

The Success Rubric Worksheet

Allow for 20 minutes for this exercise. This can be done individually or with a group.

Tips: (1) Either print or make a copy (found under File) to fill in. (2) If you have a trusted person, such as a supervisor, mentor, or academic BFF, you may wish to discuss your rubric with them.

	Not Good	Good	Better	Best	Worst
Life	☐ . ☐ . ☐ . ☐ .	☐ . ☐ . ☐ . ☐ .	☐ . ☐ . ☐ . ☐ .	☐ . ☐ . ☐ . ☐ .	☐ . ☐ . ☐ . ☐ .
Work	☐ . ☐ . ☐ . ☐ .	☐ . ☐ . ☐ . ☐ .	☐ . ☐ . ☐ . ☐ .	☐ . ☐ . ☐ . ☐ .	☐ . ☐ . ☐ . ☐ .