

Ohana Mua Loa Guidelines

Welcome to Ohana Mua Loa (Family always and forever)! Are you interested in trying a new dance or doing something to cure your boredom over summer? Then you are in luck! This club will surely solve your problem! In this class you will be learning the basics to our dances, a little bit about the culture, and get a chance to perform in front of a stage for the first time or something to do for fun. This is a **FREE** class sign up to join.

Start Date: Tuesday, June 14th- July 29th

Location: Eastridge mall

Eastridge community: Near JCPenny, second floor behind cinnabon

Practice is every Tuesday and Friday: 6-6:50pm Hula | 7-7:50pm Tahitian

Things to bring: Water bottle

Attire: black shirt or black tank top and shorts for the Sarong wrap

Download the app: Stack teamapp (Just for communicating wise through text)

Hula- arm movements for symbolism (Slower pace and highly recommend for beginners)

Tahitian- hip movements for the storytelling (faster pace and beginners too can join as well)

Any questions just DM us on IG @ihsohana or email ohana.mualoa22@gmail.com