

Severance High School Multi-Activity Participation Contract

Participant's Name _____ Grade _____ Date _____

Primary Activity Coach/Sponsor _____

Secondary Activity Coach/Sponsor _____

We understand that we are committing to each activity above by following the terms listed. In case of an unforeseen conflict, the coaches/sponsors involved will be the determining factor in regards to deciding whether the participant will attend. In such a case that the coaches/sponsors cannot come to an agreement the athletic director will be the person to have the final decision. The participant and/or their parent/guardian will not be able to pick and choose what event(s) they do or do not want to attend.

Student Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Primary Coach Signature _____ Date _____

Secondary Coach Signature _____ Date _____

Athletic Director Signature _____ Date _____

Multi-Activity Guidelines

To be used to determine practice schedules by the multi-activity participant.

1. Primary activity practice takes precedence over secondary activity practice.
2. The athlete is not allowed to leave the primary activity practice to attend secondary activity practice without prior approval of the primary activity coach/sponsor.
3. A participant is not required to attend a secondary activity practice on the day of a primary activity competition/event.
4. If a primary activity practice is missed, the participant is not permitted to attend the secondary activity practice of the same day.

5. If, at any time, the participant does not get approval for the above mentioned items they will/can be disciplined by the primary activity coach. During the discipline period the participant will not be allowed to participate in any practice for the secondary activity.
8. Any punishment handed down by the athletic department will apply to both activities.
9. If a participant decides to try dual activities they will not be allowed to quit a primary activity and just participate in their secondary activity.
10. Positive participation and representation must occur at ALL practices. Respect for coaches/sponsors and teammates is an expectation regardless of primary or secondary.

Multi-Activity Participants

1. Communication with your coaches/sponsors is essential
 - *Coaches/sponsors should know at least one week ahead of time what events you will be competing in and with what program, for both practices and competition. Sit down with a schedule and map it out.
2. Practices
 - *Each activity practices a little differently and at different times. If at any time practices are being missed from the primary due to secondary practice times, the secondary must submit to the primary.
3. Do not let teammates, coaches/sponsors, momentum or other things influence you into going to one and not the other.
 - *Try to have a plan and stick to it, obviously there will be changes along the way but the plan will give some stability.
4. If you ever get overwhelmed, frustrated, or feel pressured come and talk to your coaches/sponsors and the athletic director.
 - *We are trying to provide the best possible experience for you while providing the best experience for the other participants in the program as well.
5. Grades are #1
 - *If you find that your grades are declining, secondary activity practices must be limited or completely removed from your schedule until grades improve.