



DETAILED LEARNING PLAN

BẢNG KẾ HOẠCH LỘ TRÌNH HỌC TẬP



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BẢNG LỘ TRÌNH HỌC TẬP CHI TIẾT

Lộ trình học tập / Learning Plan

Buổi / Lesson	Chương trình học / Program	Cấp độ / Level	Tên bài học / Lesson Title	Nội dung bài học / Lesson Content	Kỹ năng trọng tâm / Focused Skills
Buổi 1 / Lesson 1	Medicine Course 2	A1 Beginner	Dengue Fever and diseases that are associated with fever	<p>1. Warm-Up <i>Activity: Icebreaker discussion.</i></p> <ul style="list-style-type: none">Ask students: "<i>What do you know about dengue fever or other diseases that cause fever?</i>"	Listening, Reading, and Speaking

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				<ul style="list-style-type: none"> ● Show images or infographics of dengue fever symptoms and ask students to describe them in English. <p style="text-align: center;"><u>INFOGRAPHICS - DENGUE</u></p> <p>2. Vocabulary Building</p> <ul style="list-style-type: none"> ● Key Terms: <ul style="list-style-type: none"> ○ Dengue fever, Aedes mosquito, hemorrhagic fever, platelet count, vector-borne disease, intermittent fever, remittent fever, hyperpyrexia, etc. <p style="text-align: center;"><u>DENGIE VOCABULARY</u></p> <p>3.. Reading Comprehension</p> <ul style="list-style-type: none"> ● Material: Provide a short article or case study about dengue fever, signs and symptoms, treatment, and risks. <p style="text-align: center;"><u>READING -DENGUE</u></p> <p>4. Listening and Speaking Practice</p> <ul style="list-style-type: none"> ● Activity 1: Role-play. 	

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				<ul style="list-style-type: none"> ○ The student acts as a doctor, and the teacher as a patient presenting symptoms of dengue fever or another fever-related disease. ○ Focus on using medical vocabulary and patient-friendly language. <p>5. Discussion</p> <p>Topic: Preventive measures for dengue fever and other fever-associated diseases.</p> <ul style="list-style-type: none"> ● Encourage the student to share ideas and discuss in English. <ul style="list-style-type: none"> ○ Typhoid Fever VIDEO ○ Yellow Fever VIDEO ○ Malaria VIDEO ○ Measles VIDEO <p>Homework: Research another fever-associated disease and prepare a short presentation for the next class.</p>	

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				This will also be the student's Speaking Homework #1	
Homework	EASYEDU	A1 Beginner	Speaking Homework#1	Research another fever-associated disease and prepare a short presentation for the next class.	Speaking
Buổi 2 / Lesson 2	Medicine Course 2	A1 Beginner	Immune Thrombocytopenia Purpura (ITP)	<p>Understanding and Communicating About Immune Thrombocytopenia Purpura (ITP)</p> <p>1. Warm-Up <i>Activity: Quick brainstorming</i></p> <ul style="list-style-type: none"> • Ask: <i>"Have you encountered patients with conditions causing low platelet counts or unexplained bruising?"</i> • Present a visual aid (e.g., an image or diagram) showing symptoms of ITP (e.g., petechiae, purpura, bleeding). IMAGES • Students describe what they see and predict the possible conditions. <p>2. Vocabulary Building</p> <ul style="list-style-type: none"> • Key Terms: <ul style="list-style-type: none"> ○ Immune thrombocytopenic purpura (ITP), autoimmunity, platelets, petechiae, purpura, ecchymosis, 	Listening, Reading, and Speaking

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				<p>corticosteroids, splenectomy, immunoglobulins, hematology.</p> <p><u>ITP Vocabulary</u></p> <p>3. Reading Comprehension</p> <ul style="list-style-type: none"> ● Material: Provide a concise medical text or case study describing the pathophysiology, causes, and treatment options for ITP. <p><u>Reading - ITP</u></p> <p>4. Listening and Speaking Practice (20 minutes)</p> <ul style="list-style-type: none"> ● Activity 1: Role-play. <ul style="list-style-type: none"> ○ Scenario: The student acts as a doctor, explaining ITP to a patient or family member in simple terms. The teacher acts as the patient. ○ Focus on clarity and empathy while using accurate terminology. <p>5. Writing Practice</p> <ul style="list-style-type: none"> ● Activity: Write a medical case note. <ul style="list-style-type: none"> ○ Students write a brief case note summarizing a fictional patient diagnosed with ITP (e.g., 	

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				<p>symptoms, lab results, treatment plan).</p> <ul style="list-style-type: none"> ○ Encourage proper use of medical vocabulary and concise structure. <p>6. Homework: Research another autoimmune disease and prepare to present its key features, comparing it to ITP in the next class.</p>	
Homework	EASYEDU	A1 Beginner	Homework #2	<p>Write a medical case note.</p> <ul style="list-style-type: none"> ● Research another autoimmune disease and prepare to present its key features, comparing it to ITP in the next class. ● Encourage proper use of medical vocabulary and concise structure. 	Writing

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Buổi 3 / Lesson 3	Medicine Course 2	A1 Beginner	Bone marrow failure	<p>Understanding Bone Marrow Failure</p> <p>1. Understand what bone marrow failure is and its impact on the body</p> <p><u>BMF and Impact</u></p> <p>2. Causes and Symptoms</p> <ul style="list-style-type: none"> ● Present key causes and symptoms. <ul style="list-style-type: none"> ○ Causes: Acquired (e.g., aplastic anemia, chemotherapy) vs. inherited (e.g., Fanconi anemia). ○ Symptoms: Fatigue, frequent infections, easy bruising, and bleeding. <p><u>BMF Symptoms & Causes</u></p> <p><u>BMF Syndromes</u></p> <ul style="list-style-type: none"> ● Ask the student to share any prior knowledge or questions. 	Listening, Reading, and Speaking

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				<p>3. Diagnosis and Treatment</p> <ul style="list-style-type: none"> ● Discuss diagnostic methods and treatment options: <ul style="list-style-type: none"> ○ Diagnostic tools: Blood tests, bone marrow biopsy. ○ Treatments: Blood transfusions, medications, and bone marrow transplant. <p><u>Diagnosis, Tests & Treatments</u></p> <p><u>Bone Marrow Aspiration</u></p> <ul style="list-style-type: none"> ● Role-play a doctor explaining treatment options to a patient. (Take turns) <p><u>ROLE-PLAYING SCRIPT</u></p>	

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Buổi 4/Lesson 4	Medicine Course 2	A1 Beginner	Anemia and its causes of anemia,	<p>Session 1: Introduction to Anemia</p> <p>Overview of Anemia</p> <ol style="list-style-type: none"> 1. Definition and importance of understanding anemia. 2. Types of Anemia <ul style="list-style-type: none"> ○ Iron-deficiency anemia. ○ Vitamin-deficiency anemia (e.g., B12 and folate). ○ Aplastic anemia. ○ Hemolytic anemia. ○ Chronic disease-related anemia. <p><u>OVERVIEW</u></p> <ol style="list-style-type: none"> 3. Symptoms and Causes <ul style="list-style-type: none"> ○ Common symptoms: fatigue, pale skin, shortness of breath, etc. ○ Underlying causes: nutrient deficiencies, chronic diseases, genetic disorders, and blood loss. <p><u>Symptoms and Causes</u></p>	Listening, Reading, and Speaking

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				<p>4. Diagnosis & Treatments</p> <p>Diagnosis, Tests, and Treatments</p> <ul style="list-style-type: none"> • Full Blood Count (FBC) / Complete Blood Count (CBC) • Ferritin Test VIDEO - check the amount of iron in the body • Serum-Iron test VIDEO • Interpretation VIDEO <p>ANEMIA: SUMMARY VIDEO</p> <p>Activities:</p> <ul style="list-style-type: none"> • Interactive Q&A: The student shares what she knows about anemia. 	
Homework	EASYEDU	A1 Beginner	Homework #3	<ul style="list-style-type: none"> • Case Study: Review a hypothetical patient with anemia symptoms. Discuss the type and possible causes. 	Writing and Speaking

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Buổi 5 / Lesson 5	Medicine Course 2	A1 Beginner	Pneumonia, acute bronchitis	<p>Here's an outline that covers the topic of pneumonia and bronchitis:</p> <p>I. Introduction</p> <ul style="list-style-type: none"> ● Definition of Pneumonia ● Definition of Bronchitis ● Importance of Understanding Both Conditions <p>II. Causes</p> <ul style="list-style-type: none"> ● Pneumonia <ul style="list-style-type: none"> ○ Viral Infections ○ Bacterial Infections ○ Fungal Infections ● Bronchitis <ul style="list-style-type: none"> ○ Acute Bronchitis (Typically Viral) ○ Chronic Bronchitis (Smoking, Long-term Exposure to Irritants) 	Listening, Reading, and Speaking

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				<p>III. Symptoms</p> <ul style="list-style-type: none"> ● Similarities Between Pneumonia and Bronchitis <ul style="list-style-type: none"> ○ Coughing ○ Chest Pain ○ Shortness of Breath ● Differences in Symptoms <ul style="list-style-type: none"> ○ Fever and Chills (More Common in Pneumonia) ○ Mucus Production (Common in Bronchitis) <p>Reading: Is it Bronchitis or Pneumonia?</p> <p>PNEUMONIA - VIDEO OVERVIEW</p> <p>ACUTE BRONCHITIS- VIDEO OVERVIEW</p> <p>IV. Diagnosis</p> <ul style="list-style-type: none"> ● Physical Examination VIDEO ● Imaging Tests (e.g., Chest X-rays) VIDEO 	

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				<ul style="list-style-type: none"> ● Laboratory Tests (e.g., Sputum Culture, Blood Tests) VIDEO <p>V. Prevention</p> <ul style="list-style-type: none"> ● Vaccines (e.g., Pneumococcal Vaccine, Influenza Vaccine) VIDEO <p>VI. Homework</p> <ul style="list-style-type: none"> ● Discuss the Importance of Early Detection and Treatment of Pneumonia/Bronchitis 	
Buổi 6 / Lesson 6	Medicine Course 2	A1 Beginner	COPD: Chronic obstructive pulmonary disease and dyspnea	<p>Understanding COPD Overview</p> <ul style="list-style-type: none"> ● Introduction ● Causes ● Symptoms ● Diagnosis ● Treatments ● Prevention <p>Understanding COPD VIDEO Explanation</p>	Listening, Reading, and Speaking

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				Activity: ROLE-PLAYING	
	EASYEDU	A1 Beginner	HOMEWORK #5	What lifestyle changes can improve the quality of life for COPD patients? Discuss by recording your speech. Please submit to the EasyEdu Application.	Speaking
Buổi 7 / Lesson 7	Medicine Course 2	A1 Beginner	Asthma and diseases with dyspnea	<p>Understanding Asthma</p> <p>Overview</p> <ul style="list-style-type: none"> ● Introduction ● Causes ● Symptoms ● Diagnosis ● Treatments ● Prevention <p>Understanding Asthma VIDEO: ASTHMA</p>	Listening, Reading, and Speaking
Buổi 8 / Lesson 8	Medicine Course 2	A1 Beginner	Obesity	<p>Understanding Obesity</p> <p>Overview</p> <ul style="list-style-type: none"> ● Introduction ● Causes ● Symptoms 	Listening, Reading, and Speaking

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				<p><u>Reading: Obesity (Symptoms & Causes)</u></p> <ul style="list-style-type: none"> ● Complications- <u>Obesity Complications</u> ● Diagnosis - <u>EXPLANATION & VIDEO</u> ● Treatments ● Prevention <u>Treatments & Prevention</u> <p><u>VIDEO: OBESITY</u></p>	
Homework	EASYEDU	A1 Beginner	Homework #6	<p>Discuss by recording or writing then submit to the EASYEDU Application this question:</p> <p>How much of a problem is obesity in your country?</p>	Speaking and Writing
Buổi 9// Lesson 9	Medicine Course 2	A1 Beginner	Diabetes and a Healthy Diet	<p>Understanding Diabetes</p> <ul style="list-style-type: none"> ● <u>Overview</u> ● <u>CAUSES</u> ● <u>SYMPTOMS & COMPLICATIONS</u> ● <u>TREATMENT</u> 	Listening, Reading, and Speaking

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				<u>DIABETES & DIET</u>	
Buổi 10/Lesson 10	Medicine Course 2	A1 Beginner	Hypertension	<ul style="list-style-type: none"> • <u>OVERVIEW: HYPERTENSION</u> • <u>FOODS FOR HIGH BLOOD PRESSURE</u> • <u>LOWER HIGH BP WITHOUT MEDICATIONS</u> • <u>WORST FOOD FOR HIGH BP</u> • <u>ROLE-PLAYING</u> 	Listening, Reading, and Speaking
Homework	EASYEDU	A1 Beginner	Homework #7	<p>Discuss by recording or writing then submit to the EASYEDU Application this question:</p> <ul style="list-style-type: none"> • Does stress cause high blood pressure? 	Speaking and Writing
Buổi 11/ Lesson 11	Medicine Course 2	A1 Beginner	Heart failure, consultation about a healthy lifestyle, and proper exercises	<ul style="list-style-type: none"> • <u>HEART FAILURE</u> - What you need to know • <u>HEART-HEALTHY DIET</u> • <u>BE HEART SMART</u> • Discussion: Lifestyle Changes and Management: • What lifestyle changes can help manage heart failure, such as diet, exercise, and stress reduction? 	Listening, Reading, and Speaking

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				<ul style="list-style-type: none"> • How can someone with heart failure manage fluid retention, and what are the risks of excessive fluid intake? • What are the benefits of cardiac rehabilitation programs for people with heart failure? • How can someone with heart failure stay active and maintain a good quality of life? • What role do family and support play in managing heart failure? 	
Buổi 12 / Lesson 12	Medicine Course 2	A1 Beginner	Hepatitis B	<ul style="list-style-type: none"> • Understanding Hepatitis B • Let's watch the story of Geraldine and her journey, VIDEO • Activity: As a doctor, what advice will you give a patient suffering from Hepatitis B? • HEPATITIS DIET PLAN 	Listening, Reading, and Speaking
Buổi 13 / Lesson 13	Medicine Course 2	A1 Beginner	Acid Reflux and GERD	<p>Understanding Acid Reflux and GERD</p> <p>Icebreaker Question: Start with, “Have you or someone you know experienced heartburn?”</p>	Listening, Reading, and Speaking

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				<p>What do you think causes it?" This gets everyone involved and sets the tone.</p> <ul style="list-style-type: none"> ● Introduction to Vocabulary CLICK HERE ● Signs and Symptoms ● Causes CLICK HERE ● Diagnosis and Tests - CLICK HERE ● Treatment ● Prevention CLICK HERE <p>Q&A Session: Conclude by discussing questions like:</p> <ul style="list-style-type: none"> ● How can diet influence GERD? ● What are the risks of untreated GERD? 	
Buổi 14 / Lesson 14	Medicine Course 2	A1 Beginner	Osteoporosis and Its Prevention	<p>Understanding Osteoporosis</p> <ul style="list-style-type: none"> ● Introduction CLICK HERE ● Causes CLICK HERE ● Risk Factor CLICK HERE ● Prevention and Management CLICK HERE 	Listening, Reading, and Speaking
Buổi 15 / Lesson 15	Medicine Course 2	A1 Beginner	Osteoarthritis and joint pain	<p>Osteoarthritis and Joint Pain</p> <ul style="list-style-type: none"> ● Introduction to Osteoarthritis and Joint Pain - INTRO VIDEO ● Causes and Risk Factors - RISKS ● Symptoms and Diagnosis DIAGNOSIS 	Listening, Reading, and Speaking

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				<ul style="list-style-type: none"> • PRECAUTIONS AND PREVENTIONS • FIGHTING ARTHRITIS with FOOD <p>HOMEWORK: Research and be able to discuss the difference between Osteoarthritis vs. Rheumatoid Arthritis. Share your presentation next session, and submit the same on EasyEdu.</p>	
Homework	EASYEDU	A1 Beginner	Homework #8	<ul style="list-style-type: none"> • Research and be able to discuss the difference between Osteoarthritis vs. Rheumatoid Arthritis. Share your presentation next session, and submit the same on EasyEdu. 	Speaking and Writing
Buổi 16 / Lesson 16	Medicine Course 2	A1 Beginner	Depression and stress-related anxiety disorder	<ul style="list-style-type: none"> • STRESS DISORDERS EXPLANATION • How Chronic Stress Harms Your Body? • Managing Stress <p>Case Study: Jake's Experience in Cognitive Behavioral Therapy for Suicide Prevention VIDEO</p>	Listening, Reading, and Speaking

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				Instruction: Discuss Jake's experience going through CBT for Suicide Prevention and the impact it has on his life.	
Buổi 17 / Lesson 17	Medicine Course 2	A1 Beginner	Sleep Disorders	<p>Understanding Sleep Disorders</p> <ul style="list-style-type: none"> ● Overview <ul style="list-style-type: none"> ○ Definition ○ Major types ○ Sub-types ○ How much sleep is needed <p><u>Sleep Disorders Overview</u></p> <ul style="list-style-type: none"> ● Symptoms, Causes, and Risks <u>EXPLANATION</u> ● <u>DIAGNOSIS AND TESTS</u> ● <u>Management, Treatment, and Prevention</u> 	Listening, Reading, and Speaking
Buổi 18 / Lesson 18	Medicine Course 2	A1 Beginner	Thyroid node and cancer	<p>Understanding Thyroid</p> <ul style="list-style-type: none"> ● <u>Overview</u> ● <u>Symptoms and Causes</u> ● <u>Diagnosis and Tests</u> 	Listening, Reading, and Speaking

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				<ul style="list-style-type: none"> • Management & Treatment • Prevention • ROLE-PLAYING <p>THYROID CANCER EXPLAINED</p>	
Buổi 19 /Lesson 19	Medicine Course 2	A1 Beginner	Liver cancer	<p>Understanding Liver Cancer</p> <ul style="list-style-type: none"> • LIVER CANCER EXPLAINED • TREATMENT & PREVENTION <p>with VIDEOS</p>	Listening, Reading, and Speaking
Homework	EAYEDU	A1 Beginner	Speaking Homework	<p>Activity: "Health Awareness Speech"</p> <p>Objective: To help the individual practice speaking fluently and confidently while raising awareness about liver cancer.</p> <p>Instructions:</p> <ol style="list-style-type: none"> 1. Topic Selection: Choose a subtopic related to liver cancer, such as: <ul style="list-style-type: none"> ○ Causes and risk factors (e.g., hepatitis B and C, alcohol, and obesity) 	Speaking

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				<ul style="list-style-type: none"> ○ Early symptoms and detection ○ Prevention and lifestyle changes ○ Treatment options and recovery <p>2. Preparation: Spend 10-15 minutes researching your chosen topic (using trusted sources or notes) and organize your ideas. Write a short outline to structure your speech, including:</p> <ul style="list-style-type: none"> ○ An engaging introduction ○ Key points (e.g., facts, advice, or personal perspectives) ○ A concluding message to inspire or inform listeners <p>3. Record / Deliver the speech aloud, focusing on:</p> <ul style="list-style-type: none"> ○ Clear pronunciation and pacing ○ Maintaining a confident and enthusiastic tone 	

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				<ul style="list-style-type: none"> Using gestures or expressions if appropriate, even if you're practicing alone <p>Upload on the EasyEDU application</p>	
Buổi 20 / Lesson 20	Final TEST	A1 Beginner	Final Assessment	<p>The student will be given a final assessment test under the supervision of the teacher.</p> <p>A2 KEY (KET)</p>	Listening, Reading, and Writing

Kết quả kỳ vọng cuối khóa / *Expected Outcomes*

- Kỹ năng đạt được / *Skills Achieved:***

Through this course, you will develop a strong foundation in medical terminology, improve your ability to read and comprehend medical literature and strengthen your speaking and writing skills for clinical and academic settings. Whether it's discussing patient cases, writing reports, or delivering presentations, this course will empower you to communicate confidently and effectively in English.

Build confidence in using English in everyday medical situations, such as:

- *Introducing basic medical services.*
- *Describing and Performing Medical procedures and surgeries*

Cải thiện khả năng nghe, nói, đọc, và viết. / *Improve listening, speaking, reading, and writing skills.*

- Đạt trình độ/ Cấp độ đầu ra: A2 (3/5)

Xác nhận bởi trung tâm / *Verified by the Center:*

Người lập kế hoạch / Planner: ***Ms. Lhet Clemente***

Ngày lập kế hoạch / Date: March 23, 2025