


# - “28 Days To Get Out Of The Boot Camp” -

## The Real War Mode Day Plan + Report.




	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. /X	3 ▾	300 pushups
2. ✓/X	3 ▾	G work sessions
3. ✓/	3 ▾	Watch morning power-up/Go through announcements
4. ✓/	3 ▾	Fill in the next day for the war mode day plan
5. ✓/	3 ▾	Post my report for the day in the #accountability
6. /X	3 ▾	Gallon of water
7. /X	3 ▾	WAKE THE FUCK UP
8. ✓/	3 ▾	Shower
9. ✓/X	3 ▾	Read: “My Utmost For His Highest,” “How To Win Friends And Influence People,”
10. /X	3 ▾	Go on skates to rejuvenate the brain
11. /X	2 ▾	Drink Coffee
12. ✓/	2 ▾	Dinner
13. ✓/	3 ▾	Listen to Sales Calls, Podcasts, Interviews, or Arno video courses
14. ✓/	3 ▾	End of the day report
15. ✓/X	0 ▾	No time to do other stuff
16. ✓/X	0 ▾	No time to do other stuff
17. ✓/X	0 ▾	No time to do other stuff
18. ✓/X	0 ▾	No time to do other stuff
19. ✓/X	0 ▾	No time to do other stuff

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
20.  	0 ▾	No time to do other stuff

**Day Number: 26**







**Date: 6/10/23**

**Start Of The Day - Time: 7:00 am**

	 <b>3 Things That I Am Excited To Have In The Future?</b> 
1.	To finally make it out of the boot camp within a month
2.	Becoming a Digital Landlord
3.	Having enough money to be financially free and proving my mom wrong, and retiring her

## **Hour-By-Hour** **Tracking:**

**[Track+Measure=Improve]**

 <b>Task:</b>	 <b>Task = Set The Task That I Intend To Complete This Hour?</b>
 <b>Intention:</b>	 <b>Intention = What Is My Plan Of Action To Complete This Task For This Hour?</b>
 <b>Reflection:</b>	 <b>Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

### **My War Mode Words:**

**1. I Am Acting With No Limits To My Abilities!**

**2. I Am Being All That I Can Be, Every Hour And Every Day!**

**3. Every Word I Am Saying And Thought I Am Thinking Is Positive!**

**4. I Am Being Enthusiastic About Completing Each Task!**

**5. My word is IRON WILLED!**

**(Delete Any Boxes Below That Are Before  
The Time That You Start Your Day In Your  
Own Copy)**

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<b>\$ 7 am: Task \$</b>	<b>Shower/push-ups or Jumping Jacks/"My Utmost For His Highest"</b>
<b>🔔 Intention 🔔</b>	<b>WAKE THE FUCK UP and into some push-ups or Jumping Jacks, then a shower, then read</b>
<b>✍️ Reflection ✍️</b>	<b>Failed</b>

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<b>\$ 8 am: Task \$</b>	<b>Watch morning power-up/Go through announcements/Create an online presence</b>
<b>🔔 Intention 🔔</b>	<b>Start watching morning power up, then Finish creating online presence</b>
<b>✍️ Reflection ✍️</b>	<b>Watch the morning power up. Did not get to the last one</b>

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<b>\$ 9 am: Task \$</b>	<b>Create an online presence</b>
<b>🔔 Intention 🔔</b>	<b>Be fully self-aware of what I'm doing</b>
<b>✍️ Reflection ✍️</b>	<b>Failed</b>

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<b>\$ 10 am: Task</b> \$	<b>“How To Win Friends And Influence People,”/SSSS</b>
<b>🔔 Intention 🔔</b>	<b>After I finish reading a chapter will then begin going through the course of SSSS</b>
<b>✍️ Reflection ✍️</b>	<b>Task completed</b>

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<b>\$ 11 am: Task</b> \$	<b>Create an online presence</b>
<b>🔔 Intention 🔔</b>	<b>Be fully self-aware of what I'm doing</b>
<b>✍️ Reflection ✍️</b>	<b>🚧 In progress 🚧</b>

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<b>\$ 12 am: Task</b> \$	<b>Create an online presence</b>
<b>🔔 Intention 🔔</b>	<b>Be fully self-aware of what I'm doing</b>
<b>✍️ Reflection ✍️</b>	<b>🚧 In progress 🚧</b>

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<b>\$ 1 pm: Task \$</b>	<b>Listen to Sales Call, Podcast or Interviews</b>
<b>🔔 Intention 🔔</b>	<b>Brainwash myself</b>
<b>✍️ Reflection ✍️</b>	<b>Failed</b>

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<b>\$ 2 pm: Task \$</b>	<b>Get through 4 videos</b>
<b>🔔 Intention 🔔</b>	<b>Be fully self-aware of what I'm doing</b>
<b>✍️ Reflection ✍️</b>	<b>Task completed</b>

<b>\$ 3 pm: Task \$</b>	<b>Get through 4 videos</b>
<b>🔔 Intention 🔔</b>	<b>Be fully self-aware of what I'm doing</b>
<b>✍️ Reflection ✍️</b>	<b>Six videos down</b>

<b>\$ 4 pm: Task \$</b>	<b>Get through 3 videos/Revise notes</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>Task completed/🚧In progress🚧</b>

<b>\$ 5 pm: Task \$</b>	<b>Make bed/Revise notes</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>Task completed/🚧In progress🚧</b>

<b>\$ 6 pm: Task \$</b>	<b>Dinner</b>
<b>🔔 Intention 🔔</b>	<b>Relax</b>

 <b>Reflection</b> 	<b>Task completed</b>
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<b>\$ 7 pm: Task \$</b>	<b>Revise notes</b>
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 <b>Intention</b> 	
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 <b>Reflection</b> 	 <b>In progress</b> 
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<b>\$ 8 pm: Task \$</b>	<b>Revise notes</b>
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 <b>Intention</b> 	
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 <b>Reflection</b> 	 <b>In progress</b> 
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<b>\$ 9 pm: Task \$</b>	<b>Revise notes</b>
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 <b>Intention</b> 	
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 <b>Reflection</b> 	 <b>In progress</b> 
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<b>\$ 10 pm: Task \$</b>	<b>Revise notes</b>
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 <b>Intention</b> 	
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 <b>Reflection</b> 	<b>was is in the middle of the process in my bed and I knocked out causing me to miss the last two hours</b>
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<b>\$ 11 pm: Task</b> \$	<b>Create an online presence</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>failed</b>

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<b>\$ 12 pm: Task</b> \$	<b>Create an online presence</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>failed</b>



## End-Of-The-Day Report:



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 **What Did I Learn Today?** 

**I'm running on thin ice**

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NEW **What Do I Plan To Do Differently Tomorrow?** NEW

**Around 10:00 PM will chug down some coffee.**

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NEW **What Do I Plan To Do The Same Tomorrow?** NEW

**Progress through the boot camp**

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 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

**wudanethos, chule, EduardoLG, and MCisnerosGod'sWarrior**

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 **What Tasks Were Left Undone?** 

**"My utmost forest highest", 300 pushups, Did not finish my notes, Gallon of water, My utmost for his highest**

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**Brain Dump: The worst day I had so far.**

**So bad I wasn't even able to finish the two easiest tasks.**

**I am truly ashamed of myself.**

**This needs to change.**

**How am I ever going to become a professional copywriter if I can't even finish these simple tasks?**

**I will make this dream become a reality but not by doing this.**