

FYP Event 2024 (Around 4:00 PM to 9:00 PM EDT)

*preview working doc intended audience: organizing committee, partners, advisors, FYP associates



Event Details *Tentative:

Title: A Seat at the Table: Amplifying Youth Voices Across Behavioral Health Policy Spaces

Alt: Youth Voices 2030: Actions to Shape Mental Health Policy

Description:

Date: Sep 13th, 2024

Time: 4:00 PM to 9:00 PM EST (4-7 Event, 7-9 Networking/Party)

Venue: Available from 1 PM to 10 PM

Location: Bohemian National Hall 3rd Floor

Event Venue: UNSS at UNGA79

2024 Organizing Committee

General Chair: Marx Wang, Jose Caballero

Program Chair: Aliza Lopez

Impact Chair: Keegan Lee

Logistic Chair: Joanna Fang

Chief of Staff: Cameron Tan

Theme

Action Priorities of Behavioral Health for 2030 From Youth

Abstract

This event brings together 30 diverse youth advocates and 30 nonprofit leaders to shape the future of youth well-being. This youth-led event features a conference followed by a networking session/party. The conference includes a keynote address, an intergenerational debate between CEOs and youth leaders, and a panel showcasing youth pursuing passion-driven advocacy. We'll introduce the 1st Gen FYP Report, unveiling new youth-centered mental health metrics (Authenticity, Agency, Action, and Slay Indices) based on participatory research. Through these discussions and interactive networking, participants will collaboratively define action priorities for youth behavioral health by 2030. Join us in empowering the next generation of mental health leaders, fostering partnerships, and proving the collective party power of youth.

2024 10 Youth Cohort *Incomplete & Tentative

Diverse, representative, fit the theme, ...

[secret]

1. **Anthony Sartori**
2. Trace Terrell
3. **Juan Acosta**
4. Sophie Szew
5. Rick Yang
- 6.
7. Rhea Goswami (or Zion Walker, Laurel Tamayo, Danielle Barnett)
8. Oluwaferanmi Omitoyin *interview

1. **Gabby Frost**
2. Sam Hiner
3. ***International**
4. ***International**
5. *grassroot
6. *grassroot
7. **JED Foundation Award Winner**
8. Ahmad Nisar
 - a. Currently in Australia but is a refugee from Afghanistan. Founder of Changemaker that advocates for better mental health in Afghanistan. Facilitator/organiser for Orygen Global Youth Mental Health Fellowship
9. Oluwaferanmi Omitoyin
 - a. Vice President of International Association for Youth Mental Health. Used to be in Africa but idk where he is now. Works as a Doctor but is probably 24/25 years old.
10. Dion Ras
 - a. Executive Committee at IAYMH. Consults for WHO as a youth. Very involved in Europe mental health co-creation with youth
11. Judah Njoroge. Global South. Does mental health advocacy but idk the exact scale

2024 Stakeholder Speaker *Tentative

- Bill Smith (Inseparable) **OR** Mary Gilberti
- Dr. Alfiee Breland-Noble
- Susan Reynolds or Alex Briscoe

Collaborators in Discussion

World Federation of Mental Health
American Academy of Pediatrics
CyberCollective
Young People Alliance
The Jed Foundation

Event Highlights

1. The Youth Led Experience: Half conference, half boba party
2. The Youth Led Experience 2: Gathering of 30 Diverse Youth Advocates 30 Nonprofit Leaders Domestic & Internationally
3. Concrete Youth Centered Actions Priorities and Collaboration: Youth-policymaker dialogue/debate combined with youth initiatives showcase catalyzing n
4. 1st Gen FYP Report Release: Participatory Action Research Based New Youth Experience Centered Mental Health Metrics (FYP Authenticity Index, Agency Index, Action Index, Slay Index)

Attendees Invite List (60 max)

IMPACT PLAN TIMELINE FYP 2024

Youth (40):

1. FYP (~15)

2024 Youth Cohort (10)

2023 Youth Cohort -Brandon Bond, Maddie Freeman, Mariama Bah, Maksim Batuyev, Sahith Kancharla, Yoelle Gulko, Tamaki Hoshi, Bruny Kenou

FYP Committee (7): Jose, Aliza, Keegan, Cameron, Joanna, Marx, Reem

2. Grassroot Mental Health Student Orgs Leaders (10)

a.

3. Advocates (15)

- a. **In Network Advocates:** Adia Fadaei, Sam Gerry, Seika Brown, Sophie Szew, Trace Terrell, Amanda Grace, Sam Hiner, Audrey Wang (Aliza), Jorge Alvarez, Maya Siegel, Saanvi Arora, Arthy Suresh (Aliza), Edward Sun (Aliza), Ali Kapadia, Nghia Do, Thanasi Dilos,

Jade Davis, Anthony Sartori (Aliza), Isaac Lara (Aliza), Kathy Eldon (Creative Visions) Kathy Saulitis (Creative Visions) Ricky Lewis (Discovery Education) Allison Andrews (Discovery Education) Courtney Frolieg (TikTok) Sharon Winkler (Parents SOS) Jarrod M. Leffler, PhD (Chief, Child and Adolescent PSychology Children's Hospital at VCU) Jack Winston, Charles Winston (BE present) Ali Kapadia (Net Project) Sami Kasaraju, Majmoud Khedr, Chris Flack (Unplug) Jinghong Cai (National School Boards Association) Caren Howard (MHA)

- b. Partner/Other Network Advocates:** Haile Thomas, Alexandra Lawlor, Meera Varma, Sahana Vij, Anaïs DerSimonian, Kai Koerber, Elyse Fox, Srihita Adabala, Marissa Meizz (LU), Emily Bach (LU), Sandra Cai (LU), Sanat Mohapatra (LU), Snehita Sana (LU), Ryan Huh (LU), Mia Steinberg (LU), Katie Santamaria (LU), Anastasia Vlasova (LU), Stella Stephanopoulos (LU), Saiyak Rakeeb (LU), Roshni Lulla (LU), Mary Lawal (NAMI), Efe Osagie (NAMI), Clara Pritchett (NAMI), Lois Williams (NAMI), Gregory Carnesi (NAMI), Claire Bradley (NAMI), Makaila Davis (MHA), Julian Guerrero (MHA), Chayil Bullock-Mariscal (MHA), Rick Yang (MHA), Jonathan Jean Charles (MHA), Anastasia Erley (MHA), Kaisar Perry (MHA), Whitney Andrastek (MHA), Melanie Zhou (MHA)

Nonprofit Leaders (30):

Priority

1. Mental Health America -Kelly Davis, Jackie Menjivar, Mary Gilberti, Mahmoud Khedr (Aliza, Joanna, Cameron)
 - a. Aliza - Mary
2. California Child Trust -Alex Briscoe, Ashley Monterrosa
3. The Jed Foundation (JED) -Mary Bess Pritchett
4. NAMI
5. AAP
6. Active Minds -Errika Brooks
7. SAMHSA
8. HalfTheStory -Larissa May, Rachel Hanebutt
9. HopeLab -Joshua Lavra
10. Fountain House -Arwind Asooknanan, Anna Guimaraes,
11. Bring Change to Mind -Jordan Mosley
12. CitiesRISE -Matt Hughesam, Ynooa, Jeff
 - a. Lidiya Gebre - Aliza
13. California Coalition for Youth -Jade Davis
14. Inseparable -Bill Smith
15. Look up -Susan
16. UNICEF
17. The Trevor Project
18. Good Life Movement
19. Born This Way Foundation -Francesca Giannattasio
20. AllTechIsHuman -David Polgar & Sandra Khalil
21. Creative Visions - Kathy Eldon, Kathy Saulitis

22. Havard Led

Regular Invite

Climate Mental Health Network
The Kennedy Forum
Global Citizen -Aquayemi-Claude Akinsanya
OneUpAction International -Saiarchana Darira
Peer Health Exchange -Chris Wilson
Pegs Foundation
The Steve Fund
The Support Network
Hope Squad
Morgan Stanley Alliance for Children's mental health
Coffee Hip-Hop & Mental Health
Sad Girls Club
The Depression Project
Hope for the Day
Self Care is for Everyone
To Write Love on Her Arms
Project Semicolon
HelpGuide.org,
MentalHealth.org,
Choosing Therapy,
Mindful Philanthropy,
Building H,
Coalition to End Social Isolation and Loneliness,
Genwell,
Weave,
Humana Foundation
Beyond Differences
Centerstone
RAD Remedy
Trans LifeLine
National Latino Behavioral Health Association (NLBHA)
Silence the Shame
Child Mind Institute
Alliance for Eating Disorders Awareness
On Our Sleeves
Your Mom Cares
Shatterproof
Fletcher Group, Inc.
Eating Disorders Coalition for Research Policy & Action
Headstrong

DMAX Foundation
 Lakeshore Foundation
 I Don't Mind (a subsidiary of MHA)
 Mental Health Coalition
 the Steve Fund
 Creative Visions

Agenda

Time	Event	Speakers
4:00 PM to 4:05 PM (10 minutes)	Opening Remarks (2-3 mins)	
4:05 PM to 4:15 PM (10 minutes)	Keynote Speaker	Youth: Anthony Sartori
4:20 PM to 5:10 PM (45 minutes)	Panel #1: Intergenerational Discussion	Senior: ● Bill Smith (Inseparable) ● Mary Gilberti (MHA) Youth: ● Rick Yang ● Sophie Szew
5:10 PM to 5:30 PM (20 minutes)	Break Research Result Showcase or Storytelling Result Showcase	
5:30 PM to 6:20 PM (45 minutes)	Panel #2: Highlighting Youth Mental Health Advocates	Four Youth Advocates: ● #1: Communications Director from YPA (tentative) ● #2: Youth advocate who is fairly new to the space? ● #3: TBD ● #4: TBD
6:20 PM to 6:30 PM (10 minutes)	Closing Remarks (5-8 minutes)	Aliza
6:30 PM to 9:00 PM (2 hours, 30 minutes)	Networking/Party	

Impact Plan

Report

Engagement With Community

Storytelling

Interview from

1. **Youth-Driven Research:** Unveiling a groundbreaking study on global youth mental health, co-designed and conducted by youth researchers, presenting insights from 500 diverse participants.
2. **Innovative Measurement:** Introducing the FYP Indices (Slay, Authenticity, Agency, Compassion, and Action) as new metrics for understanding and improving youth mental health.
3. **Action-Oriented Outcomes:** Showcasing youth-led initiatives and policy recommendations derived directly from the research
4. **Movement Building:** Launching a global youth mental health advocacy network, leveraging multi-media storytelling and emerging technologies to catalyze ongoing collaboration and action beyond the event.
5. **Personal experience:** Collecting personal stories, experiences, and thoughts from raw dialogue of youth advocates to foster a human-centered design-thinking process.

Panel 2 Brainstorm

Archive

*** V5 — 45 Minute Panels, Separate Keynote Speaker Sessions, No Workshop:****Tentative Program Name:**

A Seat at the Table: Amplifying Youth Voices Across Behavioral Health Policy Spaces

Time		Event	Speakers
4:00 PM to 4:10 PM (10 minutes)		Opening Remarks	
4:15 PM to 4:25 PM (10 minutes)		Keynote Speaker	Senior: Dr. Alfiee Breland-Noble ** Send invite to Dr. ABN; if unavailable, invite Anthony
4:30 PM to 5:15 PM (45 minutes)		Panel #1: Intergenerational Discussion	Senior: ● Policymaker from YPA (tentative) ● Bill Smith (Inseparable) OR Mary Gilberti (MHA) Youth: ● 2024 Award Winner from JED Foundation (tentative) ● Seika Brown (likely) ● Sophie Szew
5:20 PM to 5:40 PM (20 minutes)		Break	
5:45 PM to 6:30 PM (45 minutes)		Panel #2: Highlighting Youth Mental Health Advocates	Four Youth Advocates: ● #1: Communications Director from YPA (tentative) ● #2: Youth advocate who is fairly new to the space? ● #3: TBD ● #4: TBD
6:35 PM to 6:50 PM (15 minutes)		Closing Remarks & Keynote Speaker	Youth: Anthony Sartori
7:00 PM to 9:00 PM (2 hours)		Networking	

V1 — 2 Keynote Speakers, 55 Minute Panels:**Tentative Program Name:**

A Seat at the Table: Amplifying Youth Voices Across Behavioral Health Policy Spaces

Time	Event	Speakers
4:00 PM to 4:10 PM - 10 minutes	Opening Remarks	
4:15 PM to 4:35 PM - 20 minutes 10 minutes per speaker (if having 2 speakers)	Keynote Speakers	Senior: Dr. Alfiee Breland-Noble Youth: Anthony Sartori ** Send invites to both speakers; if only one is available, proceed with them only (rather than having 2 keynote speakers)? *** Consider only having 1 speaker to shorten time
4:40 PM to 5:35 PM (55 minutes)	Panel #1: Intergenerational Discussion	Senior: ● Policymaker from YPA (tentative) ● Bill Smith (Inseparable) OR Mary Gilberti (MHA) Youth: ● 2024 Award Winner from JED Foundation (tentative) ● Seika Brown (likely) OR Sophie Szew
5:40 PM to 6:25 PM (45 minutes)	Break & Workshop - <i>Attendees can either choose to use this time as a break or take part in the #HalfTheStory workshop (or alternate between the two)</i>	Partnership with #HalfTheStory — will be holding a workshop about civic engagement
6:30 PM to 7:25 PM (55 minutes)	Panel #2: Highlighting Youth Mental Health Advocates	Four Youth Advocates: ● #1: Communications Director from YPA (tentative) ● #2: Youth advocate who is fairly new to the space? ● #3: TBD ● #4: TBD
7:30 PM to 7:45 PM	Closing Remarks	
7:50 PM to 9:30 PM (1 hour, 40 minutes)	Networking	

V2 — 2 Keynote Speakers, 45 Minute Panels:

Tentative Program Name:

A Seat at the Table: Amplifying Youth Voices Across Behavioral Health Policy Spaces

Time	Event	Speakers
4:00 PM to 4:10 PM (10 minutes)	Opening Remarks	

minutes		
4:15 PM to 4:35 PM (20 minutes)	Keynote Speakers	Senior: Dr. Alfiee Breland-Noble Youth: Anthony Sartori ** Send invites to both speakers; if only one is available, proceed with them only (rather than having 2 keynote speakers)?
4:40 PM to 5:25 PM (45 minutes)	Panel #1: Intergenerational Discussion	Senior: ● Policymaker from YPA (tentative) ● Bill Smith (Inseparable) OR Mary Gilberti (MHA) Youth: ● 2024 Award Winner from JED Foundation (tentative) ● Seika Brown (likely) OR Sophie Szew
5:30 PM to 6:15 PM (45 minutes)	Break & Workshop - <i>Attendees can either choose to use this time as a break or take part in the #HalfTheStory workshop (or alternate between the two)</i>	Partnership with #HalfTheStory — will be holding a workshop about civic engagement
6:20 PM to 7:05 PM (45 minutes)	Panel #2: Highlighting Youth Mental Health Advocates	Four Youth Advocates: ● #1: Communications Director from YPA (tentative) ● #2: Youth advocate who is fairly new to the space? ● #3: TBD ● #4: TBD
7:10 PM to 7:25 PM (15 minutes)	Closing Remarks	
7:30 PM to 9:00 PM (1 hour, 30 minutes)	Networking	

V3 — 1 Keynote Speaker, 45 Minute Panels:

Tentative Program Name:

A Seat at the Table: Amplifying Youth Voices Across Behavioral Health Policy Spaces

Time	Event	Speakers
4:00 PM to 4:10 PM - 10	Opening Remarks	

<i>minutes</i>		
4:15 PM to 4:25 PM - 10 minutes	Keynote Speakers	Senior: Dr. Alfiee Breland-Noble; OR Youth: Anthony Sartori ** Send invite to Dr. ABN; if unavailable, invite Anthony
4:30 PM to 5:15 PM (45 minutes)	Panel #1: Intergenerational Discussion	Senior: ● Policymaker from YPA (tentative) ● Bill Smith (Inseparable) OR Mary Gilberti (MHA) Youth: ● 2024 Award Winner from JED Foundation (tentative) ● Seika Brown (likely) OR Sophie Szew
5:20 PM to 6:05 PM (45 minutes)	Break & Workshop - <i>Attendees can either choose to use this time as a break or take part in the #HalfTheStory workshop (or alternate between the two)</i>	Partnership with #HalfTheStory — will be holding a workshop about civic engagement
6:10 PM to 6:55 PM (45 minutes)	Panel #2: Highlighting Youth Mental Health Advocates	Four Youth Advocates: ● #1: Communications Director from YPA (tentative) ● #2: Youth advocate who is fairly new to the space? ● #3: TBD ● #4: TBD
7:00 PM to 7:15 PM (15 minutes)	Closing Remarks	Keynote speaker
7:20 PM to 9:00 PM (1 hour, 40 minutes)	Networking	

V4 — 1 Keynote Speaker, 55 Minute Panels:

Tentative Program Name:

A Seat at the Table: Amplifying Youth Voices Across Behavioral Health Policy Spaces

Time	Event	Speakers
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4:00 PM to 4:10 PM (10 minutes)	Opening Remarks	
4:15 PM to 4:25 PM (10 minutes)	Keynote Speakers	Senior: Dr. Alfiee Breland-Noble; OR Youth: Anthony Sartori ** Send invite to Dr. ABN; if unavailable, invite Anthony
4:30 PM to 5:25 PM (55 minutes)	Panel #1: Intergenerational Discussion	Senior: ● Policymaker from YPA (tentative) ● Bill Smith (Inseparable) OR Mary Gilberti (MHA) Youth: ● 2024 Award Winner from JED Foundation (tentative) ● Seika Brown (likely) OR Sophie Szew
5:30 PM to 6:15 PM (45 minutes)	Break & Workshop - <i>Attendees can either choose to use this time as a break or take part in the #HalfTheStory workshop (or alternate between the two)</i>	Partnership with #HalfTheStory — will be holding a workshop about civic engagement
6:20 PM to 7:15 PM (55 minutes)	Panel #2: Highlighting Youth Mental Health Advocates	Four Youth Advocates: ● #1: Communications Director from YPA (tentative) ● #2: Youth advocate who is fairly new to the space? ● #3: TBD ● #4: TBD
7:20 PM to 7:35 PM (15 minutes)	Closing Remarks	
7:40 PM to 9:30 PM (1 hour, 50 minutes)	Networking	

INITIAL VERSION:**Tentative Program Name:**

A Seat at the Table: Amplifying Youth Voices Across Behavioral Health Policy Spaces

Time	Event	Speakers
4:00 PM to 4:10 PM	Opening Remarks	
4:15 PM to 4:35 PM	Keynote Speakers	Senior: Dr. Alfiee Breland-Noble Youth: Anthony Sartori
4:40 PM to 5:25 PM	Intergenerational Discussion	Senior: Bill Smith, Mary Gilberti Youth: Seika Brown, Sophie Szew
5:30 PM to 5:45 PM	Break & Small Activity <i>Potential area for collaboration with a general partner?</i>	
5:50 PM to 6:35 PM	Panel <i>Potential area for collaboration with a general partner?</i>	
6:45 PM to 6:55 PM	Closing Remarks	
7:00 PM to 9:00 PM	Networking	

Themes

- Youth Empowerment & Roles
- Community Engagement
- Policymaking & Decision-Making

Key Dependencies

- Confirmation of keynote speaker(s) and panelists
- Coordination with venue for audio/visual requirements and setup
- Budget to support attendees and logistics, honorarium if possible
- Determine time and date of event (e.g. accommodations and lodging)
- Finalization of partnerships
 - Influences structure of program, events, timing, promotion, etc.
- Alignment with overall event themes and objectives

Potential Venues

-  FYP | Potential Venue Options

Impact & Results

- ☐ Cameron → Generate proposals to integrate international reach and voices into event (e.g. SXSW proposal or impact campaign)

Task Management

- ☐ Nomination process of youth leaders for second panel (launch mid-June)
- ☐ Outreach to keynote and panel 1 speakers (mid-June)
- ☐ Outreach to selected panel 2 speakers (late-June)
- ☒ Consolidate event agenda (early to mid-July)
- ☒ Ideate topics and formats for SXSW application (July)
- ☐ Finalize all speakers (mid-July)
- ☐ Finalize partnerships (July)
 - ☐ Arrange initial meetings with partners to decide possibilities for collaboration
- ☐ Secure event venue (July)
- ☐ Livestreaming (July)
- ☐ Sending invitations to organizations and leaders as invitees (July-August)
- ☐ Finalize agenda and times (July)
- ☐ Travel stipends (early August)
- ☐ Creating RSVP page (early August)
- ☐ Meeting with speakers to review logistics (mid-August)
- ☐ Draft emails for invitations of various roles, including speakers, invitees, organizations, etc. (ongoing; depends on stage)
- ☐ Marketing and PR (ongoing)

Other Considerations

- **SXSW:** <https://www.sxsw.com/apply/panelpicker/#apply>
 - Entry Process Opens: June 25 - July 21, 2024 (11:59 PM PDT)
- **Formats of SXSW Panels:** (*ranges from 1-4 speakers, depending on format*)
 - **Book Reading (1-2 Speakers):** Sessions focusing on the launch of a new book (publication date of June 2023 or later), giving the author and audience a chance to explore the themes or motifs present in their work.
 - **Fireside Chat (2 Speakers):** Conversation between two speakers (often a moderator and expert), discussing and dissecting a specific topic.
 - **Meet Up (1-2 Hosts):** Bringing together attendees with similar interests to broaden their community in either a networking/mixer style or a campfire discussion. One or two hosts.
 - **Panel (4 Speakers max):** Diverse discussion around a specific topic. Four speakers maximum (INCLUDING moderator). No exceptions.
 - **Podcast (4 Speakers max):** Established episodic audio series around a given theme. Four speakers (including hosts) maximum.
 - **Presentation (1-2 Speakers):** One to two speakers offering a deep dive into more targeted topics. Visual presentations are often included.
 - **Short Form (1 Speaker):** Short solo presentations grouped in an hour block (staff to determine grouping based on topic).
 - **Workshop (1-2 Speakers):** Deep dive sessions with more hands-on learning activities and specific takeaways for professional growth and development.

- **Possible December event**

- Could be slightly smaller than the September event, but with more professionals from established behavioral health organizations like SAMHSA
- More in-depth look at behavioral health policies presented by various departments across the country
- Could be structured more like a small conference — e.g. potential speakers submit proposals; have different event structures
 - Workshop Sessions
 - Panels
 - Lightning Talks
 - Poster Sessions
 - Roundtables