



bicycle safety checklist

A Checklist for All Bicycles		Needs Work	OK
Wheels	Do the wheels spin properly?		
	Are wheels centered and secure in frame?		
	Is the wheel rim round when spinned?		
	Do the wheels run properly, without wobbling?		
Tires	Any bulges, cuts, worn or bald spots?		
	Are the tires firm?		
	Is the tread good?		
Brakes	Are they working and secure?		
	Cables and casings in good shape?		
	Do the brakes stop the bike quickly and smoothly?		
Spokes	Are the spokes right and in place?		
	Are the spokes unbroken? (If the spokes are tight, they will make a high pitched noise when plucked.)		
Chain	Is the chain in good condition?		
	Has the chain been lubricated?		
	Is the chain clean?		
	Does the chain fit snugly and have the proper tension? (It should fit snugly, with no more than 2 inch slack. If links are rusted or frozen, the chain should be replaced.)		
Pedals	Are the pedals secure?		
	Do pedals turn easily without moving from side to side?		
	Are the reflectors in place?		
Seat	Is the seat adjusted?		
	Is the seat secure?		
	Is the seat parallel to the ground?		
Handlebars	Are they straight and secure?		
Frame	Is the frame clean?		
	Is the frame strong enough for rider?		
	Are nuts, bolts and fasteners tight?		

