

Special Education Supports

(compiled by John Pert, Holy Trinity Catholic High School)

Below is a list of agencies and groups that offer a variety of programs and services to children and adults with special education needs. Examples include funding, access to devices, parent and child counseling, job training and a variety of activities along with a couple odds and ends. It is always important that you make inquiries to ensure that the agency / group suits your child / family's needs.

Canada Disability Tax Credit (DTC)		
Agency	Description	Contact Information
Government Of Canada	The disability tax credit (DTC) is a non-refundable tax credit that helps persons with disabilities or their supporting persons reduce the amount of income tax they may have to pay. An individual may claim the disability amount once they are eligible for the DTC. This amount includes a supplement for persons under 18 years of age at the end of the year.	Website
	Being eligible for the DTC can open the door to other federal, provincial, or territorial programs such as the registered disability savings plan, the Canada workers benefit, and the child disability benefit.	Registered Disability Savings Plan Canada Workers Benefit Child Disability Benefit.

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ACTIVITIES		
Agency	Description	Contact Information
Ottawa Special Olympics	A variety of sports programs offered throughout the year around the city and beyond.	website
Academic Assistance for Adults with Developmental Disabilities (AAADD) ***Summer Camp***	Website not available yet. Contact Hillary for details.	
BEING (formerly: H'ART of Ottawa)	BEING provides artists with disabilities and those facing barriers with opportunities to create, study and produce works in the arts and collaborate with qualified, trained community artists.	website Phone: 613 234 8497
Camp Misquah	An overnight summer camp located near Gracefield, Quebec. It is designed for children and adults with special needs.	website
JAX Rugby	An inclusive rugby program. Our students enjoy this school event. They also offer programs throughout the year.	website
Lotus Center	The Lotus Center, located in Kanata, provides adaptive music programs for children with special needs.	website
Tae E. Lee Taekwondo	Tae E. Lee Taekwondo offers special needs programs.	website
Bolts 4 Kids NEURON UPGRADE TRAINING STATION & BOUNDLESS LEARNING THERAPEUTIC SERVICES	Offer a variety of activities and programs for people on the Autism Spectrum	http://www.bolts4kids.ca/ they have a facebook page too email: admin@bolts4kids.ca

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Community Support Agencies		
Agency	Description	Contact Information
Service Coordination	-for Ottawa children between 0-18 years of age who have an intellectual disability or autism. -a case manager works with families towards goal setting, planning, advocating and exploring available community resources to help achieve personal success -watch this video to learn more about Children's Case Management services.	Website Email: childrensintake@scsonline.ca Phone: 613-7481788 ext. 0
Developmental Services Ontario	Provide ministry funded support for eligible Ontario adults (18 years plus) with a developmental disability. Recommended that you apply at age 16.	Website Phone: 1 855 376 3737
CHEO Foundational Services	-For families of children with an autism diagnosis -support for a variety of services such as hygiene, social skills, mental health, and much more.	website
CHEO Coordinated Services Program	Support families and guardians with children who have multiple and/or complex special needs. They help to ensure that all the professionals involved with the child are working together as a team towards common goals.	website
Student Links	an opportunity for students (ages 14 to 21) who have an intellectual disability to explore ideas for their future after high school. It matches students and mentors who naturally share a common passion or interest. The goal is to enhance their capacity to make	Website Contact: Dana LaBrash, Coordinator: Ottawa 613-277-0371

	informed decisions about their future prior to leaving school.	
Thrive Together	As a full-service mental health clinic, we offer comprehensive and team-based care for children, youth, and adults.	Website 407-1545 Carling Ave Ottawa, Ontario, K1Z 8P9 Phone: 343-882-6766 Fax: 343-882-6768
Serene Woods Psychotherapy	-A variety of services are offered such as: trauma, anxiety, depression, life transitions, parenting, and more for children, adults, families, parents and couples.	Website
Youth Service Bureau (YSB)	-YSB provides a variety of counseling services for both children and parents.	Website Phone: 613-729-1000 Crisis line: 613-260-2360 Toll-free for Eastern Ontario 1-877-377-7775 Mental Health Services 613-562-3004
Share Community	The Skill Development Program is designed for individuals 18+ diagnosed with a developmental disability (e.g., Autism, Down Syndrome, intellectual disability, etc.) who will benefit from learning and/or improving new skills.	Website

Bloom	West end Ottawa day program that enriches the lives of adults living with developmental disabilities and exceptionalities.	Website
Mainstreet	Provide a variety of programs for children, youth and adults with developmental disabilities and complex mental health needs through the implementation of comprehensive innovative programs and services focused on improving quality of life.	Website
Children At Risk	It provides services in the Greater Ottawa area to families with children diagnosed within the Autism Spectrum Disorders.	Website
Aspen	-provides ABA therapy (Applied Behavior Analysis) for children up to age 13	Website 613-680-4700
Dragon Fly	-Programmes are specialized for children with Down Syndrome.	Website Phone: Barbara Roblin. 613 238 7838
Autism Ontario	Autism Ontario is the province's leading source of information and referral on autism.	Website Toll Free: 1-800-472-7789 *contact them for current Ottawa Chapter contact details* Urgent Response Services
Terrace Autism Therapy	Services are based on widely used, evidence-based practices and guided by Clinical Supervisors meeting the requirements issued by the Ministry of Child and Youth Services for the Ontario Autism Program (OAP). They offer an all-inclusive service to provide seamless care to clients. Care includes: in-house psychological assessments, ABA/IBI therapy, family counseling, respite care, social groups, and school integration.	website

Down Syndrome (Ottawa Chapter)	The Down Syndrome Association - National Capital Region is a non-profit, registered charity group made up of individuals working to enhance the quality of life for people with Down syndrome, and to provide assistance and support to their parents and friends. They offer a variety of activities throughout the year.	Website Phone: 613-737-0658
CHEO Clinic for Augmentative Communication (CAC)	Upon approval, CAC can provide services and devices (ex: Ipad) to help children ages 0-18 with speech difficulties.	website Phone: 613-737-2757
HOPEWELL Eating Disorders and Support Centre	Hopewell supports individuals, friends and families with eating disorders.	website Phone: 613-241-3428
March of Dimes	March Of Dimes is a leading national charity committed to championing equity, empowering ability, and creating real change	website
Parents' Lifelines of Eastern Ontario (PLEO)	PLEO's mission is to foster positive outcomes for families with children to age 25 facing mental health challenges by providing family peer support and by amplifying the family voice for system change.	website Phone: Parents' Helpline 613 321 3211 855 755 7005
Emerging Minds	Provide a variety of services (ex: behaviour, occupational therapy, speech therapy) to support both children and parents.	website

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Post Secondary (Education, Job Training, Independent Living)

Agency	Description	Contact Information
Ontario Disability Support Plan (ODSP)	Inquire about this while your child is 17 years old to ensure you are ready for the application process in advance. Benefits may include bus passes, health benefits, disability benefits, employment incentives, etc.	Website
Academic Assistance for Adults with Developmental Disabilities (AAADD) Algonquin College, Ottawa Ontario	-an Algonquin College program for students 19 years of age or older with developmental disabilities. It offers the chance to further develop academic skills while building social skills within a college setting.	Website Email: Hillary Dolan dolanh@algonquincollege.com
Community Integration Co-operative Education (CICE) St. Lawrence College, Kingston Ontario	CICE is a two year certificate program designed for adults with developmental disabilities, intellectual disabilities, acquired brain injuries or other significant learning challenges who wish to further their education/vocational training in a community college setting	Website
Y's Owl Maclure Cooperative Education Center	-For adults 18 and older, the Owl Learning Center (OLC) focuses on fostering growth, skills development, and empowerment to make decisions related to independent living with Autism and/or Developmental Disabilities.	Website
Causeway	Causeway is a not-for-profit agency that helps people with mental illness and other challenges find meaningful, rewarding work and live more independently.	Website Phone: 613-725-3494
WAVE Ottawa (Work And Volunteer Experience)	WAVE was founded by the Dovercourt Recreation Center. Adults (19+) with special needs experience recreational activities and training for both life and job skills.	Website Phone: 613-798-8950

Live Work and Play	This organization provides support for people with intellectual disabilities, autistic persons, and individuals with a dual diagnosis to live, work, and play as valued citizens.	Website
Grow Studios Program	Offers job skills development in an art studio.	website
ICSS - Innovative Community Support Services	ICSS is located in the East end of Ottawa and offers residence opportunities. It also offers programs to help gain skills, and training for social inclusion. -Sow and Grow is a therapeutic farm experiences -Spread the Joy makes a variety of products for sale and the profits go back into the program.	website Phone: (613) 824-9424
Adaptive Program (OCDSB)	The Adaptive Learning Program is for adults with physical and developmental disabilities who want to prepare for independence, competitive employment or volunteer work in the community. Students participate in on-site work settings to gain job skills, in addition to transferable essential skills.	website
Ottawa-Carleton Lifeskills Inc.	Offer recreational activities and provide programs that develop academics, independent living skills and employment skills.	Kelly Ashe 613 254 9400 (ext 360) website

Other Odds & Ends		
Agency / Company	Description	Contact Information
Elastic Laces	If your child has difficulties with tying shoes, elastic laces might be helpful.	Website
Alert Me Bands	Alert Me Bands communicate who to contact in an emergency situation when you can't.	Website

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