

NHS ATHLETICS: ROCKETS REVIEW

1/14-1/22

Congrats to Boys Swimming and Diving Coach, Adam Cole, who was recently named as the NFHS Northeast Region Coach of the Year! Coach Cole, last years MIAA Coach of the Year, was selected amongst other state winners from all over the northeast US!

On Saturday night, NHS Athletics held a ceremony to honor all the past student-athletes who scored 1,000 Points in their careers at Needham High School! We welcomed back the alumni and unveiled a new banner that highlights the accomplishment! The honorees were Janet Hourihan '82, Chris Sonnie '86, Becky Barrett '95, Cerie Mosgrove '07, Christine Ganser '10, Thomas Shaughnessy '18

Wrestling (5-4) - **Good showing for Wrestling at home Quad!!**

1/19/19 - Home Quad - vs Framingham - Loss

vs Bridgewater Raynham - **WIN!!!**

vs Milton - **WIN!!!**

<http://www.hometownweekly.net/sports/needham-sports/needham-high-beats-walpole-41-27/>

Boys Ice Hockey (8-3) - **Nick Mahoney named Needham Times Athlete of the Week!**

1/16/19 - @ Wellesley - 2-1 Loss

<http://needham.wickedlocal.com/sports/20190117/needham-senior-nick-mahoney-is-your-needham-times-athlete-of-week>

Girls Ice Hockey (7-1-2) - **Girls stay ranked in the Top 20!**

1/16/19 - @ Wellesley - 3-3 Tie

1/18/19 - Home vs Natick - **4-1 WIN!!!**

<https://www.bostonglobe.com/sports/schools/rankings/girls-hockey>

<http://needham.wickedlocal.com/sports/20190117/needham-girls-hockey-showing-signs-of-consistency>

Boys Swimming and Diving (6-1) - **Senior Night is Friday vs Wellesley!**

1/15/19 - Home vs Framingham - **95-91 WIN!!!**

1/18/19 - @ Brookline - **105-76 WIN!!!**

<http://needham.wickedlocal.com/sports/20190117/needham-boys-swimming-lose-their-first-meet-of-season-to-natick>

Boys Indoor Track and Field (4-0) - **Boys clinch their first BSC Herget Title!!!**

1/16/19 - @ Braintree - **82-10 WIN!!!**

Warner and Jordan finish 1 & 2 in 300M

Girls Indoor Track and Field (4-0) - **Girls clinch their first BSC Herget Title!!!**

1/16/19 - @ Braintree - **63-37 WIN!!!**

Mile win for Kayleigh Milligan!!

Girls Basketball (7-3) - **Rockets move up in to the Top 25 in EMass!**

1/15/19 - Home vs Wellesley - **39-29 WIN!!!**

1/17/19 - Home vs Chicopee Comp - **59-36 WIN!!!**

1/19/19 - Home vs E. Greenwich - **49-19 WIN!!!**

<https://www.bostonherald.com/2019/01/19/girls-basketball-boston-herald-emass-top-25-rankings/>

<https://www.bostonglobe.com/sports/schools/rankings/girls-basketball>

Boys Basketball (7-3) - **Boys close tough week with win on Coaches vs Cancer**

1/15/19 - @ Wellesley - 36-35 Loss

1/17/19 - @ Westborough - 63-60 Loss

1/19/19 - Home vs Woburn - **72-29 WIN!!!**

Gymnastics (1-2) - **Rockets back home for 2 meets this week!**

1/18/19 - @ Weymouth - 127.45-127.15 Loss

Alpine Ski - **Strong week!**

Girls - **Team finished 2nd overall!!!**

Olivia Guagliano - 11th, Jessie Hoffmeister 14th, Elizabeth Brandish 15th, Jordan Milstein 17th

Boys - Rok Gundaker places 1st overall!

Nico Dimase 14th, Joey Fleming 16th, Jack Levine 19th, Cy Kurd 25th

Visit <http://nhs.needham.k12.ma.us/athletics> for Rockets Athletic news, updates, forms, links, and complete team schedules. Please also view NHS Boosters Athletic Events Photo Galleries at <http://www.davearnoldphotography.com> for Needham HS athletes and teams in action.

Additional sites to check for more in-depth information and stories are the Needham Times online at http://www.wickedlocal.com/needham/sports/high_school, Hometown Weekly <http://hometownweekly.net/index145.htm> the Needham Patch online at <http://needham.patch.com/sports>, and the Needham Channel YouTube site at www.youtube.com/user/TheNeedhamChannel.

NHS Athletic Events Schedule

1/22 - 1/27

Home Varsity Events (All Other Home Events)

Away Varsity Events (All Other Away Events)

Home Night Varsity Events

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