

5.12.2022 PAN Blast

Hello Philly,

We hope you are staying healthy and doing well. Please see the 10 announcements below:

1. **[2022 Virtual Everyday Lives Conference](#)** - *An Everyday Life in a Changing World: A Focus on Wellness and Resilience*. Registration is now open for the 2022 Virtual Everyday Lives Conference starting on May 17 and ending on June 16. Weekly one-to-two day conference tracks will occur throughout the month. [Register here](#).
 - **[Virtual Platform Training](#)** - ODP is hosting a training session on **Thursday, May 12 at 6:30pm**, to provide individuals, families, and all other stakeholders instructions on how to join the conference and make the most of your experience on the virtual platform called Whova.
2. **[Special Olympics PA Philadelphia Young Athletes Program](#)** holds in-person inclusive sports and play programming for children ages 2-7. A free session will be held every Sunday at the Northeast Family YMCA between 3-5pm, April 3 – May 22. To learn more and to enroll contact YAPhilly@SpecialOlympicsPA.org or register [here](#).
3. **The Mayor's Commission on People with Disabilities is hosting a Community Conversation on Housing on May 12 between 2-3pm**. Join City Councilmembers Kendra Brooks and Derek Green for a dynamic panel discussion around affordable and accessible housing and the housing trust fund. [Learn more and register here](#).
4. "Developing a COVID Defense Plan" is a webinar hosted by Philadelphia Coordinated Health Care and the Department of Behavioral Health and Intellectual disAbility Services on May 17 from 9:30-11:30am. [Learn more and register here!](#)
5. **The PA Family Network** is hosting several workshops throughout the month of May. Learn more and register for the workshops below!
 - **[Long Term Planning Workshop](#)**: May 12 from 6-8pm
 - **[Safety in the Community Workshop](#)**: May 17 from 6-8pm
 - **[Family Forum with Guest Speaker: Darcy Elks an Exciting Option: Inclusive Post -Secondary Education](#)**: May 18 from 6:30-7:30pm
 - **[Waiver Basics \(101\) Part 1 Workshop](#)**: May 19 from 11am-1pm
 - **[Waiver Basics \(101\) Part 2 Workshop](#)**: May 20 from 11am-1pm
 - **[Transition Workshop](#)**: May 31 from 6-8pm
6. **Self-Advocates United as 1 (SAU1)** is hosting several workshops throughout the month of May. Email power@sau1.org for more information. [Learn more and register here](#).
 - All About Jobs: May 19th from 1-3pm
 - All About Rights: May 27th from 11:30am-1:30pm
7. Vision for Equality's Trauma Informed Care Project is hosting wellness and trauma workshops in May. Reasonable accommodations as identified under the ADA must be requested 2 weeks in advance. Please contact challegra@visionforequality.org for more information.

- **Be Kind to The Back** is a wellness workshop which will be held on May 17 at 7pm. Please see the [Wellness Series Flyer](#) for more information and to register.
 - **Introduction to Trauma** will be held on May 17 from 2-4pm and will explore the causes of trauma, how it impacts us on a physical and emotional level, and what we can do to become more resilient and to heal on a daily basis. [Learn more and register here!](#)
8. **Learn about the PA ABLE Savings Program!** The Pennsylvania Treasury Department is hosting a free webinar on June 8 at 12pm about the important features and benefits of PA ABLE. Topics include eligibility requirements for opening a PA ABLE account, the federal and state tax benefits of PA ABLE, and how PA ABLE account interacts with current benefits. [Learn more and register here!](#)
 9. **[New "A Supporter's Toolbox" Podcast Episode](#)**: *Stress Isn't All Bad: Boosting Performance*. When we think about stress, we usually think of it in terms of 'not stressing out.' This podcast will talk about finding how much stress is the right amount for peak performance.
 10. **[Eagles Autism Challenge](#)** will be held on Saturday, May 21! [Register](#) to walk, run, or ride with your favorite Eagles players and coaches, while making a transformational impact in the autism community. Please note that there is a cost associated with participating in this event.

4.22.2021 PAN Blast

Hello Philly,

We hope you are all staying healthy and well. Please see the 10 announcements below:

- **All Philadelphia residents over 16 are eligible for the COVID-19 vaccine!** To sign up for a vaccination appointment, visit https://vaccinatepa.org/counties/Philadelphia_County. For more information about COVID-19 Vaccines, visit [AIDinPA's COVID-19 vaccination page](#).
- **The Families CCAN Virtual Resources Meeting** is being held on **Monday, April 26** from 7:00-8:30. This free event helps parents meet one another, share ideas and resources, and support one another. [Click here to register](#).
- **The PEAL Centers' Transition Tuesday** event is being held on **Tuesday, April 27** at 12:00pm. This free session will focus on aligning measurable annual IEP goals and post-secondary goals. For more information and to register, [click here](#).
- **Navigating Race and Autism – Black Mothers' Advocacy for Kids on the Spectrum** talk at the A.J. Drexel Autism Institute is being held on **Wednesday, April 28** from 7:00-8:00pm. This free virtual event will explore how Black mothers

of autistic children develop advocacy and navigate services. For more information and to register, [click here](#).

- **ABC's of Discussing Sexuality and Autism** webinar series is holding its first session on **April 29**, from 12:00-2:00pm. This session will discuss how to talk to your kids about sexuality. [Click here](#) for more information and registration.
- **Planning for College for Students with ID/DD** webinar is being held **Wednesday, May 5** from 10:00a.m.-12:00pm by Achieva. Topics will include how to pay for college, using an IEP to pay for college, dual enrollment, and more. For more information and a registration link, [click here](#).
- **PAN Training- Communication: The Basic Know-Hows for Families Speech-Language Therapy Strategies** for families with children on the spectrum will be held on **May 7th** from 12:00-2:00p.m. [Click here](#) to register and learn more about other PAN training events.
- **The Everyday Lives Conference** will be held from **May 11th – June 10th**. This fully virtual event will merge with Community of Practice Regional Collaborative Conference, Technology Summit, and the Dual Diagnosis conference for a month-long event. More details and a schedule of events can be [found here](#). Registration is free for families and autistic individuals.
- **A PA ABLE Savings Program Webinar** is scheduled for **Thursday, May 13** from 10:00-11:00a.m. This free event is for individuals with disabilities, families, and professionals to learn more about the benefits of opening a PA ABLE account. [Click here](#) to learn more and register.
- **Trainings from TechOWL Now - May 26th!** These free trainings on **How to Build a Team to Find and Implement AAC** (Augmentative and Alternative Communication) solutions for individuals with complex communication needs. [Click here](#) for more information on upcoming dates and registration.

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