



# PLAY REFERENCES

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## PRESS ARTICLES

### Benefits of play-based learning

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- [\*In Defense of Play\*](#). Alison Gopnik. The Atlantic. 2016.
- [\*Play-Based Learning Can Set Your Child up for Success at School and Beyond\*](#). Natalie Robertson, Anne-Marie Morrissey, Elizabeth Rouse . Deakin University. 2020.

### Time for play

- [\*Play is Disappearing from Kindergarten: It's Hurting Kids\*](#). Joe Martin. Edsurge. 2020.
  - Children fall more often from their chairs in school due to lack of vestibular regulation.
  - Children see less well. Recently, there has been a meaningful increase in myopia.
- [\*How Play is Making a Come-Back in Kindergarten Classrooms\*](#). Hechinger Report. 2020.

### Creativity and play

- [\*Why Creativity is just as important as Literacy\*](#). Meghan Fitzgerald, Tinkergarten. 2019.

### Outdoor play

- [\*Outdoor Preschools Grow in Popularity but Most Serve Middle Class White Kids\*](#). 2021. Hechinger Report.

## Free range parenting

- [\*The Case for Free-Range Parenting\*](#). Clemens Wergin. New York Times. 2015.
- [\*Free-range kids are the norm in Germany — are American parents over-protective?\*](#) Sara Zaske. Salon. 2018.

## WHITE PAPERS

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- [\*Learning through play: A review of the evidence\*](#) by the LEGO Foundation. 2017.
- [\*Learning through play: Increasing Impact. Reducing Inequality\*](#) by the LEGO Foundation. 2021.
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- [\*The power of play: A pediatric role in enhancing development in young children\*](#). Pediatrics. Michael Yogman; Andrew Garner; Jeffrey Hutchinson; Kathy Hirsh-Pasek; Roberta Michnick Golinkoff. 2018.
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- [\*The impact of pretend play on children's development: a review of the evidence\*](#). Psychological Bulletin. Angeline S Lillard, Matthew D Lerner, Emily J Hopkins, Rebecca A Dore, Eric D Smith, Carolyn M Palmquist. 2012.

## BOOKS

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- [\*Free to Learn: Why Unleashing the Instinct to Play Will Make Our Children Happier, More Self-Reliant, and Better Students for Life\*](#). Peter Gray. 2015.
- [\*Why Play Works\*](#). Jill VIALET. 2021.
- [\*The Importance of Being Little: What Young Children Really Need from Grownups\*](#). Erika Christakis. 2017.
- [\*The Intellectual Lives of Children\*](#). Susan Engel. 2021.

## DOCUMENTARIES/VIDEOS

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- [\*The Decline of Play\*](#). TED Talk by Peter Gray. 2014.
- [\*Play in Early Childhood: The Role of Play in Any Setting\*](#). Harvard Center on the Developing Child. 2018.
- [\*Reimagining Education\*](#) presentation at UMD by Kathy Hirsh-Pasek. 2021.