

Ear Nose and Throat Doctors Brooklyn NY: Nasal, Sinus & Allergy Care

Searching for ear nose and throat doctors in Brooklyn NY who'll actually dig into what's causing your congestion instead of handing over another spray? Dr. Raj Bhayani's been doing this over 25 years now, board-certified ENT specialist, treating nasal, sinus, and allergy conditions at the New York Institute of Otolaryngology & Aesthetic Surgery. Patients come from Brooklyn and Rego Park, Queens both.

[Book an Appointment](#) | [Call \(347\) 342-1331](#)

Why Experience Actually Changes the Outcome

Among ear nose and throat doctors in Brooklyn NY, experience starts mattering more once symptoms stop staying in their own lane, which happens constantly. Years in the field means chronic sinus stuff, nasal congestion, and allergy symptoms get looked at as one connected picture rather than three separate complaints.

Conditions We Treat

Nasal, sinus, and allergy problems rarely behave individually. What tends to come through the door:

- Sinus infections that keep coming back
- Nasal congestion sticking around for weeks
- Post nasal drip and the cough riding along with it
- Allergies, seasonal or year-round
- A deviated septum causing structural blockage
- Nasal polyps, sometimes with a dulled sense of smell

When a Sinus Doctor Specialist Near Me Actually Makes Sense

People wait too long before typing sinus doctor specialist near me into a search bar, mostly because congestion feels like an annoyance rather than urgent. Past ten days without letting up, that's usually the point. Same with infections hitting three or more times a year, or blockage that's weirdly stuck to one side only. Sound familiar? Probably time to just [book the appointment](#) instead of riding it out another month.

How Diagnosis and Treatment Actually Work

Usually starts with a look inside the nose, sometimes a small scope, checking for polyps or something structural like a crooked septum. Allergy testing often follows, since a lot of chronic sinus trouble traces back to an allergy nobody's caught yet. Treatment from there could mean managing allergies directly, prescription sprays, or something more targeted, balloon sinuplasty being one option depending on what's actually going on.

What Sets This Practice Apart

- Experience. Over 25 years, specifically nasal, sinus, and allergy work, nothing generalized about it.
- Expertise. Board-certified, American Board of Otolaryngology.
- Trust. Same-week scheduling, and it's genuinely same-week, not a phrase that means three weeks later.
- Access. Rego Park gets the identical treatment standard Brooklyn does, no watered-down version.

Visit Us

New York Institute of Otolaryngology & Aesthetic Surgery

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Phone: [\(347\) 342-1331](tel:(347)342-1331)

Hours: Monday–Friday, 9 AM–5 PM

[Book Online](#) | [Call Now: \(347\) 342-1331](tel:(347)342-1331)

Frequently Asked Questions

What exactly is post nasal drip?

Mucus that's supposed to drain out the front of your nose ends up running down the back of your throat instead, and it shows up as a cough or throat-clearing that just won't stop.

When's it actually worth seeing someone about congestion?

If it's been more than ten days, or infections keep circling back, or one side of your nose stays blocked while the other's fine, any of that's enough reason to get looked at.

Is allergy testing something offered here too?

Yeah, definitely. A ton of sinus cases that seem chronic actually trace back to an allergy that was never caught, so testing tends to be part of the workup.

Does Rego Park get the same care Brooklyn does?

Same doctor, same approach, nothing different about it just because of the zip code.

Living around congestion that's clearly not going anywhere on its own gets old fast. Might be time to just call and get it looked at properly.

[Schedule Your Consultation Today](#) | [Call \(347\) 342-1331](tel:(347)342-1331)