

Daily Notice
Wednesday, January 28, 2026



Athletics

- Congratulations to the JV and V boys basketball teams for defeating Moultonborough last night at MA. Last week MA took the win and last night the boys varsity beat MA by twenty points- great job Lakers!
- Congratulations to the girls varsity basketball team for defeating Somersworth last Friday- they take on Winnisquam tonight at ILMHS.
- Varsity Alpine Ski Race (away) at Mount Sunapee
 - Bus Departs at 7 AM
- 3:30 PM Varsity Unified Basketball (home) vs. Kingswood Reg HS @ ILMHS Gym
- 4:30 Girls JV Basketball (home) vs. Winnisquam Regional HS @ ILMHS Gym
- 6 PM Girls Varsity Basketball (home) vs. Winnisquam Regional HS @ ILMHS Gym
- 6 PM Boys Varsity Ice Hockey (home) vs. Kingswood Knights @ Merrill Fay Arena

Gaming Club

- Esports club is now Gaming Club! If you're interested in playing video games, board games, Warhammer 40K, or Dungeons and Dragons, consider joining us in Mr. McLeod's room on Thursdays from 3 to 4:30 after school!

MS Student Council

- Attention 7th and 8th graders! Today is the LAST day to help light the field! Bring in your silver coins or bills to help your Office Hours win. Prizes for the top 3 include sweet treats and early access to open gym.

Band and Chorus (during OH 12:45 - 1:30)

- Monday: 7th grade Trumpet 8-8:45; Jazz Band during OH
- Tuesday: 7th grade Flute, Baritone, Trombone, Tenor Sax and Bass Clarinet 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: No lessons or rehearsals
- Thursday: Competency Recovery Day
- Friday: No School

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice
Tuesday, January 27, 2026



Athletics

- Coed MS XC Race at Bretton Woods
 - Dismissed at 12:30 PM, Bus leaves at 12:45 PM
- 3:30 PM Boys JV Basketball (away) @ Moultonborough Academy
 - Dismissed at 2:15 PM, Bus leaves at 2:30 PM
- 4 PM Boys MS A Team Basketball (home) vs. Lancaster Elem. School @ ILES Gym
- 5 PM Girls Varsity Basketball (away) @ Moultonborough Academy
 - Dismissed at 2:15 PM, Bus leaves at 2:30 PM
- 5 PM Girls MS A Team Basketball (home) vs. Lancaster Elementary School @ ILES Gym
- 6:30 PM Boys Varsity Basketball (away) @ Moultonborough Academy
 - Dismissed at 2:15 PM, Bus leaves at 2:30 PM

Gaming Club

- Esports club is now Gaming Club! If you're interested in playing video games, board games, Warhammer 40K, or Dungeons and Dragons, consider joining us in Mr. McLeod's room on Thursdays from 3 to 4:30 after school!

MS Student Council

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Band and Chorus (during OH 12:45 - 1:30)

- Monday: 7th grade Trumpet 8-8:45; Jazz Band during OH
- Tuesday: 7th grade Flute, Baritone, Trombone, Tenor Sax and Bass Clarinet 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: No lessons or rehearsals
- Thursday: Competency Recovery Day
- Friday: No School

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice
Friday, January 23, 2026



Athletics

Today's Events:

- Varsity Alpine Race (away) @ King Pine Ski Area
 - Bus leaves at 7:30 AM
- 3 PM Coed Varsity Unified Basketball (away) @ Gorham High School
 - Dismissed at 12:15 PM, Bus leaves at 12:30 PM
- 4:30 Girls Varsity Basketball (home) vs Somersworth High School @ ILMHS Gym
- 4:30 PM Boys JV Basketball (away) @ Somersworth High School
 - Dismissed at 1:30 PM, Bus leaves at 1:45 PM
- 6 PM Boys Varsity Basketball away) @ Somersworth High School
 - Dismissed at 1:30 PM, Bus leaves at 1:45 PM
- 6:30 PM Swim Meet (away) @ Colby Sawyer College- Hogan Center

Saturday's Events:

- Boys Varsity Ice Hockey (away) vs. Kennett High School

Sunday's Events

- 4 PM Girls Varsity Gymnastics Meet @ Bishop Guertin High School

Gaming Club

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MS Student Council

- Attention 7th and 8th graders! Let's help light the field! Bring in your silver coins or bills by Wednesday, the 28th, to help your Office Hours win. Prizes for the top 3 include sweet treats and early access to open gym.

Band and Chorus (during OH 12:45 - 1:30)

- Monday: No School
- Tuesday: 7th grade Lakes Region members (Evie, Nate, Aidan) 8-8:45; Jazz Band during OH (there are 9-12 class meetings for Winter Carnival - Sophia and Kaya we will work on your Lakes Region music); 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; Jazz Band during OH
- Thursday: 7th grade Baritone and Tenor Sax from 8-8:45; 8-12 Sopranos and Altos during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:

- Tuesday: Open Gym for Grades 7-12
- Wednesday: Open Gym for Grades 9-12 only
- Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
- Friday: Open Gym for Grades 7-8 only

Daily Notice
Thursday, January 22, 2026



Athletics

- Congratulations to the varsity nordic ski team for an excellent race at Plymouth High School. Elsa Bartlett led the girls with a 6th place finish and Ziba Patridge led the boys with a 7th place finish. A huge shout out to Elliot for completing his first 5K on a VERY difficult course.
- Congratulations to Maya Labrecque for her first place finish in the gymnastics meet in Goffstown last evening. Great job Maya!

- 3:30 PM Boys MS A Team Basketball (away) @ Belmont MS
 - Dismissed at 2:15 PM, Bus leaves at 2:30 PM
- 4 PM Girls MS B Team Basketball (home) vs. Belmont Middle School@ ILES Gym
- 4:30 PM Boys MS B Team Basketball (away) @ Belmont MS
 - Dismissed at 2:15 PM, Bus leaves at 2:30 PM
- 5 PM Girls MS A Team Basketball (home) vs. Belmont Middle School@ ILES Gym
- 5:30 PM Boys C Team Basketball (away) @ Belmont MS
 - Dismissed at 2:15 PM, Bus leaves at 2:30 PM

Gaming Club

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MS Student Council

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Band and Chorus (during OH 12:45 - 1:30)

- Monday: No School
- Tuesday: 7th grade Lakes Region members (Evie, Nate, Aidan) 8-8:45; Jazz Band during OH (there are 9-12 class meetings for Winter Carnival - Sophia and Kaya we will work on your Lakes Region music); 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; Jazz Band during OH
- Thursday: 7th grade Baritone and Tenor Sax from 8-8:45; 8-12 Sopranos and Altos during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12

- Wednesday: Open Gym for Grades 9-12 only
- Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
- Friday: Open Gym for Grades 7-8 only

Daily Notice
Wednesday, January 21, 2026



Athletics

- At the January 12th swim meet hosted by Bedford at the Allard Center in Goffstown, Jolie Ruggles had an outstanding performance, qualifying for states in both events. Ruggles placed 4th in the 200 freestyle with a personal best time of 2:10.11 and took 2nd place in the 100 Butterfly with a personal best time of 1:07.29
- MS and Varsity XC Race (away) @ Plymouth
 - Dismissed at 12:15 PM, Bus leaves at 12:30 PM
- 12:30 PM MS Unified Basketball game (home) vs. Belmont MS @ ILMHS Gym
- 6:25 PM Boys Varsity Hockey (away) @ Monadnock Regional High School
 - Bus leaves Merrill Fay at 4 pm
- 7 PM Girls Varsity Gymnastics Meet (away) @ Goffstown High School

Band and Chorus (during OH 12:45 - 1:30)

- Monday: No School
- Tuesday: 7th grade Lakes Region members (Evie, Nate, Aidan) 8-8:45; Jazz Band during OH (there are 9-12 class meetings for Winter Carnival - Sophia and Kaya we will work on your Lakes Region music); 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; Jazz Band during OH
- Thursday: 7th grade Baritone and Tenor Sax from 8-8:45; 8-12 Sopranos and Altos during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice
Tuesday, January 20, 2026



Athletics

- We are hosting a WHITE OUT tonight for our double-header against Moultonborough, so grab your white t-shirts, hoodies, and jerseys—let's turn the bleachers into a sea of white! Tonight at 4:30 & 6pm-
- The Lakers Indoor Track Team traveled to UNH on Sunday afternoon, January 18th, competing with 16 other schools.
 - Congratulations to Tilly Hebron, setting a new personal record in the 55m sprint (9.02) and Alison Tichy, setting a new personal record in the Shot Put (20' 0").
 - Shout out to the guys for a great meet, finishing 7th place overall. Results included:
 - Landon Richards 1st place Long Jump (19' 11")
 - Landon Richards 1st place 300m (37.62)
 - Alek Pizzuti 3rd place 1,000m (3:01.43)
 - David Walker 3rd place Long Jump (19' 8")
 - Curtis Page 12th place 300m (42.31)
- 3:30 PM Boys MS C Team Basketball (home) vs. Moultonborough @ ILMHS Gym
- 4 PM Boys MS A Team Basketball (away) @ Kingswood Regional MS
 - Dismissed at 2 PM, Bus leaves at 2:15 PM
- 4 PM Girls MS B Team Basketball (home) vs. Kingswood Regional MS @ ILES Gym
- 4:30 PM Boys Varsity Basketball (home) vs. Moultonborough Academy @ ILMHS Gym
- 5 PM Boys MS B Team Basketball (away) @ @ Kingswood Regional MS
 - Dismissed at 2 PM, Bus leaves at 2:15 PM
- 5 PM Girls MS A Team Basketball (home) vs. Kingswood Regional MS @ ILES Gym

Class Meetings

- Class Meeting locations for Tuesday, January 20:
 - Auditorium--Sophomores --Bartlett, Dennis
 - Gymnasium--Freshmen --G. Nyhan, Martell
 - Gymnasium--Juniors --Dubois
 - Cafeteria--Seniors --Bedford, Smart

Band and Chorus (during OH 12:45 - 1:30)

- Monday: No School
- Tuesday: 7th grade Lakes Region members (Evie, Nate, Aidan) 8-8:45; Jazz Band during OH (there are 9-12 class meetings for Winter Carnival - Sophia and Kaya we will work on your Lakes Region music); 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; Jazz Band during OH
- Thursday: 7th grade Baritone and Tenor Sax from 8-8:45; 8-12 Sopranos and Altos during OH

- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice
Friday, January 16, 2026



Athletics

- The middle school girls A team played an outstanding game against Kennet last night that went into triple overtime. The leading scorers of the game were Hayden Dutile and Emme Brophy while the top defensive player was Caye Hamill.

Today's Events:

- Varsity Alpine Ski Race (away) @ Cranmore Mountain
 - Bus Departs at 7:30 AM
- 3 PM Unified Basketball Game (home) vs. Belmont High School
 - Played at Moultonborough Academy
 - Dismissed at 1:45 PM, Bus leaves at 2 PM
- 4:30 PM Boys JV Basketball (away) @ Gilford High School
 - Bus leaves at 3:15 PM
- 4:30 PM Girls JV Basketball (home) vs. Gilford High School @ ILMHS Gym
- 6 PM Boys Varsity Basketball (away) @ Gilford High School
 - Bus leaves at 3:15 PM
- 6 PM Girls Varsity Basketball (home) vs. Gilford High School @ ILMHS Gym

Saturday's Events:

- 7:30 PM Varsity Ice Hockey (away) @ Pembroke Academy
 - Bus Departs Merrill Fay at 5:30 PM

Sunday's Events:

- 9 AM Varsity Swim Meet (away) vs. Nashua High School @ Nashua Boys and Girls Club
- 2:30 PM Coed Varsity Indoor Track meet (away) @ UNH
 - Bus departs at 12:15 PM

Band and Chorus (during OH 12:45 - 1:30)

- Monday: 7th grade Trumpet 8-8:45; Jazz Band during OH
- Tuesday: 7th grade Lakes Region members (Evie, Nate, Aidan) 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; 7-12 Concert Band during OH
- Thursday: 7th grade Baritone and Tenor Sax from 8-8:45; 8-12 Sopranos and Altos during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)

- Friday: Open Gym for Grades 7-8 only

Daily Notice
Thursday, January 15, 2026



Athletics

- MS XC Race in Jackson
 - Dismissed at 12:15 PM, Bus leaves at 12:30 PM
- 4 PM Boys MS B Team Basketball (away) @ Kennett MS
 - Dismissed at 2 PM, Bus leaves at 2:15 PM
- 4 PM Girls MS A Team Basketball (home) vs. Kennett MS @ ILES Gym
- 5 PM Boys MS A Team Basketball (away) @ Kennett MS
 - Dismissed at 2 PM, Bus leaves at 2:15 PM

Band and Chorus (during OH 12:45 - 1:30)

- Monday: 7th grade Trumpet 8-8:45; Jazz Band during OH
- Tuesday: 7th grade Lakes Region members (Evie, Nate, Aidan) 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; 7-12 Concert Band during OH
- Thursday: 7th grade Baritone and Tenor Sax from 8-8:45; 8-12 Sopranos and Altos during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice
Wednesday, January 14, 2026



Athletics

- Congratulations to the varsity Nordic team for their performance at last night's paintball biathlon race at Gunstock. Ziba Patridge placed 14th, Jules Nelson placed 22nd and Elsa Bartlett placed 6th. Inter Lakes was also recognized by race organizers for their incredible sportsmanship.
- 4 PM Boys MS B Team Basketball (away) @ Newfound Memorial MS
 - Dismissed at 2:30 PM, Bus leaves at 2:45 PM
- 4 PM Girls MS B Team Basketball (home) vs. Newfound Memorial MS @ ILES Gym
- 5 PM Boys MS A Team Basketball (away) @ Newfound Memorial MS
 - Dismissed at 2:30 PM, Bus leaves at 2:45 PM
- 5 PM Girls MS A Team Basketball (home) vs. Newfound Memorial MS @ ILES Gym

HS Math Team

- Attention math team! This week we will have a home meet tomorrow after school. Please sign up outside Ms. Finch's room. We will start right after school and finish up by 4.

Band and Chorus (during OH 12:45 - 1:30)

- Monday: 7th grade Trumpet 8-8:45; Jazz Band during OH
- Tuesday: 7th grade Lakes Region members (Evie, Nate, Aidan) 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; 7-12 Concert Band during OH
- Thursday: 7th grade Baritone and Tenor Sax from 8-8:45; 8-12 Sopranos and Altos during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice
Tuesday, January 13, 2026



Athletics

- Congratulations to the girls jv basketball team for their victory over Belmont on Monday! Kate Taylor was on fire and was the leading scorer! Great job Lakers!
- Coed XC MS and Varsity Race (away) @ Gunstock
 - Dismissed at 1 PM, Bus leaves at 1:15 PM
 - HS Boys Race @ 2:30
 - HS Girls Race @ 3:10
 - MS Race @ 3:40

Today we will have a special Pop Up Cafe featuring Jammin' Pork Soft Tacos and Tropical Chicken Soft Tacos!

HS Math Team

- Attention math team! This week we will have a home meet on Thursday after school. Please sign up outside Ms. Finch's room. We will start right after school and finish up by 4.

Band and Chorus (during OH 12:45 - 1:30)

- Monday: 7th grade Trumpet 8-8:45; Jazz Band during OH
- Tuesday: 7th grade Lakes Region members (Evie, Nate, Aidan) 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; 7-12 Concert Band during OH
- Thursday: 7th grade Baritone and Tenor Sax from 8-8:45; 8-12 Sopranos and Altos during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice
Monday, January 12, 2026



Athletics

- 4 PM Girls Varsity Gymnastics Meet (away) @ Merrimack High School
 - Dismissed at 12
- 4:30 PM Boys JV Basketball (away) @ Belmont High School
 - Dismissed at 2:15PM, Bus leaves at 2:30 PM
- 4:30 PM Girls JV Basketball (home) vs. Belmont High School @ ILMHS Gym
- 6 PM Boys Varsity Basketball (away) @ Belmont High School
 - Dismissed at 2:15 PM, Bus leaves at 2:30 PM
- 6 PM Girls Varsity Basketball (home) vs. Belmont High School @ ILMHS Gym
- 7 PM Swim Meet (away) vs. Bedford High School @ Goffstown Y

This week we will have a special Pop Up Cafe on Tuesday Jan 13th featuring Jammin Pork Soft Tacos and Tropical Chicken Soft Tacos!

HS Math Team

- Attention math team! This week we will have a home meet on Thursday after school. Please sign up outside Ms. Finch's room. We will start right after school and finish up by 4.

Band and Chorus (during OH 12:45 - 1:30)

- Monday: 7th grade Trumpet 8-8:45; Jazz Band during OH
- Tuesday: 7th grade Lakes Region members (Evie, Nate, Aidan) 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; 7-12 Concert Band during OH
- Thursday: 7th grade Baritone and Tenor Sax from 8-8:45; 8-12 Sopranos and Altos during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice

Friday, January 9, 2026



Athletics

- The Booster Club Game of the Week takes place today after school. Come and watch the girls JV and VARSITY basketball teams take on White Mountain!
- The Middle School Girls B Team took home the victory last night against Barnstead with a 28-10 lead.

Today's Events:

- Varsity Alpine Ski Race (away) @ Cranmore Mountain
 - Bus leaves at 7:30 AM
- 4:30 PM Girls JV Basketball (home) vs. White Mountain Reg HS @ ILMHS Gym
- 4:30 PM Boys JV Basketball (away) @ White Mountain Reg HS
 - Dismissed at 2 PM, Bus leaves at 2:15 PM
- 6 PM Boys Varsity Basketball (away) @ White Mountain Reg HS
 - Dismissed at 2 PM, Bus leaves at 2:15 PM
- 6 PM Girls Varsity Basketball (home) vs. White Mountain Reg. HS @ ILMHS Gym

Saturday Jan 10th

- 10 AM Boys Varsity Ice Hockey (home) vs. John Stark Reg HS @ Merrill Fay Arena

HS Math Team

- Attention math team! Next week we will have a home meet on Thursday after school. Please sign up outside Ms. Finch's room. We will start right after school and finish up by 4.

FBLA

- FBLA will be running a clothing drive this week (January 5th-9th). This is the perfect opportunity to clean out your closet and support those in need. We accept used clothing as well as shoes and accessories. All clothing can be dropped off in Mrs. Sullivan's room (room 110) anytime during the week.

Band and Chorus (during OH 12:45 - 1:30)

- Monday: No Morning Lesson; Jazz Band during OH
- Tuesday: 7th grade Flute, Trombone and Baritone 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; 7-12 Concert Band during OH
- Thursday: 7th grade Bass Clarinet and Tenor Sax from 8-8:45; HS Lakes Region Chorus during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:

- Tuesday: Open Gym for Grades 7-12
- Wednesday: Open Gym for Grades 9-12 only
- Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
- Friday: Open Gym for Grades 7-8 only

Daily Notice
Thursday, January 8, 2026



Athletics

- The Booster Club Game of the Week takes place this Friday after school. Come and watch the girls JV and VARSITY basketball teams take on White Mountain!
- The varsity Nordic team did amazing at yesterday's skate race in Sandwich. Elsa Bartlett placed second and Sydney Conkling placed 5th for the girls while Ziba Patridge placed 3rd for the boys.

Today's Events:

- 11:30 AM Unified MS Basketball Game (home) vs Newfound Memorial MS @ ILMHS Gym
- 4 PM Boys MS C Team Basketball (away) @ Moultonborough Academy
 - Bus leaves at 3:15
- 4 PM Boys MS A Team Basketball (home) vs. Barnstead Elementary School @ ILES Gym
- 4 PM Girls MS A Team Basketball (away) vs Barnstead Elementary School
 - (played at Prospect Mountain HS)
 - Dismissed at 2 PM, Bus leaves at 2:15 PM
- 5 PM Boys MS B Team Basketball (home) vs. Barnstead Elementary School @ ILES Gym
- 5 PM Girls MS B Team Basketball (away) vs Barnstead Elementary School
 - (played at Prospect Mountain HS)
 - Dismissed at 2 PM, Bus leaves at 2:15 PM

ESports

- ESports is cancelled for today. Please make alternate arrangements for after school.

HS Math Team

- Attention math team! Next week we will have a home meet on Thursday after school. Please sign up outside Ms. Finch's room. We will start right after school and finish up by 4.

FBLA

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Band and Chorus (during OH 12:45 - 1:30)

- Monday: No Morning Lesson; Jazz Band during OH
- Tuesday: 7th grade Flute, Trombone and Baritone 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; 7-12 Concert Band during OH
- Thursday: 7th grade Bass Clarinet and Tenor Sax from 8-8:45; HS Lakes Region Chorus during OH

- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice
Wednesday, January 7, 2026



Athletics

- The Booster Club Game of the Week takes place this Friday after school. Come and watch the girls JV and VARSITY basketball teams take on White Mountain!
- Attention Athletes- there is a Student Athlete Leadership meeting on Thursday morning at 7:45am in room 118. All athletes are welcome to attend. This month's focus will be on "Building School Spirit" and supporting the Games of the Week.

Today's Events:

- MS and Varsity Nordic Ski Race @ Sandwich Fairgrounds
 - Dismissed at 12:30 pm, Bus leaves at 12:45 pm

Art Club

- Art Club will be running today from 3 - 4 pm in room 218.

HS Math Team

- Attention math team! Next week we will have a home meet on Thursday after school. Please sign up outside Ms. Finch's room. We will start right after school and finish up by 4.

FBLA

- FBLA will be running a clothing drive this week (January 5th-9th). This is the perfect opportunity to clean out your closet and support those in need. We accept used clothing as well as shoes and accessories. All clothing can be dropped off in Mrs. Sullivan's room (room 110) anytime during the week.

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- Tuesday: 7th grade Flute, Trombone and Baritone 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; 7-12 Concert Band during OH
- Thursday: 7th grade Bass Clarinet and Tenor Sax from 8-8:45; HS Lakes Region Chorus during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice
Tuesday, January 6, 2026



Athletics

- The Booster Club Game of the Week takes place this Friday after school. Come and watch the girls JV and VARSITY basketball teams take on White Mountain!
- Attention Athletes- there is a Student Athlete Leadership meeting on Thursday morning at 7:45am in room 118. All athletes are welcome to attend. This month's focus will be on "Building School Spirit" and supporting the Games of the Week.
- The Middle School Girls A basketball team won their game vs Gilford on Monday with a final score of 28-16. Hayden Dutile and Lily Carvino were the leading scorers with 8 points each. The Middle School Girls B Team took the victory last night against Gilford with a 23-18 win!
- Congrats to the boys A and B basketball teams for defeating Gilford on Monday. Great job Lakers!
- The boys JV basketball team defeated Mascoma with an Aidan Kimball buzzer beater.

Today's Events:

- 4:30 PM Boys JV Basketball (home) vs. Newfound Regional HS @ ILMHS Gym
- 4:30 PM Girls JV Basketball (away) @ Newfound Regional HS
 - Bus leaves at 3:15 PM
- 6 PM Boys Varsity Basketball (home) vs. Newfound Regional HS @ ILMHS Gym
- 6 PM Girls Varsity Basketball (away) @ Newfound Regional HS
 - Bus leaves at 3:15 PM
- 7 PM Coed Varsity Swim Meet @ Goffstown

HS Math Team

- Attention math team! Next week we will have a home meet on Thursday after school. Please sign up outside Ms. Finch's room. We will start right after school and finish up by 4.

FBLA

- FBLA will be running a clothing drive this week (January 5th-9th). This is the perfect opportunity to clean out your closet and support those in need. We accept used clothing as well as shoes and accessories. All clothing can be dropped off in Mrs. Sullivan's room (room 110) anytime during the week.

Band and Chorus (during OH 12:45 - 1:30)

- Monday: No Morning Lesson; Jazz Band during OH
- Tuesday: 7th grade Flute, Trombone and Baritone 8-8:45; 7-12 Chorus during OH; 7-12 percussion sectional after school with Jared from 3:15ish-4:00ish
- Wednesday: 7th grade Percussion 8-8:45; 7-12 Concert Band during OH
- Thursday: 7th grade Bass Clarinet and Tenor Sax from 8-8:45; HS Lakes Region Chorus during OH
- Friday: 7th Grade Alto Sax 8-8:45; 8-12 Concert Band during OH

Office Hours - Open Gym - Must sign up on Monday

- Schedule:
 - Tuesday: Open Gym for Grades 7-12
 - Wednesday: Open Gym for Grades 9-12 only
 - Thursday: No Open Gym (extra help/make-up/reassessment with Ms. Dennis is available)
 - Friday: Open Gym for Grades 7-8 only

Daily Notice

Monday, January 5, 2026



Athletics

- The indoor track team competed on Saturday
 - Highlights: Landon Richards 1st place in 300m& 3rd place in Long Jump; David Walker 2nd place in Long Jump. The boys team finished 4th out of 19 schools.
 - The Indoor Track team will then travel back to UNH on Sunday, January 18th for a 2:30PM meet. Go Lakers!
- Maya Labrecque competed in a gymnastics meet on Sunday. She placed second overall - great job Maya!
- The Booster Club Game of the Week takes place this Friday after school. Come and watch the girls JV and VARSITY basketball teams take on White Mountain!

Today's Events:

- 4 PM Boys MS A Team Basketball (away) @ Gilford MS
 - Dismissed at 2:30 PM, Bus leaves at 2:45 PM
- 4 PM Girls MS B Team Basketball (home) vs. Gilford MS @ ILES Gym
- 4:30 PM Boys JV Basketball (home) vs. Mascoma Valley Regional HS @ ILMHS Gym
- 5 PM Girls JV Basketball (away) @ Mascoma Valley Regional HS
 - Dismissed at 2:15 PM, Bus leaves at 2:30 PM
- 5 PM Boys MS B Team Basketball (away) @ Gilford MS
 - Dismissed at 2:30 PM, Bus leaves at 2:45 PM
- 5 PM Girls MS A Team Basketball (home) vs. Gilford MS @ ILES Gym
- 6 PM Boys Varsity Basketball (home) vs. Mascoma Valley Regional HS @ ILMHS Gym
- 6:30 PM Girls Varsity Basketball (away) @ Mascoma Valley Regional HS
 - Dismissed at 2:15 PM, Bus leaves at 2:30 PM

Library

- The Library will be closing at 4 PM today. Please make alternate arrangements for after school.

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