candidate Meet:** Once the sponsor has completed the online Sponsor Equipping Class, they will schedule some times to meet with their candidate. We recommend that sponsors and candidates plan to meet between 2-4 times*. During these meetings, the pair will view and discuss 4 videos from a faith study about the Holy Spirit. The videos are available online and come with a discussion guide to foster good reflection and conversation between the candidate and sponsor. *Sponsors will receive additional instruction about leading their candidate through these meetings in the Sponsor Equipping Class.*

**Note: While these meetings are best done in-person, these can also be completed over phone or video call if the sponsor lives far away.*

3. **Candidate Reflection:** After the candidate and sponsor have finished watching and discussing the provided materials together, the candidate will write a 2-page reflection about their time together. We provide several journal prompts to help guide their reflection. Candidates will be asked to submit their reflection via an online form by January 1, 2026. Full instructions for writing and submitting the reflection [may be found here](#).