

Follow My Instructions.....

a) Individuality Exercise - "Follow My Instructions..."

- draw 4 lines
- draw 2 lines intersecting those lines
- draw 2 curved lines
- draw 5 circles
- draw 2 stars
- shade in 6 areas
- sign your name

**Just as no two drawings turned out exactly the same, no two persons lives will turn out the same. You have to make decisions in your life everyday, sometimes big - like, 'will you apply to college or start looking for work?', and sometimes small - like, 'where will you draw your lines?'. You may have similarities to other people (like going to the same school or living on the same street), but you will also surely have many differences as well.*

Each individual person is in charge of the direction their lives go, and we make decisions based on what we think is going to give us the best results - even when it comes to lines on a paper.

