## **Kittson Central Community Education**

Community Ed Coordinator: Lindsey Gullickson lgullickson@kittson.k12.mn.us | (218) 368-3554 www.kittson.k12.mn.us

Find YOUR passion! Join a community education class! Try something NEW!

## Fitness Classes

- Yoga Class with REM Yoga Led by Shunay Soliah
  - Whether it's your first-ever class or you're just making your way back to the mat, this gentle, grounding, beginner-friendly yoga session is for YOU.
  - o Tuesday, May 27 | 5:15pm
  - Kittson Central School
  - o \$10 (cash or Venmo accepted the day of)
  - o Register Here + Health Form (required complete before class)
  - What to Bring:
    - A yoga mat your space to ground, stretch, and flow
    - A water bottle hydration is part of the practice
    - A blanket to cushion knees & cozy up during savasana
    - Comfy clothes think stretchy, breathable, and easy to move in
    - Yourself & an open heart
  - Registration/Questions: please email, call, or text Lindsey Gullickson at: 218-368-3554 or <a href="mailto:lgullickson@kittson.k12.mn.us">lgullickson@kittson.k12.mn.us</a>

## Children's Classes

- Summer Arts Stages: Pinnocchio!
  - Summer Arts Stages is a musical performance camp that provides a fun and unique musical theatre experience for kids entering grades 2-10!
  - o Monday-Friday, July 21-25 | 10:00am-3:00pm
  - Kittson Central Auditorium
  - o \$25/Student
  - Lunch please bring a sack lunch each day!
  - o Register Here
  - Registration/Questions: please email, call, or text Lindsey Gullickson at: 218-368-3554 or <u>lgullickson@kittson.k12.mn.us</u>

## • Camp Art

- Campers will attend classes led by three Minnesota artists specializing in clay sculpting with Leanna Lindegard, theater and comedy with Katie Knutson, and learn to draw through a zine creation with Katrina Knutson.
- o Monday-Thursday, August 4-7 | Kittson Central School

- o Grades 4-6: 9:00am-12:00pm | Grades K-3: 1:00pm-4:00pm
- o \$35/Student
- o <u>Register Here</u>
- Registration/Questions: contact Shannon Christenson at (612) 210-1159 or <u>schristenson@kittson.k12.mn.us</u>

Safety Classes
Cooking Classes
Miscellaneous Classes