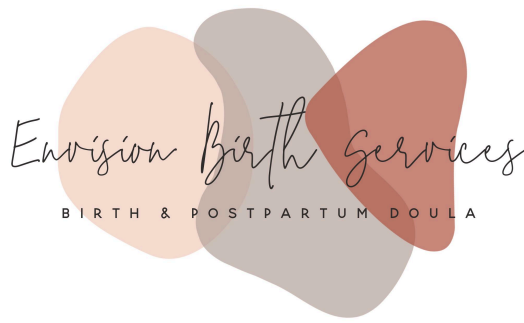




Placenta Encapsulation Services & Contract

Description of Placenta Encapsulation

Placenta encapsulation is the process of preparing the Mother's Placenta after the birth of her baby by dehydrating, powdering and placing it into capsules for the mother to ingest. The purpose of ingestion of the placenta is to reintroduce beneficial hormones, proteins, and other nutrients to her body following labor and birth to help restore physical and emotional balance, prevent or lessen the risk of "baby blues" that may lead to postpartum depression, possibly increase breast-milk production, shorten healing time, increase maternal energy levels, and provide an overall feeling of wellness to aid in the transition between pregnancy and the early postpartum period.

Client Instructions

It is your responsibility to notify me as soon after the birth as possible to make arrangements for pick up or drop off. Failure to do so may result in delayed placenta preparation and encapsulation and may cause decreased potency of nutrients, hormones, and other beneficial attributes of the placenta, and even spoilage of the placenta which would render it unusable for encapsulation.

It is your responsibility to discuss release of your placenta from the hospital where you give birth and to ensure proper storage of your placenta in a refrigerator or cooler with the placenta placed on ice until it can be delivered for preparation and encapsulation.

It is also your responsibility to inform me of any known blood-borne illness or other health issues (such as HIV, hepatitis, etc.) that could place me or any others who may come in contact with bodily fluids (specifically maternal and fetal blood and amniotic fluid) at risk.

In the interest of safety for myself and my clients, I choose not to work on any placentas if these illnesses are present.

Whether birthing at home or in a hospital, please ensure that your placenta is kept fresh. It can remain at room temperature for 3-4 hours following the birth. After that (or sooner if possible) it should be refrigerated or otherwise kept cool. If you are practicing some form of delayed cord cutting, ice packs may be wrapped up with the placenta to prevent spoilage for up to 4 hrs. postpartum. Placenta encapsulation cannot be done after a traditional lotus birth. The placenta should be frozen if the placenta encapsulation process cannot start within 3 days of the birth. Frozen placentas are best if prepared by 4 weeks; however frozen placentas up to 6 months old can still be used. You can prepare your placenta for transport by placing it in a couple of large, freezer strength Ziploc bags or in a large plastic yogurt or ice cream container, then into a cooler with ice packs or into a refrigerator.

It is important to note that there may be circumstances under which your placenta cannot be used. Significant abnormalities of the placenta may necessitate your doctor or midwife sending your placenta to Pathology for further examination. Other conditions, such as signs of infection in the mother during labor, may mean that consuming your placenta will not be beneficial to you. If in doubt, consult your care provider before proceeding. It should be possible to claim your placenta after Cesarean surgery.

Things to Remember.

- Please do your best to let me know when you go into labor. This helps me be prepared.
- When you are ready for me to pick up the Placenta, please call or text 815-412-5297 during the hours of 8am-8pm. (Note: Any births during the evening hours, As I am also often on call for births, I ask that you don't call me to pick up until morning.)
- Keep the placenta in a sealed container cold in the fridge until I arrive
- I am happy to come to your hospital room to pick it up or can coordinate meeting a partner near the entrance so as to not disturb you and baby.
- I do my best to have your placenta encapsulated and delivered within 48 hours. However sometimes I may be called to a birth and it may be delayed a day.

Disclaimer

I am not a licensed medical professional and I am not able to diagnose, treat or prescribe for any health condition. Services and fees are for the preparation and encapsulation of your placenta, not for the sale of the pills. No specific benefits or effects are promised. Any benefits will vary from person to person. Some of the ascribed benefits of placenta consumption are supported by ongoing research; however these benefits have not been evaluated or approved by the FDA. It is your responsibility to determine whether using placenta preparations may be of benefit to you.

Fees

\$300(\$250 for my Doula clients) for Placenta Encapsulation Services.

Fees include the preparation and encapsulation of the placenta, a storage container, written instructions for storage and handling, and guidelines for taking your capsules.

Placenta prints and cord keepsakes are available for \$25 upon request.

A \$50 non-refundable deposit is due upon signing this contract. The balance is payable upon pickup of the Placenta.

The remaining \$250+ balance must be paid when capsules are delivered.

*There may be an additional travel fee beginning at \$25 if you are located more than 25 miles out of Duluth. This can be discussed before booking.

Payments may be made by personal check, cash, or Venmo (@EnvisionBirth) **please select friends and family for those options**

Refunds

If you choose to terminate this contract after I have come to collect your placenta, the \$50 deposit will be retained. If you choose not to contact me at all, there will be no refund, due to the "on-call" nature of this business.

An emailed copy of this agreement will be sent to you. Once signed and deposit has been given, your due date will be blocked off in my calendar, holding your date for service.

Please sign below indicating you understand and agree to Envision Birth and Amanda Barta's Explanation of Services, Process and Financial Agreement.

I have read, understood and agree to the above information. I accept the responsibility of gaining possession of my placenta, and notifying Envision Birth within 24 hours of my birth. I understand the importance of appropriate storage of the placenta. I understand that Envision Birth Services is not a medical provider and this fee is for the preparation of my placenta. By signing below, I authorize Envision Birth Services and Amanda Barta to prepare my placenta for my own personal use.

Client Name(Print)

Estimated Due Date:

Client Signature:

Date of Contract:

Place/ Address of Birthing Location:

Address to deliver the finished product to:

Phone Number:

Please click this link to fill out a New Client Form Online
[New Client Form](#)¹

¹ Amanda Barta | Birth Doula | 815.412.5297 | envisionbirthmn@gmail.com | www.envisionbirth.com