

Generic information that will be included in ALL camps held at STL.

Outdoor Camps

Drop Off Location: Main stadium entrance (wrought iron gate by the yellow ticket booth)

Check-In Location: Each sport will check campers in at the camp's location. Ex: Baseball campers will check in at the baseball field. Football campers will check in at the football field.

Pick Up Location: Main stadium entrance (wrought iron gate by the yellow ticket booth)

You are also able to walk up to where the camp is being held to pick your child up.

Time of camp: please arrive at least 15 min prior to the start of camp. Start times are listed on this page.

What to bring: Water bottle, gym shoes, tshirt, athletic shorts/pants. Coaches will include if sport specific shoes are required in their description below.

Indoor Camps

Drop Off Location: Main foyer entrance. Please enter where you see three sets of double doors.

Check-In Location: Indoor camps should be doing a check inside of the foyer before heading to camp location. .

Pick Up Location: Main foyer entrance.

What to bring: Water bottle, gym shoes, tshirt, athletic shorts/pants. Coaches will include if sport specific shoes are required in their description below.

Sport/Activity Specific Descriptions:

If coaches have specific instructions for their camps, they will send information out to families via email.