

Friday**RUNNING EVENTS:**

5:00 800m Medley Girls Finals
5:10 4 X 800m Relay Girls Finals
5:25 4 X 800m Relay Boys Finals
5:40 100m Hurdles Girls Prelims
5:50 110m Hurdles Boys Prelims
6:00 100m Dash Girls Prelims
6:20 100m Dash Boys Prelims
6:40 3200m Run Girls Faster Heat
7:00 3200m Run Boys Faster Heat
7:20 200m Dash Girls Prelims
7:40 200m Dash Boys Prelims

FIELD EVENTS:

4:30 Triple Jump Girls
Long Jump Boys
Shot Put Girls
High Jump Boys
Pole Vault Girls
Discus Boys

Saturday**RUNNING EVENTS:**

ALL EVENTS ARE FINALS

9:00 100m Hurdles Girls
9:05 110m Hurdles Boys
9:15 100m Dash Girls
9:20 100m Dash Boys
9:30 4 X 200 Relay Girls
9:40 4 X 200 Relay Boys
9:50 1600m Run Girls
10:05 1600m Run Boys
10:25 4 X 100 Relay Girls
10:35 4 X 100 Relay Boys
10:45 400m Dash Girls
11:00 400m Dash Boys
11:15 300m Hurdles Girls
11:25 300m Hurdles Boys
11:40 800m Run Girls
11:50 800m Run Boys
12:00 200m Dash Girls
12:15 200m Dash Boys
12:30 3200m Run Girls Slower Heat
12:50 3200m Run Boys Slower Heat
1:10 4 X 400 Relay Girls
1:20 4 X 400 Relay Boys

FIELD EVENTS:

9:00 Long Jump Girls
Triple Jump Boys
Discus Girls
Pole Vault Boys
High Jump Girls
Shot Put Boys