

Kauai Resources after Crisis



Therapy	Program	Phone Number & Website
Extended Crisis Support (Hale Kipa)	Provides stabilizing support following a mental health crisis with up to 8 weeks of strengths-based services that focus on improving emotional and behavioral regulation and reducing risk to self and others. Assists with crisis planning, engages in short-term therapeutic interventions with flexibility in location, and provides case management to link youth with more long-term resources. Youth must have experienced a mental health crisis in the last 30 days and must not currently have CAMHD services.	Brochure: https://halekipa.org/wp-content/uploads/2026/03/ECS-20260318.pdf Referral form: https://halekipa.org/wp-content/uploads/2026/04/20260415-ECS-Referral-Form-Informational-Sheet.pdf
Kauai Mental Health Connection Therapist Directory	Provides an online directory of licensed therapists and substance use and mental health resources.	KauaiMentalHealthConnection.com
Psychology Today Therapist Directory	Provides an online directory of qualified mental health professionals: psychiatrists, psychologists, and counselors.	PsychologyToday.com
Family Guidance Center	Offers school-based mental health services.	274-3883 health.hawaii.gov/camhd/kauai-family-guidance-center Application: stateofhawaii.na1.adobe.com/public/esignVWidger?wid=CBFCIBAA3AAABlqlqZhCkFkIZEwcr4C-wwCckKPWHCN3fTm0yxFhZpWfvIRTp4wl5ouKQcp0p5t3KzwNgcBjw*
Hawaii Health Systems Corporation	Provides quality, accessible, compassionate healthcare, including behavioral health, across the island.	kauai.hhsc.org
Hazel Health	Provides no-cost licensed telehealth therapy to all enrolled public school students.	getstarted.hazel.co/district/hawaiipublicschools
Specialized Support	Program	Phone Number & Website
OnTrack Hawai'i	Offers early intervention for teens experiencing hearing or seeing things that others don't .	973-1001 health.hawaii.gov/ontrackhi
Ho'ola Lahui (East, West, and Central clinics)	Delivers counseling and substance use services, including school-based programs.	240-0194 hoolalahui.org
National Alliance for the Mentally Ill (NAMI)	Provides free peer and family support groups, education, advocacy, and crisis resources for those affected by mental illness .	631-4982 kauai.namihawaii.org
YWCA (Lihue)	Offers free therapy and support groups for survivors of domestic violence and sexual abuse and assault . Provides anger management support, operates a 24/7 crisis hotline and shelter, and provides advocacy and counseling.	245-6362 ywcakauai.org/clinical-services