



September, 2026

Check below for important senior updates and upcoming events at Placer, UC/CSUs, community colleges and more!

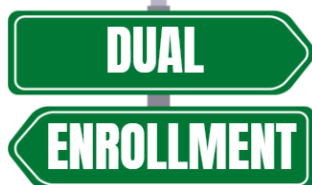
➤ Check out our **Senior Spotlight** topics at the end of this newsletter.

- ★ Topic of the Month - [Creating a Resume](#)
- ★ Schools of the Month - [Cal Poly Comparison \(SLO, Humboldt, Pomona\)](#)
- ★ Career of the Month - [Law Enforcement](#)



COUNSELING UPDATES

Dual Enrollment Parent Information Night



If you have a current Dual Enrollment Student or your student plans to take a Dual Enrollment Class in the future, and want more details on process, benefits and how to support your child, please join us on Wednesday, September 16th. The Dual Enrollment Presentation will include a time for Q&A.

When: Wednesday, September 16, 5:30-6:30pm

Where: Placer Auditorium

Find Out Which Career or Major is Best for You?

There are several resources that have helpful assessments to tell you more about yourself and what careers may align with who you are as a person.

- ➔ Sierra College has two different assessments. The first is a quick 6 question assessment, the other is a detailed 60 question assessment. [Click here](#) to learn more.
- ➔ The California Colleges website also has their own personality test. From there, you can explore different career profiles and check out which schools have corresponding majors. To get started, create an account [here](#).



Senior Presentation by Counselors

Class of
2027

During the week of August 24th, our counselors held a Senior Class Advisory during Senior English & Government/Economics classes. [Check out the presentation here!](#) It was also emailed to students for access to content and supportive links.

UPCOMING EVENTS

EVENTS ON THE HILL

Upcoming Hilltime Workshops for Seniors

This month, the counseling department will be holding several workshops to help students with their UC and CSU College Applications as well as several college & trade school rep.visits. Rep visits are an excellent way to start getting to know which schools you may be interested in attending next year or in the future.

Each Monday your student can sign up for the scheduled Workshops & College Rep. visits for that week.



UC Application Workshops - Along with the Hilltime UC App Workshops, you can [click here to view the UC App Workshop Google Slide presentation](#) on getting started with your UC Apps.

CSU Application Workshops - Along with the Hilltime UC App Workshops, you can [click here to view the CSU App Workshop Google Slide presentation](#) on getting started with your CSU Apps.

Tues.	9/15	PIQ - Personal Statements for College Application Workshop
Fri.	9/18	UC Application Workshop
Tues.	9/22	Rep Visit from Southern Oregon University
Fri.	9/25	UC/CSU Application Workshop
Wed.	9/30	Rep Visit from Grand Canyon University
Fri.	10/2	CSU Application Workshop
Tues.	10/6	Rep Visit from UC Santa Barbara
Wed.	10/7	Rep Visit from Willamette University
Thurs.	10/8	Rep Visit from Cal Baptist University
Fri.	10/9	Rep Visit from University of San Francisco
Fri.	10/9	CSU Application Workshop
Fri.	10/16	Rep Visit from Oregon State University
Fri.	10/16	CSU Application Workshop

SAVE THE DATE: 2026 College Night

Don't miss the free 2026 College Night at Del Oro High School on Monday, October 5th from 5:00 - 8:00 pm. Meet college & university representatives, community college, technical schools and military representatives. Learn more about various programs, scholarship opportunities, financial aid and more. [Click here for more information.](#)



**PLACER COUNTY
FOOTHILLS HIGH
SCHOOLS CONSORTIUM**

COLFAX HIGH SCHOOL | DEL ORO HIGH SCHOOL | FORESTHILL HIGH SCHOOL | PLACER HIGH SCHOOL | ROCKLIN HIGH SCHOOL | WESTERN SIERRA COLLEGIATE ACADEMY | WHEATLAND UNION HIGH SCHOOL | WHITNEY HIGH SCHOOL

Monday, October 5

Del Oro High School
3301 Taylor Road, Loomis CA 95650

5:00 to 8:00 PM
5:00 - 8:00 - Breakout Sessions
6:00 - 7:30 - College Fair

FREE ENTRY!

**COLLEGE
NIGHT
2026**

Sierra College Preview Day



**PREVIEW
DAY**

**SIERRA
COLLEGE**

EXPLORE Campus Tours **DISCOVER** Live Demonstrations **CONNECT** Faculty | Clubs
LEARN Two Years Free Tuition | Academic Programs **EXPERIENCE** Museum | Prizes

VISIT 5100 Sierra College Blvd., Rocklin, CA sierracollege.edu/previewday

Join Sierra for their 2026 Preview Day coming up **Saturday, October 3** from 10am - 3pm! Preview Day is open to prospective students, families and community members. It is also an excellent opportunity to explore the campus and see what Sierra College has to offer through their career ready CTE programs, AA/AS Degrees and transfer options. Sierra College is an amazing low and sometimes no-cost opportunity to learn the skills you need. [Register and find out more details here!](#)

Scholarship Highlights!

Scholarships aren't just for University - Going to a trade school or to Sierra? Check out all the opportunities for \$\$

Every issue will also highlight scholarship opportunities that are available for your senior. Make sure to check our [PUHSD Scholarship List](#) for all of our upcoming scholarship opportunities. **NEW OPPORTUNITIES ARE**

ADDED WEEKLY!! So, check back often!! Last year, our seniors were awarded over \$200,000 in scholarships from the scholarship opportunities. Now is the perfect time to get your scholarship application templates ready!



- **The Lindsey Vonn Foundation** Offers scholarships for girls ages 10-18 that pursue enrichment & sports opportunities. [Click here](#) for more info. & to apply. **DUE 10/31/26**
- **Voice of Democracy** Open to any senior. Complete an audio essay on "Is America Today our Forefathers' Vision?" [Click here](#) for more info. or to apply. **DUE 10/30/26**

SCHOOLS OF THE MONTH: Cal Poly Comparison



Cal Poly Humboldt

Setting: Rural

Student-faculty ratio: 17:1

Classes w/ < 20 students: 39%
5,474 undergraduate, fall 2024

Acceptance Rate: 92% average

Tour the campus [here](#).

Fall 2027 Apps Due Dec. 2, 2026

US News & World Report has ranked [California Polytechnic University, Humboldt](#) 13th in Top Public Schools and 23rd in Regional Universities West. Located in beautiful Arcata, California near the ocean and among the redwoods, Cal Poly Humboldt has a rural setting with a campus size of 144 acres. There are many [clubs and organizations](#) to join at Cal Poly Humboldt as well as 3 fraternities and 3 sororities. [Click here](#) to learn more about student life.

Cost (before aid):

Tuition - \$8,828

Housing/Meals ≈ \$14,306 (*on campus*)

Athletics: [The Lumberjacks](#) compete in NCAA Division II

Most popular majors: Psychology, Social Work, Business Admin/Mgmt., Environmental Science, Wildlife, Fish & Wetlands Science/Mgmt., Biology/Biological Sciences, Sports, Kinesiology & Physical Education/Fitness, Art Studies, English Language & Literature & Liberal Arts & Sciences.

[Click here](#) to learn more.



Cal Poly Pomona

Setting: Suburban

Student-faculty ratio: 25:1

Classes w/ < 20 students: 24%
25,255 undergraduate, fall 2024

Acceptance Rate: 74% average

Tour the campus [here](#),

Fall 2027 Apps Due Nov. 30, 2026

US News & World Report has ranked [California Polytechnic University, Pomona](#) as #3 for Regional Universities West and #2 in Most Innovative Schools & Top Public Schools. Cal Poly Pomona also has one of the top ranked engineering programs as well as offers over 300 official clubs and organizations including student government to choose from. Their [Bronco Recreational Intramural Complex](#) (BRIC) is a state-of-the-art recreational complex complete with a climbing wall, a track, fitness studios, various courts & a pool.

Cost (before aid):

Tuition - \$7,780

Housing/Meals ≈ \$16,202 (*on campus*)

Athletics: [The Broncos](#) compete in NCAA Division II.

Most popular majors: Business Administration & Management, Psychology, Civil Engineering, Computer Science, Sociology, Biology, Hospital Admin /Management, Mechanical Engineering, Speech Comm., Sports, Kinesiology & Physical Ed. [Click here](#) to learn more.



Cal Poly San Luis Obispo

Setting: Suburban

Student-faculty ratio: 19:1

Classes w/ < 20 students: 18%
21,947 undergraduate, fall 2024

Acceptance Rate: 31%

Tour the campus [here](#).

Fall 2027 Apps Due Nov. 30, 2026

US News & World Report has ranked [Cal Poly, San Luis Obispo](#) first for Regional University West, Most Innovative Schools, and Top Public Schools. Their Undergraduate Engineering Programs ranked #5 overall with their Civil, Electrical & Mechanical Engineering programs ranked 2nd and Computer Engineering taking the #1 spot. Cal Poly SLO offers almost 70 undergrad majors, 80 state-of-the-art laboratories. Students have 300 student organizations to choose from with 50 clubs specifically dedicated to the College of Engineering.

Cost (before aid):

Tuition - \$14,682-15,720

Housing/Meals ≈ \$19,443 (*on campus*)

Athletics: [The Mustangs](#) compete in NCAA Division I as a member of the Big West Conference.

Most popular majors: Engineering, Architecture, Business/Management/Marketing, Agricultural / Animal / Plant / Veterinary Services, Social, and Computer Information Sciences, Biological & Biomedical Sciences, Parks/Rec./Fitness/Kinesiology [Click here](#) to learn more.

TOPIC OF THE MONTH: Creating a Resume

Whether you're prepping for college apps and scholarships, finding a job, or are uncertain what you're going to do after High School, a resume can be very helpful to have. It keeps all the info about your experience and accomplishments in one place. You will eventually need one as you apply to scholarships, internships, jobs, etc. so it's a good idea to get it done now while you have people to review it and make sure you are presenting yourself in the best way!



Here's a few tips for High School students:

- If you have a GPA above 3.5, make sure it's listed
- Include any classes, activities, or leadership positions that are relevant to the scholarship, job, etc. for which you are applying
- List any advanced classes you have taken
- Even if you don't have the ability for job experience, list the experience you do have! This can include babysitting, church activities, involvement in a club/volunteer organization, etc.

To get you started, check out these resources:

- [High School Resume Example & Summary](#)
- [Placer High School Scholarship Application, \(page 2\) Resume Builder](#)
- [Creating a Resume When You Have No Experience](#)
- [50+ Resume Examples & Templates](#)
- Resume Templates on Google Docs - [here](#) and [here](#)

See your counselor if you have any questions or if you want feedback on your resume.

CAREER OF THE MONTH: Law Enforcement

Jobs in the field of Law Enforcement can include:

- ★ [Police and Detectives](#)
This includes police officers, detectives, criminal investigators, fish and game wardens, sheriffs, FBI agents, and transit and railroad police.
 - ★ [Correctional Officers and Bailiffs](#)
 - ★ [Probation Officers and Correctional Treatment Specialists](#)
- ★ [Federal Agent](#)
 - ★ [State Trooper](#)
 - ★ [Animal Control Officer](#)
 - ★ [Park Ranger](#)
 - ★ [Criminal Investigator](#)

In Law Enforcement, most jobs require you to attend their Academy - this applies to officers, sheriffs, detectives, & correctional officers. Probation officers typically need a bachelor's degree & are required to pass a number of tests given by the employer. While most jobs in Law Enforcement only require a high school diploma (or equivalent), some do require completion of college courses. A criminal justice,



administration of justice, or a similar major will help you when you get to the Academy. The growth in this field from 2021-2031 is expected to be slower than average which means getting a job may take some time or you may need to relocate to find police departments that are hiring. Click on the links above for each position to learn more about what they do, how much money they make, the education and training necessary, and the steps to achieve your goal.

Jobs that are similar or related to Law Enforcement include:

- ★ [Private Detectives and Investigators](#)
- ★ [Forensic Science Technicians \(includes Crime Scene Investigators - CSI\)](#)
- ★ [Dispatchers \(Public Safety Telecommunicators\)](#)
- ★ [Security Guard](#)

Senior Resources

College

- [UC](#)
- [CSU](#)
- [CommonApp](#)
- [CA Community Colleges](#)
- [College Search](#)
- [California Colleges](#)

Scholarships

- [District Scholarship](#)
- [Bulletin](#)
- [Scholarships.com](#)
- [Scholarships360](#)
- [FinAid.org](#)
- [FastWeb](#)
- [SallieMae](#)

Career

- [OneStop](#)
- [Career Search](#)

Placer Resources

- [Letter of Rec Request](#)
- [College Planning for Seniors](#)

[Title IX/Title II Reminders](#)

