

Associate in Life Coaching

Specialization in Faith-Based Life Coaching and Mentoring

HBI University

Course Duration: 2 years

Credit Hours: 60 hours (including 15 credit specialization hours)

Program Description

The Associate in Life Coaching program with a Specialization in Faith-Based Life Coaching and Mentoring at HBI University is designed to equip students with the skills to guide, mentor, and inspire individuals to achieve their personal and spiritual goals. This program integrates coaching methodologies with biblical principles to create a holistic approach to personal development and transformation.

Students will explore coaching techniques, goal-setting frameworks, personal leadership strategies, and faith-based counseling methods. Emphasis is placed on ethical coaching, active listening, motivational interviewing, and behavioral change techniques within a Christian worldview.

The curriculum also focuses on the power of mentorship, accountability, and discipleship, providing students with practical tools to help others navigate life's challenges while aligning their journey with biblical truth. Students will be trained in effective communication, leadership coaching, and methods for fostering lasting change in individuals and communities.

Graduates will be prepared for roles as faith-based life coaches, personal development mentors, Christian counselors, or ministry leaders who support individuals in their spiritual and personal growth. They will be equipped to lead coaching programs in churches, nonprofits, and Christian leadership organizations, offering guidance rooted in biblical wisdom.

This program is ideal for students who are passionate about helping others discover their purpose, overcome obstacles, and live out their faith with confidence and clarity.

General Education Courses (15 Credit Hours)

Course Code	Course Name	Credit Hours
GEN 101	English Composition I	3
GEN 102	English Composition II	3

GEN 103	College Algebra	3
GEN 104	Introduction to Psychology	3
GEN 105	Introduction to Sociology	3

Core Life Coaching Courses (30 Credit Hours)

Course Code	Course Name	Credit Hours
LCH 201	Foundations of Life Coaching	3
LCH 202	Leadership and Personal Growth	3
LCH 203	Coaching and Goal-Setting Strategies	3
LCH 204	Ethics and Professional Coaching	3
LCH 205	Motivational Interviewing Techniques	3
LCH 206	Spiritual Formation and Coaching	3
LCH 207	Conflict Resolution and Communication	3
LCH 208	Counseling and Mentorship Principles	3
LCH 209	Transformational Coaching Practices	3
LCH 210	Building a Coaching Business and Ministry	3

Elective Courses (15 Credit Hours)

Course Code	Course Name	Credit Hours
LCH 301	Coaching for Marriage and Relationships	3

LCH 302	Faith-Based Career Coaching	3
LCH 303	Coaching Youth and Young Adults	3
LCH 304	Discipleship and Biblical Mentorship	3
LCH 305	Emotional Intelligence in Coaching	3

Specialization in Faith-Based Life Coaching and Mentoring (15 Credit Hours)

Course Code	Course Name	Credit Hours
FLC 401	Biblical Foundations of Coaching	3
FLC 402	Coaching for Spiritual Growth and Purpose	3
FLC 403	Faith-Based Mentorship and Discipleship	3
FLC 404	Building Accountability and Support Systems	3
FLC 405	Coaching Ministry Leadership	3

Capstone Project (3 Credit Hours)

The Capstone in Faith-Based Life Coaching and Mentoring allows students to develop real-world coaching and mentoring applications. Students may:

- Develop a Christian life coaching program.
- Intern with a church mentorship initiative.
- Conduct a case study on biblical coaching strategies.

Program Outcomes

Graduates of this program will:

- Use faith-based coaching techniques to guide personal and spiritual growth.
- Apply ethical and professional coaching standards in ministry and leadership.
- Develop effective coaching strategies based on biblical principles.
- Empower individuals to overcome challenges and fulfill their purpose.
- Lead and support mentorship initiatives in faith-based communities.

Career Outcomes and Potential Pay Scale

Career Path	Average Salary (Annual)
Faith-Based Life Coach	\$42,000 - \$65,000
Christian Mentorship Director	\$45,000 - \$70,000
Church Leadership Coach	\$40,000 - \$60,000
Ministry Training Facilitator	\$43,000 - \$68,000
Personal Development Consultant	\$48,000 - \$75,000