

PAS email selling jocko willink book about discipline 2  
SL: Why you don't get anything done

Another day wasted

Mindlessly scrolling for hours on tik tok, instagram

Now it's 1 am

You're lying in bed overwhelmed with disappointment as you didn't complete any of the tasks you promised yourself you were going to do

Your mind now feels like it's in a haze, your thoughts feels fuzzy and unclear.

You know to become the man you want you and your family to be proud of, you have to control your smartphone usage

But you simply CAN'T stop using it

It's feels as if your smartphone has it's hooks in your mind controlling you

Don't Worry

This is a common problem for men in the modern age

Smartphones if used incorrectly are your ENEMY

They have turned many ambitious men into nothing but pleasure seekers who can't put their phone away for even a second

There's only ONE solution that has been used by every ambitious man throughout history

Discipline.

And who better to teach discipline than a NAVY SEAL

Jocko Willink's discipline techniques can be transferred to the battlefield of life

And help you develop an IRON MIND that can easily break free from the clutches of your phone

And take BACK control of your life

[Click here to free yourself from your smartphone and unlock your full potential](#)

P.S. Your future self will thank you