- "28 Days To A Client" -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. V /X	1-	Work out ✓
2. V /X	1 •	Daily Check-in 🔽
3. <mark>//</mark> /	1	School
4 . // /	1 •	Run
5. // /	1 •	1 Hour Homework 🗸
6. <mark>/</mark> /X	1 •	Side hustle work
7. 🔽/🗙	1	3 peer emails reviewed ✓
8. <mark>/</mark> /X	1	Read \$100m offerX
9. <mark>/</mark> /X	1	20 prospects outreached to X
10. / / ×	2	HU lessons ✓
11. 🔽/🗙	2 -	God Mode - Tristan TateX
12. <mark>V</mark> /X	2 -	Check on outreach X
13 . 🔽/💢	2 -	
14 . 🔽/🗙	3 -	
15. / / X	3 -	
16. / / X	3 -	
17 . 🔽/🗙	3 ·	
18.	3 -	
19.	3 -	
20. 7 / X	3 ·	

Day Number: 1

Date: 13/3/23

<u> Start Of The Day - Time: 9 am</u>

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	First win in The Real World
2.	Financial freedom
3.	A Corvette chevrolet



[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
<u></u> Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Though I Am Thinking Is Positive!
 - 4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 1 am: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 2 am: Task \$	
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/ Reflection /	
\$ 3 am: Task \$	
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\$ 4 am: Task \$	
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\$ 6 am: Task \$	
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\$ 7 am: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 8 am: Task \$	
🔔 Intention 🔔	
/ Reflection /	

\$ 9 am: Task \$ Work out Intention A Get the blood pumpin. Need to walk through the fire everyday you know? \$ 10 am: Task Breakfats Intention A Reflection / Energy \$ 11 am: Task School Intention A School Intention A Reflection / Just gotta do what I gotta do \$ 12 am: Task School Intention A School		
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<u> </u>	/ Reflection /	Just gotta do what I gotta do
		<u></u>

\$ 1 pm: Task \$	Run
🔔 Intention 🔔	
/ Reflection /	Get the blood pumpin. Need to walk through the fire everyday you know?
\$ 2 pm: Task \$	1 hour homework
🔔 Intention 🔔	
/ Reflection /	Something I had to do.
\$ 3 pm: Task \$	Side hustle
🔔 Intention 🔔	
/ Reflection /	Private business meetings
\$ 4 pm: Task \$	Peer review and reading
🔔 Intention 🔔	
/ Reflection /	Gain knowledge from the wins and losses of others
\$ 5 pm: Task \$	20 prospects found
🔔 Intention 🔔	

Realised I had a lot more to learn from a review from professor Andrew, decided to take a step back and go through some of his lessons before outreaching anymore. This spanned the majority of the evening, as this is the most important thing for me to be doing at this point in time.
20 outreaches made
Realised I had a lot more to learn from a review from professor Andrew, decided to take a step back and go through some of his lessons before outreaching anymore. This spanned the majority of the evening, as this is the most important thing for me to be doing at this point in time.
Dinner
HU lessons
Realised I had a lot more to learn from a review from professor Andrew, decided to take a step back and go through some of his lessons before outreaching

\$ 9 pm: Task \$	God Mode
🔔 Intention 🔔	
/ Reflection /	Realised I had a lot more to learn from a review from professor Andrew, decided to take a step back and go through some of his lessons before outreaching anymore. This spanned the majority of the evening, as this is the most important thing for me to be doing at this point in time.
\$ 10 pm: Task \$	Side huslte
🔔 Intention 🔔	
/ Reflection /	Private business meetings
\$ 11 pm: Task \$	Wind down
🔔 Intention 🔔	
/ Reflection /	Need to relax my mind before sleep
\$ 12 pm: Task \$	Sleep
🔔 Intention 🔔	
/ Reflection /	Rinse and repeat



₩hat Did I Learn Today?
I realised that I need to juust shut the fuck up and listen. Been moving into the same brick wall for too long, and only now realised that I need to slow down and OODA loop constantly, learning from the advise of the professors and other students in TRW to maximise productivity. Working smarter as well as harder.
What Do I Plan To Do Differently Tomorrow?
Focus on OODA looping, find and learn from more resources, go through the program, listen to every power up call Professor Andrew creates from now on. In summary, I'm going to start shutting the fuck up and listening! Maximising working smarter as well as harder.
™What Do I Plan To Do The Same Tomorrow?™
Maintain the work flow, that never stops
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
Ths outreaching and Tristan's God Mode, but as stated previously, there were more pressing matters to attend to than outreaching blind and learning how to get women who won't be interested in me yet.
Brain Dump: