

# Papertown Pinners Parent's Meeting Agenda



## **Board Members:**

Ryan Clingan - President  
Chase Billet - Vice-President  
Adam Russo - Director  
Nancy Polashuk - Treasurer  
Jaimie Russo - Secretary  
Rebecca Sullivan – Communications  
Heather Little - Fundraising/Concessions

## **Head Coaches:**

Group 1 – John Andel  
Group 2 – Brian Polashuk

**Our Mission:** To develop, support, and promote the sport of youth wrestling within our community by providing quality instruction focused on personal growth and sportsmanship.

## **Team Rules and Policies**

1. **Attendance – To qualify for league bouts and participation during dual events, wrestlers must attend at least 2 practices a week. We understand that club wrestling has grown in popularity, but bringing that experience back into the room and establishing a normal cadence with teammates benefits every wrestler.**
2. Behavior – We expect cooperation and respect from all team members. The wrestling room is a classroom. Wrestlers should conduct themselves consistent with SGASD policy.
3. Wrestling room policy – No parents will be allowed in the wrestling rooms during practice.

## **Communications**

1. Most communication this year will occur in the SportsEngine app. This is a change from previous years. If you have not received an invitation to the app and our team, you probably provided 1 email during the registration process. There is a form at the parent's meeting to sign up for your wrestler, and you can also email [papertownpinners@gmail.com](mailto:papertownpinners@gmail.com) with details. All parents who registered their wrestler(s) have been added to the app, but please let us know if you need us to resend the invitation.
2. You can also expect communication via email at [papertownpinners@gmail.com](mailto:papertownpinners@gmail.com), and supplementary information is available at [www.papertownpinners.com](http://www.papertownpinners.com).

## **Hygiene - See website for more details**

1. Wear clean clothes every practice
2. Wrestling shoes should only be worn on the mat when possible
3. Fingernails should be trimmed
4. Shower immediately after every practice
5. Skin Infections should be reported to coaching staff or board members immediately

## **Equipment**

1. Wrestling shoes are required to participate in practices and league events
2. Headgear is optional for all age groups this year, but it's always encouraged to make your wrestler wear headgear—it helps prevent cauliflower ear and concussions!

## **Practice Schedule – See website calendar**

1. Group 1 – Mondays and Wednesdays - 6:00 - 7:00 PM at Middle School
2. Group 2 – Monday/Tuesday/Wednesday - 6:00 - 7:30 PM at High School
3. School Closing/Early Dismissal – Practices will be canceled

## **League Schedule – See website calendar**

1. Four league matches to be held on the following dates & locations:
  - a. Jan 4, 2025 @ New Oxford
  - b. Jan 11, 2025 @ Spring Grove (Home)
  - c. Jan 25, 2025 @ Spring Grove (Home)
  - d. Feb 1, 2025 @ West York
2. Dual matches so far (likely more):
  - a. Jan 9 2025 Dual Match vs. New Oxford (Home)
  - b. Jan 19, 2025 (Sunday) Dual Tournament @ Northern
3. Divisional Tournament:
  - a. Feb 8, 2025 @ Delone
  - b. Optional
4. Championship Tournament:
  - a. Feb 22, 2025 @ Red Lion
  - b. Must place top 4 in Divisional Tournament
5. Optional Tournaments:

- a. Spring Grove Novice, Girls, and Open Tournament – Jan 12, 2025
- b. Check [www.pywrestling.com](http://www.pywrestling.com) for other tournaments

### **RSVPs for League Matches, Duals, and Divisionals**

1. With the introduction of the SportsEngine app this year, **all parents/guardians are now required to RSVP by the Thursday before the weekend league matches and 2 days before a dual match.**
  - a. This will help coaches with bouting and scheduling. Coaches volunteer a considerable amount of time to plan matches for all wrestlers, and if wrestlers don't show up for a scheduled event, it delays the start of the event because of scratches and trying to get all kids an average of 2 matches.
  - b. If parents/guardians do not RSVP before the due date, your wrestler will not be bouted! If your wrestler still shows up the day of a league match without an RSVP, we will not guarantee them a match.**

### **New Scoring Rules**

1. Starting at the beginning of the year in 2025, scoring rules will change. There are two major changes:
  - a. Takedowns are now 3 points instead of 2 points
  - b. Back points are now awarded from 2-4 points instead of 2-3 points
    - i. After 2 seconds, 2 points are awarded
    - ii. After 3 seconds, 3 points are awarded
    - iii. After 4 seconds, 4 points are awarded

**Uniforms** - Singlets and team shirts should be worn to all league events

**Pictures** – We will send out dates and times for pictures soon (Team singlets must be worn)

**Volunteering** - Support will be needed during all league matches/tournaments held at Spring Grove (even if your child is not participating, we appreciate any donations and support).

1. Table help (Scoring tables and head table)
2. Concessions
3. Setup and tear down

### **Parent Policies and Expectations** - See Wrestler/Parent Code of Conduct on website

1. Be supportive! Let the kids wrestle, the coaches coach and the referees ref. No one is getting a scholarship at one of these events.
  - a. Be supportive and cheer, but teach your kids to listen to their coaches. If parents are trying to coach as well during a match, it's often a distraction for the wrestler. Wrestlers will do much better if they learn to listen for their coach's voice in crowded, loud gym.
2. Keep winning in perspective – Our focus is development and long-term success within the sport. Progress is key, and we stress the importance of listening, hard work, and a consistent drive for improvement.
3. It's okay to be upset after a loss. Emotions can run high, and this is always expected with the younger wrestlers. We encourage parents to have constructive conversations with their kids, stress the importance of sportsmanship, and use every win or loss as a learning opportunity. Our goal is to develop and grow wrestling skills, emotional intelligence, and character.