

Psychology

Academic Planning Worksheet 2023-2024

Simmons University

Office of Undergraduate Advising

Notes

- Major requires at least 40 semester hours (9 Psychology courses and 1 Statistics course).
- Simmons requires that all undergraduates complete a minimum of 128 credits of coursework, fulfill PLAN and major/program requirements, and submit a Senior Audit form to graduate.
- You must declare a major prior to earning 80 credits.

Core Requirements

Majors will complete a core of the following courses.

Course #	Course Title	Credits	Completed
PSYC 101*	Introduction to Psychological Science	4	
STAT 118	Introductory Statistics (or higher)	4	
PSYC 201	Biological Psychology	4	
PSYC 203	Research Methods in Psychology	4	
PSYC 345	History and Systems of Psychology (senior year)	4	

*AP Psychology Test Score of 4 or 5 may be used to replace the PSYC 101 requirement

Choose at least ONE Basic Processes course.

Course Selected	Credits	Completed
	4	

PSYC 243	Cognitive Psychology
PSYC 244	Drugs and Behavior
PSYC 245	Learning and Conditioning
PSYC 246	Motivation & Emotion

Choose at least ONE Social and Developmental course.

Course Selected	Credits	Completed
	4	

PSYC 220	Psychology of Gender
PSYC 235	Developmental Psychology
PSYC 236	Psychology of Adolescence
PSYC 239	Psychology of Aging
PSYC 248	Social Psychology

Choose at least ONE Clinical and Personality course.

Course Selected	Credits	Completed
	4	

PSYC 230	Theories of Personality
PSYC 231	Psychopathology and Mental Health
PSYC 232	Health Psychology

Capstone

Students fulfill the capstone requirement in the Department by completing two Courses: One Upper-Level Theory and Application Course and One Upper-Level Research Course (listed below).

Choose at least ONE Upper-Level Theory and Application course.

Course Selected	Credits	Completed
	4	

PSYC 331	Seminar in Clinical Psychology
PSYC 335	Social and Emotional Development
PSYC 336	Childhood Psychopathology
PSYC 328	Advanced Special Topics

Choose at least ONE Upper-Level Research course.

Course Selected	Credits	Completed
	4	

PSYC 301	Research in Biopsychology
PSYC 303	Research in Cognitive Processes
PSYC 304	Research in Personality
PSYC 305	Research in Child Development
PSYC 308	Research in Social Psychology

Independent Learning Opportunities in Psychology

Independent learning experiences enrich a student's education in Psychology and can distinguish a student's qualifications when applying for employment and admission to graduate school. Although not required for the Psychology degree, majors are strongly encouraged to speak with their advisors about integrating one or more of the following courses into their plan of study:

PSYC 350	Independent Study
PSYC 355	Thesis in Psychology
PSYC 380	Fieldwork (Note: Must apply in spring before senior year)
PSYC 381	Thesis in Fieldwork

PLAN Requirements

The Simmons PLAN is the undergraduate general education program. Some PLAN courses will be fulfilled with courses required for this major, as indicated below. Additional PLAN requirements may be fulfilled through electives, courses in minors, or other course offerings. Work closely with your advisor(s) to choose courses.

Year/ Semester	PLAN Course Requirements	Completed	
One/ Summer	Math: 1) Prior to first year, pass Math Placement Exam or 2) In first year, enroll in MATH 101 (4 credits)		
One/ Fall	BOS 101: The Boston Course (4 credits)		
	SIM 101: The Simmons Course: Explore (2 credits)		
One/ Spring	LDR 101: The Leadership Course (4 credits)		
Two	Integrative Learning Course (4 credits)		
	SIM 201: The Simmons Course: Experience (1 credit)		
Three	SIM 301: The Simmons Course: Excel (1 credit)		
Other PLAN Requirements		Courses Used to Fulfill	Completed
Language: (8 credits) Successful completion of the 102 level in any modern language or the equivalent determined through approved channels as outlined below. - Complete the 102 level in any modern language at Simmons University or another accredited academic institution with pre-approval from the Department of Modern Languages and Literatures. - Place above the 102 level on the placement exam administered by Simmons University. - Received a 3 or above on an AP modern language exam. If students have taken or wish to take other equivalent exams, they should consult with the MLL Department.			
Quantitative Literacy (QL)		STAT 118 or higher	
Key Content Areas (KCAs): May be met by major, minor or Integrative Learning courses.	Aesthetic, Literary and Artistic (ALA)		
	Global Cultural (GC)		
	Scientific Inquiry (SCI)	PSYC 201	
	Social and Historical (SH)	PSYC 345	