

The KISS of Ski Preparation
Keep It Simple for Success

Purpose: to keep ski preparation simple, low cost, and accessible

It is vital that all skiers know how to prepare their skis with a minimum of cost and equipment

All skis require glide wax

Classic skis require grip wax: hard-wax and/or klister

All products mentioned below are non-fluorinated as per club policy, what is best for the environment and the health of the skiers/ski techs.

Steps for Success: material

Step	Solution for % of situations	Application	Materials	Cost: approx.
1	65	Glide	Ulla rub on glide wax crayon, hand cork, hand felt, hand brush	\$155
	80	Grip - Hard wax	Toko 4 wax system , Swix 6 wax system , Vauhti, Rex 5 wax , rode basic (inc binder) + cork	\$85
	60	Grip - Klister	Rex Gold roll on, Swix Universal roll on, etc or tube klister	\$50
			Shop towels , wax remover , base cleaner , putty knife	\$60
2	85	Glide	Liquid/crayon wax with buffing wheel (cork, felt, brush) with drill and ski bench/form	\$650 Or more
	85	Grip - hard wax	Rode T-line , Swix - more waxes , other brands	\$200
	95	Grip - klister	Tube klister : Rex blue, Rode multigrade, Swix Universal, Rode Rossa, klister binder, Rex Gold, Start wide, KX 65	\$140
			Heat gun and iron	\$50 + \$300
3	10 % more	Glide	Base hand structure: requires structure tools and a brush	\$350 or more
			Cost increases with the number of tools you purchase	
4	The final 5 %	Grip and glide	Get thyself involved in race day ski preparation: application, testing and decision-making	Time

