

Best Mattress for Sitting Up in Bed in 2022

Since the COVID-19 pandemic broke out, more people are opting for remote jobs now more than ever. This implies that more people prefer to work from home, especially from the comfort of their beds. Hence, the increased demand for the **best mattress for sitting up in bed**.

To help you make an informed decision in your hunt for the best mattress that supports your needs and gives you value for your money, hence, we have made a compendium of viable products. We also provide helpful tips, to give you a wholesome perspective to the decision process. Enjoy the read.

A Quick Preview

1. Best Overall - Editor's Choice - [Puffy mattress](#)
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Our Review of the 5 Best Mattress for Sitting Up in Bed in 2022

Best Overall - Editor's Choice - [Puffy mattress](#)



Highlights

- Consists of core components that provide strong and sturdy mattress support, making it a convenient weight support option when you sit in bed.
- Flexible to work with any frame or surface, such as slats, flat frames, box springs, and adjustable frames.
- Contains curated memory foam for proper spine alignment and back support.

The Puff mattress is our top choice of the **best mattress for sitting up in bed** because it combines pressure relief and firm mattress support. In addition, it is renowned for being a soft, airy hybrid mattress. As a result, this mattress will effectively lessen the aches and pains you may feel from sitting on extremely firm mattresses.

The softness and support of the Puffy mattress may also be beneficial for arthritis patients. It will drastically alleviate joint pains that may arise from sitting in bed for a long time.

Puffy also employs a cooling gel infusion to assist counter memory foam's propensity to trap heat. So, you wouldn't have to worry about the heat while sitting in your bed.

Additionally, if Puff mattress, like all-foam mattresses, shows any sign of depression after some time, you can immediately request a new one, given that Puffy has a lifetime warranty. This is a win-win option since you will get a brand new mattress at no cost.

Runner-Up - [Saatva](#)



Highlights

- Provides firmness options that allow easy movement and swift position change while sitting in bed.

- Offers efficient body contouring that helps with back pain relief and pressure release so your muscles can relax while you sit in bed.
- Offers a gracious 365-day trial period and swift refunds so hesitant shoppers can get a perfect fit.

Saatva's traditional **mattress is our runner-up with an impressive quality similar to the Puffy mattress. Saatva mattress has a distinct** build that will impress anyone who frequently sits on the edge of the bed. The Saatva has additional edge support because of its double coil enclosed in a sturdy, high-density foam. As a result, the firmness of the mattress against your body weight while sitting is guaranteed; you wouldn't have to worry about any dents after sitting for a while.

Anyone who feels hot after spending some time sitting up in bed will find that the Saatva breathable cotton delivers a cool temperature. Because of its innerspring composition, the mattress naturally allows air to move through rather than get trapped.

The Euro-top provides softness, while Saatva's dual coil layers offer responsive support. These two components combined make a perfect pressure-relieving mattress ideal for people who want to avoid or treat back pain that arises from sitting in bed for a long time.

That's not all; a 15-year guarantee and a 180-night sleep trial are some of the perks of purchasing a Saatva mattress. Saatva also provides free white-glove delivery and will remove your old mattress and base for no additional cost. How cool is this?

Best for Partnered Sleepers - [AS3 by Amerisleep](#)



Highlights

- It offers great pressure alleviation and contouring with a back cushioning effect, allowing you to sit in bed comfortably.
- Makes an excellent motion absorber, so you don't have to worry about your partner's movement when you sit in bed.

- It is built with top-notch components; its form mattress has CertiPUR-US certification and sturdy pocket coils, making it comfortable weight support for any sitting position.

Memory foam enthusiasts might be drawn to the AS3 by Amerisleep. Despite the mattress' firmness, you'll be able to sink in and enjoy its body-contouring feature.

Its cover is extremely breathable, and its comfort layer is constructed of exclusive Bio-Pur foam, which is more aerated than conventional memory foam. This makes a suitable choice if you frequently feel hot while you sit in bed.

Because memory foam responds slowly to pressure and absorbs a lot of movement, Amerisleep mattresses generally do a good job isolating motion. With the AS3 by Amerisleep mattress, you can sit in bed without being disturbed if you share a bed with a partner. However, if you are considering a mattresses that involves your partner's active participation, you can read our article on [mattress for sex](#).

Best for Heavier Sleepers - [Winkbed](#)



Highlights

- Its reinforced edge support system offers exceptional weight support that allows you to sit and not sink in bed.
- Provides significant air circulation to increase the cooling effect that makes you more comfortable when you sit in bed for a long time.
- Features pocketed bounce coils that drastically reduce motion transfer, making you sit undisturbed while you share your bed with a partner.

The WinkBed model is one of the **best mattresses for sitting up in bed** for plus-size persons because it is specifically made for those who weigh more than 300 pounds. In addition, it

uses anti-sag, high-density polyfoam, and strengthened steel coils to make it more robust and less likely to develop permanent dents.

Each WinkBed firmness level has a coil-on-coil design that promotes lots of airflows and a Tencel cover that wicks sweat away. Because of its construction, the WinkBed Mattress is a wonderful option for those who easily get hot when they sit in bed.

Zoned coils in the WinkBed Mattress offer lumbar support, making it a top pick for persons with back pains. In addition, the WinkBed is a fantastic alternative if you're searching for a high-density responsive bed with a robust support system that makes you sit comfortably, especially as a plus-size.

Best Cooling Option - [GhostBed Luxe](#)



Highlights

- Its top latex layer makes for a bouncy and responsive feel making you feel your weight while you sit in bed.
- It has a very thin and breathable cover making the temperature cool rather than hot while you sit in bed.
- High-quality design at an amazing price range, with exceptional value for money.

The original GhostBed is a bed in box with exceptional cooling features. With a soft and breathable cover, GhostBed uses cooling-friendly materials, including naturally cooled latex and memory foam with a gel infusion. This mattress is highly recommended for those who easily get hot when they sit in bed for a while since added ventilation ensures that plenty of air can travel through the mattress, preventing too much body heat retention.

The Original GhostBed is a comfy alternative for individuals looking for pressure relief and support because it is constructed with an unusual blend of aerated latex, memory foam with

gel, and robust high-density poly foam. For as long as you like, you can sit comfortably in bed thanks to this support's pressure-relieving effect on the lower back.

GhostBed is a bed-in-a-box that gives you premium value for its price because it is made of higher-quality materials. This mattress is conveniently among the best mattresses to sit up in bed if you want to enjoy optimal cooling features. Interestingly, there is a [combo bundle](#) and it's perfect for sitting in bed.

Factors to Consider When Getting a Mattresses that Makes You Comfortably Sit in Bed

Getting the perfect mattress that checks all the boxes for your utmost comfort when you sit in bed is more technical than most people realize. There are key factors that can make your purchase worthwhile or regrettable. Here are key factors to keep at the back of your mind before purchasing the best mattress to sit up in bed:

- **Don't forget your body type**

How soft or firm you anticipate a bed to feel depends on how much weight it will support [\(1\)](#). For plus-size persons, a hybrid mattress is best. These mattresses have a steel base layer and are substantially more supportive than all-foam beds. However, if you weigh under 200 pounds, most foam beds are just fine for you. Ensure that you specifically know the full constituents of a mattress before you purchase it.

- **Know your budget**

You get what you pay for when buying a mattress, even though every mattress is supposedly an investment in your comfort. It is hence important that you prepare an appreciable amount if you intend to purchase a good mattress. With that being said, you can choose from any of these general mattress categories arranged in order of comfort and price:

- **Budget Mattress:** This provides both support and comfort while being quite affordable.
- **Average Mattress:** This is a mattress sold in a box reportedly priced to a standard.
- **Affordable luxury mattress:** This type has active cooling covers or extra-supportive dual-layer innerspring construction.
- **Luxury mattress:** This mattress has unique extra qualities that aren't in regular mattresses. These qualities include exceptional thickness and numerous layers of comfort and support.

- **Verify warranties**

Make sure the mattress has a decent warranty before you buy it in case it malfunctions or is damaged. The **best mattresses for sitting up in bed** often come with a minimum 10-year full replacement or free warranty.

- **Look for return and trial policies**

Many mattress providers offer a trial period that promises refunds if you're dissatisfied with their mattresses within a specific time limit. Make sure you read, comprehend, and agree with the fine print terms before purchasing such mattresses.

- **Talk to your doctor**

Ask your doctor for advice if you suffer from a back ailment. Despite not being a mattress specialist, your doctor can advise you on key mattress components that will help your back and encourage proper spinal alignment and good posture. You don't want to spend your money purchasing a mattress that may worsen your health condition, so ensure you get your doctor's advice.

Quote Box

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FAQs

- **What mattress sizes encourage sitting up in bed?**

Depending on your weight, health, pocket, and preference, Queen size (60" x 80"), Split Queen size (30" x 80"-2) and King size (76" x 80") are good mattress sizes that encourage sitting up in bed.

- **What is the price of the best mattress for sitting in bed?**

The best mattresses for sitting up in bed can range from \$900 to \$3000. The cost will vary according to the brand, size, materials, and additional elements like delivery and setup.

- **What is the lifespan of a mattress for sitting up in bed?**

The lifespan of a mattress largely depends on the materials used in its construction [\(2\)](#). For instance, a typical innerspring mattress will last between 5 and 7 years, while most memory mattresses, depending on how they are made, can last anywhere between 10 and 20 years.

- **Is a firmer mattress always a better choice for sitting up in bed?**

A firmer mattress may not always be the best option for sitting up in bed. A firm mattress without balanced support and comfort can cause shoulder and upper back pain. Therefore, choosing a mattress should depend on your specific needs; rather than firmness. For more clarification, you can read our article on mattresses with [extra firmness](#).

Conclusion

Different people have different reasons for which they need to sit in bed; undoubtedly, these reasons are increasing by the day. The list is endless, from working to attending lectures, watching a movie, and completing other tasks.

With our compilation of the **best mattresses for sitting up in bed**, you can never make a wrong purchase. This compilation was made in your sole interest, as the end user, and of course, you deserve the best. Our top pick, the Puffy mattress, is a medium-firm gel-infused memory foam mattress that provides adequate body contouring and incredible support, perfect for sitting up in bed.

Have you owned any of these mattresses before? Or are you thinking of getting any one of these mattresses? Let us know in the comment section. And if you have any questions, please feel free to ask in the comment section.

References

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