

Pinhoti 100 Aid Station Mileage and Cut-offs

Aid Station	Total Miles	Miles to Next AS	15 HR Pace	20 HR Pace	Cut-off Time	C = Crew/ DB = Drop Bag	Pacer	Volunteer Arrival Time
START - Pine Glen Camp	0	7	0	0	6:00am	C/NO	NO	5:00am
Aid #1 High Rock, FS 531	7	6.80	7:03am	7:24am	8:07am	C odd #/NO	NO	6:00am
Aid #2 Shoal Creek, Hwy 78	13.80	5	8:04am	8:46am	10:09am	C even #/NO	NO	6:30am
Aid #3 Horseblock, I-20 overpass	18.80	4.44	8:49am	9:46am	11:39pm	C/NO	NO	7:15am
Aid #4 Hwy 431	23.24	5	9:30am	10:39am	12:59pm	NO/NO	NO	8:00am
Aid #5 Morgan Lake, Cty 24	28.24	8	10:14am	11:39am	2:29pm	NO/DB	NO	8:30am
Aid #6 Blue Mtn, CC Road	36.24	7.28	11:26pm	1:15pm	4:53pm	NO/NO	NO	10:00am
Aid #7 Cheaha Lake	43.52	2.4	12:32pm	2:42pm	7:30pm	C/DB	YES	11:00am
Aid #8 Silent Trail (water only)	45.92	6.82	12:53pm	3:11pm	8:39pm	C/NO	YES	11:30am
Aid #9 Hubbard Creek	52.74	4.4	1:55pm	4:33pm	10:49pm	NO/NO	NO	12:30pm
Aid #10 Adams Gap	57.14	5	2:34pm	5:26pm	12:13am	C/DB	YES	12:30pm
Aid #11 Clairmont Gap	62.14	5.15	3:19pm	6:26pm	1:49am	NO/NO	NO	1:30pm
Aid #12 Chandler Springs (water)	67.29	3.34	4:06pm	7:28pm	3:28am	NO/NO	NO	2:15pm
Aid #13 Porters Gap	70.63	5.75	4:36pm	8:08pm	4:31am	C odd #/DB	YES	3:00pm
Aid #14 Pinnacle	76.38	5	5:28pm	9:17pm	6:21am	C even #/NO	YES	3:45pm
Aid #15 Heath Cliff	81.38	6.6	6:13pm	10:17pm	7:57am	NO/NO	NO	4:30pm
Aid #16 Bulls Gap	87.98	7.9	7:12pm	11:36pm	10:03am	C/DB	YES	5:30pm
Aid #17 Watershed 609-A	95.88	4.5	8:23pm	1:10am	12:34pm	C/NO	YES	6:45pm
Finish Line Sylaward Trail	100.38	0	9:04pm	2:04am	2:00pm	C/NO	NO	7:00pm

- GPS on trails with curving terrain will always calculate a shorter distance of what actually exists in mileage.