

25th Annual
SHANAGARRY CHRISTMAS '5K'

Saturday 17 December 2011. 12:00pm

Place	Time	Name	Team	Race Age Category	min/mile		
1	0:15:43	MCGRATH, Sean	East Cork AC	M	05:03.4	80	1
2	0:15:50	MCCARTHY, James	East Cork AC	M	05:05.7	53	2
3	0:16:42	FAHY, Roy	East Cork AC	M	05:22.4	42	3
4	0:16:51	HAYES, Frank	East Cork AC	M40	05:25.3	179	4
5	0:17:11	O'CARROLL, Frank	East Cork AC	M	05:31.7	62	5
6	0:17:24	TIERNEY, Conor	East Cork AC	M	05:35.9	245	6
7	0:17:53	TWOMEY, Bill	UCC AC	M	05:45.2	100	7
8	0:17:57	O'DWYER, David	East Cork AC	M40	05:46.5	50	8
9	0:18:01	WALSH, Joe	unatt/Midleton	M	05:47.8	67	9
10	0:18:08	MCCARTHY, Denis	East Cork AC	M45	05:50.1	35	10
11	0:18:12	SMITH, Kevin	Midleton AC	M	05:51.4	73	11
12	0:18:22	MCEVOY, Eamonn	St. Finbarrs AC	M55	05:54.6	36	12
13	0:18:30	BYCZEK, Stanislaw	Midleton AC	M50	05:57.2	209	13
14	0:18:40	DUNPHY, John	Eagle AC	M40	06:00.4	27	14
15	0:18:48	CURTIN, Feargal	Youghal AC	MJ	06:02.9	95	15
16	0:18:51	O'CONNOR, Pat	Eagle AC	M40	06:03.9	84	16
17	0:19:08	HAYES, Kevin	St. Catherines AC	M	06:09.4	175	17
18	0:19:11	DALTON, Marc	Midleton AC	M	06:10.3	110	18
19	0:19:20	O'CONNELL, John	Midleton AC	M	06:13.2	199	19
20	0:19:27	DESMOND, John	Eagle AC	M45	06:15.5	210	20
21	0:19:29	WALSH, Niamh	Leevale AC	F	06:16.1	51	21
22	0:19:31	GEARY, Kevin	Eagle AC	M	06:16.8	87	22
23	0:19:34	MCGRATH, Mike	Eagle AC	M50	06:17.7	108	23
24	0:19:43	CLEARY, Paul	East Cork AC	M	06:20.6	121	24
25	0:19:45	CODY, Tom	Midleton AC	M55	06:21.3	111	25
26	0:19:56	AHERNE, Neilus	Midleton AC	M55	06:24.8	97	26
27	0:20:00	CASHMAN, John	Midleton AC	M45	06:26.1	96	27
28	0:20:06	DORIS, Anna	Midleton AC	F40	06:28.0	60	28
29	0:20:14	SPRINGOREM, Marcel	unatt/Cork	M40	06:30.6	68	29
30	0:20:26	GRIFFIN, John	Grange-Fermoy AC	M40	06:34.5	205	30
31	0:20:56	O'LEARY, Ted	West Waterford AC	M40	06:44.1	167	31
32	0:21:11	HORGAN, Dan	Midleton AC	M55	06:49.0	119	32
33	0:21:21	RAMSELL, Ned	Midleton AC	M40	06:52.2	26	33
34	0:21:26	KIRKWOOD, Sheldon	Eagle AC	M	06:53.8	31	34
35	0:21:35	HARNEY, Ken	unatt/Shanagarry	M40	06:56.7	211	35
36	0:21:40	KIERANS, Paul	Midleton AC	M45	06:58.3	150	36
37	0:22:04	DELANEY, Susan	Midleton AC	F	07:06.0	88	37
38	0:22:49	O'CONNELL, Donie	Midleton AC	M60	07:20.5	173	38
39	0:22:53	NYHAN, Finola	unatt/Ballycotton	F	07:21.8	192	39
40	0:22:54	HEALY, Brian	Midleton AC	M45	07:22.1	184	40
41	0:22:55	O'DONOGHUE, Donal	unatt/Little Island	M45	07:22.4	213	41
42	0:22:57	KEARNEY, Batt	Leevale AC	M50	07:23.1	247	42
43	0:23:14	PERRY, Anne-Marie	Midleton AC	F35	07:28.5	236	43
44	0:23:19	MCEVOY, Rebecca	St. Finbarrs AC	F	07:30.2	37	44
45	0:23:33	CARROLL, Catherine	Midleton AC	F	07:34.7	123	45
46	0:24:14	WALSHE, John	East Cork AC	M60	07:47.9	12	46

47	0:24:19	KEANE, Patsy	Midleton AC	M45	07:49.5	216	47
48	0:24:21	O'HALLORAN, John	Midleton AC	M60	07:50.1	102	48
49	0:25:31	TWOHIG, Margaret	Midleton AC	F40	08:12.6	112	49
50	0:26:23	BARRY, Aidan	St. Catherines AC	M	08:29.4	161	50
51	0:26:27	BARRY, Sara	St. Catherines AC	F	08:30.7	164	51
52	0:26:36	JORDAN, Colm	Midleton AC	M	08:33.5	18	52
53	0:26:37	KEANE, Shay	unatt/Cloyne	MJ	08:33.9	224	53
54	0:26:45	HALLAHAN, Olive	Midleton AC	F45	08:36.4	206	54
55	0:28:01	PEARSON, Sylvia	Midleton AC	F40	09:00.9	71	55
56	0:28:02	MCCARTHY, Danny	Midleton AC	M60	09:01.2	133	56
57	0:28:14	O'SULLIVAN, Graham	unatt/Castlemartyr	M	09:05.1	203	57
58	0:28:31	GEARY, Caroline	Midleton AC	F	09:10.6	183	58
59	0:28:46	MCGRATH, Aileen	unatt/Cloyne	F	09:15.4	1001	59
60	0:28:58	WALSH, Diane	Midleton AC	F	09:19.2	241	60
61	0:29:28	MULLANE, Philip	Midleton AC	M	09:28.9	143	61
62	0:30:15	CABALL, Billy	unatt/Cork	M65	09:44.0	159	62
63	0:30:46	MCGRATH, Aine	unatt/Cloyne	F	09:54.0	1002	63
64	0:30:48	KEANE, Roisin	unatt/Cloyne	F	09:54.6	226	64
65	0:30:51	KEANE, Mary	Midleton AC	F45	09:55.6	218	65
66	0:30:52	MCGRATH, Marie	Midleton AC	F40	09:55.9	1000	66
67	0:31:34	MCCARTHY, Joan	Midleton AC	F50	10:09.4	126	67
68	0:32:39	O'CONNELL, Kathleen	Midleton AC	F55	10:30.4	168	68
69	0:33:13	WALSH, Mary-Kate	Midleton AC	F	10:41.3	242	69
70	0:33:14	HARTE, Jim	Midleton AC	M45	10:41.6	138	70
71	0:33:15	CONNOLLY, Vincent	Midleton AC	M55	10:41.9	9	71

Happy Christmas - and good running in 2012!

Results produced by Ballycotton Running Promotions.

Runng in Cork website..... <http://corkrunning.blogspot.com>