

CURRICULUM VITAE

Glăvan Bogdan

Position: Ph.D. student

Department of Psychology

Faculty of Psychology and Educational Sciences

Babeş-Bolyai University

37, Republicii Street, 400015, Cluj-Napoca, Romania

Contact: bogdanglavan@psychology.ro

Research theme: Relationship between identity development and self-regulation of goals

Ph.D. supervisor: Professor Oana Benga, Ph.D.

Ph.D. guidance committee: Lecturer Oana Negru-Subțirică, Ph.D.

Lecturer Sebastian Pinte, Ph.D.

Professor Adrian Opre, Ph.D.

RESEARCH INTERESTS

My research aims to investigate identity development during emerging adulthood by analyzing the relation between identity processes, self-regulation of goals and meaning-making.

RESEARCH DOMAINS

- Identity development
- Emerging adulthood
- Self-regulation strategies
- Meaning-making

EDUCATION

- 2016 – ongoing:** Ph.D. student of the Doctoral School for *Applied Cognitive Psychology*, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences, Thesis: *Relationship between Identity Development and Self-Regulation of Goals*; coordinator Professor Oana Benga, Ph.D.;
- 2014 – 2016:** Master’s Studies *School Counselling – Psychological Counseling and Intervention in Human Development*, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences; Thesis: *Analyzing the Relationship between Self-Regulation of Unattainable Goals and Identity Development*, coordinator Lecturer Oana Negru-Subțirică, Ph.D.;
- 2011 – 2014:** B.Sc. Faculty of Psychology and Sciences of Education, “Babeş-Bolyai” University, Cluj-Napoca, Thesis: *Training for the Development of Academic Motivation and the Self-Regulating Strategies of Motivation*, coordinator Professor Adrian Opre, Ph.D. and Research Assistant Sebastian Vaida, Ph.D.

CAREER DEVELOPMENT

- 2016:** Regional debate about “Functional Illiteracy in Romania” organized by the Romanian Presidential Administration, and “Babeş-Bolyai” University
- 2016:** Workshop “Providing Adolescents with a Secure Base: An Attachment Perspective”, conducted by Jude Anne Cassidy, University of Maryland, USA
- 2016:** Workshop “Motivational Interviewing” conducted by Dr. Ken Resnicow, University of Michigan, USA
- 2016:** Continuous professional training “Individual Personality Assessment: From Normal to Pathology” organized by the Romanian Regional Agency for Human Resource Management Advisory, conducted by Professor Constantin Ticu, Ph.D., “Alexandru Ioan Cuza” University, Iași
- 2016:** International conference “Cognitive and Neural Mechanisms of Human Memory” organized by The Romanian Association for Cognitive Science, and by the Department of Psychology, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences, Cluj-Napoca
- 2015:** Professional development program for entrepreneurial skills, program certified by the Romanian Ministry of National Education, and by the Romanian Ministry of Labor, Family, Social Protection and Elderly
- 2014 – 2016:** Psychological counselor under supervision in cognitive-behavioral counseling, The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health, “Babeş-Bolyai” University

- 2014 – 2016:** Psycho-Pedagogical Training, level II within the Department for Teacher Training, Faculty of Psychology and Educational Sciences, “Babeş-Bolyai” University, Cluj-Napoca
- 2014:** Professional development program for the profession of trainer, program certified by the Romanian Ministry of National Education, and by the Romanian Ministry of Labor, Family, Social Protection and Elderly
- 2011 – 2014:** Social Emotional Development Program “Your Social Emotional Learning Facilitator”, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences, Cluj-Napoca
- 2012:** COGNOSIS Summer school, Module: “Cognitive behavioral for beginners” organized by the Federation of Psychology and Educational Sciences Student's Association
- 2012:** Professional internship with the theme “Clinical Psychology” within the Private Psychology Practice Ioana Suciu
- 2012:** Training “Represented Students” organized by the National Alliance of Student Organizations in Romania

PROFESSIONAL EXPERIENCE

- 2016 – ongoing:** Practicing psychological counselor in cognitive-behavioral counseling, College of Psychologists in Romania
- 2015 – 2016:** Psychological counselor within the Counselling Center “Student Expert”, “Babeş-Bolyai” University, Cluj-Napoca
- 2015 – 2016:** Psychological counselor within the Career, Alumni and Relationship with Business Environment Center, “Babeş-Bolyai” University, Cluj-Napoca
- 2014 – 2015:** Project manager “Photo Romania 2015” (LP159), financed under PA17/RO13 “Promoting diversity in culture and art in the European cultural heritage”
- 2014 – 2014:** Project manager “Beyond the Line School” (RO-12-E591-2013-R2), financed under the European program “Youth in Action”
- 2013 – 2014:** Project manager “A Black & White Story” (RO-12-E591-2013-R2), financed under the European program “Youth in Action”
- 2013 – 2014:** Project manager “Învăță să înveți” (Learn to Learn), ProMisiune Association

2012 – 2013: Vice-president of Psychology Students Association in Romania

PROFESSIONAL AFFILIATIONS

2017 – ongoing: Society for the Study of Emerging Adulthood (SSEA)

2017 – ongoing: European Association of Developmental Psychology (EADP)

2014 – ongoing: College of Psychologists in Romania

2014 – 2015: Member of Students' College for Academic Performance, "Babeş-Bolyai" University

SCHOLARSHIPS

2015 – 2016: Scholarship, granted by "Babeş-Bolyai" University, Cluj-Napoca

SCIENTIFIC ACTIVITY

Projects and research grants

2017 – 2018: Member of the organizing committee of the 2018 SSEA Thematic Conference "Self and Identity in Emerging adulthood". Conference chairs: chair Oana Negru-Subțirica, Babes-Bolyai University, Romania; co-chair Elisabetta Crocetti, Alma Mater Studiorum University of Bologna, Italy

2017: Research assistant - Young Research Teams Grant awarded by the National University Research Council (NURC): "Becoming a positively adjusted adolescent: The longitudinal role of personal and parental dimensions of identity and perfectionism" (PN-II-RU-TE-2014-4-1061);

2016 – 2018: Research assistant for Romania in the Erasmus+ K2 Strategic Partnership Project "Innovative Curriculum for Strong Identities in Diverse Europe" (Acronym: INSIDE, n°2016-1-LT01-KA203-023220), coordinator Mykolas Romeris University, Vilnius, Lithuania

2016 – 2017: Research assistant within the project "Equitable policies for adolescents", UNICEF Romania in partnership with the "Babeş-Bolyai" University, Cluj-Napoca;

2015: Research assistant within the project "Development of students' academic motivation and educational identity", coordinated by Lecturer Oana Negru-Subțirică,

2014 – 2015: Participant in the project "ETIC - Social Impact Careers, vocational counseling and students' practice" (POSDRU/161/2.1/G/138622)

Conferences and seminars

2016: Glăvan, B., Negru-Subțirică, O., Benga, O. (2016). *Assessment of Self-Regulation strategies of Unattainable Goals*, poster presentation at the National Conference of Psychological Evaluation: Recent perspectives, Cluj-Napoca (October 14th), Romania.

2016: Glăvan, B., Negru-Subțirică, O., Benga, O. (2016). *Assessment of Self-Regulation strategies of Unattainable Goals*, oral presentation at the Annual Scientific Session of the Romanian Academy, Cluj-Napoca (November 18th-19th), Romania.

FOREIGN LANGUAGES

English – advanced (writing, reading, speaking)

French – beginner (writing, reading, speaking)