#### **CURRICULUM VITAE**

# Glăvan Bogdan

Position: Ph.D. student

Department of Psychology

Faculty of Psychology and Educational Sciences

Babeş-Bolyai University

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Research theme: Relationship between identity development and self-regulation of goals

**Ph.D. supervisor**: Professor Oana Benga, Ph.D.

Ph.D. guidance committee: Lecturer Oana Negru-Subțirică, Ph.D.

Lecturer Sebastian Pintea, Ph.D.

Professor Adrian Opre, Ph.D.

### RESEARCH INTERESTS

My research aims to investigate identity development during emerging adulthood by analyzing the relation between identity processes, self-regulation of goals and meaning-making.

## RESEARCH DOMAINS

- Identity development
- Emerging adulthood
- Self-regulation strategies
- Meaning-making

### **EDUCATION**

- **2016 ongoing:** Ph.D. student of the Doctoral School for *Applied Cognitive Psychology*, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Thesis: *Relationship between Identity Development and Self-Regulation of Goals*; coordinator Professor Oana Benga, Ph.D.;
- 2014 2016: Master's Studies School Counselling Psychological Counseling and Intervention in Human Development, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences; Thesis: Analyzing the Relationship between Self-Regulation of Unattainable Goals and Identity Development, coordinator Lecturer Oana Negru-Subţirică, Ph.D.;
- **2011 2014:** B.Sc. Faculty of Psychology and Sciences of Education, "Babeş-Bolyai" University, Cluj-Napoca, Thesis: *Training for the Development of Academic Motivation and the Self-Regulating Strategies of Motivation*, coordinator Professor Adrian Opre, Ph.D. and Research Assistant Sebastian Vaida, Ph.D.

#### CAREER DEVELOPMENT

- **2016:** Regional debate about "Functional Illiteracy in Romania" organized by the Romanian Presidential Administration, and "Babeş-Bolyai" University
- **2016:** Workshop "Providing Adolescents with a Secure Base: An Attachment Perspective", conducted by Jude Anne Cassidy, University of Maryland, USA
- 2016: Workshop "Motivational Interviewing" conducted by Dr. Ken Resnicow, University of Michigan, USA
- **2016:** Continuous professional training "Individual Personality Assessment: From Normal to Pathology" organized by the Romanian Regional Agency for Human Resource Management Advisory, conducted by Professor Constantin Ticu, Ph.D., "Alexandru Ioan Cuza" University, Iași
- **2016:** International conference "Cognitive and Neural Mechanisms of Human Memory" organized by The Romanian Association for Cognitive Science, and by the Department of Psychology, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Cluj-Napoca
- **2015:** Professional development program for entrepreneurial skills, program certified by the Romanian Ministry of National Education, and by the Romanian Ministry of Labor, Family, Social Protection and Elderly
- 2014 2016: Psychological counselor under supervision in cognitive-behavioral counseling, The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health, "Babeş-Bolyai" University

- 2014 2016: Psycho-Pedagogical Training, level II within the Department for Teacher Training, Faculty of Psychology and Educational Sciences, "Babeş-Bolyai" University, Cluj-Napoca
- **2014:** Professional development program for the profession of trainer, program certified by the Romanian Ministry of National Education, and by the Romanian Ministry of Labor, Family, Social Protection and Elderly
- 2011 2014: Social Emotional Development Program "Your Social Emotional Learning Facilitator",
  "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Cluj-Napoca
- **2012:** COGNOSIS Summer school, Module: "Cognitive behavioral for beginners" organized by the Federation of Psychology and Educational Sciences Student's Association
- **2012:** Professional internship with the theme "Clinical Psychology" within the Private Psychology Practice Ioana Suciu
- **2012:** Training "Represented Students" organized by the National Alliance of Student Organizations in Romania

#### PROFESSIONAL EXPERIENCE

- **2016 ongoing:** Practicing psychological counselor in cognitive-behavioral counseling, College of Psychologists in Romania
- 2015 2016: Psychological counselor within the Counselling Center "Student Expert", "Babeş-Bolyai" University, Cluj-Napoca
- **2015 2016:** Psychological counselor within the Career, Alumni and Relationship with Business Environment Center, "Babeş-Bolyai" University, Cluj-Napoca
- 2014 2015: Project manager "Photo Romania 2015" (LP159), financed under PA17/RO13 "Promoting diversity in culture and art in the European cultural heritage"
- **2014 2014:** Project manager "Beyond the Line School" (RO-12-E591-2013-R2), financed under the European program "Youth in Action"
- **2013 2014**: Project manager "A Black & White Story" (RO-12-E591-2013-R2), financed under the European program "Youth in Action"
- 2013 2014: Project manager "Învață să înveți" (Learn to Learn), ProMisiune Association

#### PROFESSIONAL AFFILIATIONS

2017 – ongoing: Society for the Study of Emerging Adulthood (SSEA)

**2017 – ongoing:** European Association of Developmental Psychology (EADP)

2014 – ongoing: College of Psychologists in Romania

2014 – 2015: Member of Students' College for Academic Performance, "Babeş-Bolyai" University

## **SCHOLARSHIPS**

2015 – 2016: Scholarship, granted by "Babeş-Bolyai" University, Cluj-Napoca

#### **SCIENTIFIC ACTIVITY**

# Projects and research grants

- 2017 2018: Member of the organizing committee of the 2018 SSEA Thematic Conference "Self and Identity in Emerging adulthood". Conference chairs: chair Oana Negru-Subtirica, Babes-Bolyai University, Romania; co-chair Elisabetta Crocetti, Alma Mater Studiorum University of Bologna, Italy
- **2017:** Research assistant Young Research Teams Grant awarded by the National University Research Council (NURC): "Becoming a positively adjusted adolescent: The longitudinal role of personal and parental dimensions of identity and perfectionism" (PN-II-RU-TE-2014-4-1061);
- **2016 2018:** Research assistant for Romania in the Erasmus+ K2 Strategic Partnership Project "Innovative Curriculum for Strong Identities in Diverse Europe" (Acronym: INSIDE, n°2016-1-LT01-KA203-023220), coordinator Mykolas Romeris University, Vilnius, Lithuania
- **2016 2017**: Research assistant within the project "Equitable policies for adolescents", UNICEF Romania in partnership with the "Babeş-Bolyai" University, Cluj-Napoca;
- **2015:** Research assistant within the project "Development of students' academic motivation and educational identity", coordinated by Lecturer Oana Negru-Subţirică,
- **2014 2015:** Participant in the project "ETIC Social Impact Careers, vocational counseling and students' practice" (POSDRU/161/2.1/G/138622)

# **Conferences and seminars**

**2016: Glăvan, B.**, Negru-Subțirică, O., Benga, O. (2016). *Assessment of Self-Regulation strategies of Unattainable Goals*, poster presentation at the National Conference of Psychological Evaluation: Recent perspectives, Cluj-Napoca (October 14th), Romania.

**2016: Glăvan, B.**, Negru-Subțirică, O., Benga, O. (2016). *Assessment of Self-Regulation strategies of Unattainable Goals*, oral presentation at the Annual Scientific Session of the Romanian Academy, Cluj-Napoca (November 18<sup>th</sup>-19<sup>th</sup>), Romania.

# **FOREIGN LANGUAGES**

English – advanced (writing, reading, speaking)

French – beginner (writing, reading, speaking)