

# PAS Example

Pain/Desire is highlighted in Yellow

Amplify is highlighted in Blue

Solution is highlighted in Green

## Email

**Subject Line: How to beat a foggy mind and get work done**

You sit in front of your task, groggy, lethargic, and clouded as any other day.

You think and think about ideas that will lead you to success...

Just to come up with **absolutely nothing**.

Your mind is completely dull.

How many times did you carve out time and energy from your day just for it to lead nowhere?

All because you lack the **focus, energy, and motivation** to get sh\*t done.

Stop walking away from your work empty-handed.

Stop lingering in the thought that you could have accomplished so much more.

If you just had a **clear mind, deep focus**, and the ability to **never get distracted**.

[Click here if you're ready to be able to "zero in" on your work, and double down on your productivity like never before.](#)