Papertown Pinners Parent's Meeting Agenda

Board Members:
Ryan Clingan - President
Chase Billet - Vice-President
Adam Russo - Director
Nancy Polashuk - Treasurer
Jaimie Russo - Secretary
Rebecca Sullivan – Communications
Heather Minieri - Fundraising/Concessions

Head Coaches:
Group 1 – John Andel
Group 2 – Brian Polashuk

Our Mission: To develop, support, and promote the sport of youth wrestling within our community by providing quality instruction focused on personal growth and sportsmanship.

Team Rules and Policies

1. Attendance – To quality for league bouts and participation during dual events, wrestlers must attend at least 2 practices a week. We understand that club wrestling has grown in popularity, but bringing that experience back into the room and establishing a normal cadence with teammates benefits every wrestler.
2. Behavior – We expect cooperation and respect from all team members. The wrestling room is a classroom. Wrestlers should conduct themselves consistent with SGASD policy.
3. Wrestling room policy – No parents will be allowed in the wrestling rooms during practice.

Communications

1. Most communication this year will occur in the SportsEngine app. This is a change from previous years. You can email papertownpinners@gmail.com if you have not gotten an invite and need added. All parents who registered their wrestler(s) have been added to the app, but please let us know if you need us to resend the invitation.
2. You can also expect communication via email at papertownpinners@gmail.com, and supplementary information is available at www.papertownpinners.com.

Hygiene - See website for more details

1. Wear clean clothes every practice
2. Wrestling shoes should only be worn on the mat when possible
3. Fingernails should be trimmed
4. Shower immediately after every practice
5. Skin Infections should be reported to coaching staff or board members immediately

Equipment

1. Wrestling shoes are required to participate in practices and league events
2. Headgear is optional for all age groups this year, but it's always encouraged to make your wrestler wear headgear—it helps prevent cauliflower ear and concussions!

Practice Schedule – See website calendar

1. Group 1 – Mondays and Wednesdays - 6:00 - 7:00 PM at Middle School
2. Group 2 – Monday/Tuesday/Wednesday - 6:00 - 7:30 PM at High School
3. School Closing/Early Dismissal – Practices will be canceled

League Schedule – See website calendar

1. Four league matches to be held on the following dates & locations:
    a. Jan 3, 2026 @ New Oxford
    b. Jan 10, 2026 @ Red Lion
    c. Jan 18, 2026 @ Spring Grove (Home)
    d. Jan 31, 2026 @ Spring Grove (Home)
2. Dual matches (none scheduled yet):

3. Divisional Tournament:
    a. Feb 7, 2026
    b. Optional
4. Championship Tournament:
    a. Feb 21, 2026 @ Red Lion
    b. Must place top 4 in Divisional Tournament
5. Optional Tournaments:
    a. Spring Grove Novice, Girls, and Open Tournament – Jan 17, 2026
    b. Check www.pywrestling.com for other tournaments

RSVPs for League Matches, Duals, and Divisionals

1. With the introduction of the SportsEngine app this year, **all parents/guardians are now required to RSVP by the Thursday before the weekend league matches and 2 days before a dual match.**
    a. This will help coaches with bouting and scheduling. Coaches volunteer a considerable amount of time to plan matches for all wrestlers, and if wrestlers don't show up for a scheduled event, it delays the start of the event because of scratches and trying to get all kids an average of 2 matches.
    b. If parents/guardians do not RSVP before the due date, your wrestler will not be bouted! If your wrestler still shows up the day of a league match without an RSVP, we will not guarantee them a match.

New Scoring Rules

1. Starting at the beginning of the year in 2025, scoring rules will change. There are two major changes:
    a. Takedowns are now 3 points instead of 2 points
    b. Back points are now awarded from 2-4 points instead of 2-3 points
        i. After 2 seconds, 2 points are awarded
        ii. After 3 seconds, 3 points are awarded
        iii. After 4 seconds, 4 points are awarded

Uniforms - Singlets and team shirts should be worn to all league events

Pictures – We will send out dates and times for pictures soon (Team singlets must be worn)

Volunteering - Support will be needed during all league matches/tournaments held at Spring Grove (even if your child is not participating, we appreciate any donations and support).

1. Table help (Scoring tables and head table)
2. Concessions
3. Setup and tear down

Parent Policies and Expectations - See Wrestler/Parent Code of Conduct on website

1. Be supportive! Let the kids wrestle, the coaches coach and the referees ref. No one is getting a scholarship at one of these events.
    a. Be supportive and cheer, but teach your kids to listen to their coaches. If parents are trying to coach as well during a match, it's often a distraction for the wrestler. Wrestlers will do much better if they learn to listen for their coach's voice in crowded, loud gym.
2. Keep winning in perspective – Our focus is development and long-term success within the sport. Progress is key, and we stress the importance of listening, hard work, and a consistent drive for improvement.
3. It's okay to be upset after a loss. Emotions can run high, and this is always expected with the younger wrestlers. We encourage parents to have constructive conversations with their kids, stress the importance of sportsmanship, and use every win or loss as a learning opportunity. Our goal is to develop and grow wrestling skills, emotional intelligence, and character.