Chunyi Li - Spring Forest Qigong (Level 1-4)

This ancient Chinese "practice" can take away stress, pain, and sickness from your body at speeds that will amaze anyoneleaving you with more energy You have seen people on television who could heal others with their touch. Or people who could pass healing energy to other people.

Introducing the Spring Forest Qigong Personal Learning Course.

Finally, you can learn to make use of this healing energy that many say results in modern-day miracles.

A respected Medical Doctor at the "University of Minnesota Medical School" writes about Spring Forest Qigong

"I would place this equal in importance to the incredible and simple discoveries in the forties called antibiotics and in the fifties called immunizations."

SFQ helps

- * General pain: neck, shoulder, knee, postoperative pains, arthritis, joint pain
- * Migraine headaches, sinus problems, allergies
- * Spinal problems
- * Weight Control
- * Hearing or sight problems
- * Female or male organ problems
- * Kidney or liver dysfunction
- * Strokes
- * Glandular dysfunction such as thyroid problems
- * Anxiety
- * Diabetes problems
- * Gall or kidney stones
- * Heart disease: heart attacks, congestive heart failure, recovery from heart surgery, and general heart dysfunction
- * Circulation problems
- * Depression
- * Cancers
- * Lung problems
- * Digestion problems
- * Autoimmune dysfunction such as AIDS and lupus
- * Bone marrow problems
- * Mental disorders: post traumatic stress disorder, panic attacks, addictions, obsessive/compulsive disorder, hyperactivity, dyslexia

- * Comas
- * Stress