

NATIONAL FEDERATION OF STATE
HIGH SCHOOL ASSOCIATIONS



2022 Girls Lacrosse Rules Interpretations

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2022 NFHS/USAL Girls Lacrosse Rules Book Corrections: (Underlining shows additions; ~~strikethrough~~ shows deletions.)

Page 62, 10.1 PEN SITUATION A: (10-1~~ut~~)

Page 67, 12-8 MISCONDUCT PENALTIES 3b: If a goal is scored, ~~...with the opposing center 4 meters away at a 45-degree angle.~~

Page 78, COMMENTS ON THE 2022 RULES CHANGES: 2-6-1b, c, NOTE (NEW): In an effort to align..., a molded and non-rigid helmet eye shield...

2022 SITUATIONS:

SITUATION 1: The Blue team is awarded possession on a boundary following a missed pass by the Red team. A Blue player runs off the field, picks up the ball and calls a possession time-out. Following the time-out, a different Blue player commences play on the official's whistle from the spot on the field relative to where the ball went out of bounds.

RULING: Correct procedure.

COMMENT: Play will commence on the official's whistle after a possession time-out. Any Blue player may take the boundary ball and shall resume play on the field within 2 meters of a boundary line. All others must be a minimum of 2 meters from the player with the ball. (4-3-3a, 6-3-1)

SITUATION 2: A Blue player is whistled for an empty stick check at midfield on Red No. 5. The Red team calls a possession time-out. Following the team time-out, Red No. 9 replaces Red No. 5 on the field.

RULING: Illegal procedure.

COMMENT: Any player may substitute following a team time-out, except for the player awarded the ball and the offender. (4-3-3; 9-1 PENALTIES for Violation of 9-1-1a, b and e-r)

SITUATION 3: During play, Red player No. 2 runs to the sideline to exchange a crosse. As No. 2 approaches the sideline, a Red coach enters the substitution area with a crosse. The Red coach, positioned in the substitution area, reaches out and exchanges crosses with player No. 2 running on the field by the substitution area.

RULING: Legal.

COMMENT: A player or coach is allowed to enter the substitution area to exchange a crosse when a player on the field is in the act of running to the substitution area. The crosse must enter and exit the field through the substitution area. The player exchanging a crosse may, but is not required, enter the substitution area to exchange the crosse. (4-7-5b, 9-1h)

SITUATION 4: The Red goalkeeper reaches out to bring the ball back into the goal circle with one foot completely out of the circle and one foot in the air above – but within the plane of – the goal circle.

RULING: Legal procedure.

COMMENT: The goalkeeper may reach out and bring a ball back into the goal circle provided a foot is inside (breaking the plane) of the goal circle. (7-1-2e, 7-2-1d)