Attention Middle School Athletes Interested in **Wrestling** for the First Time This Year

You are invited to a new wrestler clinic hosted by Post Oak Wrestling

Learn the rules and basics of the sport.
When: December 7, 9-11 AM
Where: Post Oak Middle Gym
Cost: $12 payable at the door in cash or check.
Wear workout clothes and **bring** a water bottle.
Students from any middle school are welcome.
Bring a friend!
Contact the AD at POMS for more information.

