

POLICY AND PROCEDURE

REACH for Tomorrow

Step-Up Step-Down Level of Care Policy

Purpose

Define criteria and procedures for transitioning individuals to higher or lower levels of care.

Step-Up Criteria

- Acute safety risk
- Psychiatric deterioration
- Inability to maintain stability in PHP
- Need for inpatient or residential treatment

Step-Down Criteria

- Clinical stabilization
- Improved coping and functioning
- Reduced safety concerns
- Ability to participate in IOP or outpatient services

Procedure

Clinical staff coordinate transitions, communicate with receiving providers, and ensure continuity of care through discharge planning and referrals.