



Sean Michael Crane is the Visionary & Founder of Unstoppable 365, an Elite Self Mastery Program for Business Owners looking to maximize their results in all aspects of life. He is the host of the **Unstoppable Mindset Podcast found on YouTube** and all major platforms.

In addition, Sean is a **keynote speaker, best selling author and family man.**



If you are interested in contacting Sean for coaching information, to have him speak to your team or at an event or to have him as a guest on your podcast you can email him at sean@unstoppable365.com or visit his website <https://www.unstoppable365.com/> and follow him on Instagram

https://www.instagram.com/sean_crane_official?igsh=OGQ5ZDc2ODk2ZA%3D%3D&utm_source=qr



[Unstoppable Mindset Podcast](#)



Sean's exceptional life experience gives him a unique perspective and uncanny ability to move others into immediate action.

Sean is a BEST SELLING AUTHOR of his memoir "Prison Of Your Own, Break Free Of Limitations And Unlock Your True Potential" that describes his journey from a hopeless adolescent, depressed and addicted to drugs and alcohol to a man living a life of purpose today.

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SEAN MICHAEL CRANE



PRISON OF YOUR OWN

Break Free of Limitations and

At the age of 23 Sean was sentenced to 7 years in prison for a crime he didn't commit. He was able to utilize that time to become the most Elite version of himself he had ever been. He has since worked with people all across the world using the exact strategies and techniques that helped him thrive in the negative prison environment to DEVELOP SELF MASTERY.

When you hear Sean Michael Crane's story and feel his energy you will be inspired to live your life with more conviction. His PASSION and ability to transfer energy through a powerful message will change your perspective instantly.



Sean has an incredible testimony of resilience and determination that will INSPIRE anyone to push beyond their current limitations and create an extraordinary life. His passion to serve others and leave a lasting impact on the world stems directly from the hardships he's encountered in his life and all he's overcome.

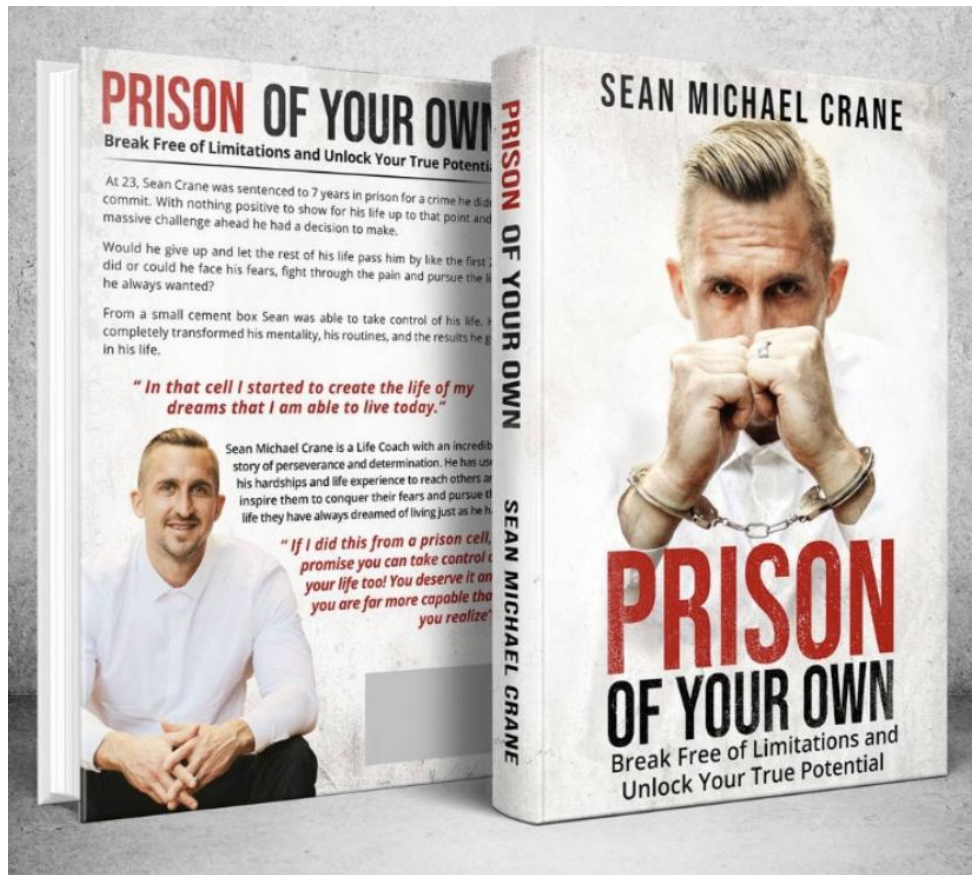
Sean used his time in prison to educate himself and focus on personal growth and development. He worked relentlessly for over 2,000 days to develop life changing habits and an Unstoppable mindset. After 3 years incarcerated Sean began mentoring other inmates and found his calling to serve others. When he was released in 2017 Sean was prepared to bring his vision to life. " The internal attributes I cultivated in my time in prison became the foundation for my success as an entrepreneur. " Sean taught himself how to use the pain and suffering from his past to fuel his initiative and achieve success upon returning home. He immediately started to stand out on social media for his raw and authentic message of hope and redemption.

Sean turned his adversity into an asset that helped him stand out in a positive way. " Your tests in life are gifts when you know how to use them" Sean says. " My adversity is now an asset for me because I learned from it and the mindset strategies, routines and habits I developed can now help others Elevate the quality of their life just like I have mine. "

Sean's Unstoppable 365 Elite Self Mastery Program serves men from all across the world. Sean teaches his clients how to elevate their thinking and internal state to achieve peak performance in ALL aspects of their lives . Sean works with business owners, executives, CEO's and many of today's top influencers to maximize their impact and leadership both personally and professionally.

SEAN IS AN EXPERT at helping his clients uncover thinking patterns and limiting beliefs that impair their quality of life and overall well- being.

He has a subtle way of challenging others to view their problems as solutions happening FOR THEM not to them. This UNIQUE PARADIGM SHIFT empowers his clients, seminar participants and followers on social media to elevate their mindset and take control of their life's trajectory.



Sean's memoir "Prison Of Your Own, Break Free Of Limitations And Unlock Your True Potential" became a best seller on Amazon in 2021 and describes in depth his experience incarcerated and most importantly the life changing lessons he acquired in that time. Anyone who feels stuck in life or unable to break past a plateau, both personally and professionally, will find valuable insight and actionable steps they can take from Sean's book to move forward in their life.



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Sean's life experience and the impact he's had since returning home has opened up the door for opportunities for him to deliver keynotes at various events focused on business and personal development. He has shared his message and story on podcasts, t.v shows and in numerous magazines and publications.



Despite all his success as a Performance Coach, Keynote Speaker, Best Selling Author and Inspirational Figure Sean will tell you his greatest accomplishment to date is becoming a Husband, Father and devoted Family Man. “ I absolutely love and adore my wife Jessica and our children Mason, Scarlett and Preston.”

