

Hamilton Heights School Corporation 2nd Grade PE Curriculum Map

Course Title: 2nd Grade Physical Education	Quarter 1: 15 days	Academic Year: 2025–2026
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Essential Questions:

How can I help create a positive learning environment for my classmates and myself?

Can I move and play safely in different ways?

Can I cooperate with my friends and enjoy physical activity together?

Can I underhand roll a ball to a target?

Lesson Topic	Standards Number	Objectives	Skill Development	Specific Assessments	Specific Resources
Personal and Social Responsibility	2, 4	- I can maintain personal space while moving in general space. - I can share equipment. - I can follow directions and rules of activities.	- Personal Space - Classroom procedures	Observation	OPEN Phys Ed PE Central PE Specialist
Locomotor and Manipulative	1, 3	I can perform locomotor skills in	Equipment exploration	- Observation - Demonstration	OPEN Phys Ed PE Central

Skills		general space using the correct form. I can use equipment safely.	Movement Exploration		PE Specialist
Skating	1, 2, 5	- I can put my skates and wrist guards on independently. - I can stand up and safely get in T position on the gym floor. - I will attempt to move forward on the gym floor using little V movements. - I can demonstrate a recovery position on the gym floor.	- Skating procedures - Skating safety - Basic skating skills	- Observation - Demonstration	Skatetime
Cooperative Games	4, 5	- I can work with my team appropriately. - I can identify ways to be a good teammate. - I can follow all directions so everyone stays safe.	- Teamwork concepts - Sportsmanship - Taking turns - Communication	Observation	OPEN Phys Ed PE Central PE Specialist

		I can be a good listener.			
Underhand Rolling	1, 2	- I can roll a ball underhand at a target and knock it down. - I can identify and demonstrate the rolling cues.	- Rolling form - Partner rolling - Rolling at targets - Rolling games	- Observation - Demonstration	OPEN Phys Ed PE Central PE Specialist

Course Title: 2nd Grade Physical Education	Quarter 2: 15 days	Academic Year: 2025–2026
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Essential Questions

How can I help create a positive learning environment for my classmates and myself?

Can I move and play safely in different ways?

Can I move and tag safely without teacher reminders?

Can I strike an object and make an effort to volley it to myself or a partner?

Can I throw/toss and catch an object?

Lesson Topic	Standards Number	Knowledge Objectives	Skills Objectives	Specific Assessments	Specific Resources
Personal and Social Responsibility	2, 4	I can maintain personal space while moving in	- Personal Space - Classroom procedures	Observation	OPEN Phys Ed PE Central PE Specialist

		general space. • I can share equipment. • I can follow directions and rules of activities.			
Locomotor and Manipulative Skills	1, 3	• I can perform locomotor skills in general space using the correct form. • I can use equipment safely.	• Equipment exploration • Movement Exploration	• Observation • Demonstration	OPEN Phys Ed PE Central PE Specialist
Rock Climbing	3, 4, 5	• I can climb on the wall. • I can follow the rules for the rock wall. • I can use my hands and feet to climb at least half of the rock wall left to right in the primary gym.	• Rock wall safety rules • Climbing left to right	• Observation • Demonstration	Everlast

Nutrition	3	• I can name all 5 food groups. • I can name a food from each of the food groups.	• Food groups • Healthy food choices	• Observation • Class discussion	OPEN Phys Ed PE Central PE Specialist
Fitness	3, 4, 5	• I can make my heart beat faster and feel it on my chest. • I can stay active during class. • I can perform exercises correctly and safely.	• Fitness concepts • Exercise form	• Observation • demonstration	OPEN Phys Ed PE Central PE Specialist
Underhand Throwing/ Catching	1, 2	• I can catch a ball with 2 hands. • I can swing my hand. • I can step when I throw.	• Underhand throwing form • Catching form	• Demonstration • Observation	OPEN Phys Ed PE Central PE Specialist
Striking	1, 2	• I can strike a stationary object with my hand at a target.	• Striking form	• Demonstration • Observation	OPEN Phys Ed PE Central PE Specialist

		• I can strike a rolling object with my hand at a target. • I can hold a striking implement in my hand and strike a moving object.			
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Course Title: 2nd Grade Physical Education	Quarter 3: 15 days	Academic Year: 2025–2026
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Essential Questions

Can I demonstrate important concepts and skills that the class learned early in the school year?

Can I cooperate with my friends and enjoy physical activity together?

Can I use my feet to travel with and kick a ball under control?

Can I perform challenging and enjoyable movement patterns?

Lesson Topic	Standards Number	Objectives	Skill Development	Specific Assessments	Specific Resources
Personal and Social Responsibility	2, 4	• I can maintain personal space while moving in general space. • I can share equipment. • I can follow	• Personal Space • Classroom procedures	• Observation	OPEN Phys Ed PE Central PE Specialist

		directions and rules of activities.			
Locomotor and Manipulative Skills	1, 3	• I can perform locomotor skills in general space using correct form. • I can use equipment safely.	• Equipment exploration • Movement Exploration	• Observation • Demonstration	OPEN Phys Ed PE Central PE Specialist
Jump Rope	1, 5	• I can jump over a moving rope with two feet on the floor at least 5 times in a row. • I can jump off of two feet and land with two feet in place. • I can hold a jump rope correctly with two hands. • I can jump in different patterns using different types of ropes.	• Introduction to jump rope, jump bands, and chinese jump rope.	• Observation • Demonstration	OPEN Phys Ed PE Central PE Specialist

Dance/Rhythm	1, 2, 5	- I can move to a rhythm in my personal space. - I can use lummi/rhythm sticks appropriately.	- Dance videos - Lummi/rhythm stick routines	- Observation - Demonstration	OPEN Phys Ed PE Central PE Specialist
Health.Moves. Minds.	3, 4	- I can show kindness to self and others. - I can work with my classmates during cooperative activities.	- Teamwork - Parachute - Fitness - Kindness	- Observation - Demonstration	SHAPE America
Kicking	1, 2	- I can kick a rolling ball at a target. - I can trap a rolling ball with my feet. - I can dribble the ball around obstacles with my feet.	- Kicking form - Kicking games	- Observation - Demonstration	OPEN Phys Ed PE Central PE Specialist

Course Title: 2nd Grade Physical Education	Quarter 4: 15 days	Academic Year: 2025–2026
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Essential Questions

Can I demonstrate important concepts and skills that the class learned early in the school year?

Can I cooperate with my friends and enjoy physical activity together?
 Can I use the skills I've learned to be physically active with friends?
 Can I bounce, catch, and dribble a ball?
 Can I move and play safely in different ways?

Lesson Topic	Standards Number	Objectives	Skill Development	Specific Assessments	Specific Resources
Personal and Social Responsibility	2, 4	- I can maintain personal space while moving in general space. - I can share equipment. - I can follow directions and rules of activities.	- Personal Space - Classroom procedures	Observation	OPEN Phys Ed PE Central PE Specialist
Cooperative games	4, 5	- I can work with my team appropriately. - I can demonstrate basic teamwork skills. - I can follow all directions so everyone stays safe.	- Teamwork concepts - Sportsmanship - Taking turns - Communication	- Observation - Demonstration	OPEN Phys Ed PE Central PE Specialist

		I can show good sportsmanship.			
Basketball	1, 2, 3, 4, 5	- I can dribble a ball with one hand while moving in general space. - I can identify and demonstrate the parts of BEEF.	- Dribbling - Shooting form	- Observation - Demonstration	OPEN Phys Ed PE Central PE Specialist
Educational Gymnastics/ Balance	1, 2, 3, 4, 5	- I can perform a forward roll using the correct form. - I can explain how to perform a tripod. - I can control my body while walking across a balance beam and balancing an item on a paddle.	- Balance beams - Log rolls - Forward rolls	- Observation - Demonstration	OPEN Phys Ed PE Central PE Specialist
Fitness/ACES Day	3, 4, 5	- I can make my heart beat faster. - I can exercise with my grade level peers for a class period.	ACES Celebration	Participation	https://lensaunders.com/aces/aces.html

		• I can perform the exercise to the best of my ability.			
Rock Wall	3, 4, 5	• I can climb on the wall. • I can follow the rules for the rock wall. • I can climb the entire rock wall left to right.	• Rock wall safety rules • Climbing left to right	• Observation • Demonstration	Everlast