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You can download the DISCUSSION GUIDE here: "Hope Helpers"

Ephesians 1:18–19 (CSB) I pray that the eyes of your heart may be enlightened so that you may know what is the hope of his calling...¹⁹ and what is the **immeasurable greatness of his power toward us who believe**, according to the mighty working of his strength.

1. **People change when they _____ to.**
2. **People change when they _____ to.**
3. **People change when they are _____ to.**
4. **God _____ change.**

1 John 4:4 **GREATER** is He that is in you than he that is in the world...

James 1:22 But be **doers** of the word, and not hearers only...

Three Attitudes that become STUMBLING BLOCKS to change:

1. **"Tomorrow sounds like a better time to start."**
 - **The stepping stone: Develop a Sense of Urgency**

Revelation 22:12 (NKJV) And behold, **I am coming quickly**, and My reward is with Me, to give to everyone according to his work.

2. **"I've already tried and failed."**
 - **The stepping stone: Practice Patience**

Proverbs 16:32 (NLT) **Better to be patient than powerful**; better to have self-control than to conquer a city.

- *“PATIENCE must be given the opportunity to coexist with URGENCY.” --John Maxwell*
- *“Success requires both urgency and patience. Be **urgent** about making the **EFFORT** and **patient** about seeing the **RESULTS**.”*
--Ralph Marston
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- **Without patience, the fruit of your urgency will have no virtue.**

3. **“I can never make a difference.”**

John 14:12–14 (CSB) Truly I tell you, the one who believes in me will also do the works that I do. And he will do even **greater works** than these because I am going to the Father. 13 Whatever you ask in my name, I will do it so that the Father may be glorified in the Son. 14 If you ask me anything in my name, I will do it.

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- **The stepping stone: Be a Hope Helper**

A recommended CHANGE:

- STOP doing EVERYTHING and DO ONE THING:
- **Do for one what you wish you could do for everyone.**

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