

SL: Great content, can be applied to other sports

Hey Cab,

I came across your channel when I was searching for the key to having better footwork and speed for Muay Thai, not knowing you specialize in helping football players.

Anyhow, the videos still guided me through my journey of becoming a better fighter. They especially improved my explosiveness.

Really appreciate it.

The demand for fitness courses skyrocketed lately. I imagine your business is riding a metaphorical wave of opportunity.

When I clicked into your website, I noticed changes that can be made to make the website more attention-grabbing to customers.

Firstly, the intro can be a little longer. I love how short and concise it is but it doesn't convince the reader that you are the expert that you are.

I wrote an intro that would make your website more interesting as spec work(practice). Please reply to this message if you want me to send it over to you. if not, wish you a victorious day!