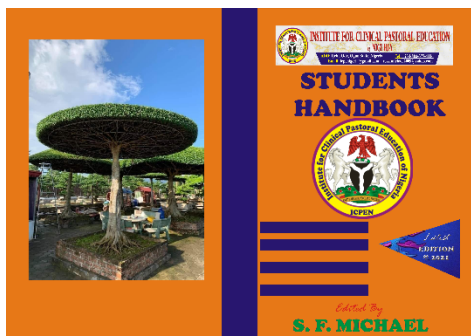




## CURRICULUM FOR ICPEN 2025

Clinical Pastoral Education is interfaith professional education for ministry. It brings theological students and ministers of all faiths (pastors, priests, rabbis, imams and others) into supervised encounters with persons in crisis. Out of an intense involvement with persons in need, and the feedback from peers and teachers, students develop new awareness of themselves as persons and of the needs of those to whom they minister. From theological reflection on specific human situations, they gain a new understanding of ministry. Within the interdisciplinary team process of helping persons, they develop skills in interpersonal and inter-professional relationships. Clinical Pastoral Education prepares chaplains for ministry through a process of action and reflection.

Students are prepared for and supported in these clinical encounters by didactic and reflective curricular content on spiritual care in various contexts. All these help students integrate the theological and spiritual resources of their traditions into spiritual assessment and care. The Advance curricula are shaped and informed by trauma and grief theory, enabling students to use their own stories as a resource for helping care receivers through difficult experiences. Didactics are taught by in-house Supervisors, as well as by hospital clinicians and professionals from the community. Students learn to engage critical feedback and obtain consultation and peer support as they gain skills applicable in any ministry setting.



# CLINICAL PRACTICE AND FITNESS



Clinical Pastoral Education and physical fitness are well integrated into the life and mission of ICPEN training. As chaplains, CPE students are considered valued members of the interdisciplinary patient care teams and are called upon regularly by the hospital staff to assist in patient care. It is common for CPE students to be invited to family meetings and/or ethics consultations in the Hospital where they practice. CPE students benefit from their work with senior staff, including CPE faculty and staff chaplains and participate in scheduled departmental meetings, department committees and educational events if invited. Students routinely minister in the Hospital Chapel or Wards where devotion is allowed by the administration of the Hospital.

## **Mentoring**

Students in the CPE Advance and Supervisory Programs are assigned a professional staff chaplain mentor. Students work alongside and meet with their mentors on a regular basis, benefiting from the guidance, support and feedback of a seasoned professional chaplain. Residents often report that the mentoring relationships in the department are among the highlights of their CPE experiences.

## **Reflection: Writing, Sharing, and Supervision**

**Didactics** are presentations and directed discussions by members of the Department of Pastoral Care, community members and members of the interdisciplinary teams at ICPEN.

**Interpersonal Relations Groups** offer CPE students the opportunity to give and receive support, clarification and confrontation in a group, with the goal of becoming more aware of theological and psychological dynamics in group processes.

**Case Presentations** offer students a chance to reflect on the actual practice of ministry, by presenting a close reading and analysis of caring interactions with patients or others.

**Individual Supervision** is offered to students on a weekly basis (every-other week for extended programs), allowing students to enjoy opportunity for personalized one-on-one reflection with their supervisor.

The CPE program at ICPEN takes advantage of educational opportunities throughout available, including the Ogun State General Hospital, Ijebu Ode and other Clinics, Ogun State School of Nursing / Midwifery and Psychiatric Hospital Aro, Abeokuta, Ogun State, The Meridian Hospital, Port Harcourt, in Rivers State, Ogun State School of Health Technology, all in Nigeria. Students can attend lectures on a variety of issues including medical ethics, theology and humanities in medicine.

### **Trainee experiences**

The Clinical Pastoral Education Advance Program offers several clinical training, classroom didactics, and rotation experiences to provide a well-rounded educational experience.

## **CLINICAL TRAINING AND ROTATIONS**

### **Didactic training**

Clinical presentations, seminars, and small group processes are integral parts of the Clinical Pastoral Education Training. Lectures and seminars are given by qualified Chaplains, interdisciplinary team members, certified educators, as well as guest faculty. There are opportunities for four or eight didactic seminars after orientation is complete.

The year is broken into three units:

Unit I: Orientation to ICPEN Training and CPE, Spiritual Assessment, Theological Reflection, and the Art of Spiritual Care

A few of the didactics provided include:

- The Masks We All Wear
- ICPEN history and values
- Spiritual assessment
- Spiritual care to Catholics, Jewish patients, Muslim patients, Native Orthodox Christians and other faiths groups
- Chaplain Safety and Ministry
- Listening skills
- Pastoral identity
- Theological reflection

- Theodicy (why bad things happen)
- On-call scenarios in the state-of-the-art medical simulation center
- End of life care, Breaking of Bad News and Managing Grief
- Research literacy and its impact on spiritual care
- The Images of Pastoral Care

## Unit II: The use of Psychological Tools in the Spiritual Care of Patients, Families and Staff

- Developmental theories - personality, moral, cognitive, gender differences
- Anger Management
- Spiritual development - Fowler
- The brain
- Religion and psych patients
- Family systems
- Genogram
- Enneagrams
- Crucial conversations
- Opportunity to lead worship or offer meditation for morning huddle

## Unit III: Medical Ethics and Leadership in Spiritual Care

- Clinical ethics and Biomedical ethics training
- The history of ethics
- How spiritual care departments work
- How to become a board-certified chaplain

# CLINICAL EXPERIENCES

The Clinical Pastoral Education offers:

- 10-12 hours small group didactic and small group process weekly
- One-hour weekly individual supervision
- Clinical work on assigned units, with orientation and mentoring by a board-certified chaplain
- Daily opportunities for pastoral ministry on patient units as well as on-call clinical experiences
- Daily opportunities to work with the interdisciplinary team for student's unit

Reflection on clinical experiences helps students become more self-aware, develop and increase their listening skills, spiritual assessment skills, and their competence in providing meaningful interventions. Through this transformative process, students find

and claim their pastoral identity and authority. Experienced staff chaplains and other members of the interdisciplinary healing team provide opportunities for mentoring and collaboration. Students are assigned to one or two general medicine Wards on routine.

### **Rotations**

In general, Students are assigned to Wards / Units with gradually increasing challenges and are also placed according to their interests. Students are given opportunities to work on interdisciplinary teams with nurses, doctors, social workers, and other members of the care team. This provides a rich experience in which to learn and grow.

- Cardiology
- Cancer
- Gynecology
- General internal medicine
- Hematology
- Dialysis
- Hospice
- Intensive care
- Long-term rehabilitation
- Neurology
- Oncology
- Pediatrics
- Psychiatry
- Surgery
- Transplantation
- Addictions

### **Curriculum enhancements**

ICPEN is known and committed to developing and maintaining the best education programs. The curriculum and other aspects of this program are assessed constantly and changed as necessary to ensure the highest quality training.

### **Schedule and hours**

For the majority of the classroom instruction, the learning schedule includes Two hours daily, and at least Three days a week. Variations come from the on-call schedule which requires evening and weekend shifts.

Trainees participate in all service shifts, including days, evenings, nights, and weekend on-call coverage. When appropriate, residents/interns are given the opportunity to lead interdenominational Christian worship.

### **Department and faculty**

The Clinical Pastoral Education in ICPEN in Ijebu Ode, Ogun State, Nigeria, draws primary program faculty from certified educators credentialed by the Association for Clinical Pastoral Education Institutes, Nigeria (ACPEIN). The adjunct faculty also includes staff chaplains in the Spiritual Care Department and presenters from other clinical, scientific, and technical fields. They are chosen for their commitment to teaching, as well as clinical practice and research.

### **Visiting professors and lecturers**



A hallmark of higher education excellence is the breadth and depth of information and experience provided to students by faculty and visiting experts. Many prominent professors visit ICPEN Program annually to lecture on their areas of medical and scientific expertise. Students at ICPEN are encouraged to learn from these valuable resources by attending relevant conferences, lectures and seminars prepared for students, interns, residents, fellows, and consulting staff.