

RELEASE OF LIABILITY AND ASSUMPTION OF RISK

1. I understand that physical exercise and partner dancing, including the use of equipment and participation in workshops (collectively, "Dancing"), is a potentially dangerous activity and involves the risk of serious injury, disability, death, and property damage. I acknowledge that these risks may result or be compounded by the actions, omissions, or negligence of my workshop instructors, Jen Delk & Kara Fabina, (the "Instructors") or others. I understand that although the Instructors will endeavor to reduce the risk of injury from Dancing, the Instructors cannot guarantee that I will not be injured. NOTWITHSTANDING THESE RISKS, I ACKNOWLEDGE THAT I AM VOLUNTARILY PARTICIPATING IN DANCING. I AGREE TO ASSUME ALL RISKS OF ILLNESS, PERSONAL INJURY, PSYCHOLOGICAL INJURY, PAIN, SUFFERING, DISABILITY, DEATH, PROPERTY DAMAGE, AND FINANCIAL LOSS ARISING THEREFROM, WHETHER CAUSED BY THE ORDINARY NEGLIGENCE OF THE INSTRUCTOR OR OTHERWISE.

2. I waive and release all claims, now known or hereafter known, against the Instructors on account of personal or psychological injury, illness, pain, suffering, disability, death, property damage, or financial loss arising out of or attributable to Dancing, whether arising out of the ordinary negligence of the Instructors or otherwise. I agree not to make or bring any such claim against the Instructors, and forever release and discharge the Instructors from liability under such claims.

3. I confirm that I am in good health and proper physical condition and do not have any medical or other conditions that would impair my ability to participate in Dancing and I will also follow all instructions, recommendations, and cautions of the Instructors at all times during Dancing. If at any time I believe that I am no longer in proper physical condition to participate in Dancing, I will immediately discontinue further Dancing.

4. I hereby consent to receive medical treatment deemed necessary if I am injured or require medical attention during Dancing. I understand and agree that I am solely responsible for all costs related to such medical treatment and any related medical transportation and evacuation. I release, forever discharge, and hold harmless the Instructors from any claim based on such treatment or other medical services.

5. This release may not be orally modified and constitutes the entire agreement of the Instructors and me with respect to the subject matter contained herein and supersedes all prior and contemporaneous agreements, both written and oral, with respect to such subject matter. If any term or provision of this release is deemed invalid, illegal, or unenforceable, all other terms or provisions shall remain in full force and effect.

6. BY REGISTERING, I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD ALL OF THE TERMS OF THIS RELEASE AND THAT I AM VOLUNTARILY GIVING UP SUBSTANTIAL LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE THE INSTRUCTORS.