



Rosh Hashanah 2026/5787

September 11-13

Sanctuary, Contemplative, and Family Services

Friday, September 11: Erev Rosh Hashanah

6:30 PM – 7:45 PM: Sanctuary Service led by Rabbi Lauren Grabelle Herrmann and Cantor Lisa Arbisser

7:00 PM – 8:15 PM: Contemplative Service led by Rabbi Emeritus Michael Strassfeld

Saturday, September 12: Rosh Hashanah Day 1

9:30 AM – 9:50 AM Meditation

9:30 AM – 10:30 AM: Family Services** for Babies to 2nd Grade and Grownups, followed by Children's Blessing in the Main Sanctuary

10:00 AM – 1:30 PM*: Sanctuary Service with the SAJ Choir (childcare provided)

10:30 AM – 12:00 PM: Teens invited to an interactive program for 9th-12th graders. Attendance in the Sanctuary service is also welcome.

10:45 AM – 12:00 PM: Family Services** for 3rd Grade to 8th Graders and Grownups Service

10:45 AM – 1:30 PM: Childcare and Programming for 4-year-olds to 8th Graders (Youth Group and Childcare)

12:00 PM – 1:30 PM: Parents invited to drop off children in childcare/programming and join the Main Sanctuary for Rabbi's Sermon and Lifecycles and Milestones Ritual (Family Services**)

12:00 PM – 1:30 PM: Teens invited to join Sanctuary service. A teen-only hangout space is also available.

4:00 PM – 4:30 PM: Community Tashlich at the Boat Basin** In the case of rain, we will just hold Tashlich. Meet at the Boat Basin (enter on Riverside Drive and West 84th Street)

****Family Services: Led by Rabbi Adam Graubart, Director of Education and Family Outreach, and Stephanie (Steve) Guedalia, Makom and High Holiday Songleader, and Dore Kalmar, musician. A parent or guardian participates alongside the child.**

****Tashlich: An everybody-friendly ritual Casting away of last year's sins and regrets into water. For environmental justice and the health of animals, we will provide birdseed instead of bread. When Tashlich falls on Shabbat, it is moved to Sunday.**

Sunday, September 13: Rosh Hashanah Day 2

9:30 AM – 9:50 AM: Meditation

10:00 AM – 1:30 PM*: Sanctuary Services with Naomi Less and the Hiddur Band (childcare provided)

10:00 AM – 1:30 PM: Teens invited to join the Sanctuary service or help with childcare. A teen-only hangout space is also available.

10:00 AM – 1:30 PM: Supervised play and games for 4-year-olds to 8th Graders; Teens will also have a designated hangout space.

2:15 PM - 3:30 PM: Bring Your Own Picnic at Riverside Park, adjacent to River Run Playground, Riverside Park and 83rd Street (all are welcome to join whether you have attended services or not!)

3:30 PM – 4:00 PM: Community Tashlich at Riverside and 84th. Please bring your own food, drinks, blankets or chairs, and games. In the case of rain, we will just hold Tashlich (no picnic).

*Approximately



Kol Nidre/Yom Kippur 2026/5787

September 20-21

Sanctuary, Contemplative, and Family Services

Sunday, September 20: Kol Nidre

6:00 PM – 7:00 PM: Family Service** Walk and Reflection around the Central Park Reservoir. Meet Rabbi Adam at the Southwest Entrance by 6:00PM.

6:30 PM – 8:30 PM: Tradition, accessible, and song-filled Sanctuary Service led by Rabbi Lauren Grabelle Herrmann and Cantor Lisa Arbisser

6:30 PM – 8:00 PM: Teens invited to join Sanctuary service. A teen-only hangout space is also available.

7:00 PM – 8:30 PM: Contemplative Service led by Rabbi Emeritus Michael Strassfeld

**Family Services: Led by Rabbi Adam Graubart, Director of Education and Family Outreach, and Stephanie (Steve) Guedalia, Makom and High Holiday Songleader, and Dore Kalmar, musician. A parent or guardian participates alongside the child.

Monday, September 21: Yom Kippur Day

9:30 AM – 9:50 AM: Meditation

9:30 AM – 10:30 AM: Services for babies to 2nd Grade and Grownups (Family Services**)

10:30 AM – 12:00 PM: Main Sanctuary Services

10:30 AM – 2:00 PM: Childcare and Programming open for 4-year-olds to 8th Grade and Grownups (Youth Group and Childcare)

10:30 AM – 12:00 PM: High Holiday Teen Program**

10:45 AM – 12:00 PM: 3rd to 8th Grade and Grownups Services (Family Services**)

10:45 AM – 12:00 PM: Childcare for younger children (Childcare**)

12:00 PM – 1:45 PM: Teens invited to join Sanctuary service. A teen-only hangout space is also available (Teen Program).

2:30 PM – 3:30 PM: Congregant-Led Workshops

3:30 PM – 4:45 PM: Special Speaker TBA

5:15 PM – 6:15 PM: Lay-led Mincha Service

6:15 PM – 7:30 PM: Childcare and Programming for 4-year-olds to 8th Grade and Grownups (Family Services**)

6:15 PM - 6:30 PM: Musical Interlude with Cantor Lisa

6:15 PM – 7:45 PM: Teens invited to join Sanctuary service or serve as Teen Assistants for childcare.

6:30 PM – 7:35 PM: Ne'ilah (Closing of the Gates), Havdalah followed by a BYO Break-the-Fast

6:45 PM: All children and teens join for the final prayers and Blast of the Shofar

7:45 PM: BYO Break-the-Fast in the Social Hall. SAJ provides dessert and soft drinks

*All times are Approximate ranges that are subject to change

**Family Services: Led by Rabbi Adam Graubart, Director of Education and Family Outreach, and Stephanie (Steve) Guedalia, Makom and High Holiday Songleader, and Dore Kalmar, musician. A parent or guardian participates alongside the child.